



The Easy Glider

Kick 'n Gliders Nordic Ski Club

Editor: Peter Oswald (editor@kickngliders.org)

Issue: June, 2013

Please Note: Our meeting Place has changed!
Meetings are now held at [Center Street Grille](#), 4 Center St, Enola PA, 717-732-6900.

The Center Street Grille is on the east side of Center Street just south of Wertzville Rd (PA-944).

Directions from 581 and Rt 15 interchange:

- Go north on Rt 11/15 about 1.7 miles to N. 21st St stop light
- Turn left on N 21st St and go 0.3 miles to Center St stop light
- Turn left on Center St then continue northward (changes to E. Penn Dr) 2.7 miles to Wertzville Rd stop light
- Turn right onto Wertzville Rd, go 0.1 mile to first right
- Turn right on Center St; Center Street Grille is on the left.

Directions from I-81 and Rt 11/15 interchange:

- Go south on Rt 11/15 about 0.5 mile to Valley Rd stop light
- Turn right on Valley Rd and go 1.8 miles to Salt Rd
- Turn left onto Salt Rd and continue southward (changes to E. Penn Dr) 0.9 miles to Wertzville Rd stoplight
- Turn left onto Wertzville Rd, go 0.1 mile to first right
- Turn right on Center St; Center Street Grille is on the left.

Uh oh, Dues Due, Dude

Why Pay Your Dues Now?

Quick answer: Because they're due now. Longer answer: Because we need the money now. Longest answer: The club's year officially starts on the first of May, when the new officers take charge and make arrangements for the trips we selected at the April planning meeting. Logically, then, dues would be due on May 1st. (They are!) And this also makes sense because we start having to make deposits to our innkeepers around that time. To date we have made about \$5,500 in deposits for next winter's ski trips! So fill out the application online or at the end of this newsletter and write a check for \$20 (\$30 for a family membership) and submit them to Kick 'n Gliders, PO Box 1353, Mechanicsburg, PA 17055, right away.

<http://www.kickngliders.org/membershipapplication.htm>

Volunteers needed to lead day trips!

I am looking for volunteers to lead day trips during the 2014 ski season.

Bill Hoffman has Jan 11 taken for Nolde Forest already.

Below is a list of some possible ski venues...

- Boyd Big Tree Preserve Conservation Area in Harrisburg, PA

- Black Moshannon State Park in Philipsburg, PA
- Crystal Lake Ski Center in Hughesville, PA
- Hickory Run State Park in Jim Thorpe, PA
- Mauch Chunk Lake Park in Summit Hill, PA

Please contact me if interested. Thank you.
 Matt London
 Day Trip Coordinator
 717-393-9185
mattdog333@gmail.com

2013 Summer Activities

Saturday, June 15 - Paddle & Picnic

Paddle on Conodoguinet Creek ... dependent on sufficient water.
 End at Nan Reisinger's home for picnic.
 Contact Nan at 717-763-8094 for details.

Tuesday, July 2 - Take Me Out to the

Ballgame! the Kick 'n Gliders will go to watch the Lancaster Barnstormers at Clipper Magazine Stadium, 650 N. Prince St., in Lancaster. We will meet at 5:30 pm for dinner at The Brickyard Restaurant and Sports Bar, 415 N. Prince St., just a short walk away from the stadium. The game starts at 7:00 pm. Tickets for field box seats are \$12. Send a check, made out to Kick 'n Gliders, to the club's PO box by June 20, to reserve your place (make sure to indicate how many tickets and whether you will join us for dinner). Any questions, call Nancy Kauh, 717-582-2562.

Saturday, July 27 - Music in the Vineyards –

Kay and Bill Pickering will kindly lead the trip to Nissley's Winery, 140 Vintage Dr., Bainbridge, PA 17502 <http://www.nissleywine.com> on July 27 featuring The SilverHawks...Classic rock, soul & Motown.

General Admission ticket is \$15 per person. Please note: Credit cards and out-of-area checks are not accepted at the admissions tent. *Music in the Vineyards 2013* is a series of eight open-air lawn concerts, to be held Saturday evenings during the summer on the spacious lawn of the Nissley Winery from 7:30 pm to 10:00 pm. Enjoy a romantic evening under the stars as the best of

regional variety bands, light-rock and oldies groups perform for your listening pleasure and for dancing on tree-shaded patios. Bring a picnic supper, good friends and lawn chairs or a blanket for all.

