



The
Easy Glider
Kick 'n Gliders Nordic Ski Club

Editor: Peter Oswald (editor@kickngliders.org)

Issue: April, 2013

Please Note: Our meeting Place has changed!
Meetings are now held at [Center Street Grille](#), 4 Center St, Enola PA, 717-732-6900.

The Center Street Grille is on the east side of Center Street just south of Wertzville Rd (PA-944).

Directions from 581 and Rt 15 interchange:

- Go north on Rt 11/15 about 1.7 miles to N. 21st St stop light
- Turn left on N 21st St and go 0.3 miles to Center St stop light
- Turn left on Center St then continue northward (changes to E. Penn Dr) 2.7 miles to Wertzville Rd stop light
- Turn right onto Wertzville Rd, go 0.1 mile to first right
- Turn right on Center St; Center Street Grille is on the left.

Directions from I-81 and Rt 11/15 interchange:

- Go south on Rt 11/15 about 0.5 mile to Valley Rd stop light
- Turn right on Valley Rd and go 1.8 miles to Salt Rd
- Turn left onto Salt Rd and continue southward (changes to E. Penn Dr) 0.9 miles to Wertzville Rd stoplight
- Turn left onto Wertzville Rd, go 0.1 mile to first right
- Turn right on Center St; Center Street Grille is on the left.

Mark your calendars and send in your registration forms

Kick 'n Gliders Banquet
Wednesday, April 17, 2013, 6pm

At Gilligan's, 987 Eisenhower Blvd, Harrisburg

Registration form at end of newsletter.

Deadline for submitting registration is Apr 10.

February 2014 - Jean Geiger, Sandy Stine and Cheryl Capitani are planning a Kick 'n Glider trip to cross country ski in Austria. A number of members indicated that they were interested. More information will follow as plans are made.

Business Meeting - Tuesday, April 2, 7pm
last meeting of the season

Election of Officers and Trip Planning for the 2013-2014 Season

Are you interested in leading a ski trip? Or have a new venue you would like to suggest to the club? Gather up as much info as you can find on the areas and present it at the April meeting. You would need to know the approximate cost, possible dates, type of lodging, and eating and skiing arrangements.

If you have any questions about the meeting or how to propose a trip, please contact Andrea Hospodar at <mailto:ahospodar10@comcast.net> or call 717-832-1354.

Slate of officers awaiting your vote at April Meeting

President: David Walborn
VP: Dave Powell
Treasurer: Dave Leroy
Secretary: Marilyn Grove
Extended Trips: Ron Henry
Day Trips: Matt London
and Kim Lausch
(only one can vote at board meetings)
Membership: Nancy Kauh
Programs: Cheryl Capitani
Newsletter: Pete Oswald

Submitted by Past President Bill Hoffman

The trip that wasn't...well, sort of **Laurel Highlands**

Lisa Baer

It was with much research and regret that I decided on Thursday night to cancel the Laurel Highlands trip in February. I had heard back from three of the State Parks (Laurel Mountain, Kooser, and Forbes SF) that there was not much skiable snow at their locations and I could not get a hold of anyone at Laurel Ridge. The webcam at Laurel Ridge did show a couple of inches on the ground but I was worried that it would not be enough to sustain us for the entire weekend. However, two participants decided to take a chance and ventured out anyway. I understand that they had a very enjoyable time and the hotel still honored the discounted group price. I am glad that they were able to take advantage of the snow and enjoyed themselves.

Pulaski 2 Trip Report

March 1 – 4, 2013

Thirteen lucky Gliders headed to a winter paradise for the first weekend of March. The area had received 34 inches of new snow the week before our trip. In route, the trip leader received more good news....Bill & Sandy Stine found their schedule open and would be staying at the Super 8 in Pulaski.

Seven of us arrived at the 1880 House at noon time on Friday for the traditional soup pots. After sampling a few bowls of soup, we headed to the south end of Winona Forest at the Center & Wert Road Parking Lot. Ski conditions were excellent. We skied a loop starting on the easy stretch of Bill's Belly to Winona Way, then a left turn on to Sally's Ride, another left at Hiscock, and a final left onto Wert Road which is the only section



shared with snow mobiles. Tom was testing out his newly designed "ski-shoes"- not skies and not snowshoes. Friday afternoon skiers were: Tim Musser, Mary Liz Todaro, Tom Gibson, Bonnie Gardner, Barb Sears, Fred Burgess, and trip leader, Peg Hampton.

