



The Easy Glider

Kick 'n Gliders Nordic Ski Club

Editor: Pete Oswald (editor@kickngliders.org)

Issue: July, 2009

President's Corner

Summer is in full swing and ski season is just around the corner! (Time has a way of flying by.) Our first summer event consisting of dinner at the Brickyard and a Lancaster Barnstormer's game was a success. Check out our upcoming summer activities in this newsletter. This newsletter has the schedule of extended ski trips for the upcoming season along with the trip cost and deposit information. Trip deposits may now be submitted to the Treasurer at the Club's mailing address. Remember that you must submit the full deposit for each trip you wish to attend.

The Membership Application & Release form is included in this newsletter as we did not get many renewals after it was published in the May Easy Glider. (Yes, I know, none of you were thinking about skiing two months ago.) Remember that you must be a current paid member to participate in ski trips. Your early renewal will insure that your name and contact information is included in the People to Ski With publication.

Mark your calendar so you don't miss any of our scheduled events. And send in those dues

payments and trip deposits. I wish all of you an enjoyable summer.

Peg Hampton

Ship Report

Dave Powell is a volunteer crew member aboard the "Pinta", a replica of the ship Columbus sailed. Dave saw this ship, along with the "Nina" in St. Augustine, FL as he bicycled to Florida from his home in Mechanicsburg. He filled out an application and was accepted. The two ships are now visiting ports in the Great Lakes. Check out www.thenina.com. Dave will also try to add to his blog as he can. If interested, log on to www.davesbskshtrips.blogspot.com. Dave will be home early September.

Summer Schedule

July 25--Join Kay and Bill Pickering for a lawn concert at the beautiful Nissley Vineyard featuring Nightwind (classic light rock). Bring eats for yourself and to share and plan to arrive by six so you can claim a choice spot for your chairs. The cost of tickets is \$15 per person and credit cards and out of area checks are not accepted at the

admissions tent. The concert runs from 7:30 – 10:00pm. The wine and snack bar is open from 6:00 – 9:00pm. The recommended arrival time for all concerts is 6:00 – 7:30pm however it is recommended that folks arrive REAL EARLY (even before 6:00 PM). Nightwind is probably the most popular concert. It will be a large crowd that may get sold out before everybody is in.

Let the Pickerings know you are coming. (717) 232-1326 or e-mail Bill at : billpick55@comcast.net.

August 9--Long's Park Amphitheater -Al Kooper and the Funky Faculty The founder of Blood, Sweat and Tears whose striking organ riffs earned him a spot in the Musician's Hall of Fame and a Memphis Blues' "Comeback Album" award will be on hand with his trio. Bring some picnic fare to share with the group, chairs and/or blanket for seating, Meet in front of the amphitheater at 6:30pm – the free concert begins at 7:30.

August 29, Saturday--Mt. Gretna Rail Trails Bicycle Ride This ride has everything going for it: a relaxed pace on a shaded rail trail plus breakfast at Le Sorelle one of Mt. Gretna's gems. Nancy Borremans and Don Youngblood will once again host this delightful morning. Meet at 9 AM breakfast at Le Sorelle and then bike the trail.

Trip Sign-Up Now Open!

Sandy Stine

Summer is just beginning, but our trip leaders have been busy finalizing the details for our 2010 ski season.

We have a very full schedule of trips planned, including several new venues: Morrisville, VT (between Stowe and Craftsbury), Bennington, VT, and our exciting western trip to Yellowstone.

Speaking of Yellowstone, please note that a deposit of \$600 must be made by September 15. Since this is a more complex trip involving airfare, we would like to get a response ASAP from those who want to participate in this trip. Give Trip Leader, Jean Geiger, a call (717-871-9296) or e-mail her (jeang116@msn.com).

