

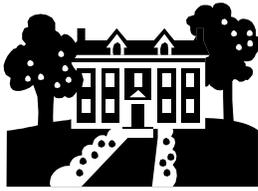


The Easy Glider

Kick 'n Gliders Nordic Ski Club

Editor: Pete Oswald (editor@kickngliders.org)

Issue: August, 2006



Presidents Message

August 6, 2006

If you are like me, you are anxiously awaiting the end to this extended string of hot and humid days. If you saw the documentary movie "An Inconvenient Truth" there is reason to be concerned about this hotter than usual weather. If I recall correctly, eight out of the last ten years have been the hottest in recorded history with last year being the hottest. I don't know what this portends for those of us who appreciate the cold weather and like to ski. If you haven't seen the movie, I would recommend it.

Concerning skiing, our Trip Coordinator Peggy Hampton has done a fine job in scheduling a fine season of ski trips. The basic schedule was published in the last issue of The Easy Glider. Details of all the trips will be published and available at the Oktoberfest scheduled for October 14,

2006. Peggy is now in the "pester the trip leaders" mode to gather all the required information. Be sure to put the Oktoberfest on your calendar. Watch future issues of the newsletter for further details.

Speaking of calendars, our Program Coordinator Bill Pickering has put together numerous interesting programs to fill out the summer. Upcoming events are the August 12th Music at Nissley concert, the August 26th rail trail bike ride hosted by Marilyn Grove, the September 23rd Walkin' Jim concert chaired by Nan Reisinger and the October 14th Oktoberfest hosted by Rick Begley. Bill is currently working on programs to be presented through the winter.

Unfortunately Jan & I will be unable to attend some of these summer events as we are leaving on August 21st for an extended drive across the United States. We'll be gone through the end of September. We plan to spend time visiting with Fred & Tanya Richter at their volunteer site at Natural Bridges National Park in Utah.

I hope everyone has a good rest of the summer. I look forward to seeing you at the next scheduled Membership Meeting at Wildware on November 7th. Kathy Watts will be doing her usual fine job of describing appropriate ski apparel and equipment and bring us up to date on the latest "must have stuff". Till then, stay cool.

David Powell

Forever Wild

Concert

September 23, 2006 @ 7:30 p.m. Mechanicsburg Middle School

Celebrate America wilderness with long distance solo hiker & folk singer, Walkin Jim Stoltz. Using nature images on the big screen accompanied by songs and stories of wild places Jim shares his many miles of hiking.

This is a free concert open to the public with seats on a first come first basis, but since our club is a co-sponsor we have 20 tickets for guaranteed sitting in the middle of the auditorium. If you plan to



attend please contact me by e-mail or phone and I will maintain a list on a first come basis.

The concert begins at 7:30, at Mechanicsburg Middle School, 750 S Market St (Rte 114), Mechanicsburg, PA, with the doors and display area open at 6:30.

Kick N' Glider will have a display table set up. If anyone would like to help me greet interested people and tell them about our club, give me a call. This will be a good way to get information out about the club.

Nan Reisinger
763-8094

nanreis@paonline.com

**KICK 'N GLIDERS
SCHEDULE
August to December, 2006**

August 26 Rail-trail bicycle ride



Colebrook to Mt. Gretna to Lebanon

Free concert

September 23 Walkin' Jim Stoltz



Free concert

October 14 Oktoberfest (Ox roast)



Rick Begley, host

November 7 Program and Business Meeting
7:00 PM Wildware



"What's new in ski equipment and clothing"

November 15 Dinner Meeting



7:00 PM Outback Steak House

December 5 Program and Business Meeting

7:00 PM Wildware



"Conditioning, nutrition, hydration, and injuries"



December 20 Holiday Party

Bill and Sandy Stine, host

MARK YOUR CALENDARS NOW!!!

CALENDAR DETAILS

August 26 - Come explore the rail trail from Colebrook to Lebanon.

Marilyn Grove (944-7227) will lead a casual paced ride for 2-3 hours on the rail trail, returning to the Jigger Shop in Mt. Gretna for lunch/ice cream. Start at the trailhead parking lot on Route 117 in Colebrook at 10:00 AM.

