



# The Easy Glider

*Kick 'N Gliders Nordic Ski Club*

Vol. 12, No. 4

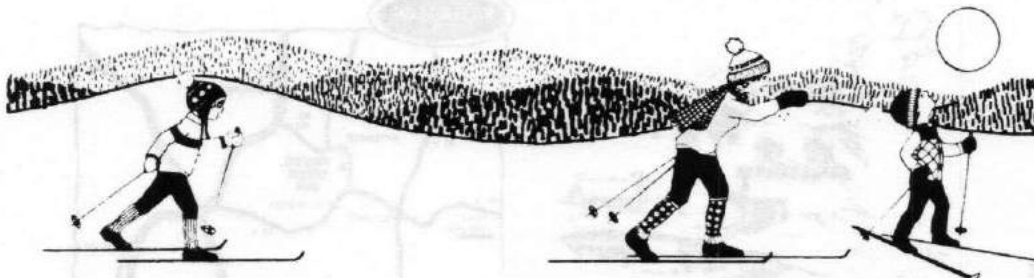
November 1989

## **FIRST SKI CLUB MEETING Wednesday, November 15, 1989**

The Kick 'N Gliders will hold their first club meeting of the season next Wednesday, November 15 at 7:30 p.m.. (see page 7 for 1989/90 meeting schedule). As usual, it will be held at the Wildware Outfitters store off Union Deposit Road in the store's meeting room on the first floor. A slideshow previewing this year's trips will be the program immediately following the business session of the meeting. Norma Brandon, the club's Trip Coordinator as well as several of the trip leaders will be present to answer your questions about upcoming trips. See pages 3-6 of this edition of the Easy Glider to get more details on some of the trips scheduled for January and early February. Don't forget to bring your checkbooks since this will be a perfect time to make a deposit on those trips you are planning to attend. The earlier you make a deposit the better ... it can even save you money!\$! See details below.

## **DISCOUNTS FOR THE EARLY SNOWBIRD**

To encourage earlier trip signups and facilitate better trip planning, this year the club Executive Board has decided to offer a \$5 and even \$10 discount on the cost of a trip if the trip deposit is received by the club treasurer by a certain date. Also for all trips, the entire cost of the trip must be paid in full to the club treasurer before the trip begins. The trip summary on page 7 provides information on the deposit due dates for each trip. Trip deposits and payments will be accepted at any club meeting or can be mailed to the club treasurer at Kick 'N Gliders, P.O. Box 7054, Mechanicsburg, PA 17055.





**On the banks** of the Tweed River, occupying 12 acres of land along the valley, the Tweed River Inn offers comfort and relaxation year-round.

There's no better way to unwind after a full day on the slopes than in front of our roaring fire; or in summer, enjoying your favorite refreshment in our open-air gazebo. Our back hill is a delightful sight in any season, and our pond—perfect for skating in winter and stocked for summer fishing—adds a sense of serenity and beauty.

The Inn and a detached motel provide spacious accommodations for small or large groups. Our restaurant serves hearty breakfasts, box lunches, delicious dinners, and "All You Can Eat" buffets. We also have a large, full service bar, and a game room with pool table and TV. It's a great place to unwind before and after dinner.

**Tweed River Inn...**the best of rustic Vermont hospitality at a price you and your family can afford.

### Rooms

- ◆ The Inn
  - 11 large rooms
  - Bunk beds sleep up to 6
- ◆ Motel
  - 30 large rooms
  - Each with private bath
  - 18 rooms with two double beds
  - 12 rooms with twin and bunk beds, sleeps up to 6

### The Lodge

- ◆ 100 seat restaurant
- ◆ Large, full service bar and open air gazebo
- ◆ Comfortable lounge with wood stove
- ◆ Game room, including pool table and TV
- ◆ Outdoor barbecue grills for family picnics

### Meals

- ◆ Filling breakfast—served promptly to get you on your way
- ◆ Box lunches available
- ◆ Hearty dinner, including soup, salad and dessert
- ◆ "All You Can Eat" buffets