The Concert.....7:30 pm to 10:00 pm
 Wine & Snack Bar.....6:00 pm to 9:00 pm
 Recommended Arrival (all concerts)
 6:00 pm to 7:30 pm

Sunday, August 25 - Mount Gretna Bicycle

Trail-Ride led by David Walborn with a gathering at the cottage of Tom Hooper following the ride.
 8:30 Meet for breakfast at Le Sorelle, 106 Chautauqua Dr, Mt Gretna.
 9:45 to 11:45 Ride in the direction of Elizabethtown on the Lebanon Valley Rails to Trails
 Up to 22 miles round trip, your own pace and distance
 12:00 Repair to Tom Hooper's Mount Gretna cottage for refreshments on their expansive front porch. Please bring a snack and beverage to share.

Season Opener - Ox Roast

Saturday, Oct 19, 2013 at 3:00 pm - Ox Roast

Event to be held at Black Birch Hollow, home of Dave LeRoy and Nancy Kauh.
 Cost: \$5 and bring food to share and your own drinks.
 Reservations requested. Someone will take your reservation, record what sort of food you intend to bring, and give you directions to Black Birch Hollow.

2013-2014 Programs

Nov 5 TBA

December 3 - Steve and Janey Runkle will present on Native American Life

January 7 - Grand Canyon Raft Trip report - Dave Powell, Cheryl Capitani, Bart Richwine and

Lisa Baer will share their raft trip experiences on the Colorado River through the Grand Canyon

February-no meeting

March 4 -Alaskan Chronicle - Bill & Sandy Stine will present a video chronicle of their summer-long camping trip to Alaska and return.

April 1 -Election of Officers and Trip Planning for the 2013-2014 season.

Osceola XC Expands Offerings

by Bill Stine

Sandy & I skied Osceola Tug Hill during an impromptu ski trip the weekend of March 23. While we were there, owner, Hugh Quinn, mentioned that he will add two new items to his ski center's offerings. He will add the Fischer cross-country ski equipment line to his already awesome inventory selections. And, a system of 36 disc (Frisbee) golf target baskets will be arranged in multiple courses along trails on the property.

Osceola Tug Hill has long been one of this club's favorite ski destinations for many reasons. For one, they have snow when no one else in the area, or most of the northeast, does. (At this late March writing there is more than three feet of snow in the woods.) Other draws to the facility include a well-groomed, fun place to ski, the friendly, down-home atmosphere and finally, the great selection, prices and try-it-before-you-buy-it cross-country ski gear.

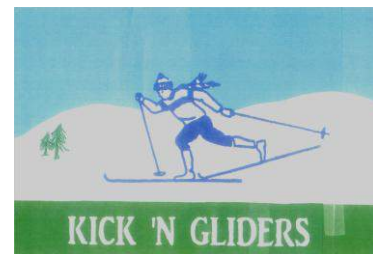
The decision to install disc golf on the property makes lots of sense. It ties in with Quinn's devotion to the promotion of muscle-powered sports. It also adds a summertime revenue stream which should make the property more attractive to potential buyers. Hugh, at age 62, is beginning to plan for retirement and wants the property to remain a cross-country ski facility.

The Fischer ski gear line was on Quinn's wish list for a long time. However, the line was offered at

nearby Salmon Hills XC Ski Center. Quinn wanted that business to succeed, reasoning that multiple ski centers would help promote the sport and draw more business to the area. Unfortunately, there seems no possibility that the failed Salmon Hills center will ever reopen. And, so, Osceola will take on the line!

Kick 'n Glider Hats to be Available!

On a recent ski trip, we noticed a group who was wearing club hats (XC Tassel Hats). We fell in love with them! They are pretty sharp and are light but quite warm and comfortable. They are made of Dolomiti Thermal fabric which has a nice stretch and a fleece-like lining. Peggy Hampton learned where we could order them for Kick 'n Glider members. They will cost only \$20 and, as you can see, they will have our very own logo on them. We will be putting in an order for them on August 1st, so if you want to own one of these great chapeau's and broadcast your allegiance to the Kick n' Gliders, send \$20 to the club address. They have 2 sizes which only differ in height (rather than in diameter as hats usually do). We intend to order all of the taller variety, so let us know if you have a rather short head; otherwise you will receive the one designed for those of us with "long faces". Preliminary design for hat:



The "Phantom Diner" hits Utica!