September 23 - [see details from Nan]

October 14 - The Oktoberfest is the "traditional " start of the ski year. We will again be hosted by Rick Begley (763-4561) at his home in Camp Hill. This is an afternoon /evening event starting with games in the afternoon followed by a potluck meal and entertainment. Fellowship with your skiing friends will highlight all the activities. Mark this date on your calendar now and plan to attend. More details will be in a forthcoming in a future *Easyglider*.

November 7 - Our first business meeting and program will be held at Wildware on Peiffers Lane in Harrisburg starting at 7:00 PM. The program will feature "what's new in ski equipment and clothing".

November 15 - Join your Kick 'n Glider friends for dinner at the Outback Steak House on Union Deposit Road at 7:00 PM. Enjoy a nice dinner and fellowship as you discuss winter ski plans.

December 5 - The December business meeting and program will be held at Wildware on Peiffers Lane in Harrisburg starting at 7:00 PM. The program will feature a medical person discussing conditioning, nutrition, hydration and injuries with us.

December 20 - Bill and Sandy Stine will host a holiday party at their home in Lancaster. This potluck social is always a highlight of the Kick 'n Glider year. Plan to welcome Bill and Sandy home from their "tin-tent tour" around the US. More

details will be in a forthcoming issue of the *Easyglider*.

To all Gliders,

I'm still looking for a leader for the Crystal Lake Trip for the upcoming season. If you are willing, please get in touch with me soon as we are putting the Season Schedule & Guide together starting at the end of August. If you can lead the trip, you may pick any weekend that fits your schedule as long as lodging is available at Crystal Lake. It may be booked the same weekend as an out of state trip as some Gliders like to stay closer to home.

We like to support our Pennsylvania ski spot, but without a volunteer, this trip may not be scheduled for the upcoming season.

If you are able to volunteer, please respond by email or call.

Thanks,

Peggy 717-737-2721

Weekend Trip Coordinator

TRIP REPORT

Eight Kick 'n Gliders attended the Nissley Winery Big Band concert on Saturday evening 8/12/06. Attending were Dave LeRoy & Nancy Kauhl, Mike & Pam McMullen, Charlie & Wanda Cole and Dave & Jan Powell. The music was terrific. The weather also cooperated in spectacular fashion. Remember the hot, humid days of July and

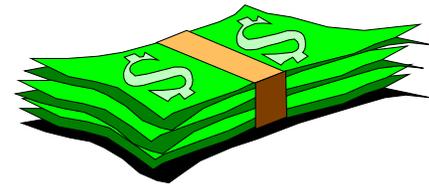
early August? We sat under a bright, clear sky with stars shining above. It actually got chilly as the evening progressed.

With the wine and huge variety of foodstuffs brought by those attending, and the fine music and delightful conversation, a good time was had by all.

Dave Powell

Dues and Don'ts

Your Kick 'n Glider dues are now Due so Don't put off sending them in. Also please fill out the enclosed application so our records will be complete. The \$15 (single) and \$20 (family) membership fee is one of biggest bargains around. It gives you the



opportunity to ski at fabulous locations all over the country, to attend the Oktoberfest at a nominal charge and to socialize with some of the most interesting (read weird) folks in the area. So unless you have submitted your dues in the past few weeks, you need to drop everything and send the money to PO Box 7054, Mechanicsburg, PA 17050. If you don't have an application, send the money anyway and fill out the application later. And by the way, tell your friends about Kick 'n Gliders – the more the merrier.

Kick 'n Gliders Nordic Ski Club

www.kickngliders.org

2006-2007 Membership Application & Release

Important: Be sure to sign release on second page	Dues Year: May 1 to April 30	Mail Application and check to: Kick 'n Gliders P.O. Box 7054 Mechanicsburg, PA 17050
	Dues: \$15 Individual \$20 Family Make Checks Payable to: KICK 'N GLIDERS	

Check the box on any information to not be published in the club's roster, <i>People to Ski With</i>	Skiing Level (Select One)	Skiing Experience (Check all that Apply)
	Name(s) _____ <input type="checkbox"/> (Other Family Members) _____ <input type="checkbox"/> Address: _____ <input type="checkbox"/> _____ City _____ State ____ ZIP _____ <input type="checkbox"/> Phone _____ (h) <input type="checkbox"/> _____ (h) <input type="checkbox"/> E-Mail _____ <input type="checkbox"/>	<input type="radio"/> Beginner <input type="radio"/> Novice <input type="radio"/> Intermediate <input type="radio"/> Advanced <input type="radio"/> Expert
	How long or how many times skiing? _____	

