



The
Easy Glider
Kick 'n Gliders Nordic Ski Club

Editor: Pete Oswald (editor@kickngliders.org)

Issue: October, 2006

Change of Venue

**Oktoberfest has been moved to October 21
due to a conflict with the Apple Butter Boil!**

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President's Message

This message does not have much to do with Nordic skiing. As I write this message, Jan & I are in our fifth week of a cross country driving trip. We are currently in Holbrook, AZ. Tomorrow we will spend a day at Petrified Forest National Park. We'll continue traveling east and expect to return home the first week of October.

We have spent the bulk of our time in the Colorado Plateau region. This encompasses the Four Corners area of the United States. We did get as far west as San Diego, CA. We spent five days with Fred & Tanya Richter at Natural Bridges National Monument, and then camped a couple of nights near Moab, UT then back with Richter's for three

more days. We have seen so many National Parks and Monuments, ancient Pueblo ruins, cliff dwellings, petroglyphs, pictographs, natural bridges, natural arches, wildlife and other wonderful sights.

In a way, we are getting our bodies prepared for the upcoming ski season. We have done so much hiking and climbing, some strenuous. Fred & Tanya took us off road to so many remote sights which required much bushwhacking and rock climbing. What a terrific experience. I hope the Richters will be putting on a travelogue of their summer of volunteering at Natural Bridges.

Jan & I will look forward to seeing many of you at the Oktoberfest on **October 21**,

2006. Then also see you on ski trips this coming winter.

Dave Powell

20 September 2006

Fall

SOCIAL SCHEDULE

At last, the days and nights are cooler, and the trees are showing a hint of fall color. Can fall be far away? With the advent of fall, its Kick 'n Glider season again. We will "kick" off the 2006-07 winter season with the Oktoberfest (formerly the OX Roast) and "glide" on a busy schedule until next April.

Saturday, October 14:

The Oktoberfest will be held at Rick Begley's home.



[See directions to Rick's Place below!](#)

The starting time is 3:00 PM with a potluck dinner at 5:30 PM. For any football junkies, Rick assures us the TV will be on and tuned to the PENN STATE game.

Dinner: The Kick 'n Gliders will provide brats, knockwurst, etc. and buns, condiments, plastic ware, paper products, cups, soft drinks and coffee. We will collect \$5.00 from each participant to defray the cost of these items. You bring a dish to share – salad, vegetable, dessert. In addition, bring some of your favorite Fall Brew to share with fellow club members. An iced tub will be available for the beer swap. Let's see how many different Fall Brews we can have.

Also, bring your lawn chair!

Program: There really isn't a formal program. You are encouraged to bring photos of past ski trips to share with others. There may be a time for stories of past adventures (or misadventures?) as the evening progresses. As usual, Treasurer Dave will be present to register skiers for winter trips and collect dues and trip deposits. Many trip leaders will be present to talk about their trips and answer questions. Also, the annual [Season Guide](#) will be available.

Reservations: We would appreciate knowing who is

coming to the Oktoberfest. Please call Rick Begley (717/763-4561) by October 17 to make your reservation.

Help needed: A few skiers have called to volunteer to help with setup, serving and cleanup. A few more are needed. If you can help, please call Bill Pickering (232-1326), billpick55@comcast.net!

Home of Rick Begley

131 Limestone Drive
Camp Hill, PA 17011
Phone: 763-4561

Directions to Rick's Place:

From the East & North: Take I-83 to PA-581 to US-15 South, and exit at Highland Park. Turn left at stop sign onto Gettysburg Road and go straight through the stoplight. Turn left onto 40th Street, Right on Rosemount, and Left on Limestone. Look for a small brick ranch at 131 Limestone.

From the South: Take US-15 North to the Slate Hill exit, and make two lefts to cross back over US-15. Turn Right at stoplight onto Gettysburg Road, Right on 40th, Right on Rosemount, and left on Limestone.

Tuesday, November 7: We start the year's first Business Meeting at the Wildware Community Room on Peiffers Lane at 7:00 PM. After a short business meeting, Kathy Watts of Wildware will talk with us about "what's new in skiing for 2006-07". She will discuss new equipment and clothing, have samples to show us and will answer questions from new skiers and experienced

ones too. After the meeting, we may continue to talk over liquid refreshments at a local tavern.