Bill and I have stopped twice at the following restaurant while in the Utica area. The food was good and quick service:

O'Scugnizzo Pizzeria, 50 Auert Ave Price
Chopper Plaza, North Utica, NY 315-266-0450

2014 Extended Trips

It's time! Our 2013-2014 trip signup is now open so get your deposit money in soon so you won't miss out on any of your favorite trips. Any deposits received in the club P.O. Box between now and July 15, 2013 will all be considered as received ON July 15, 2013. If any trips are overbooked as of that date, participants and waiting list will be determined by a lottery. Any trips that have openings remaining will be filled in the order in which they are received in the club P.O. Box after July 15, 2013.

Just a few reminders:

- You must be a club member to participate in our trips
- The full deposit amount published is required to make a trip reservation
- All payments are to be paid to the Treasurer, not to the Trip Leaders. Send checks to the Treasurer at: P.O. Box 1353, Mechanicsburg, PA 17055
- Contact Trip Leaders for further details on a trip
- Details on trip finances are on our website under the "Trip Finance" link

Trip	Dates* Arrive - Depart	Leader
<u>Craftsbury, VT</u>	Dec 28 - Jan 1	LeRoy/Kauhl
<u>Cazenovia, NY</u>	Jan 3 - Jan 5	Hoffman
<u>Laurel Highlands, PA</u>	Jan 10-Jan 12	Henry
<u>Pulaski #1, NY</u>†	Jan 17 - Jan 20	Hampton
<u>Laurentians, QC, Canada</u>†	Jan 20 - Jan 26	Stine
<u>Hut-to-Hut, ME</u>	Jan 26 - Feb 1	Powell
<u>Quebec, QC, Canada</u>	Feb 2 - Feb 8	Walborn
<u>North Conway, NH</u>	Feb 2 - Feb 8	Hospodar
<u>Lake Placid, NY</u>‡	Feb 15 - Feb 19	Hoffman
<u>Rocky Point, Inlet, NY</u>	Feb 21 - Feb 25	Pickering
<u>Pulaski #2, NY</u>	Feb 28 - Mar 3	Hampton
<u>Boonville, NY</u>	Mar 7 - Mar 10	Stine
<u>Garnet Hill, NY</u>	Mar 14 - Mar 17	Walborn

* The last date of the trip is the day of departure.

† Martin Luther King Holiday Weekend

‡ President's Day Holiday Weekend

CRAFTSBURY, VT -- December 28, 2013 thru January 1, 2014

Leaders: **Dave Leroy & Nancy Kauh**
717-582-2562 (H)

Lodging: **4 nights**

Trip Capacity: **24**

Deposit: **\$100**

Deposit Due: **December 1, 2013**

Total Cost: **\$390**

Balance Due: **December 20, 2013**

- All twelve meals and trail passes for 5 days included.
- Dormitory style lodging with 2 persons per room & bathroom down the hall.
- Three meals per day in dining hall with box lunches available with advance notice.
- Big bonfire and free Champagne at midnight on New Year's Eve.
- Ice skating and snowshoeing available.
- Unlimited skiing out the door with shuttle available to some remote areas.
- Nearby points of interest include Stowe and the Trapp Family Lodge within one-hour drive.

CAZENOVIA, NY -- January 3 - 5, 2014

Leaders: **Bill Hoffman**
717-560-3636 (H)

Lodging: **2 nights**

Trip Capacity: **Maximum 10; can be expanded**

Deposit: **\$60**

Deposit Due: **November 15, 2013**

Total Cost: **\$115**

Balance Due: **December 15, 2013**

- Lodging Brae Loch Inn in the charming village of Cazenovia
- Meals Breakfasts included; other meals on your own
- Skiing venues Highland Forest County Park; Stoney Pond State Forest; Green Lakes State Park; The Nordic Center at Hope Lake

