



The
Easy Glider
Kick 'n Gliders Nordic Ski Club

Editor: Pete Oswald (editor@kickngliders.org)

Issue: March, 2008

Kick 'n Gliders Year-End Banquet

Wednesday, April 16, 2008

This year's banquet is a "can't miss" event! We'll have door prizes, awards, and a great program. Join your fellow Gliders and revisit all the wonderful and exciting trips we did this season.

Where: Naval Depot Commissioned Officers' Mess, Mechanicsburg, PA

Time: 6:00 PM Social Hour - Cash Bar
7:00 PM Dinner
8:00 PM Program

Menu: Chicken Cordon Bleu or Salmon Filet with Shrimp & Dill Sauce
Cheese, Fruit, Veggie Tray, and Fruit Punch
Salad
Green Beans Almondine & Redskin Potatoes with Parsley
Rolls and Butter
Coffee/Tea
Dessert

Notes:
Please advise Peg Hampton of dietary restrictions
Vegetarian and children's meals available upon request
Questions? Peg Hampton @ 717-737-2721

Drinks: Cash Bar

Cost: \$25.00 per person

Deadline for Reservation and Payment: Friday, April 4

Directions to the Banquet Facility (Note Gate Change):

- Get off PA 581 at Exit # 3 (Carlisle Pike, Rt. 11)
- Go straight at the traffic light at end of entrance ramp onto Gateway Drive
- Gateway drive passes between the Carrabba's Restaurant & Burger King

- Continue to the Guard Headquarter at the Main (North) Gate
- Photo ID required to enter gate
- Tell guard you are going to the Officers' Club as part of the Kick 'n Gliders group
- Make first left turn onto Zero Ave. Continue on Zero Ave until it curves right & becomes "O" Street.
- Continue to Stop sign. Turn left at Stop sign onto Fox Rd.
- Officer's club is on right. Parking lot is just beyond or on opposite side of street. Note that some spaces are reserved for high ranking military. Please do not use those spaces.

Kick 'n Gliders

Nominating Committee Report

Nominations for 2008-2009 Slate of Officers

The Nominating Committee consisting of David Powell, Chair and Beth Major & Sandy Stine presents the following slate of officers for the Executive Committee for the 2008-2009 season. The Executive Committee, according to Article V, Section 1 of the bylaws, consists of the following positions. This slate of nominees will be presented at the April 2008 membership meeting . If anyone else is interested in running for office, nominations can be made from the floor. The vote will take place after the nominations are closed.

President	William Stine
Vice President/President Elect	Peggy Hampton
Secretary	Marilyn Grove
Treasurer	David LeRoy
Trip Coordinator	Nancy Borremans
Program Coordinator	Tanya Richter
Membership Chair	Michael McMullen
Immediate Past President	David Powell
Day Trip Coordinator	Andrea Hospodar
Newsletter Editor	Peter Oswald

Respectfully submitted,

Nominating Committee David Powell, Chair; Beth Major & Sandy Stine

Trip Planning Meeting April 1, 2008

Mark your calendars and plan to attend the annual trip planning meeting of Kick 'n Gliders on Tuesday, **April 1**, 7 p.m. at Wildware Backcountry. The club will be setting up the trip calendar for the 2008/2009 season. We would like the input from as many members as possible.

While we will be scheduling many of our familiar, favorite trips, the club is also interested in new trails and new skiing adventures. If you have a trip to propose for next year, please come to the meeting with information on the trip that you can present to the club. We would need to know the destination and the estimated cost in order to schedule the trip the night of the meeting. If you have any questions, please

contact Nancy Borremans (nborremans@comcast.net) or Bill Stine (william.t.stine@verizon.net).

The Art of
Highpointing and
other Good Stuff
by Bill Wentzel alias Hiker Bill

This is a reminder of the March Membership Meeting to be

held **Tuesday, Mar 11, 7:00 pm** at Wildware Backcountry.