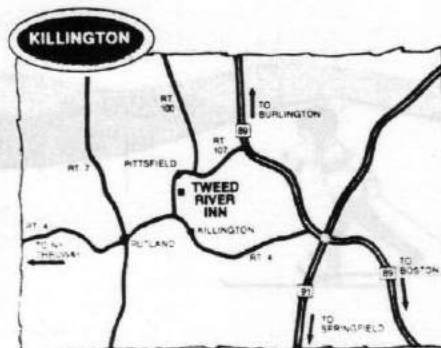
## "NEW YEARS IN VERMONT" TRIP Thursday, December 28 through Monday, January 1

We are all set to spend a second New Year's in Vermont. The owners of the Tweed River Inn, Paula and Ed McManns, have reserved room for forty-two Kick 'N Gliders and are anxious to have the club join them for New Year's again this year. The Tweed River Inn in Battlefield, Vermont is located close to Mountain Top, Trail Head and Mountain Meadows, three excellent cross country ski touring centers for all skill levels, as well as the Killington and Pico downhill areas for those who choose to test their downhill skills.

The cost will be \$130 per person unless members got their \$60 deposit in by the November 7 date advertised in the October newsletter. This includes 4 nights lodging (6 people per room & bath) and four hearty "all you can eat" breakfasts and dinners. Touring center fees which are not included in the trip cost are about \$7-8/day. The Inn has its own restaurant and bar and will arrange for sleigh rides if we are interested. Also a New Year's party complete with a DJ, dancing, hats, noisemakers and a buffet will be available at an additional minimal charge. We are also planning our annual KNG "talent show" for the shy, not so shy and any one in between!

Remember that the trip is limited to 42 people so make your plans now! We are looking forward to seeing everyone in Vermont. Detailed directions to the Tweed River Inn will appear in the Dec. newsletter.

**TRIP LEADER:** TOM O'DONNELL, 533-7974(h) OR 534-5438(w)

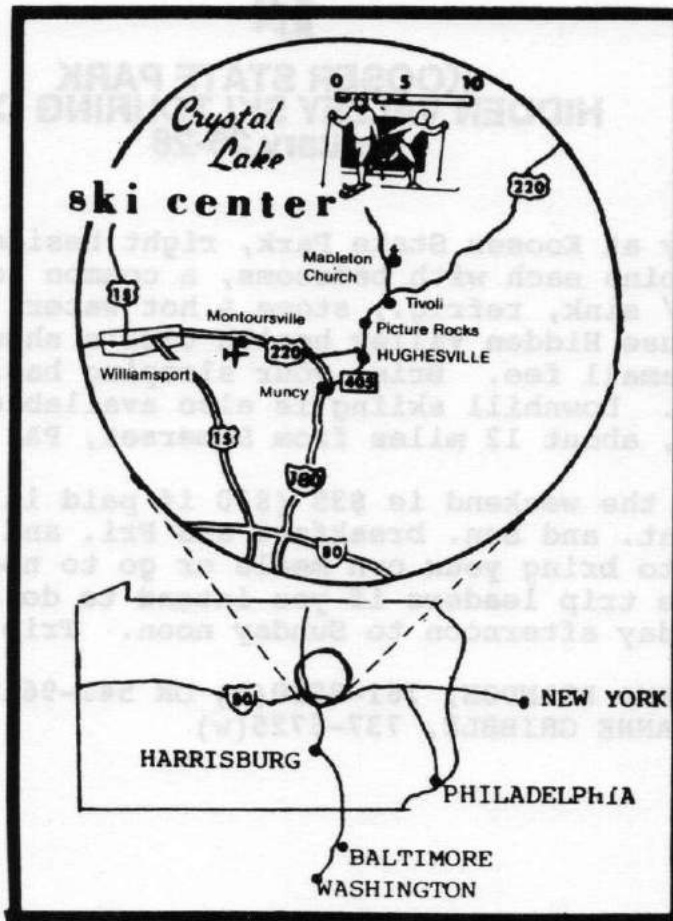


**CRYSTAL LAKE AT NORMAN LODGE**  
**January 12-14 (w/Sun. night option)**

This trip is an old favorite for the Kick 'N Gliders. We'll be staying in rustic Norman Lodge as tradition would have it, complete with those wonderful bunk beds. Crystal Lake is an especially good spot for beginners because inexpensive lessons, rental ski equipment and groomed trails for all skill levels are available. Since this is the Martin Luther King weekend, individuals can opt to stay over Sunday night for an additional fee. Ask the trip leader for details if interested. The trip is limited to 45 people.