LAUREL HIGHLANDS, SOMERSET COUNTY, PA -- January 10-12, 2014

Leaders: **Ron Henry**
717-575-1889

Lodging: **2 nights**

Trip Capacity: **10**

Deposit: **\$35**

Total Cost: **\$70**

Balance Due: **December 15, 2013**

- Breakfasts and dinners, prepared by trip participants, are included

- You will be responsible for your own snacks and lunches and any trail fees
- We will stay in rustic cabins in Kooser State Park (for you old timers the cabins now have indoor plumbing and combination electric/wood stove heat. A modern shower/restroom facility is centrally located in the cabin area)
- No fee skiing at Kooser and nearby Forbes State Forest
- Ski Laurel Ridge State Park's 20+ miles of groomed trails (fee area)

PULASKI #1, NY -- January 17 – 20, 2014

Leaders: Peg Hampton
717-805-3593

Lodging: 3 nights

Trip Capacity: 16

Deposit: \$150

Deposit Due: November 15, 2013

Total Cost: \$310

Balance Due: January 3, 2014

- Lodging at the 1880 House B & B includes cooked dinner on Saturday and Sunday nights, cooked breakfast each morning, and a variety of soups each day
- Ski venues include groomed trails at a ski center and un-groomed forest ski trails.
- Total cost could be reduced later.

LAURENTIANS, QUEBEC, CANADA -- January 20 - 26, 2014

Leaders: Bill & Sandy Stine
717-471-6326

Lodging: 6 nights

Trip Capacity: 24

Deposit: \$230

Deposit Due: October 15, 2013

Total Cost: \$460

Balance Due: January 1, 2013

- Four 3-Bedroom Chalets between villages of Val-David & Sainte-Agathe-des-Monts, Québec, Canada
- Breakfasts and dinners, prepared by trip participants, are included.
- Laurentians boast a bonanza of superbly groomed, intimate ski venues; favorites of your well-traveled trip leaders!

HUT-TO-HUT, ME -- January 26 - February 1, 2014

Leaders: Dave Powell
717-766-1806 (H), 717-796-7635 (C)

Lodging: 6 nights

Trip Capacity: 18 members

Deposit: \$250

Deposit Due: **October 19, 2013**
Total Cost: **\$550**
Balance Due: **December 19, 2013**

- This is the 4th year in a row for Kick ‘n Gliders to enjoy skiing in the beautiful backwoods of northwest Maine on groomed trails.
- The cost includes six nights lodging in the beautiful huts (actually fantastic lodges), three meals a day and shuttling of your duffle bag each day.
- A requirement for using the trails and staying at the huts is membership in Maine Huts & Trails. Prior to arriving at the first hut, K ‘n G members must first join MHT. Visit www.mainehuts.org for membership information, maps, description of lodges and amenities, etc.

QUEBEC, QC, CANADA -- February 2 – 8, 2014

Leaders: **David Walborn**
 717-341-6031 (C)

Lodging: **6 nights**

Trip Capacity: **16 (expandable if rooms are available)**

Deposit: **\$270**

Deposit Due: **November 15, 2013**

Total Cost: **\$540**

Balance Due: **December 15, 2013**

- We’ll be staying again at the Hotel Clarendon within the walls of Old Quebec City--a “European” sojourn minus the air fares. The breakfast buffet the first two mornings at the hotel is included.
- All other meals (Clarendon’s breakfast buffet is now 17.19\$), parking (72\$ for a 7-day pass) and ski passes (group discount and senior discount for all if many seniors in group) are extra.
- Duchesnay, Camp-Mercier, and Mont-Sainte-Anne afford vast networks of lovely but wide green and blue trails. New this year: Charlesbourg, with the more intimate trails we prefer.
- Winter Carnival will be in full swing during our stay. (Snowman pass to all events 15.00\$) With its cultural and architectural jewels, Quebec lends a memorable extra dimension to this ski trip.

NORTH CONWAY, NH -- February 8 - 15, 2014

Leaders: **Andrea Hospodar**
 717-832-1354

Lodging: **7 nights**

Trip Capacity: **6 couples & 6 singles**

Deposit: **\$150**

Total Cost: **\$310**

Balance Due: **January 15, 2012**

- Multiple three-bedroom modern condo units.
- Breakfasts & dinners included, prepared by trip participants.
- Skiing on nearby groomed (fees not included) and backcountry trails. Downhill venues abound also.