Ski conditions were so good at Winona State Forest that we decided to ski the eight mile Race Loop on Saturday. The race loops starts at the CCC Camp in Mannsville. Eight additional Gliders joined in the fun: Chris Mummert, Robert Durant, Lisa Baer, Bart Richwine, Cheryl Capitani, Dave Powell, and Sandy and Bill Stine. Conditions on the race loop have never been better! Alas, all of those easy ski conditions resulted in a break a way of five skiers at the intersection of Jimmy's Jaunt. Bill, Sandy, Tom,

Fred and Barb could not resist the pull of the challenging Bill's Belly Trail. They enjoyed the skiing until one water crossing was deemed too



risky and an about face was deemed a wise option. We returned to the 1880 House in time for more soup to hold us over until the Lasagna dinner was served.

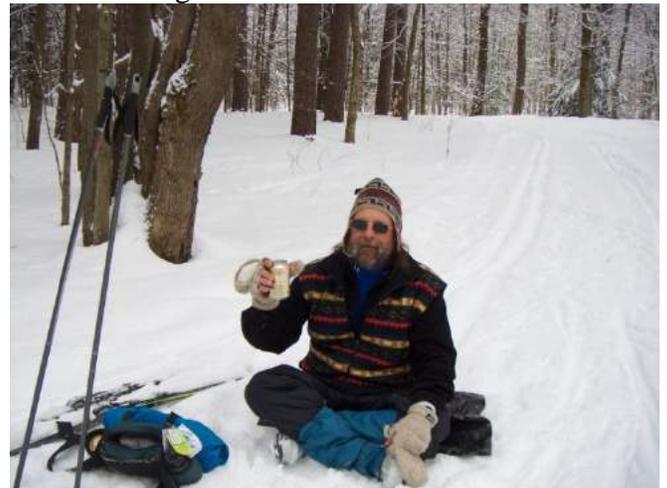


On Sunday, the group split and went to two different ski locations. One group, consisting of Tim, Tom, Lisa, Bart, Sandy and Bill, went to

Barnes Corners Ski Trails. They spent the day and reported that conditions were the best ever at that location! The rest of us went to the Osceola Ski Center with the draw of groomed trails and the option to purchase new ski equipment. Conditions were good and Hugh Quinn had an excellent selection of new ski equipment. Dave, Bonnie, Chris and Robert are pleased with their new purchases. We returned to the 1880 House,



exchanged notes on the day, ate some more soup, and then enjoyed the baked ham dinner served by the 1880 House staff. The Stines were able to join us for dinner. Bill collected all of the cameras and put together a slide show of pictures taken during the trip for our entertainment. Bart & Lisa had shot a video of a sled dog team – the only one that we saw during the weekend.



Tim consuming with nature!

Monday morning arrived way too soon! Cheryl & Dave left early to drive to Maine for the Hut to Hut trip. Tom left for the drive home. The rest of us headed to Chateaugay State Forest. Mary Liz

and Peg opted to snowshoe for a few hours while the rest of the group skied. Conditions were very good – the trip was categorized as a success. We returned to the 1880 House for a final round of soup before driving back to PA and the end of ski season.

Maine Huts are Awesome

By Nancy Kahl and Dave LeRoy

Six hardy Kick n' Gliders enjoyed spring skiing conditions on the Maine Huts and Trails system in northwestern Maine early in March. (Trip leaders, Beth and Dennis Major, started with us but left after the first night because Beth's father was seriously ill. Unfortunately, her father died early the morning they left Maine.) We spent 5 nights at eco-friendly huts which are spaced 10-12 miles apart in the wilderness area near Flagstaff Lake in



northwestern Maine. Breakfast, dinner and a warm bed were included and the trails were groomed between the huts. In addition to great meals, beer and wine are available and our gear was transported on sled pulled by a snowmobile.

The trails that connect each hut are groomed. Each day's ski involved some significant climbing, usually from 600 to 1000 vertical feet. The spring conditions meant that the snow was hard and icy in the mornings but, as the temperatures rose during the day, the snow became soft and quite pleasant to ski on. The scenery was varied and beautiful.

Our first (and fourth) night was at Poplar Hut (the original name, Poplar Stream Falls Hut, has been shortened so it is not such a mouthful), the first hut that was built in the system. The design of the subsequently built huts included improvements based on the experience at Poplar Hut, so it is interesting to see the differences and learn why those design changes were made.