Wednesday, November 15:

Meet for dinner at 7:00 PM at the Outback Steak House on Union Deposit Road. This is a social event...no business is discussed. These dinners are a chance to know other K 'n G folks better and to plan your winter trips. Come join us!

Tuesday, December 5:

We will meet for a business meeting and program at Wildware on Peiffers Lane. Our program tonight will discuss warming up, common skiing injuries, first aid, and prevention. Our speaker will be Sante DeMichiel, EMT.

Wednesday, December 20:

This is the evening of our annual holiday party. We will be hosted again by Bill and Sandy Stine at their home in Lancaster. This evening is always a highlight of our year and not to be missed. More details and directions will be forthcoming in a future [Easy Glider](#). Mark your calendar now.

Hi All, hope your summer has been great!

Following is an offer that will help get you on the slopes as well as on the trail. Wouldn't it be great if ski touring centers could make snow!! Take a minute and read the article below. I must add that I do like cross-country better, but I have learned it is also great to be out on the slopes instead of in the house when there is not enough snow to hit the trail.

Downhill is not considered an aerobic sport, but it really does get your heart pumping and the quads burning!!

Rick

IT'S ALL DOWNHILL FROM HERE

If you're not already a downhill skier, here's the perfect opportunity to give it a try. If you are, you'll appreciate this great value! Whiteflake Ski Club was created last season by Pat Hower to facilitate affordable downhill skiing for anyone, individuals or families, regardless of age or experience, from novice to enthusiast. Whiteflake coordinates the pre-season purchase of discounted "Night Club Cards". A "Night Club" is a group of individuals represented by an "advisor" who coordinates the paperwork and funds. No membership dues, fees, meetings or by-laws are associated with this "no-frills" group. The amount you pay is exactly the cost of the Night Club Card at a group discounted rate.

The Roundtop/Liberty/Whitetail Resorts' "Night Club Card" is a picture ID that entitles the cardholder to ski or snowboard every night beginning January 1, 2007 through the end of the season for one low rate at any of the three resorts. The card is valid from 4:00 PM to 10:00 PM Monday through Saturday and from 3:00 PM to 10:00 PM on Sunday.

Three ski/board packages are available. The basic "Night Club Card" cost for Lift Ticket only is \$159. Lessons (anyone

can learn to ski, Rick did last season!), rentals and "Advantage Cards" (40% off costs when "Night Club Cards" are not valid) are available as an option at the time of registration for an additional cost.

Contact Pat Hower at 691-0398 (skier1953@yahoo.com) or Rick Close at 648-3299 (rick.close@earthtech.com) for further information and mandatory registration forms. All forms and money must be received by Pat or Rick by November 1, 2006 for the group to be eligible for the pre-season rates.

THINK SNOW!

By Pat Hower & Rick Close

Something Different to Watch

"Want something to watch Oct 9-12 and Oct 14 --- Primal Quest Utah will be aired on ESPN2 Oct 9-12 and Oct 14 on ABC at 7:30! Sam Mummert captained the Sutliff Hummer Team that took on the challenge of the 10 day expedition adventure race around Moab Utah on June 25 - July 4th. Check out the stories and pre and post race ceremony links on www.ecoprimalquest.com"

We might be having a gathering at a local Pub on Sat night to watch the Finale. Sam and I have been members for a little over a year now and we did a hike instead of ski (because there wasn't any snow) last February at Crystal Lake on Rick Begley's trip. The gang that chose to hike with us was in for a surprise when Sam's 5-mile hike turned

into like...10 miles. He just kept saying "only a couple more miles". Ha... He was in training at that time and since Primal Quest was 75% on their feet, it was a good start.

Trip Report: Mt. Gretna Trail Ride, Saturday, July 26, 2006

Marilyn and Jeff Grove, Ed and Carol Rockland, Nan Reisinger, and Pete Oswald participated in this 21-mile trail ride. We tied skiing into this summer activity by handing out maps of our favorite cross-country ski trails in Mt Gretna. The group headed west toward Aberdeen Mills. The Rocklands discussed their most recent bike adventure to Budapest. Jeff and I questioned everyone on what to expect for our upcoming trip to Utah. We returned to Mt Gretna for a great lunch on the porch of Le Sorelle. A fun relaxing ride.

