



The *Easy Glider*

Kick 'n Gliders Nordic Ski Club

Editor: Pete Oswald (editor@kickngliders.org)

Issue: June, 2007

President's Nook

... by Bill Stine

I'm delighted to have a turn at the Kick 'n Glider's helm. Sandy and I have gotten tremendous value and pleasure from our Kick 'n Gliders' membership. It feels like family and we've become good friends with lots of folks we've met and skied with over the years. It is my hope to help us become even stronger as a club while we continue to have fun playing in the white stuff!

I'm very pleased with the talented and dedicated group of folks who have signed on for our staff positions. (The slate of officers was reported in the April issue of Easy Glider.) Together, I hope we can keep our Kick 'n Glider traditions alive with another season of excellent skiing, stimulating meetings and other social and sports activities throughout the year.

Peg Hampton led us through the first step in that process at the April meeting as we put together a schedule of eleven **Weekend & Extended Trips** for next season. Included are many of our tried-and-true favorites, as well as a couple of new destinations. New are a week in the Laurentian Mountains, north of Montreal, and another week-long trip to the Waterville Valley in New Hampshire. See the trip schedule elsewhere in this issue for your planning purposes. We will accept deposits for trips after

details and pricing are published in a later issue of The Easy Glider.

Ideas for summer activities, meeting schedules and other objectives were agreed upon at a May 1 meeting of the Executive Committee.

Summer Outings: will likely include a canoe trip, our traditional Nissley Vineyards Lawn Concert, a Mount Gretna rail-trail bike ride, a Lancaster Barnstormers baseball game, a concert at Lancaster's Long Park or Harrisburg's Reservoir Park and, finally, a mid-summer dinner. Look for details in the next issue of The Easy Glider.

Meeting Schedules: will continue the 1st Tuesday and the Wednesday-15-days-later meeting pattern with exceptions for holidays and week-long trips. It will be published when dates are confirmed with Wildware. We will probably finish the season with one of our patented "Awards Dinners".

Other Objectives: are longer term goals and projects that will move us toward those goals. We agreed that our main goal should be to grow the club. We'd like to grow both to promote the sport of cross-country skiing and to develop a larger base of members to support a variety

of skiing-oriented activities. We want to manage our growth in ways that preserve the close-knit relationships that make us unique among cross-country ski clubs. Details of projects to support that goal will be published in another article.

In other business, two policy statements were approved:

Trip Finance Policy – Kick 'n Gliders have a long history of successfully running reasonably-priced ski trips. Many thousands of members' dollars for trips run through our treasury every year. It is critical that every trip participant, as well as the club as a whole, be treated consistently and fairly.

Toward that end, we have policies that govern how we handle trip finances. They are published as part of our bylaws. Rarely, however, people get upset because they didn't understand how we handle those finances and what the responsibilities are.

To help prevent future misunderstandings, we have consolidated and restated the policies in easier-to-understand form. They will be published each year in our Season Schedule and Guide.

LCD Projector Rental Policy – When we purchased the LCD projector last winter, we agreed that it be made available to rent

for personal use by club members. Conditions for rental, renter's responsibilities and price (\$30 per rental) were agreed to at this meeting. Renters will be required to read and sign the policy when taking possession of the projector. Contact Program Coordinator, Tanya Richter, for details and availability. Please support your club's leadership as we organize for the coming season and for the future. We look forward to serving you!

Its Dues Time Again

Mayday is payday for the ski club. Kick 'n Gliders' fiscal year starts on May 1 and that is when dues are due. This year, we have had to make several large trip deposits so our cash flow has slowed to a trickle. So dig deep and send that check to the NEW CLUB address: PO Box 1353, Mechanicsburg, PA 17055. Dues are still \$15 per individual and \$20 per family. A family is any two consenting adults and any children that they admit to, so long as they are willing to share a single newsletter. We like for each dues payment to be accompanied by an application form; in particular, we find that E-Mail addresses change frequently and we need your current one.
Your Friendly Treasurer,
Dave LeRoy

You may use the form included in this newsletter or download an application form from the K 'n G web site.