Our March speaker, Hiker Bill, is known to many of our members. Bill is a master of highpointing and other geo-extreme endeavors. (Highpointing, for those of you who don't already know, is the sport of finding and visiting the point with the highest elevation within some area, for example, the highest point in each state.) And, of course, there are rules you must follow.

Experiencing this program will open up a whole new world of adventure (and obsession). Please join us for this great presenter!

March Dinner Social March 26, 7:00 PM

Lancaster Brewing Company
469 Eisenhower Blvd.
Harrisburg, PA 564-4448

Lancaster Brewing Company (LBC) - A new place in Harrisburg - featuring beers that are currently brewed at the Lancaster Brewing Company in Lancaster. When their license is approved, they will begin making some of their own unique brews.

Beer list includes: Hop Hog, Amish Four Grain, Milk Stout, Gold Star Pilsner, Winter Warmer, Franklin Fest, Lightening Lager, Celtic Rose Ale, and Strawberry Wheat. LBC Harrisburg also offers an LBC Sampler - a five oz. glass of each available style! The beverage list offers numerous

wines for those looking for something other than beer.

The menu offers something for everyone. The appetizers include butternut ale soup, white chili, Amish ale battered onion rings, and smoked duck soft tacos just to name a few. There are six different salads from Caesar to Duck & Spinach with goat cheese. Sandwich selections include LBC steak sandwich, herb-rubbed chicken, Brew House Prime burger, and lamb burger. Entrees include: milk stout braised lamb shank, filet mignon, LBC Meatloaf, double-cut cider pork chop, grilled Amish chicken, maple smoked baby back ribs, salmon, Maine lobster macaroni & cheese, jumbo lump crab cakes, and Artisan Sausage Platter with venison, boar, & buffalo. LBC has a brick oven to make some pretty interesting pizza combinations including duck breast thin crust pizza.

LBC will put all of our orders on one check so please be sure to bring cash and your math skills.

This is the last dinner social of the season. Don't miss one last opportunity to dine with other Gliders and try out some great food and beer from a new "hot spot" in Harrisburg.

Call Peg Hampton 737-2721 or <mailto:vicepresident@kickngliders.org> if you have any questions.

Directions from 83 North: Take the Paxton Street exit off 83 North. Go straight to the

traffic light and turn left onto Paxton Street. Continue past the East Mall, Bass Pro Shop, Sheetz, and all the new restaurants and hotels on that strip. At the T intersection and traffic light at the junction with Eisenhower Blvd., turn right onto Eisenhower Blvd. The Lancaster Brewing Company is on the right between the Belco Credit Union and the orange Howard Johnson roof.

LBC Harrisburg is a non-smoking restaurant.

Black Forest February 1-3

How can you say it? There **was** enough snow to ski, possibly only in this one place in Pennsylvania. There was a good base with a sprinkling of new snow, and the temperature was moderate so that it was not icy. It was fast. Tim Musser and Kim Hershey skied a while on Friday after the precipitation turned to snow. On Saturday Chris Brubaker, Tim, Kim, and I tackled the Santiero DiShay and did nearly all of it, coming back to the Inn plenty tired. I speak for myself of course. Sunday we scooped up Tom Hooper and headed for Pine Bog trail. This group has to be awarded the medal for persistence in the face of bad weather, rain and sleet, prior to the trip.

The huge fireplace at the Black Forest Inn provided a great backdrop for drinks and dinner.

Joan Short

Lake Placid

Feb. 15-19, 2008

Only because I called the booking agent two weeks before the trip to find out if the final payment for our house had been received did I find out that the house had been foreclosed and I'd have to find another place. I did, and it worked out quite well, but it was considerably more expensive than the house, and we were split between two townhouses instead of being in one building. The townhouses were very nice and well equipped both as to features and household staples and utensils, but they were far enough apart that we could all be together only for dinner. This year we had plenty of snow for a change. Only Ralph Scott, who took the ailing Bill Pickering's place at the last minute, did any skiing on Friday. He did a few miles of the Northville-Placid trail and pronounced the conditions the best he had ever seen there. Saturday saw all of us except Chris descend on Mt. Van Hoevenberg. It was a cold and windy day so we wanted to ski someplace where we could eat lunch, and warm up if necessary, inside. Conditions were fantastic, as good as I've seen there. We all tried and conquered the black diamond East Mountain loop pre-lunch, then tried the Three Trails loop in the afternoon. While graded as intermediate, it was almost as challenging as East Mtn. Meanwhile, Chris went downhill at Whiteface and had two experiences there—her first and her last. The tour leader prepared

