

The Easy Glider

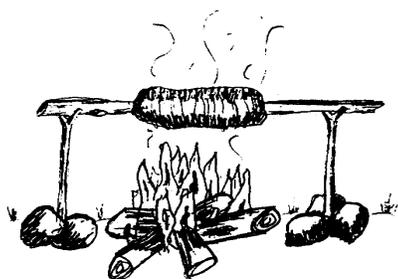
Kick 'n Gliders Nordic Ski Club

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It's Ox Roast Time!

October 25 – Mark your calendar
by Bill Stine



It's that time, again. Time to enjoy the fall air, renew acquaintances with old and new Kick 'n Gliders, eat, drink, collect your personal copy of the Season Guide and, oh, yeah, pay your dues and sign up for ski trips!

Once again we'll gather in Black Birch Hollow, the woods surrounding the beautiful "work-in-progress" home of Dave LeRoy and Nancy Kahl in Perry County. The date is Saturday, October 25, and the fun starts at 4:00 pm. All you need to bring are your dues, if you haven't already paid them, plus \$5 to cover the ox and incidentals, a lawn chair and a covered dish and a beverage to share. The ox (really a large chunk of beef) will already be roasting over an open fire by the time you arrive.

Detailed descriptions of 2009 ski trips will be found in the Season Guide and will be depicted on a large display board. Bring pictures of last years' ski trips if

you have them and be ready to enjoy a pleasant afternoon.

Reservations are required so that we know how big an ox to kill. They can be made by calling Peggy Hampton at 737-2721 (or emailing her at Pham608238@aol.com). Peggy should be able to answer any questions you have.

Please make your reservations by no later than October 20.

Peggy will provide directions to Dave and Nancy's place. She will also ask what kind of food you plan to bring so we don't end up with too many beans and not enough desserts!

New and prospective members are welcome, too ... same rules!

See you there!

p.s. Don't forget your lawn chair!



Dues Due Dudes!

by Bill Stine



Membership Chairman, Mike McMullen, dropped bills for annual dues in the mail on Sept 3, so it should have arrived in your mailbox some time ago.

Please remember to pay up promptly. As happens every year, we need cash to make reservation deposits to hold places for us to stay during our trips.

Also, please check the appropriate box on the membership application if you are willing to forgo the paper copy of Easy Glider and receive it electronically via the website (we MUST have a valid email address for you).



Fall Foliage Hike/Paddle Outing

Rickett's Glen State Park

by Andrea Hospodar

Andrea will lead an outing at Rickett's Glen on Sat, October 11.

If all goes well, this date should be at or near peak fall foliage for the area. We will start with a hike on the upper fork of the Rickett's Glen trails. It is about a 3-4 mile hike that takes in views of 21 falls, with the largest being 94'. Quite breathtaking if the water flow is good! The trail is quite rugged much of the way, so sturdy hiking boots are strongly recommended. Bring a lunch as we will eat trailside.

In the afternoon we will kayak or canoe around Lake Jean at the top of the park. If you are not a paddler, you can split off at Water's Meet and hike the full falls trails, about 7-8 miles. There are also side trails if you wish to do more exploring.

We will regroup about 4:30 at the Park Office parking lot, and for those who wish, I will be making a slight detour into Dallas, PA, for dinner at Pickett's Charge Restaurant (about 20 minutes east of the park) for the best tasting Prime Rib you will ever eat!!! (They serve lots of other good things as well, from chicken, to veal to seafood.) It's a long day, but well worth the trip!

Please call Andrea at 717-832-1354 if you're interested in the trip!



Programs for Meetings

by Bill Stine



"You're not allowed to use the sprinkler system to keep your audience awake."

Between her wintering at Crater Lake and trips to Alaska and Nepal, Program Chair, Tanya Richter, has begun lining up programs for this season's meetings.

For one, she's got Dr. Matthew Silvis, team physician for the Hershey Bears and Harrisburg Senators, among other things, to speak to us at the February meeting. He's got lots of stories. We've asked that he speak about "Ski Patrol: Wilderness Medicine Cases".

Husband Fred will probably be tapped to talk about hiking Alaska's Chilkoot Trail; you know, the one all the prospectors used on their way to the Alaskan gold rush.

Of course, we'd all be anxious to hear about Dennis and Beth Major's bicycling trip in the San Juan Islands in the Puget Sound if Tanya can talk them into it.

How about you? Got anything interesting to talk about? Or, know anyone who does? If so, please let Tanya know!

Trip Sign-Up Time

Beat the Competition!

by Bill Stine



If you haven't already done so, now is the time to make your trip reservation deposits!

Just get out your trusty checkbook and pen and dash off a short note letting us know which trips you want to make reservations for and include a check to cover the required deposits. A brief listing of this season's trips with dates, leadership and prices follows on the next page. (Please note that there are a few small changes from the listing published in the last issue of Easy Glider.) And, the club's website (<http://www.kickngliders.org/index.html>) was recently updated to include detailed descriptions of the trips. The full Season Guide, with all the trip details, can be picked up at the Ox Roast and will be mailed to other members shortly after that event.

The best chance to make sure you'll get on a trip is to make your deposit BEFORE Oct 1st. Rarely is a trip filled before then. But, if a trip is "filled" early, only if your deposit was postmarked or received BEFORE Oct 1st will you be eligible to be entered in the drawing to see who gets on the trip. Deposits received on or after Oct 1st are simply added to the trip roster on a first-come-first-served basis.

See the club's website for full details on how we work finances for our extended trips.



Trip Information: 2009 Season

(Full Information on Website & in Season Guide)

Trip Name	Leader(s)	Nights	Deposit
<i>Dates</i>		Capacity	Total Cost
Craftsbury, VT <i>Dec 31 – Jan 4</i>	Dave Leroy & Nancy Kauhl	4 nights 34 people	\$150 \$360
Tug Hill, Port Leyden, NY <i>Jan 9-12</i>	Tim Musser	3 nights 12 people	\$70 \$150
Ottawa & Gatineau Park, Ottawa, CA <i>Jan 16- 20</i>	Chris Brubaker	4 nights 16 people	\$100 \$235
Highland Forest, Cazenovia, NY <i>Jan 30 - Feb 1</i>	Bill Hoffman	2 nights 10 people	\$50 \$100
Lake Effect Trip I, Pulaski, NY <i>Jan 23-26</i>	Peg Hampton	3 nights 16 people	\$130 \$260
North Conway, NH <i>Jan 26-Feb 1</i>	Bill & Sandy Stine	6 nights 12 people	\$100 \$260
Pioneer Lodge, Turin, NY <i>Feb 6-9</i>	Joan Short	3 nights 12 people	\$75 \$205
Lake Placid, NY <i>Feb 13-17</i>	Bill Hoffman	4 nights 11 people	\$165 \$330
Laurel Highlands, PA <i>Feb 14-15</i>	Beth & Dennis Major	1 Night 16 people	\$0 Not yet set.
Lapland Lake, Northville, NY <i>Feb 20-22</i>	Rich Levin	2 nights 12 people	\$50 \$100
Laurentian Mountains, Quebec, CA <i>Feb 20-27</i>	Bill & Sandy Stine	6 nights 16 people	\$150 \$640
Rocky Point, Inlet, NY <i>Feb 27-Mar 2</i>	Kay & Bill Pickering	3 nights 18 people	\$100 \$200
Lake Effect Trip II, Pulaski, NY <i>Mar 6-9</i>	Peg Hampton	3 nights 16 people	\$130 \$260



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ADDRESS SERVICE REQUESTED

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