Our second and third nights were at Flagstaff Hut which is situated on the shores of Flagstaff Lake. We shared the hut with a group of seventh graders from the Waldorf school who were there on a class trip. Although we groaned when we first heard that there would be 15 seventh-graders on the premises, the kids were well behaved. They were studying physiology and part of the "experiment" involved half of the group eating a "healthy" breakfast and the other half eating "junk food". It was interesting to hear the kids' comments on what they ate and how it affected how they felt.

Highlight of this year's trip was staying at the



Stratton Brook Hut which was opened in December of 2012. It is in a beautiful setting on the top of a small mountain with snow-capped peaks visible in all directions. The Lodge and bunk-rooms are connected by covered walkways

so boots are not needed to travel back and forth. Unlike the other 3 huts in the system, Stratton Brook is not off the grid. But this is misleading because they do have an efficient system of solar panels with electricity received from the grid when needed and added to the grid when available. This works so well that the hut's electric bill for January was only \$40!

We arrived at Stratton Brook Hut on Saturday and found that this newest hut is a popular place for locals to ski to for lunch, particularly on a weekend! Lots of people were skiing or snowshoeing in to the hut in the morning and returning to the trailhead late in the afternoon. Currently, the route between Poplar Hut and Stratton Brook Hut includes the Narrow Gauge Trail, a former railroad bed that is accessible from 3 parking lots and is popular with people out with their dogs. This was quite a change from the rest of the trip when we sometimes felt quite alone on the more remote trails. A more remote trail between Poplar and Stratton Brook Huts is planned and we were told that bit will be constructed this summer.

An Encounter on the Trail

By Nancy Kahl and Dave LeRoy

It was early Saturday afternoon and we were skiing up to Stratton Brook Hut. This is the newest hut in the Maine Huts and Trails (MHT) system. The Stratton Brook Hut is situated on the top of a mountain and we learned that near its end, the trail got quite steep.

As we started up the trail we met a couple skiing out. Dave asked them how much further until the trail got steep and his usual question, "where are you folks from?" They answered, "Bethel, Maine" and asked where we were from. When we answered, "Pennsylvania", the man said, "are you the famous Kick 'n Gliders?" This sounded neat! Then the woman said, "would you like to meet the chairman of the board?" The man was Bob Peixotto, chairman of MHT and COO of L. L. Bean! Dave replied "and I'm treasurer of the Kick 'n Gliders and I'd like to shake your hand." (Nancy, still somewhat surprised, didn't think to capture the moment with her camera, for which Dave may never forgive her!)

Bob's wife was very interested to hear how we learned of Maine Huts and Trails. Most of the people who visit MHT are from Maine, with a growing number from New England, so having people from Pennsylvania is a rarity, although MHT has been written up in numerous national publications, such as the New York Times and National Geographic Traveler.

Since meeting the Peixottos, Dave has written Bob (as everyone related to MHT calls him) to tell him how important gear shuttles from the trailheads are to us. Bob said that Peixotto is a Portuguese name, but that he is not, in fact, of Portuguese descent.



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Kick'n Gliders Banquet

Wednesday, April 17, 2013

Gilligan's Bar & Grill

987 Eisenhower Blvd, Harrisburg, PA 17111, 717-939-9575 <http://www.gilligansbarandgrill.net/>

6:00 PM Cash Bar & Appetizers

6:30 Dinner - Followed by Program

Price Includes: Appetizers, Salad, Vegetable Medley, Garlic Bread, Coffee, Tea, Iced Tea, Dessert, Gratuity & Tax

- Homemade Baked Lasagna \$19.00

Seasoned ground beef, Ricotta & Provolone cheeses layered between lasagna noodles & topped with mozzarella

- Chicken Parmesan \$21.00

Lightly breaded & topped w/meat sauce & Provolone cheese, served with spaghetti

- Broiled Haddock in Citrus Butter \$22.00

- Broiled Salmon in Citrus Butter \$24.00

- Prime Rib au Jus - House Specialty 12 oz. \$25.00

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Mail this portion along with your check made out to "Kick'n Gliders" to:

Cheryl Capitani

3028 Meadowlark Place

Harrisburg, PA 17104-1534

717-480-7350 cherylcapitani@comcast.net

RESERVATION DEADLINE: WEDNESDAY, APRIL 10

(Please note any dietary restrictions)

Name of attendee and entree choice

Attendee _____	\$19 Lasagna
Attendee _____	\$21 Chicken Parm
Attendee _____	\$22 Haddock
Attendee _____	\$24 Salmon
Attendee _____	\$25 Prime Rib

TOTAL: \$ _____



KICK 'N GLIDERS
P.O. Box 1353
Mechanicsburg PA 17055

ADDRESS SERVICE REQUESTED

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