As of now, you can begin sending in you deposits. Remember:

- You must be a member to participate in club trips.
- We require those making reservations for ski trips to remit the full amount of the advertised deposit.
 - For any trip that is overbooked by deposits postmarked prior to October 1 (an unusual situation), a lottery, drawn at the Ox Roast event, will determine who will be included on the trip.
 - After this, reservations will be handled on a first come, first served basis. This allows everyone an equal opportunity to get on the list to participate in all trips.
- All trip payments are to be paid to the Treasurer, not to the Trip Leader. You can give the Treasurer a check at a meeting or mail it to the club address.
- Please contact the trip leader for additional information on the nature of skiing opportunities, accommodations and other questions.

Trip information can also be found on the KnG website, including links to rental properties and skiing venues.

We are looking forward to another great season of skiing and, with the schedule we have put together, there's no doubt that it will be a successful and exciting one. Thanks to our trip leaders for their hard work!

Location	Dates *	Notes
Craftsbury, VT	Dec 30-Jan 3	* The last date of the trips is the day of departure.
Pioneer Lodge, Turin, NY	Jan 8-11	
Laurel Highlands, PA	Jan 16-17	
Morrisville, VT	Jan 16-21 †	
Lake Effect I, Pulaski, NY	Jan 22-25	
Bennington, VT	Jan 22-25	† Martin Luther King Holiday Weekend
Yellowstone, WY/MT	Jan 27 - Feb 3	‡ President's Day Holiday Weekend
Highland Forest, NY	Jan 29-31	
North Conway, NH	Feb 6-12	
Lake Placid, NY	Feb 12-16 ‡	
Black Forest, PA	Feb 12-15 ‡	
Laurentian Mtns, Quebec, Canada	Feb 19-25	
Rocky Point, Inlet, NY	Feb 26 - Mar 2	
Lake Effect Trip II, Pulaski, NY	Mar 5-8	

CRAFTSBURY, VT
Dec 30, 2009 to Jan 3, 2010

Leaders: Dave Leroy & Nancy
Kauhl

717-582-2562 (H)
717-418-9665 (C)

Lodging: 4 Nights
Trip Capacity: 28 People
Deposit: \$150
Total Cost: \$380
Balance Due: Nov 30

- Dormitory-style housing with sauna, lounge, laundry facilities, shared baths.
- All meals included served in cafeteria.
- Ski out the door; large, groomed trail system; trail fees & free lesson, bonfire & champagne on New Year's Eve and gratuity included.

PIONEER LODGE, Turin, NY
Jan 8 - 11, 2010

Leader: Joan Short
717-938-3494

Lodging: 3 Nights
Trip Capacity: 12 People
Deposit: \$75
Deposit Due: Nov 15
Total Cost: \$225
Balance Due: Dec 28

- Home-style B&B with shared baths.
- Served meals; three breakfasts and two dinners included.
- Backcountry skiing on nearby public trails.

LAUREL HIGHLANDS, PA
Jan 16 - 17, 2010

Leader: Dennis & Beth Major
717-432-7068

Lodging: 1 night
Trip Capacity: 16 People
Deposit: Make Own
Reservation

Total Cost: \$118/Room, Dbl
Occupancy

- Motel rooms.
- Meals on your own in local restaurants.
- Groomed and backcountry skiing, fees not included.

MORRISVILLE, VT
Jan 16 - 21, 2010

Leader: Nan Reisinger
717-763-8094

Lodging: 5 Nights
Trip Capacity: 10-12 People
Deposit: \$100
Total Cost: \$275
Balance Due: Dec 15

- B&B.
- Breakfast & dinner included, prepared by trip participants.
- Skiing on nearby groomed (Stowe & Craftsbury; fees not included) and backcountry trails.

LAKE EFFECT TRIP I, Pulaski, NY
Jan 22 - 25, 2010

Leader: Peg Hampton
717-737-2721

Lodging: 3 Nights
Trip Capacity: 16 People
Deposit: \$180
Total Cost: \$275
Balance Due: Jan 8

- Large Victorian B&B.
- Hot breakfasts & dinners included.
- Skiing on nearby groomed (fees not included) and backcountry trails.

BENNINGTON, VT
Jan 22 - 25, 2010

Leader: Dave Powell
717-796-0689

Lodging: 3 Nights
Trip Capacity: 14 People
Deposit: \$75
Total Cost: \$150
Balance Due: Dec 22

- Motel rooms.
- Meals in area restaurants.
- Skiing on nearby groomed (fees not included) and backcountry trails.