Kickers 'n Gliders club mailing address has changed.

Due to the closing of the branch office where we have had our Post Office Box for several years, **our address has been changed.**

effective immediately our new address is:

Kick 'n Gliders

PO Box 1353

Mechanicsburg, PA 17055

Note that both the box number and the Zip Code have changed. Mail addressed to the old address will be forwarded to the new address for a limited time only.

Projects for Growth

... by Bill Stine

In support of our goal to grow the Kick 'n Gliders Nordic Ski Club, several project initiatives were agreed to at the May 1 Executive Committee meeting

Surely, in all its wisdom, your exalted leadership has chosen the best of all-possible goals and projects to pursue. If, however, you discern that we are somehow misguided or that we have missed a real gem of an opportunity, please let any one of us know and we'll be happy to put you to work!

- **Ski PA Book** – Revival of the books documenting Pennsylvania cross-country skiing facilities once published and sold by the club. The effort will be lead by Dave & Jan Powell. Whether we publish on the web, on paper or both, the project could be used to promote the sport and our club and/or to raise money.
- **Snowchasers** – Lead by Jesse Jepsen, this effort would leverage our website, e-mail and other means to foster opportunistic skiing.
- **Publicity** – Dave Powell will lead efforts to work with newspapers and other media to raise awareness of our club and it's activities.

- **Discounts** – Fred Richter will try to arrange for discounts from area vendors as a membership benefit. Nancy Kauhle will coordinate placement of small ads in The Easy Glider for establishments who offer the discounts.

- **Crystal Lake Trail Maintenance** – Jesse Jepsen will coordinate with the club based at Crystal Lake to offer our help for before-the-season trail maintenance and other things we can do to keep this unique PA cross-country jewel alive.

- **Brochures** – Handouts that could be strategically placed at ski-centers and retail establishments.

- **Business Cards** – to hand out to prospective members will be designed, printed and made available to members.

It is likely that your help will be requested for one or more of these projects as we move through the year. Please do what you can to help the project leaders.

This letter dated April 6, 2007 was received by Dave LeRoy after the club donated \$100 to the Adirondack Ski Touring Council.

Dr. Mr. LeRoy;

Thank you very much for the \$100 contribution from the Kick 'n Gliders Nordic Ski Club. We sincerely appreciate your support of the Jackrabbit Trail and Adirondack cross-country skiing. Your club can certainly be considered a member of the Adirondack Ski Touring Council. As I read you letter, I realized that we probably haven't done enough to encourage other similar clubs to make contributions on behalf of their membership.

Over the years, we have received contributions from the

Schenectady Winter Sports Club, the New Jersey Nordic Ski Club, and the Keene Valley and North Woods chapters of the Adirondack Mt. Club. I checked last spring's newsletter and realized that I only recognized the Schenectady Winter Sports Club in the list of members when both ADK chapters had contributed that year. I will be putting out a newsletter in another week or so and will specifically mention your club's gift. Hopefully, this will encourage a few other clubs to also become members.

It has indeed been a strange season that started with a green Christmas but is ending with a white Easter. This afternoon, I skied the Porter Mountain Loops at Mt Van Hoevenberg--no grooming because they're closed but plenty of snow that will likely last another week or so.

I hope that you were able to enjoy some good skiing this past season--both here and back in

Pennsylvania. Thanks again for your club's generosity.

Signed by
Tony Goodwin
Executive Director

Note from Dave:
Tony, by the way, is the author of at least 2 guide books on XC skiing in the Adirondacks and was (and still may be) in charge of the XC trail system at Mt. Van Hoevenburg. Tony's dad, Jim Goodwin, was an Adirondack Guide and author of a guide book which is the bible for those hiking in the High Peaks region of the Adirondacks.
Dave

News from Colorado
letter from Tom Szwedko
Hi Bill [Stine],

Thanks for the Kick n' Glider [photo] CD [of the Colorado trip]. Hope you

guys had fun even if it got awful warm this year. The snow, after the warm weather, is now more consolidated and you don't sink to the bottom anymore if you get off the trail.