Indicate your interest in the following activities by checking the boxes below:

Local Skiing <input type="checkbox"/>	Ski Backpacking <input type="checkbox"/>
Day Trips <input type="checkbox"/>	Being a weekend ski trip leader <input type="checkbox"/>
Weekend Trips <input type="checkbox"/>	Being a one-day ski trip leader <input type="checkbox"/>
Long Weekend Trips <input type="checkbox"/>	Leading a summer activity (hike, canoe outing, picnic, backpacking trip, etc.) <input type="checkbox"/>
Night Skiing <input type="checkbox"/>	Teaching Club's Safety Orientation <input type="checkbox"/>
Ski Camping <input type="checkbox"/>	

Comments concerning activities you would like the club to organize, program suggestions, or any other ideas or recommendations:

Be sure to sign and date the release on the next page.

RELEASE

(Excerpted from the Bylaws of the Kick 'N Gliders Nordic Ski Club)

Article XI.

General Rules of the Club

Article XI, Section 1. No member or members of this Club shall obligate or commit the Club to any major endeavor, unusual activity or extraordinary action, unless Executive Committee approval shall have previously been obtained.

Article XI, Section 1A. Every member agrees to abide by the Kick 'N Gliders' Constitution and Bylaws and the Club Rules of Conduct, recognizing the social nature of the group and the authority and discretion granted to the Executive Committee herein.

Article XI, Section 2. Members desire to participate in the various activities of the Club. Each must recognize that all activities are strenuous and involve substantial risks of accident, injury and even death. Such activities, although engaged in as a group, are essentially individual activities/sports for which each individual must be physically and mentally prepared and capable, and in which each individual is essentially responsible for his own safety. The Club is simply an unincorporated association of interested persons which offers a central meeting point for those desiring to engage in the various activities; the Club does not sponsor or operate the activities for its benefit or profit; the leaders, the providers of motor vehicles, and drivers are all volunteers who lead or drive as an accommodation and not for their benefit or profit; the Club, its officers, the trip leaders, the activity leaders, vehicle owners, and vehicle drivers may not have (and in reliance hereon may not purchase) any insurance covering the individual or benefiting him in the event of accident, injury or death. Finally, each individual must recognize that many Club activities are conducted in wilderness or backcountry areas where appropriate medical care may be either totally unavailable, or hours and miles away and therefore inadequate in the event of emergency, but trip leaders and activity participants do not necessarily have any specific rescue, first aid, medical, or leadership skills or training. Each individual must understand that any and all trip leaders, activity leaders, and fellow participants are entitled to, and will rely on, the individual's ability to participate with the others.

I hereby recognize the Kick 'N Gliders as a nonprofit, unincorporated association of persons who have voluntarily organized themselves to participate in and enjoy various activities. I hereby certify that I have read the above section of the Club's Bylaws and understand the responsibilities of being a Club member and release, discharge and waive the Kick 'N Gliders and each and every one of its members from any and all liability for any loss, damage or injury I may suffer or sustain as a result of any of the activities of the Kick 'N Gliders by signing my name below.

I agree to abide by the Kick 'N Gliders Constitution and Bylaws and the Club Rules of Conduct.

I recognize the authority of the Executive Committee to revoke membership for violation of the Kick 'N Gliders' Constitution and Bylaws or the Club Rules of Conduct.

I recognize the authority of each trip leader to determine the composition of the roster for his trip.

SIGNATURE OF

MEMBER(S) _____ **DATE** _____

If member(s) are under 18 years of age, a parent or guardian must also sign:

_____ **DATE** _____

Signature and Relationship



KICK 'N GLIDERS
P.O. Box 7054
Mechanicsburg PA 17050

ADDRESS CORRECTION REQUESTED

In this Issue of Easy Glider

President's Message

Forever Wild - Concert, free!

Calendar: August - December

Nissley Winery Big Band - trip report

Membership Application