LAKE PLACID, NY -- February 15 - 19, 2014

Leaders: Bill Hoffman
717-560-3636

Lodging: 4 nights

Trip Capacity: 19 Maximum

Deposit: \$160

Deposit Due: December 15, 2013

Total Cost: \$320

Balance Due: January 15, 2014

- Lodging Sunshine Cottage
- Meals Breakfasts and dinners included; lunches on your own
- Skiing venues Mt. Van Hoevenberg; VIC at Paul Smiths; Adirondack Loj; Jack Rabbit Trail; other backwoods trails

ROCKY POINT, INLET, NY -- February 21 - 25, 2014

Leaders: Bill & Kay Pickering
717-232-1326

Lodging: 3 nights or 4 nights

Trip Capacity: 18 max

Deposit: 3 nights: \$115
4 nights: \$140

Deposit Due: January 15, 2014

Total Cost: 3 nights: \$215
4 nights: \$280

Balance Due: February 10, 2014

- Accommodations are 3, 3-BR condos at Rocky Point Resort on 4th Lake, Inlet, NY.
- Meals are included except for the first nights dinner and lunches.
 - 3 nights: 2 dinners and 3 breakfasts
 - 4 nights: 3 dinners and 4 breakfasts
- Skiing on backwoods trails (ski trails or forest roads), Fern Park (usually groomed), and golf courses (sometimes groomed).

PULASKI #2, NY -- February 28 - March 3, 2014

Leaders: Peg Hampton
717-805-3593

Lodging: 3 nights

Trip Capacity: 16

Deposit: \$150

Deposit Due: November 15, 2014

Total Cost: \$310

Balance Due: February 14, 2014

- Lodging at the 1880 House B & B includes cooked dinner on Saturday and Sunday nights, cooked breakfast each morning, and a variety of soup each day.
- Ski venues include groomed trails at a ski center and un-groomed forest ski trails.
- Total cost could be reduced later.

BOONVILLE, NY -- March 7 - 10, 2014

Leaders: **Bill & Sandy Stine**
717-471-6326

Lodging: **3 nights**

Trip Capacity: **12**

Deposit: **\$50**

Deposit Due: **February 1, 2014**

Total Cost: **\$230**

Balance Due: **March 1, 2014**

- North Country Manor, a restored Victorian B&B in Boonville
- Hot breakfast buffet and two dinners included
- One dinner at local restaurant (your expense)
- Groomed, free skiing on BREIAI Trails
- Ungroomed, free skiing on multiple public trails

GARNET HILL, NORTH CREEK, NY -- March 14 – 17, 2014

Leaders: **David Walborn**
717-341-6031 (C)

Lodging: **3 nights**

Trip Capacity: **8**

Deposit: **\$115**

Deposit Due: **January 1, 2014**

Total Cost: **\$230**

Balance Due: **February 1, 2014**

- We'll be staying at the Goose Pond Inn, a turn-of-the-century B&B in North Creek. Modern amenities include private bathrooms and wifi. Breakfasts are included.
- The excellent groomed trails at Garnet Hill XC Ski Center and numerous backcountry trails await us. Gore Mountain is at our doorstep for any downhillers amongst us.
- We plan to ski the gentle 5 mile carriage road into Santanoni during the weekend for an open house at this beautifully restored Adirondack Great Camp

Kick 'n Gliders Nordic Ski Club 2013-2014 Membership Application & Release

<p>Important: Be sure to sign the release on the second page</p>	<p>Dues Year: May 1 to April 30 Dues: \$20 Individual \$30 Family Make Checks Payable to: KICK 'N GLIDERS</p>	<p>Mail Application and Check to: Kick 'N Gliders P.O. Box 1353 Mechanicsburg, PA 17055</p>
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Check the box to the right of any information to **not** be published in the club's roster, *People to Ski With*

