



The Easy Glider

Kick 'n Gliders Nordic Ski Club

Editor: Peter Oswald (editor@kickngliders.org)

Issue: October, 2014

Meetings are now held upstairs at [Center Street Grille](#), 4 Center St, Enola PA, 717-732-6900 except as noted.

The Center Street Grille is on the east side of Center Street just south of Wertzville Rd (PA-944).

Directions from 581 and Rt 15 interchange:

- Go north on Rt 11/15 about 1.7 miles to N. 21st St stop light
- Turn left on N 21st St and go 0.3 miles to Center St stop light
- Turn left on Center St then continue northward (changes to E. Penn Dr) 2.7 miles to Wertzville Rd stop light
- Turn right onto Wertzville Rd, go 0.1 mile to first right
- Turn right on Center St; Center Street Grille is on the left.

Directions from I-81 and Rt 11/15 interchange:

- Go south on Rt 11/15 about 0.5 mile to Valley Rd stop light
- Turn right on Valley Rd and go 1.8 miles to Salt Rd
- Turn left onto Salt Rd and continue southward (changes to E. Penn Dr) 0.9 miles to Wertzville Rd stoplight
- Turn left onto Wertzville Rd, go 0.1 mile to first right
- Turn right on Center St; Center Street Grille is on the left.

Ox Roast is October 18, 2014

There is a nip in the air and hints of color in the leaves on the trees - signs that it is soon time for the Ox Roast! Dave LeRoy and Nancy Kauhl will again host this kick-off event of the Kick 'n Gliders' ski season at Black Birch Hollow, their home in Perry County, on October 18, 2014.

You are welcome to arrive as early as 3:00 pm for conversation and snacks; the fire will be burning and the meat will be roasting in anticipation of eating dinner at about 5:30 pm.

New policy regarding Ox Roast guests: The Ox Roast is no longer for members only! This year, every member is permitted to – and encouraged to – bring up to 2 guests. Guests will be asked to pay the \$5 event fee and bring beverages and a dish to share. Members are encouraged to bring guests who have an interest in cross-country skiing. Hopefully, this will help our membership to grow. Remember, first-time members' dues are only \$5 per individual and \$7.50 per family!

What you are expected to bring: Your favorite potluck dish to share, your beverage (alcoholic) of choice, \$5 event fee (to cover the cost of the meat and paper products), lawn chair if the weather is nice and your checkbook if you want to make deposits/payments on any of this season's ski trips.

What will be provided: Meat ("ox" roasted over an open fire and sausages on the grill), soda, ice, paper plates, plastic cups, plastic utensils, napkins, and coffee. Some serving utensils will also be available.

Want to help? Your help keeping the fire going, grilling sausages, welcoming newcomers, or set-up and clean-up will be much appreciated. If you are willing to help with any of these, please offer when you make your reservation so the hosts can plan accordingly.

Reservations: Let Nancy know (717-582-2562 or kauhlbbh@pa.net) **by October 15, 2014** if you are coming, who/how many you are making reservations for and what potluck dish you plan to bring. If you need directions to Black Birch Hollow, let Nancy know and she'll email them to you.

Other events upcoming

7:00 pm Tuesday Nov 4, 2014

Program Meeting Special Meeting Place, November 4 only, see below:

Richard Hertzler: Photographer for the Lancaster Newspapers

An aggressive, award-winning professional photojournalist with four decades of experience, Rick Hertzler has earned the respect of the Lancaster Pennsylvania community for the consistent quality of his work, and more importantly, the sensitivity he shows in the fast paced and spontaneous nature of news photography. His images have appeared in People magazine, been broadcast across The Associated Press wires, and won Picture of the Year on MSNBC.com - not once but twice.

Special Meeting Place, November 4 only:

Folklore Coffee & Co.

Downstairs meeting room (called the Rabbit Hole)

1 North Market Street

Elizabethtown, PA 17022

717-361-1658

<http://www.folklorecoffee.com>, check the website for directions and parking

Plenty of free or nickel-per-hour parking available.

The fare is soups and sandwiches.

No alcoholic beverages served but BYOB is okay if the alcohol remains in the downstairs meeting room.

Customers must indicate they are with Kick 'n Gliders to earn the rental fee discount.