YELLOWSTONE, WY/MT
Jan 27 - Feb 3, 2010

Leader: Jean Geiger
717-871-9296

Lodging: 7 Nights
Trip Capacity: 12 People
Deposit: \$600
Deposit Due: Sep 15
Total Cost: \$1,200
Balance Due: Nov 20

- Large rented house just outside northwest (Mammoth Springs) entrance to park.
- Meals included, prepared by trip participants.
- Skiing on backcountry trails within National Park.
- Additional costs of \$150-\$200 for luggage, parking and Yellowstone ski shuttle.

HIGHLAND FOREST, Cazenovia, NY
Jan 29 - 31, 2010

Leader: Bill Hoffman
717-560-3636

Lodging: 2 Nights
Trip Capacity: 10 People
(expandable)
Deposit: \$91 (double occupancy)
Deposit Due: Dec 1
Total Cost: \$91 (double occupancy)

Balance Due: Dec 30

- Victorian B&B.
- Breakfasts included; other meals on your own.
- Skiing on nearby groomed (fees not included) and backcountry trails.

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**NORTH CONWAY, NH
Feb 6 - 12, 2010**

Leaders: Bill & Sandy Stine
717-471-6326

Lodging: 6 Nights
Trip Capacity: 18 People
Deposit: \$100
Total Cost: \$250
Balance Due: Jan 11

- Multiple three-bedroom modern condo units.
- Meals included, prepared by trip participants.
- Skiing on nearby groomed (fees not included) and backcountry trails.

**LAKE PLACID, NY
Feb 12 - 16, 2010**

Leader: Bill Hoffman
717-560-3636

Lodging: 4 Nights
Trip Capacity: 10 People
Deposit: \$150
Deposit Due: Dec 1
Total Cost: \$300
Balance Due: Jan 10

- Large rented house in Lake Placid.

- Meals included, prepared by trip participants.
- Skiing on nearby groomed (fees not included) and backcountry trails.

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**BLACK FOREST, PA
Feb 12 - 15, 2010**

Leader: Christine Brubaker
717-872-8971

Lodging: 3 Nights
Trip Capacity: 8 People
Deposit: \$65
Total Cost: \$130
Balance Due: Feb 1

- Motel-like rooms.
- Breakfasts included; other meals on your own.
- Skiing on nearby backcountry trails.

**LAURENTIAN MOUNTAINS, Val-David, Quebec, CA
Feb 19 - 25, 2010**

Leaders: Bill & Sandy Stine
717-471-6326

Lodging: 6 Nights
Capacity: 14 People
Deposit: \$150
Total Cost: \$630
Balance Due: Feb 1

- Rustic inn.
- Served breakfasts and dinners included.
- Skiing on nearby groomed (fees not included) trails.

**ROCKY POINT, INLET, NY
Feb 26 - Mar 2, 2010**

Leaders: Kay and Bill Pickering
717-232-1326

Lodging: 4 Nights
Trip Capacity: 18 People
Deposit: \$125
Deposit Due: Jan 20
Total Cost: \$250
Balance Due: Feb 19

- Three three-bedroom modern condo units.
- 3 dinners and 4 breakfasts included, prepared by trip participants.
- Skiing on nearby backcountry and (a few) groomed trails.

**LAKE EFFECT TRIP II, Pulaski, NY
Mar 5 - 8, 2010**

Leader: Peg Hampton
717-737-2721

Lodging: 3 Nights
Trip Capacity: 16 People
Deposit: \$180
Total Cost: \$275
Balance Due: Feb 19

- Large Victorian B&B.
- Hot breakfasts & dinners included.
- Skiing on nearby groomed (fees not included) and backcountry trails.