Name: <input style="width: 90%;" type="text"/>	<input type="checkbox"/>
(Other family members)	
<input style="width: 90%;" type="text"/>	
Address: <input style="width: 90%;" type="text"/>	<input type="checkbox"/>
<input style="width: 90%;" type="text"/>	
City: <input style="width: 20%;" type="text"/> State: <input style="width: 10%;" type="text"/> ZIP: <input style="width: 15%;" type="text"/>	<input type="checkbox"/>
Phone 1 Name: <input style="width: 20%;" type="text"/> Number: (<input style="width: 10%;" type="text"/>) <input style="width: 40%;" type="text"/>	<input type="checkbox"/>
Phone 2 Name: <input style="width: 20%;" type="text"/> Number: (<input style="width: 10%;" type="text"/>) <input style="width: 40%;" type="text"/>	<input type="checkbox"/>
Phone 3 Name: <input style="width: 20%;" type="text"/> Number: (<input style="width: 10%;" type="text"/>) <input style="width: 40%;" type="text"/>	<input type="checkbox"/>
E-Mail 1:	<input type="checkbox"/>
<input style="width: 90%;" type="text"/>	
E-Mail 2:	<input type="checkbox"/>
<input style="width: 90%;" type="text"/>	
E-Mail 3:	<input type="checkbox"/>
<input style="width: 90%;" type="text"/>	

Check here if you are willing to forgo the paper copy and receive the *Easy Glider* electronically.
We MUST have a valid email address for you to receive the Easy Glider electronically.

Be sure to sign and date the release on the next page.

RELEASE

(Excerpted from the Bylaws of the Kick 'N Gliders Nordic Ski Club)

Article XI.

General Rules of the Club

Article XI, Section 1. No member or members of this Club shall obligate or commit the Club to any major endeavor, unusual activity or extraordinary action, unless Executive Committee approval shall have previously been obtained.

Article XI, Section 1A. Every member agrees to abide by the Kick 'N Gliders' Constitution and Bylaws and the Club Rules of Conduct, recognizing the social nature of the group and the authority and discretion granted to the Executive Committee herein.

Article XI, Section 2. Members desire to participate in the various activities of the Club. Each must recognize that all activities are strenuous and involve substantial risks of accident, injury and even death. Such activities, although engaged in as a group, are essentially individual activities/sports for which each individual must be physically and mentally prepared and capable, and in which each individual is essentially responsible for his own safety. The Club is simply an unincorporated association of interested persons which offers a central meeting point for those desiring to engage in the various activities; the Club does not sponsor or operate the activities for its benefit or profit; the leaders, the providers of motor vehicles, and drivers are all volunteers who lead or drive as an accommodation and not for their benefit or profit; the Club, its officers, the trip leaders, the activity leaders, vehicle owners, and vehicle drivers may not have (and in reliance hereon may not purchase) any insurance covering the individual or benefiting him in the event of accident, injury or death. Finally, each individual must recognize that many Club activities are conducted in wilderness or backcountry areas where appropriate medical care may be either totally unavailable, or hours and miles away and therefore inadequate in the event of emergency, but trip leaders and activity participants do not necessarily have any specific rescue, first aid, medical, or leadership skills or training. Each individual must understand that any and all trip leaders, activity leaders, and fellow participants are entitled to, and will rely on, the individual's ability to participate with the others.

I hereby recognize the Kick 'N Gliders as a nonprofit, unincorporated association of persons who have voluntarily organized themselves to participate in and enjoy various activities. I hereby certify that I have read the above section of the Club's Bylaws and understand the responsibilities of being a Club member and release, discharge and waive the Kick 'N Gliders and each and every one of its members from any and all liability for any loss, damage or injury I may suffer or sustain as a result of any of the activities of the Kick 'N Gliders by signing my name below.

I agree to abide by the Kick 'N Gliders Constitution and Bylaws and the Club Rules of Conduct.

I recognize the authority of the Executive Committee to revoke membership for violation of the Kick 'N Gliders' Constitution and Bylaws or the Club Rules of Conduct.

I recognize the authority of each trip leader to determine the composition of the roster for his trip.

SIGNATURE OF MEMBER(S):

DATE

If member(s) are under 18 years of age, a parent or guardian must also sign:

DATE

Signature and Relationship



KICK 'N GLIDERS
P.O. Box 1353
Mechanicsburg PA 17055

ADDRESS SERVICE REQUESTED

In this Issue of Easy Glider:

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