I had a fun trip in Alaska and skied with a lot of local Alaskans who knew the area well. We even got up the Exit Glacier up to 3,800 ft on Harding Ice Field in Kenai Fjords NP. We started from a cabin we stayed in at the base of Exit Glacier at 300 ft above sea level. Had mostly great weather and snow in Alaska. I see you are getting a little Easter snow in PA!

I skied up West Dyer Peak (13,060 ft) today near my place in Leadville. It was a great run down with lots of snow and 4-7 in of new powder from yesterday even though sunny today and mild in town. One of the best powder runs I had this year in Colorado.

Tom Szwedko
Leadville, Co

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## Trip Leaders Needed

Two trips need leaders. Without your help they won't take place. Please check your calendars to see if you could possibly lead one of these trips. All the trips are on weekends and the club can help with the logistics of setting them up because they are traditional trips that have been led before.

The trips that need leaders are:

Crystal Lake, PA                      Feb 15 to Feb 16  
Laurel Highlands, PA              Feb. 22 to Feb. 24.

If you are willing to help out and lead a trip, please email or call Nancy Borremans, ASAP. [nborremans@comcast.net](mailto:nborremans@comcast.net) or call 717-354-9864.

## ~~~~~ Trips-2007 - 2008 ~~~~~

By referencing charts of the Northeast snow cover for the past five years we planned our trips trying to keep in mind where the greatest probability of snow would be. The following trips were planned:

| <u>Dates</u>                        | <u>Nights</u> | <u>Destination</u> | <u>Leader(s)</u>         | <u>Deposit/Total</u> |
|-------------------------------------|---------------|--------------------|--------------------------|----------------------|
| Dec 28, 2007 -<br>Jan 1, 2008       | 4             | Craftsbury, VT     | Nancy Kauh<br>Dave Leroy | \$100/\$325          |
| Jan 11, 2008 -<br>Jan 14, 2008      | 3             | Turin, NY          | Tim Musser               | \$80/\$185           |
| Jan 18, 2008 -<br>Jan 21, 2008 *(2) | 3             | Garnet Hill, NY    | Sandy & Bill Stine       | \$125/\$260          |
| Jan 25, 2008 -<br>Jan 28, 2008      | 3             | Pulaski, NY        | Peg Hampton              | \$110/\$220          |
| Feb 1, 2008 -                       | 2             | Black Forest, PA   | Joan Short               | \$50/\$85            |

Feb 3, 2008

|                                  |        |                             |                    |                                                                            |
|----------------------------------|--------|-----------------------------|--------------------|----------------------------------------------------------------------------|
| Feb 8, 2008 - Feb 10, 2008       | 2      | Lapland Lake, NY            | Rich Levin         | \$40/\$90                                                                  |
| Feb 8 or 10, 2008 - Feb 15, 2008 | 5 or 7 | Waterville Valley, NH       | Jan & Dave Powell  | \$50 to sign up \$150 is due by Dec 1 \$275 (5 nights) or \$385 (7 nights) |
| Feb 15, 2008 - Feb 16, 2008      | 2      | Crystal Lake, PA            | *(Leader needed)   | \$50/\$100                                                                 |
| Feb 15, 2008 - Feb 19, 2008 *(2) | 4      | Lake Placid, NY             | Bill Hoffman       | \$150/\$300                                                                |
| Feb 22, 2008 - Feb 24, 2008      | 2      | Laurel Highlands, PA        | *(Leader needed)   | \$75/\$125                                                                 |
| Feb 29, 2008 - Mar 3, 2008       | 3      | Inlet, NY                   | Bill Pickering     | \$100/\$190                                                                |
| Mar 3, 2008 - Mar 9, 2008 *(3)   | 6      | Laurentians, Quebec, Canada | Sandy & Bill Stine | \$100/\$575                                                                |

\*Prices are from last year’s schedule. There may be slight changes when leaders confirm reservations for this year.

