

The
Easy Glider
Kick 'n Gliders Nordic Ski Club

May 1996

Welcome to a new Kick 'N Gliders year! Elections were held at the regular meeting on April 17, 1996, and the officers for this year are as follows:

President Wanda Knuth
Vice-President Nancy Kauh
Secretary vacant
Treasurer David LeRoy
Trip Coordinators:
 Weekend Ski Trips Jeff Butt
 Day Ski Trips Helen & Tom Templeton
 Summer Trips Nan O'Donnell
Program Coordinator vacant
Membership Chairman Nancy Kauh

Many thanks to our past president, Jeff Butt, and trip coordinator, Jim Brandon, for doing a fine job last year.

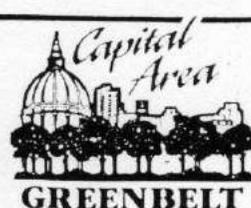
Membership Renewals Due Now!

The Kick 'N Gliders fiscal year began on May 1, 1996. Our faithful treasurer, Dave LeRoy, will gladly accept your dues for the coming year at this time. In addition, to help us maintain up-to-date records, we ask that you complete the enclosed membership application form and submit it with your dues. Dues can be sent to the club's mailing address:

Kick 'N Gliders
P. O. Box 7054
Mechanicsburg, PA 17055

1996 Summer Activities

- June 1** **National Trails Day**
See the enclosed notice from Tim Poole to find out how you can take part in the celebration.
- June 1** **Moonlight Canoe Trip**
Enjoy the full moon at Long Pine Run Reservoir, Michaux State Forest. The group will meet in Camp Hill at 4 pm and head for the water from there. Call Jeff Butt at 671-1916 (H) for more details.
- June 2** **Yellow Breeches Canoe Trip**
Join Matt O'Donnell and paddle on the scenic Yellow Breeches. Call 697-0432 (H) for more details.
- June 23** **Yellow Breeches Canoe Trip**
Matt O'Donnell will be ready to do it again! Will you? Call 697-0432 (H) for more details.
- July 20** **Susquehanna River Picnic**
Come to the river at 4 pm to cool off. Bring lawn chairs, rafts, tubes, boats and a bathing suit. Potluck supper at 7:30 - bring your own food/drink and some to share. A grill and some refrigerator space will be available. Come rain or shine - the porch is great anytime! Call Phyllis Zitzer for details at 921-9006 (H) or 772-8582 (W).
- September 8** **Appalachian Trail Hike**
Go take a hike - on one of the country's premier trails. Call Matt O'Donnell for details at 697-0432 (H).
- October 5** **Ox Roast**
This annual event will once again be held at the home of Dick Ruben. Be sure to mark your calendar and kick-off the ski season with us. More details will be available in September.
- October 13** **Horseback Riding and Hiking Weekend**
Jeff Butt is leading this popular trip to the Pine Creek Gorge. You must reserve your own horse - NOW! If interested in seeing Pennsylvania's Grand Canyon from horseback, call Jeff at 671-1916 (H) for more information.



Celebrate National Trails Day...

...with a weekend of service and fun on the Greenbelt. National Trails Day is actually Saturday, June 1st. What a lucky coincidence that this falls on the first Saturday of the month, a normal work day for the Capital Area Greenbelt Association. For this special day, we will have expanded work projects going on at several locations. Our efforts will be aided by the Rails to Trails Conservancy, Wildware Outfitters, several scout and student groups and others. Wouldn't it be great to see the Kick 'N Gliders included in this list of participants? Who knows, you might even win one of over \$400 worth of prizes being offered by Wildware and Vasque Boots, a National event sponsor! For details on where, when and how you can contribute to this day of service, call Tim Poole at 564-5048.

Then, on Sunday, June 2nd, a day of fun! In November I had scheduled a Greenbelt tour as a bike club activity. We had a good turn out for the ride despite my best efforts to discourage some riders due to threatening skies and my poor health. Well, it's time for a semi-annual check-up (the trail, not me). Whether you're new to the Greenbelt, or just back for a visit, I think you'll be very pleasantly surprised at what a great regional amenity this is becoming. We'll depart from the Poole's (3209 Duke Street in Paxtang) at 10AM. The ride should take about three hours, allowing plenty of time for my long-winded "interpretive" stops. That puts us back at the Poole's just in time for our seconde favorite pasttime...lunch! Burgers, dogs and brews are on the Pooles. Please bring a side dish to share, a non-alcoholic beverage if that's your preference, and something to sit on. A call to let us know you're coming would be appreciated, even if you just get this newsletter a day or two before the event. The number once again is 564-5048. Working is not a requirement for riding, nor is riding a requirement for eating, but we'd be delighted if many of you could join us for all three.

PS...A couple of notes on the ride. A helmet is required and it must be on your head. A mountain or hybrid bike is strongly recommended as about 1/4 of the route will be on a dirt or wood chip surface. We will make every effort to maintain a "social" pace, but please keep in mind that you do need to be able to ride 20 miles.

Tim Poole

(For those of you who may not know Tim, he has been very active in the Capital Area Greenbelt Association since it's founding several years ago and currently serves as newsletter editor for their publication, *Greenbelt Gazette*. He is also active in the Harrisburg Bicycle Club and has been a member of the Kick 'N Gliders for seven years. We hope you'll make time to become acquainted with the Greenbelt. Tim will be happy to talk with you about it if you want to know more. -Ed.)



KICK 'N GLIDERS
P.O. Box 7054
Mechanicsburg, PA 17055

ADDRESS CORRECTION REQUESTED

Sneak Preview of the 1997 Weekend Ski Trips

The ski trips being planned for this next ski season will be a mix of old favorites, adored locales with a new twist or a place the club hasn't been to ski for several years. Details of the trips will be available in the Season Schedule and Guide, which will be published in the early fall, but start thinking about which of the following you don't want to miss.

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| December 27, 1996 to January 1, 1997
<i>Craftsbury, Vermont</i> | Leader: Joan Short |
| January 17 - 19, 1997
<i>Adirondack Hut-to-Hut</i> | Leader: Wanda Knuth |
| January 24 - 28, 1997
<i>Lake Placid, New York</i> | Leader: Jeff Butt |
| January 31 - February 2, 1997
<i>Eagles Mere, Pennsylvania</i> | Leader: Tom O'Donnell |
| February 7 - 9, 1997
<i>Rocky Point Lodge/Black Forest, PA</i> | Leader: Wanda Knuth |
| February 14 - 17, 1997
<i>Timberline, West Virginia</i> | Leader: Jeff Butt |
| February 28 - March 3, 1997
<i>Inlet, New York</i> | Leader: Dave LeRoy |
| March 14 - 17, 1997
<i>Pioneer Lodge, Turin, New York</i> | Leader: Dave LeRoy |