7:00 pm Wednesday Nov 19, 2014

Dinner Social

Florentino's Italian Restaurant & Bar
500 Airport Road (Lancaster Airport)
Lititz, PA 17543
717-569-6732

7:00 pm Tuesday Dec 2, 2014, Program Meeting

Steve Runkle: Canals and Canal Life in and around the Susquehanna River Basin

7:00 pm Wednesday Dec 17, 2014, Holiday Party hosted by Bill and Sandy Stine

Note from the President

David Powell

Our club didn't lay dormant during the summer. In June, Jamie Hackman organized an evening at the Waltz Vineyards near Manheim, Lancaster County. A delightful evening was had by the many K'n Gr's who attended. The Mark DeRose band performed under clear blue skies. The vineyard is situated on a hilltop overlooking the farmlands of Lancaster County.

In July we attended the Mt Gretna Playhouse to see "Little Shop of Horrors" as organized by Jean Geiger. Prior to the play, we dined at the Timbers Restaurant

August saw many club members arrive for breakfast at LeSorelle in Mt Gretna at 8:30 AM. Following breakfast we all rode our bicycles along the rail trail to Lebanon, and back. After the ride, Tom Hooper graciously invited the

gang to his cottage in Mt Gretna for a picnic. It was a fun afternoon, with good food and killer games of quoits.

On August 11th, the Executive Committee met to discuss numerous issues. I presented ideas relating to the overbooked trip lottery system. In a nutshell, I proposed that no person, or couple, who is placed on a waiting list by virtue of the lottery can be placed on a waiting list for another trip during that same season. Also, a person or couple, placed on the waiting list for a given trip, shall be exempt from the lottery if this same trip is again overbooked the following year. These two items were discussed and voted on, both passing. Bill Stine has added this language to the K'n G Trip Finance Webpage.

We also voted to donate \$500 to Crystal Lake Camps for the purpose of buying out the assets of Dottie. Crystal Lake Camps is planning to keep the ski center open. There are a number of things happening there. This season, or next, they hope to offer lodging again. It is hoped to once again offer food at the dining hall. The owner of Tivoli Tavern at the foot of the hill plans to provide prepared food in the dining hall. Rick Begley has agreed to be the point person in getting the word out to the club members about ski conditions at Crystal Lake. Rick will receive notices when conditions are good, then pass on to all K'n Gr's

A lottery was held for overbooked Stowe #1, Lake Placid and North Conway trips this season. In addition to Executive Committee members, four other members also attended to witness the lottery. I think all will agree that it was held as fair as possible. Bill Stine and Andrea Hospodar are optimistic that additional accommodations can be acquired at Stowe #1 and North Conway to allow those on the wait list to join the group.

Finally, I want to thank all those who have responded with well wishes, cards, visits and foodstuffs as I recover from my open heart surgery in August. I'm frustrated as the recovery period is so long (at least 3 months). I will start cardiac rehab the end of September.

2014 has not been kind to me, what with a stroke in January, causing me to miss almost the entire ski season, then the open heart surgery causing me to miss the last half of summer activities. I'm looking forward to an active ski season coming up. Again, thank you all for your support!

Endless Mountains Canoe Trip

Nancy Martinez

All the way to Laceyville Saturday morning I was thinking about food. But I disciplined myself not to stop at McDonald's in favor of a local place in Laceyville that I hoped would exist. That is how I found The Wiser Choice family restaurant on Main Street which was the kind of homespun place that I wanted and knew I would find. Outside, at 8:30 am, there were already tents and tables set up along Main Street in preparation for the Laceyville Community Day.

The Endless Mountain Outfitters told us to meet by the bridge on Church Street. It was a huge, green steel span across the Susquehanna. Andrea had gotten lost and did not show up at the appointed hour. So I was very glad to see her. She was my *raison d'être* for going through with the paddling trip.

The Endless Mountain van showed up and transported us and a family of three through paradise and we ended up in heaven. EMO stores its kayaks in the barn of a former farm. The premises were full of day lilies. The people were sweet.