The cost is \$65 (or \$60 if \$30 deposit before Dec. 5) for the weekend including Sat. & Sun. breakfast and Sat. dinner which is provided in cafeteria of the Lodge. Lunches can be bought at the cafeteria all weekend. The cost of a weekend trail pass is included in the trip price. Ski equipment can be rented for \$11 per weekend and ski lessons average \$5 per lesson. Crystal Lake has over 25 miles of machine-groomed and track-set trails surrounding several lakes and ponds and covers some of the most beautiful mountain woodlands, elevations from 1550 to 2100 , in the state. Crystal Lake is located 10-20 miles from Muncy, PA -about a two and one-half hour drive north from Harrisburg.

TRIP LEADER: MEREDITH HILL, 564-7387(h) OR 783-8727(w)



**SCENIC LAKE MINNEWASKA  
NEW PALTZ, NEW YORK  
January 19-21**

This will be a brand new trip for the KNGers. We tried to bring it into our repertoire last year but, the snow did not cooperate. We will be skiing on 10,000 acres in Lake Minniwaska State Park and at the Lake Minniwaska Ski Touring Center which boasts 64 kilometers of double-tracked trails. New Paltz also offers some historic sites including the Monhkn Mountain House, a famous Victorian castle with surrounding grounds that also provides some wonderful skiing.

The cost will be approximately \$25 per night for lodging (double occupancy rate) and all meals and trail fees are extra. We will be staying at a local motel in the area. New Paltz is located in southern NY State about 4 hours from HBG. The limit for this trip is 12 people. There is no discount for early deposit for this trip but, a \$25 deposit is required by December 20.

TRIP LEADER: BRUCE HUMPHRIES, 848-1126(h) OR 292-2950(w)



**KOOSER STATE PARK  
HIDDEN VALLEY SKI TOURING CENTER  
January 26-28**

We will stay at Kooser State Park, right beside the ski trails, in two renovated cabins each with bedrooms, a common room w/wood burning stove, kitchen w/ sink, refig., stove & hot water. NO indoor toilets or shower. We can use Hidden Valley health club's showers, pool, sauna and whirlpool for a small fee. Bring your sleeping bag/bedding and hiking boots if no snow. Downhill skiing is also available nearby. Kooser is located on US 31, about 12 miles from Somerset, PA.

The cost of the weekend is \$35 (\$30 if paid in full by November 15) which includes Sat. and Sun. breakfast and Fri. and Sat. dinners. You may also choose to bring your own meals or go to nearby restaurants but, please inform the trip leaders if you intend to do so. Cabins are open for use from Friday afternoon to Sunday noon. Trip limited to 12 people.

TRIP LEADERS: NORMA BRANDON, 761-3920(h) OR 541-9611(w)  
DIANNE GRIBBLE, 737-6725(w)

**HANLEY'S HAPPY HILL  
EAGLES MERE, PA  
February 2-4**

We plan to stay at the Cozy Dell, a beautiful, new private house in the town of Eagles Mere, just off the Hanley's Happy Hill ski trail system. The house sleeps 10 so the trip is limited to that number. The house has a livingroom with a stone fireplace, dining area and well-equipped kitchen which will allow us to cook our own meals. It also has a glass-enclosed sun porch, outdoor deck and hot tub.

The cost for the trip is \$75 (\$65 if \$30 deposit paid by Nov. 15) which includes 3 Saturday meals and 2 Sunday meals. The price may vary slightly after the rental fee is finalized. Since the trip is limited, it is on a first come-first serve basis so get your deposit in ASAP.

**TRIP LEADERS:** BOB SHAAK, 872-5584(h) OR 872-3531(w)  
TOM O'DONNELL, 533-7974(h) OR 534-5438(w)



**BLACKWATER LODGE  
CANAAN VALLEY, W. VA.  
March 16-18**

We will be staying at Blackwater Lodge in Blackwater Falls State Park. This rustic 55 room lodge sits on the rim of the spectacular Blackwater River Canyon. The cross country skiing in the area includes trails in the state park itself, White Grass Ski Center which claims the region's largest network of set tracks and the Dolly Sods Wilderness which is an officially designated wilderness area. Other activities available include downhill skiing, ice skating and hiking.