\*\* due dates for deposits and final payments will be published in finalized trip schedule. Deposit listed must be submitted to reserve a place on a trip. Deposits must be sent to the treasurer at the **new club address** with the name of the trip.

**Brief descriptions:**

Craftsbury, VT: We ski trails at Craftsbury Outdoor Center located in picturesque New England Village. Stowe is also less than an hour away for more skiing adventures.

Tug Hill/ Turin: We return to Allegro House near Turin on east side of Tug Hill. Help us celebrate plentiful lake-effect snow on your choice of groomed or backcountry trails, all beautiful and all free! Trip leader needed.

Garnet Hill: Ski groomed or backcountry trails in many venues.

Pulaski: We return to the 1880’s House for great meals and then ski in several nearby ski centers or on back-country trails.

Black Forest: Ski in beautiful state forest lands right out the back door of the Inn.

Lapland Lake: Ski on groomed trails at the Lapland Lake Ski Center. Lodging at the Flip Inn and meals will be eaten out at nearby pubs and diners.

Waterville, NH: A new trip with options for 5 or 7 nights. We will stay at the Black Bear Lodge in Waterville Valley, New Hampshire. [www.black-bear-lodge.com](http://www.black-bear-lodge.com) Two couples will share each loft suite. Prices include lodging and dinners. There are nine Nordic ski venues within easy driving distance of Waterville Valley. In addition there is backcountry skiing in White Mountain National Forest.

Crystal Lake, PA: Great skiing right out your back door on groomed trails with options for all levels of skiers. Higher elevation usually guarantees snow. This trip still needs a leader, so please help us out.

Lake Placid, NY: No fewer than a dozen ski venues in the area, ranging from groomed trails of Mr. Van Hovenberg to single track Placid-Northville Trail. Lodging at the charming Tudor house with breakfast and dinner included

Laurel Highlands, PA: Ski at Laurel Ridge on groomed trails or in back- country at nearby Kooser State Park. Lodging is in Somerset at a motel. Trip leader needed.

Inlet, NY: Lodging is in a beautiful setting in condos at Rocky Point Resort and skiing is on nearby trails in the Adirondacks with options for beginners to advanced skiers.

Laurentians, Canada, This year’s Canadian trip will be to Canada’s Laurentian Mountains. The area of its highest peak, Mont Tremblant, is a majestic presence in the Quebec landscape. We’ll be staying at Parker’s Lodge in Val-David, 60 miles northwest of Montreal where we will be provided with full breakfasts and dinners. The area around the Lodge is home to dozens of first-class ski-touring centers for us to explore.

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# Kick 'n Gliders Nordic Ski Club

www.kickgliders.org

## 2007-2008 Membership Application & Release

|                                                                     |                                                                                                                                                    |                                                                                                                     |
|---------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|
| <p><b>Important:</b><br/>Be sure to sign release on second page</p> | <p><b>Dues Year:</b> May 1 to April 30<br/><b>Dues:</b> \$15 Individual<br/>\$20 Family<br/><b>Make Checks Payable to:</b><br/>KICK 'N GLIDERS</p> | <p><b>Mail Application and check to:</b><br/><br/>Kick 'n Gliders<br/>P.O. Box 1353<br/>Mechanicsburg, PA 17055</p> |
|---------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|

|                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Check the box on any information to <b>not</b> be published in the club's roster,<br/><i>People to Ski With</i></p> <p>Name(s) _____ <input type="checkbox"/><br/>(Other Family Members)</p> <p>Address: _____ <input type="checkbox"/></p> <p>City _____ State _____ ZIP _____ <input type="checkbox"/></p> <p>Phone _____ (h) <input type="checkbox"/><br/>_____ (w) <input type="checkbox"/></p> <p>E-Mail _____ <input type="checkbox"/></p> | <p><b>Skiing Level</b><br/>(Select One)</p> <p><input type="checkbox"/> Beginner<br/><input type="checkbox"/> Novice<br/><input type="checkbox"/> Intermediate<br/><input type="checkbox"/> Advanced<br/><input type="checkbox"/> Expert</p> <p><b>Skiing Experience</b><br/>(Check all that Apply)</p> <p><input type="checkbox"/> Golf Courses<br/><input type="checkbox"/> Hiking Trails<br/><input type="checkbox"/> Touring Centers<br/><input type="checkbox"/> Backwoods</p> <p><b>How long or how many times skiing?</b><br/>_____</p> |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