Marilyn Grove

Remember to send deposit for each desired trip by Oct. 1.

Extended Trip Schedule

- 12/29/06 - 1/2/07 Craftsbury, VT
- 1/12/07 - 1/16/07 Lake Placid, NY
- 1/19/07 - 1/22/07 Lapland Lake, NY
- 1/26/07 - 1/29/07 Pulaski, NY
- 2/2/07 - 2/5/07 Turin, NY
- 2/2/07 - 2/5/07 Black Forest, PA
- 2/9/07 - 2/12/07 Laurel Highlands, PA
- 2/16/07 - 2/19/07 Garnet Hill, NY
- 2/16/07 - 2/19/07 Crystal Lake, PA
- 2/19/07 - 2/24/07 Ottawa, Canada
- 3/2/07 - 3/5/07 Inlet, NY
- 3/10/07 - 3/17/07 Estes, CO

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Payment for Extended Trips:

This year we permit our members to put a deposit on the trips of their choice. This option allows everyone whose deposit is received by October 1st, an equal opportunity by participating in a lottery drawing to get on the list of trips. The lottery drawing will

not be necessary for trips not filled.

Please note that some trips may require a larger deposit. If a larger deposit is required, please submit the additional amount by the requested date. Deposits are required by the trip leaders to pay pre-trip deposits for lodging and other expenses. So, please check to

determine if you must send an additional deposit.

All trip payments are to be paid to the Treasurer, not to the Trip Leader. You may give the Treasurer a check at a meeting or by mail to the club post office box.

KICK 'N GLIDERS

2006 - 2007 SCHEDULE

Programs and Socials

The following is a quick and easy reference to the K 'n G yearly schedule. We suggest you take your calendar and mark these dates down now. More details will appear in the Easy Glider as the year progresses.

Saturday, October 21:	Oktoberfest, Rick Begley's house (see above article)
Tuesday, November 7:	Program Meeting, Wildware
Wednesday, November 15:	Dinner Meeting, Outback Steak House
Tuesday, December 5:	Program Meeting, Wildware
Wednesday, December 20:	Holiday Party, Bill and Sandy Stine's house
Tuesday, January 9:	Program Meeting, Wildware
Wednesday, January 24:	Dinner Meeting, TBD
Tuesday, February 6:	Program Meeting, Wildware
Wednesday, February 21:	Dinner Meeting, TBD
Tuesday, March 6:	Program Meeting, Wildware
Wednesday, March 21:	Dinner Meeting, TBD
Tuesday, April 3:	Election of Officers, Trip Planning, Wildware
Wednesday, April 18:	Dinner Meeting, TBD

DAY TRIPS - 2007

Following is the schedule for Day Trips. Please contact the trip leader during the week before a scheduled trip if you are interested in going. Contact the leader a few days before the trip to determine the rendezvous location and time for car pooling to the intended destination. This will help the trip leader in their planning. It also means that the trip leader will be sure to get out of bed and go to the departure destination if they know that someone is planning to ski that day.

If you have any questions about day trips, please call the trip leader. The actual location of the trip may change so that the leader may "go for the snow." Changes are at the discretion of the trip leader. Additional day trips may be listed on our web site at www.kicknogliders.org. Please take this time to add "members@kicknogliders.org" to your address book and/or update your email profile to receive impromptu correspondence from other Gliders.

The Day Trip Coordinator is Nan Reisinger, 717-763-8094

DATE	DESTINATION	TRIP LEADER	REMARKS
Saturday January 6	Nolde State Forest	Bill Hoffman	717-560-3636 billhoffman@earthlink.net
Saturday January 13	Blue Knob State Park	Peggy Hampton	717-737-2721 Rentals available
Sunday January 21	Crystal Lake	Nan Reisinger	717-763-8094 Rentals & lessons available
Saturday January 27	Middle Creek	Jamie Hackman	717-733-3382
Sunday February 4	Mt Gretna area	Jeff & Marilyn Grove	717-944-7227
Sunday February 11	Pinchot State Park	Wanda Pritulsky	717-232-4420
Saturday Feb 17	Crystal Lake	Joan Short	717-938-3494



KICK 'N GLIDERS
P.O. Box 7054
Mechanicsburg PA 17050

ADDRESS CORRECTION REQUESTED

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