The cost of the trip is \$35 (\$30 if \$30 deposit by Nov. 15) not including food or trail fees. Meals can be purchased at the restaurant in the lodge or nearby. Five rooms, each with two double beds and a bath have been reserved for KNGers. The trip is limited to a maximum of 20 people.

**TRIP LEADER:** FAYE LOVE, 432-8140(h)



## WELCOME TO THE WONDERFUL WORLD OF *Cross Country Skiing*

### A MESSAGE FROM THE CLUB PRESIDENT

Fellow KNGers:

On behalf of the club, I would like to thank Dick and Marty Ruben for their generous hospitality in again hosting the club's annual Ox Roast which was held on October 7 at their home in New Cumberland. It was great to see such a large turnout and the chilly yet beautiful day got us all thinking of the ski season to come. I would also like to thank Chef Winebrenner for his preparation of the delicious main course; as usual the Ox was cooked to perfection.

I would like to say a few words about trip deposits and cancellations because there may be some confusion about the club's policy in this regard. When you and I make a trip deposit (or pay for the trip in full) we are making a commitment but, there is an element of risk. If you have paid in full and bedspace and food has already been reserved for you and you do not show up, you may or may not receive any refund. This will depend on each individual trip accommodations. For example, for Crystal Lake if there is no snow and you decide not to go your deposit is non-refundable because of the camp's fixed expenses. If you cancel early and a replacement is found for your slot, your money will be refunded.

When accommodations are at a motel like for the Lake Minniwaska trip and the trip is cancelled, usually our motel deposit is refunded and the club can then refund your money. In any event, it is not the club's policy to make a profit at any member's expense. We will make an effort to get your money back if you must cancel; however, it is also not our policy to increase the trip cost for those who do attend in order to provide a refund for those who cancel.

Our traditional cancellation policy is to avoid cancelling trips even if conditions are marginal. This is partly because it is very difficult to reach all trip members at the last minute. Instead of cancelling the trip as a whole, we ask individual trip participants to contact the ski area if they are particular about ski conditions, and are not interested in other substitute activities like hiking or ice skating. It is the member's responsibility to contact the trip leader so he or she will not count you as a no-show and can begin working on recovering your money if possible.

If anyone has questions regarding the trip cancellation and refund policy, please bring them up at the November 15th meeting which will include a discussion of the trips planned for this year. Hope to see you all there. Let's get the 1990 season off to a great start!

Dave



## SUMMARY SKI TRIP SCHEDULE FOR 1989/90

T	WEEKEND				M	TRIP LOCATION	LEAD CONTACT	ESTIMATED COSTS & NOTES	DEPOSIT DUE
	F	S	S	S					
DEC									
28	29	30	31	1	Killington, VT Tweed River Inn	Tom O'Donnell 533-7974	Maximum persons \$120/130 w/bfast&suppers	NOV 7 \$60	
JAN	12	13	14		Crystal Lake I Norman Lodge	Meredith Hill 564-7387	max. 45 w/meals & trail fees	DEC 5 \$30	
JAN	19	20	21		New Paltz, NY Lake Minnewaska	B. Humphries 292-2950	\$motel rates without meals	DEC 20 \$25	
JAN	26	27	28		Hidden Valley Kooser S.P. cabins	Norma Brandon 761-3920	max. 12 w/bfast&suppers	NOV 15 \$30	
FEB	2	3	4		Eagles Mere Private house	Bob Shaak 872-5584	max. 10 3 Sat. 2 Sun. meals	NOV 15 \$30	
FEB	16	17	18	19	Old Forge, NY Pine Knoll Motel	Dave LeRoy 561-1647	\$75/85 w/bfast&suppers	JAN 17 \$30	
FEB	23	24	25		Black Forest Rocky Point Lodge	Bernie Webber 866-5594	\$35/40 without meals	DEC 20 \$35	
MAR	2	3	4		Crystal Lake II White Pine Lodge	Bob Reitzel 258-6583	\$50/55 w/meals & trail fees	JAN 17 \$25	
	8	9	10	11	Lake Placid, NY White Sled Motel	Dave LeRoy 561-1647	\$60/70 w/bfast&suppers	FEB 6 \$30	
MAR	16	17	18		Canaan Valley, WV Blackwater Falls	Faye Love 432-8140	max. 20 without meals	NOV 22 \$30	
MAR	23	24	25		Erie, PA Wilderness Lodge	Nancy Hill 564-7387	\$40/45 without meals	DEC 20 \$40	