Indicate your interest in the following activities by checking the boxes below:

|                                             |                                                                                                         |
|---------------------------------------------|---------------------------------------------------------------------------------------------------------|
| Local Skiing <input type="checkbox"/>       | Ski Backpacking <input type="checkbox"/>                                                                |
| Day Trips <input type="checkbox"/>          | Being a weekend ski trip leader <input type="checkbox"/>                                                |
| Weekend Trips <input type="checkbox"/>      | Being a one-day ski trip leader <input type="checkbox"/>                                                |
| Long Weekend Trips <input type="checkbox"/> | Leading a summer activity (hike, canoe outing, picnic, backpacking trip, etc.) <input type="checkbox"/> |
| Night Skiing <input type="checkbox"/>       | Teaching Club's Safety Orientation <input type="checkbox"/>                                             |
| Ski Camping <input type="checkbox"/>        |                                                                                                         |

Comments concerning activities you would like the club to organize, program suggestions, or any other ideas or recommendations:

Be sure to sign and date the release on the next page.

# RELEASE

(Excerpted from the Bylaws of the Kick 'N Gliders Nordic Ski Club)

## Article XI.

### General Rules of the Club

Article XI, Section 1. No member or members of this Club shall obligate or commit the Club to any major endeavor, unusual activity or extraordinary action, unless Executive Committee approval shall have previously been obtained.

Article XI, Section 1A. Every member agrees to abide by the Kick 'N Gliders Constitution and Bylaws and the Club Rules of Conduct, recognizing the social nature of the group and the authority and discretion granted to the Executive Committee herein.

Article XI, Section 2. Members desire to participate in the various activities of the Club. Each must recognize that all activities are strenuous and involve substantial risks of accident, injury and even death. Such activities, although engaged in as a group, are essentially individual activities/sports for which each individual must be physically and mentally prepared and capable, and in which each individual is essentially responsible for his own safety. The Club is simply an unincorporated association of interested persons which offers a central meeting point for those desiring to engage in the various activities; the Club does not sponsor or operate the activities for its benefit or profit; the leaders, the providers of motor vehicles, and drivers are all volunteers who lead or drive as an accommodation and not for their benefit or profit; the Club, its officers, the trip leaders, the activity leaders, vehicle owners, and vehicle drivers may not have (and in reliance hereon may not purchase) any insurance covering the individual or benefiting him in the event of accident, injury or death. Finally, each individual must recognize that many Club activities are conducted in wilderness or backcountry areas where appropriate medical care may be either totally unavailable, or hours and miles away and therefore inadequate in the event of emergency, but trip leaders and activity participants do not necessarily have any specific rescue, first aid, medical, or leadership skills or training. Each individual must understand that any and all trip leaders, activity leaders, and fellow participants are entitled to, and will rely on, the individual's ability to participate with the others.

I hereby recognize the Kick 'N Gliders as a nonprofit, unincorporated association of persons who have voluntarily organized themselves to participate in and enjoy various activities. I hereby certify that I have read the above section of the Club's Bylaws and understand the responsibilities of being a Club member and release, discharge and waive the Kick 'N Gliders and each and every one of its members from any and all liability for any loss, damage or injury I may suffer or sustain as a result of any of the activities of the Kick 'N Gliders by signing my name below.

I agree to abide by the Kick 'N Gliders Constitution and Bylaws and the Club Rules of Conduct.

