



The
Easy Glider
Kick 'n Gliders Nordic Ski Club

Editor: Pete Oswald (editor@kickngliders.org)

Issue: June, 2006

President's Message

May 16, 2006

Thank you to the members of Kick 'n Gliders for the trust you have put in me to serve as president for the 2006/2007 year.

Five years ago I never had skis on my feet. Now I am president of a ski club. What's up with that? What's up is that I have found this group to be such a pleasure to be with. I have never been in an organization where I see the members acting as one big family. I have developed so many good friends and received so much training and encouragement from the members. Skiing all day, then dining around a big table with club members has been such an enjoyable experience. It is an honor and pleasure to serve as president.

I have served with and presided over other groups in the past. With this past experience, I see my position not as one who is out front coming up with programs and ideas. This is your club. I will do my best to keep your schedules, programs, trips and events organized and to encourage newer and less active folks to become more active. There is a dedicated and experienced Executive Committee serving with me. I

look forward to an active and successful year.

We have already scheduled some summer social events. June 14th is a social dinner at Outback Steak House, July 18th is the Harrisburg Senators baseball game and getting together to dine along the river prior to the game, August 12th is a lawn concert at Nissley Winery and September 23rd is the Walkin' Jim Stoltz concert. In addition, ski trips throughout the coming winter are being planned beginning with the New Years trip to Craftsbury, VT and ending with a weeklong trip to Estes, CO in mid March 2007. Refer to information published in this, and future issues of The Easy Glider.

As a relatively new skier and member of Kick 'n Gliders, I may not do everything as the old time members have done in the past. I am open to ideas and suggestions. I do not object to constructive criticism. Stay in touch and let's have a great year, both on and off the skis.

David Powell

An Open Letter to my Kick 'n Glider Friends

On the 2006 Inlet ski trip, I had the unfortunate experience of

striking a snowmobile with my vehicle. The snowmobile had shot across the road directly in front of me in such a way that I was not quite able to stop before hitting it broadside, and I did strike the side of the snowmobile with a slight impact. The youth that was driving the snowmobile was unhurt and his machine only slightly damaged. At the time, I was greatly relieved that the accident had not been more serious, as a fraction of a second difference in the sequence and I could have crushed his left leg, exposed as it was on the side of the snowmobile. Later, I was surprised to find that both the snowmobiler's insurance company and my own had found me 100% at fault for this accident. My sentiments changed from relief that the accident caused no appreciable harm to anger and frustration over the injustice, which I felt I had been dealt.

After receiving news of the disposition of the accident, I was unable to put it out of my mind and this preoccupation with it has finally caused me to reach some conclusions. At the time of the accident, I was at the head of a caravan of skiers heading for a trailhead, a situation, which many of you know, I dislike. I have wondered whether, in any way, my participation in this caravan

and my concern about those following me had even the slightest impact on my response to the situation. Because of this possibility, I have decided to no longer participate in the practice of caravanning. I will neither lead, nor will I follow other vehicles when traveling to skiing locations. I ask that my fellow Kick 'n Gliders respect this decision, as it will help to relieve my mind of a burden from which my mind is in need of some relief.

This is in concert with our long-standing experience of cheating on red lights, following too close, looking for lost drivers, traveling at speeds with which I am uncomfortable and observing caravanners getting tickets for traveling at speeds which the local police find to be uncomfortable, etc., which are frequently associated with the practice of caravanning. I will continue to provide maps of the local roads to trailheads when I am leading ski trips and suggest that others do the same.

Thanks for listening.

Dave LeRoy

Ottawa Trip Report

March 6-10, 2006 - 4 Nights

An early contingent of Gliders opted to arrive prior to the official trip. Rick Begley, Joan Short, and Peg Hampton (trip leader) arrived in Ottawa, Canada on Saturday, March 4. It was an easy 7½ hour, 360 mile, drive up Interstate 81 to the Canadian border and approximately another 90 miles into Ottawa. The early travelers checked into the Extended Stay Deluxe Hotel where the staff was friendly. The trio decided to go on a quick sight seeing jaunt and look for a pub where they could test some local brew. Upon leaving the hotel, we

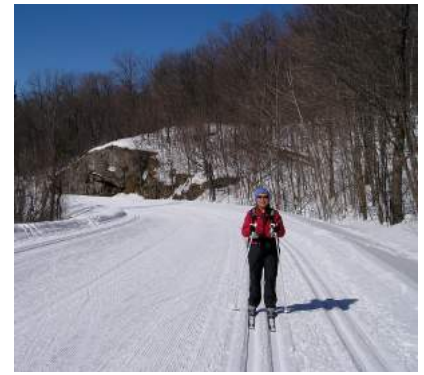
encountered a friendly native who escorted us through the Conference Center and pointed the way to Rideau Canal, the local shopping mall, Parliament Hill, and the cat house prior. We found a local pub, the Mayflower, which looked like it would be acceptable. As we were getting settled into a booth, the previously encountered friendly tour guide walked in. We invited him to join us and he was anxious to fill us in on all of the things we should see. He even offered his phone number in the event we wanted him to lead us on a tour later in the week.