Kick 'n Gliders Nordic Ski Club
www.kickngliders.org
2009-2010 Membership Application & Release

<p>Print form & fill in by hand</p> <p>Important: Be sure to sign release on second page</p>	<p>Dues Year: May 1 to April 30 Dues: \$20 Individual \$30 Family</p> <p style="text-align: center;">Make Checks Payable to: KICK 'N GLIDERS</p>	<p>Mail Application and check to:</p> <p>Kick 'n Gliders P.O. Box 1353 Mechanicsburg, PA 17055</p>
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Check the box on the right for any information to **not** be published in the club's roster, *People to Ski With*

Name(s)			
(Other family members)			
Address			
City	State	Zip	
Phone (home):			
(work)			
(cell)			
E-Mail:			

Please print clearly

Check here <input style="width: 20px; height: 15px; border: 1px solid red;" type="checkbox"/> if you are willing to forgo the paper copy of <i>Easy Glider</i> and receive it electronically (we MUST have a valid email address for you).
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Be sure to sign and date the release on the next page.

RELEASE

(Excerpted from the Bylaws of the Kick 'N Gliders Nordic Ski Club)

Article XI. General Rules of the Club

Article XI, Section 1. No member or members of this Club shall obligate or commit the Club to any major endeavor, unusual activity or extraordinary action, unless Executive Committee approval shall have previously been obtained.

Article XI, Section 1A. Every member agrees to abide by the Kick 'N Gliders' Constitution and Bylaws and the Club Rules of Conduct, recognizing the social nature of the group and the authority and discretion granted to the Executive Committee herein.

Article XI, Section 2. Members desire to participate in the various activities of the Club. Each must recognize that all activities are strenuous and involve substantial risks of accident, injury and even death. Such activities, although engaged in as a group, are essentially individual activities/sports for which each individual must be physically and mentally prepared and capable, and in which each individual is essentially responsible for his own safety. The Club is simply an unincorporated association of interested persons which offers a central meeting point for those desiring to engage in the various activities; the Club does not sponsor or operate the activities for its benefit or profit; the leaders, the providers of motor vehicles, and drivers are all volunteers who lead or drive as an accommodation and not for their benefit or profit; the Club, its officers, the trip leaders, the activity leaders, vehicle owners, and vehicle drivers may not have (and in reliance hereon may not purchase) any insurance covering the individual or benefiting him in the event of accident, injury or death. Finally, each individual must recognize that many Club activities are conducted in wilderness or backcountry areas where appropriate medical care may be either totally unavailable, or hours and miles away and therefore inadequate in the event of emergency, but trip leaders and activity participants do not necessarily have any specific rescue, first aid, medical, or leadership skills or training. Each individual must understand that any and all trip leaders, activity leaders, and fellow participants are entitled to, and will rely on, the individual's ability to participate with the others.

I hereby recognize the Kick 'N Gliders as a nonprofit, unincorporated association of persons who have voluntarily organized themselves to participate in and enjoy various activities. I hereby certify that I have read the above section of the Club's Bylaws and understand the responsibilities of being a Club member and release, discharge and waive the Kick 'N Gliders and each and every one of its members from any and all liability for any loss, damage or injury I may suffer or sustain as a result of any of the activities of the Kick 'N Gliders by signing my name below.

I agree to abide by the Kick 'N Gliders Constitution and Bylaws and the Club Rules of Conduct.

I recognize the authority of the Executive Committee to revoke membership for violation of the Kick 'N Gliders' Constitution and Bylaws or the Club Rules of Conduct.

I recognize the authority of each trip leader to determine the composition of the roster for his trip.

SIGNATURE OF
MEMBER(S) _____ **DATE** _____

If member(s) are under 18 years of age, a parent or guardian must also sign:

_____ **DATE** _____
Signature and Relationship

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editor has no creativity this week!



KICK 'N GLIDERS
P.O. Box 1353
Mechanicsburg PA 17055

ADDRESS SERVICE REQUESTED

In this Issue of Easy Glider:

Message from the President

Ship Report

Summer schedule

Winter ski trip schedule and sign-up information

Membership application

Don't forget to renew your membership so that you can be listed in the *People to Ski With* booklet and so that you can sign up for some or all of the many ski trips for this next winter.