### 1989-90 CLUB MEETING SCHEDULE

For your convenience, dates for club meetings for the 1989/90 season are indicated below. Meetings alternate on Tuesday and Wednesday evenings from November through April and take place at 7:30 p.m. at Wildware Outfitters off Union Deposit Road. After the business session of the meeting, there is a program about some topic relevant to X-country skiing. The first program of the year is a slide preview of this year's trips. All meetings are usually followed by the ritual visit to Your Place for some Italian delights and cold brew. All are welcome!

## 1989

## 1990

NOVEMBER						
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DECEMBER						
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24	25	26	27	28	29	30
31						

JANUARY							APRIL						
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14	15	16	17	18	19	20	15	16	17	18	19	20	21
21	22	23	24	25	26	27	22	23	24	25	26	27	28
28	29	30	31				29	30					

FEBRUARY						
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MARCH						
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25	26	27	28	29	30	31

DEPOSIT  
DUE

DATE	ESTIMATED COSTS & NOTES	LEAD CONTACT	TRIP M. LOCATION	MEMBER'S NAME
NOV 7	4702 N. Clearview Dr. Camp Hill, PA 17011	Tom O'Neil	1 Hillington, VT	DEC 29
NOV 14	Nancy Kahl	523-7277	Wood River Inn	JAN 19
NOV 21	Meredith Hill	504-7387	New Paltz, NY	FEB 16
NOV 28	without meals	B. Humphries	Lake Minnowaska	MAR 23
DEC 5	without meals	Norma Brandon	595-5950	APR 30
DEC 12	without meals	Bob Stark	761-3920	MAY 7
DEC 19	without meals	Dave LeRoy	501-1647	MAY 14
DEC 26	without meals	Bernie Webber	501-1647	MAY 21
JAN 2	without meals	Bob Reitzel	508-5588	MAY 28
JAN 9	without meals	Dave LeRoy	501-1647	JUN 4
JAN 16	without meals	Tom O'Neil	501-1647	JUN 11
JAN 23	without meals	Norma Brandon	761-3920	JUN 18
JAN 30	without meals	Bob Stark	761-3920	JUN 25
FEB 6	without meals	Dave LeRoy	501-1647	JUL 2
FEB 13	without meals	Bernie Webber	501-1647	JUL 9
FEB 20	without meals	Bob Reitzel	508-5588	JUL 16
FEB 27	without meals	Dave LeRoy	501-1647	JUL 23
MAR 6	without meals	Tom O'Neil	501-1647	JUL 30
MAR 13	without meals	Norma Brandon	761-3920	AUG 6
MAR 20	without meals	Bob Stark	761-3920	AUG 13
MAR 27	without meals	Dave LeRoy	501-1647	AUG 20
APR 3	without meals	Bernie Webber	501-1647	AUG 27
APR 10	without meals	Bob Reitzel	508-5588	SEP 3
APR 17	without meals	Dave LeRoy	501-1647	SEP 10
APR 24	without meals	Tom O'Neil	501-1647	SEP 17
APR 30	without meals	Norma Brandon	761-3920	SEP 23
MAY 7	without meals	Bob Stark	761-3920	SEP 30
MAY 14	without meals	Dave LeRoy	501-1647	OCT 7
MAY 21	without meals	Bernie Webber	501-1647	OCT 14
MAY 28	without meals	Bob Reitzel	508-5588	OCT 21
JUN 4	without meals	Dave LeRoy	501-1647	OCT 28
JUN 11	without meals	Tom O'Neil	501-1647	NOV 4
JUN 18	without meals	Norma Brandon	761-3920	NOV 11
JUN 25	without meals	Bob Stark	761-3920	NOV 18
JUL 2	without meals	Dave LeRoy	501-1647	NOV 25
JUL 9	without meals	Bernie Webber	501-1647	DEC 2
JUL 16	without meals	Bob Reitzel	508-5588	DEC 9
JUL 23	without meals	Dave LeRoy	501-1647	DEC 16
JUL 30	without meals	Tom O'Neil	501-1647	DEC 23
AUG 6	without meals	Norma Brandon	761-3920	DEC 30
AUG 13	without meals	Bob Stark	761-3920	JAN 6
AUG 20	without meals	Dave LeRoy	501-1647	JAN 13
AUG 27	without meals	Bernie Webber	501-1647	JAN 20
SEP 3	without meals	Bob Reitzel	508-5588	JAN 27
SEP 10	without meals	Dave LeRoy	501-1647	FEB 3
SEP 17	without meals	Tom O'Neil	501-1647	FEB 10
SEP 24	without meals	Norma Brandon	761-3920	FEB 17
SEP 30	without meals	Bob Stark	761-3920	FEB 24
OCT 7	without meals	Dave LeRoy	501-1647	FEB 28
OCT 14	without meals	Bernie Webber	501-1647	MAR 4
OCT 21	without meals	Bob Reitzel	508-5588	MAR 11
OCT 28	without meals	Dave LeRoy	501-1647	MAR 18
NOV 4	without meals	Tom O'Neil	501-1647	MAR 25
NOV 11	without meals	Norma Brandon	761-3920	MAR 28
NOV 18	without meals	Bob Stark	761-3920	APR 4
NOV 25	without meals	Dave LeRoy	501-1647	APR 11
DEC 2	without meals	Bernie Webber	501-1647	APR 18
DEC 9	without meals	Bob Reitzel	508-5588	APR 25
DEC 16	without meals	Dave LeRoy	501-1647	MAY 2
DEC 23	without meals	Tom O'Neil	501-1647	MAY 9
DEC 30	without meals	Norma Brandon	761-3920	MAY 16