chicken l'amour for dinner, to the professed delight of all. In case you're wondering, this dish has a marinade of tomato sauce and chopped celery and onions.

Sunday started cold—minus 5 degrees—but before the day was out the temperature had risen to about 30 and we skied the last few miles of the Fish Pond truck trail in a light rain. This 11.2-mile round trip hadn't been skied by us in at least 3 years due to poor snow. That wasn't an issue this time. Your leader claimed that several hills were added to the trail since his last ski on it. Nancy Borremans and Don Youngblood won our stomachs with lasagna for dinner, and even though we all ate heartily there was enough left over as a second entree on Monday.

Sunday afternoon's light rain got heavier overnight, and the temperature rose into the high 40s, a 50-degree rise from 24 hours earlier. Fortunately, the base was sufficient that we could still ski on Monday in spring-like snow. We drove to the VIC (Visitors Information Center) at Paul Smiths, where Nancy B. and I skied the trails there, and everyone else did about 5 miles total on the Jack Rabbit Trail. Not the best day, but at least not a total washout. Dinner honors were ably performed by Nancy Kauh, preparing a divine chicken divan. We polished off Nancy B's lasagna and all the leftover salad and desserts.

Tuesday found everyone heading for home. I was reluctant to suggest the traditional 5 eastern-most miles of the Jack Rabbit, fearing it would be icy. Four

miles of the trail are downhill. For next year, I'll have to find a new venue unless our previous house becomes available again. The townhouses I had to book sight unseen, worked out, but are inefficient for sleeping arrangements if there are more than a few singles on the trip, which is the usual pattern. During the summer, while I'm at my place in Potsdam, I'll take a day and scope out new places for next year.

Participants: Nancy Kauh, Dave Walborn, Dave Leroy, Nancy Borremans, Don Youngblood, Pete Oswald, Ron Henry, Chris Brubaker, Ralph Scott, and Bill Hoffman, trip leader.

Laurel Highlands Trip Report

16 people pre-registered at the Holiday Inn Somerset for the Laurel Highlands trip, but the warm weather and rainy forecast discouraged all but 8 from coming. Dennis and Beth scouted Laurel Ridge, Laurel Hill and Kooser on Friday. There was no skiing anywhere, but Laurel Ridge's snow report promised they would open Saturday if it snowed overnight. We crossed our fingers.

We met Friday night at the Pine Grill in Somerset for an excellent dinner. The temperature dropped overnight, and it snowed just enough to groom the trails at Laurel Ridge. The snow was thin in spots, but we had a fun

day, skiing the red and orange trails for a total of 8 miles. Most of us decided conditions didn't warrant spending another night in the hotel, so we headed home Saturday night.

Given Pennsylvania's unreliable snow, the Holiday Inn, with its 6 p.m. cancellation policy, is a good place to stay. Next time, we would drive out Saturday morning and make it a one-night rather than a two-night trip.

Beth Major

Waterville Valley Trip Report

Friday – Friday, February 8-15

Surrounded by mountains on three sides, New Hampshire's town of Waterville Valley is a wonderful, low-key resort town that is, literally, at the end of the road. This modern village surrounds a quadrangle of shops, eateries and the cross-country ski center.



Nearby are several hotel and inn type establishments and, surrounding that are enclaves of modern vacation homes. We stayed in the Black Bear Lodge, a five-story suites hotel. The units had full, albeit small, kitchens and slept 5 – 6 people. They were quite comfortable and the staff was

very accommodating. The lodge had a work-out room, indoor/outdoor pool and an outdoor hot tub. Included were memberships to the village athletic club where there were an impressive indoor pool and work-out facilities.