Although to my eyes the float down the Susquehanna was idyllic there actually was trouble in paradise. Lydia, our tour guide, pointed out large banks of Japanese knotweed along the shore. It is an invasive species that

massively out-competes native plants. Local species of fauna do not eat it so it therefore reduces their food supply. Lydia said that she and like-minded people are doing everything in their power to stamp it out but the Japanese knotweed is winning.

When we arrived in Laceyville after a 5-mile float, the Laceyville Community Day was well underway. Andrea and I ate sausage sandwiches with everything and potato pancakes. Unknowingly we had seated ourselves at the very spot where the famed turtle race would take place. It consists of two concentric circles drawn with chalk. The first turtle that makes it from the outer perimeter to the small inner circle is the winner. I would have to say that it is not ideal being a turtle in the vicinity of Laceyville. Mostly little kids squat around the circle some pressing their steed into the asphalt to keep it from moving while waiting for the race to start. Still, even though PETA would not approve, it was nice and people seemed to generally care about the welfare of the turtles.

The family that joined us on the paddle had won a trip to the Endless Mountains and as part of it had eaten the night before at Berry Field Farm. After hearing this and me speaking glowingly of Berry Field, Andrea decided we should eat dinner there. It did have the majestic view I had talked about. It did have chickens and ducks and geese and cows. It did have cheesecake made from the milk from the goats on the farm. It did have fresh peas picked from the garden that morning. It was special. And there was a family there from New York City on a farm vacation which has been an annual ritual for them the past 8 years.

It is possible to go to Vermont. It is possible to go to New Hampshire. It is possible to go to the Laurentians. But for the most exquisite

panoramas I would take the Endless Mountains any day. And for the gentlest river on which to paddle and the loveliest I would choose the Susquehanna. It is good to love what is in one's own backyard. Like Dorothy. "Well, I... I think that it... that it wasn't enough to just want to see Uncle Henry and Auntie Em... and it's that if I ever go looking for my heart's desire again, I won't look any further than my own backyard; because if it isn't there, I never really lost it to begin with."

Tassel Ski Hats

Last season, the Kick 'N Gliders offered tassel ski hats for sale to members; you may have seen some of us wearing them on ski trips. The hats are lightweight, stretchy fabric to fit snugly and keep your head warm. For \$20, you can have one of your own to show your pride in the Kick 'N Gliders. There is still time to order more of this select headwear in time for holiday gifts and the first ski trip; for this reason we need you to send a check to the club address by October 24, 2014, to reserve yours today!



Ski Trips Attract Many Takers

A successful year for the ski club has been guaranteed by the great turnout we have experienced so far this season. But there are spaces available on many of our great trips. Below is a list of the spaces available, recognizing that the actual number may vary based on whether or not you sign up as a couple or whether you happen to be male or female!

Craftsbury has room for a dozen more skiers and is a great place for our season opener. But we must release any rooms not spoken for by Thanksgiving, so don't wait too long.

The **Cazenovia Trip** is handy – right up I-81 most of the way and we stay at a charming old Inn. Six spaces are now available.

The **first Pulaski Trip** has room for only 2 more skiers, so you might want to opt for Pulaski -2.

Ottawa is closer than you think. And we stay in town at a hostel which was once a jail where dinner is prepared for us. Skiing is across the river in the Gattineau where there are fantastic trails for all abilities. Only 3 slots left!

The **Laurentain Trip** is a perennial favorite. It lasts a week and we always hate to leave. Our accommodations are in chalets where we have private bedrooms and do our own (gourmet of course) cooking. Only 4 lucky people will fill this trip.

On our trip to **Laurel Highlands**, we stay in rustic cabins at Kooser State Park. This is only a couple hours down the Turnpike, which is sooooo convenient. Lots of space left.

Stowe – 2 takes us to the great New England ski area. Stowe – 1 is already full, but we have room for 9 on Stowe – 2. Lots of ski trails in this spectacular region.

A **second Pulaski Trip** is always needed because this is such a popular venue. Just 4 hours up I-81 and you are in the snow belt and staying in the most charming B and B anywhere. They cook dinner as well as breakfast! Lots of room left so far.

Our final trip is at **Rocky Point** in Inlet, NY where we stay in nice condo's and cook our own breakfast and dinner. There will still be lots of snow left at this Adirondack location, but there is only room for 3 more skiers.



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