I recognize the authority of the Executive Committee to revoke membership for violation of the Kick 'N Gliders' Constitution and Bylaws or the Club Rules of Conduct.

I recognize the authority of each trip leader to determine the composition of the roster for his trip.

### SIGNATURE OF

MEMBER(S) \_\_\_\_\_ DATE \_\_\_\_\_

If member(s) are under 18 years of age, a parent or guardian must also sign:

\_\_\_\_\_ DATE \_\_\_\_\_

Signature and Relationship

## Kick 'n Glider Summer Schedule 2007

|            |    |                                                                                                                                |
|------------|----|--------------------------------------------------------------------------------------------------------------------------------|
| June:      | 17 | Canoe Adventure with Nan Reisinger. Location is dependent on water levels.                                                     |
| July:      | 19 | Take Me Out to the Ballgame – Lancaster Barnstormers vs. Long Island Ducks. Price \$8.00 Free parking. Game begins 7:05 pm.    |
| July       | 29 | Long's Park Concert. The Old School Freight Train. <b>Free.</b> Amphitheater Stage, concert begins 7:30pm.                     |
| August:    | 11 | Music at Nissley Vineyards –The Jazzberries (Big Band swing.) Tickets are \$14 at the entrance.                                |
| September: | 8  | Comfortably paced Rail to Trail bicycle ride from middle of Mt. Gretna followed by brunch/lunch at Le Sorelle. Meet at 9:00am. |
| October:   | 20 | Ox Roast & unveiling of trips, Nancy and Dave                                                                                  |

### Summer Schedule Details:

|           |    |                                                                                                                                                                                                                                                                                                                                                                                                                          |
|-----------|----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| June      | 17 | Enjoy a canoe adventure. Nan is exploring places with the best water in June. The plan is to meet at 1:30 p.m. at a yet to-be-determined location for socializing and snacks while the shuttle is set up. We would probably stop for a creek-side picnic. After the picnic we will continue to paddle to the take out. Call her no later than noon on Saturday, June 16 to get full details and sign up. (717) 763-8094. |
| July      | 19 | Join Bill and Sandy Stine for the game. Tickets are \$8.00. Your check made out to Kick 'n Gliders must be received by June 30th to reserve your seats. Closer to game night you'll get the details from the Stines about meeting place, food, parking.                                                                                                                                                                  |
| July      | 29 | The Old School Freight Train brings a blend of bluegrass, jazz, soul and pop with Celtic rhythms. Bring blanket, chairs, snack & drinks and enjoy music under the stars. Meet the Richters in the parking lot at 7:00pm.                                                                                                                                                                                                 |
| August    | 11 | Kick back and revel in a little night music. The Nissley Vineyard is located in Bainbridge. Bring your picnic supper and lawn chair or blanket. Nissley wines are available on the lawn. The music starts at 7:30pm, but we suggest you arrive not later than 6:30pm. Call Pickerings at (717) 232-1326 to let them know you're coming so we can save you a place on the lawn. Call if you have questions.               |
| September | 8  | Meet the Richters at the parking area on Rt. 117 between Le Sorrell and the gift shop near the Mt. Gretna Playhouse. We'll bicycle toward E-town and get back in time for brunch/lunch at Le Sorrell which is open until 1:00. For better directions call us at 717-867-5067.                                                                                                                                            |
| October   | 20 | Ox Roast & unveiling of trips at Dave and Nancy's. Details in another newsletter edition.                                                                                                                                                                                                                                                                                                                                |



KICK 'N GLIDERS  
P.O. Box 1353  
Mechanicsburg PA 17055

ADDRESS CORRECTION REQUESTED

## In this Issue of Easy Glider

**President's Nook**

**Dues reminder**

**K 'n G mailing address change**

**Projects for Growth**

*Thank you letter from Adirondack Ski Touring Council*

*Letter from Tom Szwedko (former member of KnG)*

**Trips-2007 - 2008**

**Membership Application & Release**

**Summer Schedule 2007**