Although there was a well-regarded, 2,000 ft vertical, downhill area in the valley, the feature that occupied our attention was the cross-country trail complex that completely surrounded the village. All 70 kilometers of this trail system were open and groomed. The trails were well laid out and there was enough variety in terrain and difficulty levels to satisfy everyone for several days. There was no need to drive our cars as the cross-country center was only about a block from our hotel and busses served to deliver our alpine brethren to and from the nearby downhill area.

It turned out that there was a large hockey tournament in the village for the weekend and our hotel and all the facilities were jammed with thousands of 11–13 year-old girls and their chaperones. We five Friday arrivals set up housekeeping in our unit and found dinner at the excellent “The Edge” restaurant in the village center. Saturday found us on our first foray into the village's x-c ski center trails. They were beautifully groomed and we found our way around the system's northeastern section. On Sunday a couple of us decided to test the new-fallen snow on the Smarts Creek backcountry

trails about five miles away. The trails form a pleasant loop, variously following a lovely creek with small waterfalls and winding through varied woods. Skied clockwise, the loop climbs gradually for the first 2.5 miles before ending in a wonderful 1-mile glide back to the parking area. The snow was sticky, though, and I was an unhappy camper much of the time. The rest of our group arrived on that evening and we moved to three smaller units housing three Kick ‘n Gliders each. The hockey players left that afternoon and we had the place nearly to ourselves.

Everyone headed for the x-c ski center on Monday,



breaking into small groups and exploring various sections of the trail system. That evening we compared notes and told whiteout stories about where each of us was when a dramatic snow squall descended on us, simultaneously blowing most of the snow from the area's heavily-laden trees making it impossible to ski or drive for a short period of time.

One of the area's best known backcountry skis is to Greeley Ponds. There is a trailhead at the north edge of the village and all nine of us left there for the 4-mile ski up to the ponds. Although the trail started out

as a road, it soon turned into an enjoyable trail coursing through the woods. The ponds were beautiful. Although it was only a half mile to the far trailhead on the Kancamagus Highway, we decided not to make the 400-ft descent/ascent.

Into every ski season a little rain must fall and Wednesday was our day of rain. It poured much of the day and only Rick Begley braved the elements (for a downhill lesson) while the rest of us read or shopped.

Thursday was our last day to ski and we all took full advantage of the fact that the groomers had managed to transform the rain-soaked trails back into beautiful powder. We explored sections of trails that we had not skied before. All agreed that Waterville Valley is a place to visit again, soon!



Instead of heading directly home, Sandy and I decided to try out the trails at Franconia Inn. This system is one of narrow, snowmobile-groomed trails. We skied a long loop through the woods to the south of the Inn. The woods were lovely and we found a couple of pretty overlooks along the way. There's enough for a good day of skiing. The inn, itself, was cozy and well-appointed and offered free hot chocolate! We stayed overnight at the Gale River Motel in Franconia and had dinner in town.

Bill Stine



Kick 'n Gliders Nordic Ski Club

2008 Year-End Banquet, April 16, 2008

Reservation Form

(See this Issue of Easy Glider for Details)

Your Name: _____

Others Attending: _____

Your address: _____

Contact Telephone: _____

MEAL	# Meals	PRICE	TOTALS
Chicken Cordon Bleu:		@ \$25.00 =	
Salmon Filet:		@ \$25.00 =	
For vegetarian and children's menu and pricing, contact Peg Hampton at: 717-737-2721			

Enclose check for total amount, **Payable to Kick 'n Gliders.**

Please mail in time to arrive before April 4.

Mail to: Kick 'n Gliders

P O Box 1353

Mechanicsburg, PA 17055



KICK 'N GLIDERS
P.O. Box 1353
Mechanicsburg PA 17055

ADDRESS SERVICE REQUESTED

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