On Sunday, we arrived at Gatineau Park where the 190km ski trail system proved to be more than we envisioned. Many of the parkways and roads within the park are not plowed during the winter months and are used as part of the trail system. Sunday was a special day - Norway Day.



Rick and Joan - Norway Day

All morning, we kept hearing tales of waffles at the Huron Warming Hut. We arrived to find a big crowd waiting for the thin small waffles with rich goat cheese and jelly. What a treat! And they served a hot, berry flavored drink whose name and contents will remain nameless. The skiers were all getting into the spirit of the day. We observed one couple that were tandem skiing - two sets of bindings on one pair of skis. They went downhill very well, but the up hills were more challenging.



The trip leader.....before!

Monday was a much quieter day at the ski center. We checked in at the Visitor Center and were advised that all trails were freshly groomed. Rick headed out on his skate skis and Joan and Peg went off for some more classic skiing.

We made our way back to the same warming hut using different trails. We met some of the locals at lunch and they advised that they had “called in well” versus “calling in sick” to work that day. (That’s a concept that will come in handy in the future.) After a beautiful day of skiing and only 5 minutes from arriving back at the van, disaster struck. Peg took a tumble and landed on her shoulder. Some of the locals stopped to assist and by then Joan had backtracked and Rick caught up. The locals recommended the nearby, small rural hospital at Lakefield. It was also located near the downhill ski center and used to treating “crash” victims. They recommended that we not go back into Ottawa as the emergency room wait time is much longer. During our trip to the hospital, Peg made a self-diagnosis based on the crunching in her shoulder - a fractured collarbone. I must apologize to Rick for screaming every time he hit a pothole in the road. We arrived at the ambulance entrance where the parking lot was covered with three-inch thick ice. Rick assisted me across the parking lot advising that he had been helping his mother get around; therefore, he was qualified to help me. Joan

acquired a wheelchair and demonstrated her skill at pushing me around. Blue Cross/Blue Shield isn't accepted in Canada; therefore, one Visa card was produced and I was treated within the hour. Unfortunately, treatment for a fractured collarbone is treated with a sling and drugs. The emergency room doctor made a generous calculation of how many pain pills I would need before returning to Pennsylvania and getting to visit Dr. Frankeny at OIP.

The remaining trip participant arrived from great ski conditions at Inlet to learn that I was at the emergency room. They brought leftovers with them from Inlet! Arriving from Inlet were Nan Reisinger, Jan & Dave Powell, Nancy Kauhl and Dave LeRoy. We dined on leftovers that evening in the Powell's suite. Everyone did a great job of helping to take care of me as I

now had to eat with my left hand for the first time in 50 years. On Tuesday, the healthy Gliders headed to Gatineau again and the leader stayed behind in a drug-induced fog. Gatineau Park has many parking lots located throughout the trail system and skiers' park in the area where they wish to ski for the day. After extensive discussion, which the leader heard from the fog, they decided on a ski location for Wednesday. Nan, Joan, and Jan decided to ski on Rideau Canal on Wednesday morning. They dressed Peg up in winter garb and navigated walkways that were safe for an injured person. After renting skates, they took off and Peg never did get to document the event with a photo. I did get pictures of women skating with baby buggies on the canal. Ski conditions continued to deteriorate on Wednesday. On Thursday, the entire area was hit with an ice storm. The group opted not to go skiing and do

some sightseeing. The Museum of Civilization has free admission every Thursday from 4:30 to 9 PM.

Everyone liked the trail system and Ottawa. The Gliders liked it so much that they want to return. Check the 2007 schedule for this great trip.

Peg Hampton

PS. The trip leader is doing physical therapy now and looking forward to Craftsbury! Thanks to everyone for helping to take care of me in Ottawa. A special thanks to Nan for cutting up my food and tipping my soup bowl! Thanks to Rick and Joan for cooking me breakfast every morning and for driving me home. Thanks to Jan & Dave, and Nancy & Dave for taking care of me at dinnertime and helping with words of encouragement.

Kick 'n Gliders Summer Schedule

The Executive Committee is planning a full schedule of summer activities to keep you in touch with your skiing friends during the warm days until we can be skiing again. All K 'n G members and friends are invited to join any or all of these activities.