ADDRESS CORRECTION REQUESTED

KICK 'N GLIDERS  
P.O. Box 7054  
Mechanicsburg, PA 17055



1989-90 CLUB MEETING SCHEDULE

**Kick 'N Gliders Nordic Ski Club**

LIST OF OFFICERS 1989-90

**President:** Dave LeRoy  
3722 Old Township Rd.  
Harrisburg, PA 17111  
(717) 561-1647 (H)  
(717) 761-1891 (W)

**Vice Pres.:** Doug Eakin  
5341-D Manayunk  
Harrisburg, PA 17109  
(717) 657-5744 (H)  
(717) 780-4862 (W)

**Treasurer:** Nancy Kahl  
4702 N. Clearview Dr.  
Camp Hill, PA 17011  
(717) 761-7206 (H)  
(717) 761-1891 (W)

**Secretary:** Nancy Hill  
210 Kelso St.  
Harrisburg, PA 17111  
(717) 564-7387 (H)  
(717) 787-5609 (W)

**Program Coord.:** Zoe Sterner  
514 Breezewood Ct.  
Mechanicsburg, PA 17055  
(717) 737-4314 (H)  
(717) 737-9057 (W)

**Trip Coord.:** Norma Brandon  
29 S. 27th St.  
Camp Hill, PA 17011  
(717) 761-3920 (H)  
(717) 232-7547 (W)

**Day Trips:** Frank Stark  
112 Juniper St.  
Camp Hill, PA 17011  
(717) 761-5707 (H)  
(717) 986-7111 (W)

**Asst. Trip Coord.:** Bob Reitzel  
676 Deer Rd.  
Boiling Springs, PA 17007  
(717) 258-6583 (H)  
(717) 564-9500 (W)

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124 Woods Dr. Lot 4A  
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**Newsletter Editor:** Meredith Hill  
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Hbg., PA 17011  
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(717) 783-8727 (W)

The **EASY GLIDER** is the newsletter of the Kick 'N Gliders Nordic Ski Club. Club Mtgs. held twice a month on alternating Tues. & Wed. evenings from Oct. to April at 7:30 pm at the Wildware store, 995 Peiffers Ln. in Hbg. Contributions for each monthly newsletter due the 1st Friday of the month.