The following is a summary of the plans. Details follow:

- | | |
|---------------------|--|
| June 14 | Dinner at Outback Steak House
Union Deposit Road, Harrisburg
7:00 PM |
| July 18 | Baseball Game
Harrisburg Senators vs. Connecticut Defenders
Time: 6:35 PM Price: \$7.00 |
| August 12 | Music and dancing at Nissley Vineyards
Big Band Nostalgia
Tickets are \$14.00 at the entrance |
| August 26 | Rail - Trail bicycle ride
Colebrook to Mt. Gretna to Lebanon |
| September 23 | Walkin' Jim Stoltz
FREE concert |
| October 14 | Oktoberfest (Ox Roast)
Rick Begley, host |

Summer Event details:

June 14 - Meet your Kick 'n Glider friends at the Outback Steak House on Union Deposit Road for food, drink and talk. Catch up on activities, and make plans for the coming season. This dinner is planned on a Wednesday, which is not a major biking evening. Meet at 7:00 PM. No reservations required

July 18 - This is a traditional event to see our local Harrisburg Senators play on City Island. The game starts at 6:35 PM. Tickets are \$6.00. Join your friends from the K 'n G near the kiosks for an early supper together at 5:30 PM. Bring your friends and families and prospective members for an evening under the stadium roof behind home plate. Your check made out to the Kick 'n Gliders must be received by July 5 to reserve your seat. Trip leader is Bill Pickering (232-1326). Send your reservation to Bill at 2855 Croyden Road, Harrisburg, PA, 17104. Bill will have the tickets at the "will call window" at 6:15 PM.

August 12 - Spend an evening under the stars with the music of Big Band Nostalgia which plays big band era and soft rock. The Nissley Vineyard is located in Bainbridge, PA. Bring your picnic supper, lawn chair or blanket and meet your K 'n G friends. Bill and Kay will supply snacks. The music starts at 7:30 PM, but we suggest you arrive not later than 6:30 PM. Call us (232-1326) to let us know you are coming. Tickets are \$14.00 at the entrance.

August 26 - Come explore the rail trail from Colebrook to Lebanon. Marilyn Grove (944-7227) will lead a casual paced ride for 2 -3 hours on the rail trail, returning to the Jigger Shop in Mt. Gretna for lunch/ice cream. Start at the trailhead parking lot on Route 117 in Colebrook at 10:00 AM.

Sept. 23 - Walkin' Jim Stoltz concert. FREE! Nan Reisinger is the trip leader. Mechanicsburg Middle School. Mark your calendars now! Walkin' Jim has spent the last twenty years hiking over 26,000 miles through America's most remote wilderness. He shares breath-taking photographic images of the places and critters he has captured on film, while he sings of his experiences in a deep strong voice. More details will be forthcoming in a future Easyglider.

Oct. 14 - The Oktoberfest is the "traditional" start of the ski year. We will again be hosted by Rick Begley (763-4561) at his home in Camp Hill. Mark this date on your calendar now and plan to attend. More details will be forthcoming in a future Easyglider.



Kick 'n Gliders Winter Schedule

2006 - 2007

For those of you who really plan ahead and want make sure you don't miss any K 'n G events next winter, here is an early schedule of social and meeting events. We will meet two times a month during the months of November through April. This year, the business meeting and programs are usually scheduled for the first Tuesday. The Social is on Wednesday, 15 days later (except for November). January is an exception due to the Craftsbury trip. Definite dates have been set through January 2007. They are as follows:

November 7	Business Meeting and Program
November 15	Social, place TBD
December 5	Business Meeting and Program
December 20	Social, Christmas Party, place TBD
January 9	Business Meeting and Program
January 24	Social, place TBD



2007 Trip Deposit and Estimated Cost

submitted by Peg Hampton

Please review the Kick 'n Glider By-Law Changes regarding trip payments. The estimated total cost is provided until the final cost can be determined and published in the 2007 Season Schedule and Guide.

Destination	Dates	# Nights	Deposit	Estimated Total \$	Trip Leader
Craftsbury,VT	12/29/06 to 1/2/07	4	\$170	\$340	Dave LeRoy & Nancy Kauh
Lake Placid, NY	1/12 to 1/16/07	4	\$150	\$300	Bill Hoffman
Lapland Lake,NY	1/19 to 1/21/07	2	\$50	\$85	Rich Levin
Pulaski, NY	1/26 to 1/29/07	3	\$100	\$200	Peg Hampton
Black Forest, PA	2/2 to 2/4/07	2	\$50	\$100	Joan Short
Turin, NY	2/2 to 2/5/07	3	\$100	\$225	Bill & Sandy Stine
Laurel Highlands, PA	2/9 to 2/11/07	2	\$75	\$125	Fred & Tanya Richter
Garnet Hill, NY	2/16 to 2/19/07	3	\$125	\$250	Bill & Sandy Stine
Ottawa, Canada	2/19 to 2/25/07	6	\$100	\$300	Dave & Jan Powell
Inlet, NY	3/2 to 3/5/07	3	\$100	\$190	Bill & Kay Pickering
Estes, Colorado	3/10 to 3/17/07	7	\$200	\$1000	Carolyn Hoffman
Crystal Lake	To be determined				



KICK 'N GLIDERS
P.O. Box 7054
Mechanicsburg PA 17050

ADDRESS CORRECTION REQUESTED

In this Issue of Easy Glider

President's Message

Letter from Dave LeRoy

Ottawa Trip Report

Summer Event Schedule

Winter Meeting and Social Schedule

2007 Trips and cost estimates