



The Easy Glider

Kick 'n Gliders Nordic Ski Club

Editor: Peter Oswald (editor@kicknsliders.org)

Issue: March, 2015

Meetings are held upstairs at [Center Street Grille](#), 4 Center St, Enola PA, 717-732-6900.

The Center Street Grille is on the east side of Center Street just south of Wertzville Rd (PA-944).

Directions to Center Street Grill at end of newsletter

Event Calendar

7:00 pm, Tuesday, Mar 3, 2015 Program Meeting

Program for March 3, 2015 Meeting

Andean Travels Part 2: "Cuzco, the Inca Trail and Machu Picchu"

Dave Powell will present a program on the Sacred Valley, Inka Trail and Macho Picchu, Peru. If you attended the January meeting you saw the presentation by Fred Richter describing the Bolivia and Amazon Basin, Peru portions of the trip taken the month of September 2013, by K 'n G members David Walborn (organizer), Maria Pieretti, Fred & Tanya Richter, Nan Reisinger, Pete Oswald, Cheryl Capitani and Dave Powell. This evening Dave will highlight the experiences we had visiting the ancient Inka sites in the Sacred Valley in the vicinity of Cusco, Peru, hiking the very grueling

Inka Trail, touring the historic Machu Picchu and climbing Huayna Picchu.

Plan to join us for this interesting presentation and meet the survivors in person

Note: For a pre-meeting dinner, a reservation will be made for 12 people at The Center Street Grille.

7:00 pm, Wednesday, Mar 18, 2015 Dinner Social

Note, this event REQUIRES an RSVP to the Program Chair.

Thai Palace
3608 Market Street
Camp Hill, PA 17011

7:00 pm, Tuesday, Apr 7, 2015

Last general meeting of the year. Election of new officers and trip planning for the 2015-2016 season.

7:00 pm, Wednesday, April 22, 2015 Dinner Social

Note, this event REQUIRES an RSVP to the Program Chair.

Blue Bird Inn
2387 Cornwall Road
Cornwall, PA 17042

Note from the president

Well, this season is almost behind us. Many Kick 'n Glider members had memorable times at the many ski trips we offered this year. My personal season can be wrapped up in the B.C. cartoon. I was not able to participate as I had hoped. I'm still recovering from the effects of the stroke and open heart surgery I underwent last year. I'm now working out at the YMCA indoors, where it's warm and dry. As the weather allows, I'll be back on my bicycle to build up endurance and be ready, I hope for the 2016 season.

Speaking of which, Plan to attend the April 7, 2016 meeting, 7:00 PM at the Center St. Grille, Enola, PA with any thoughts you have about proposed trips for the 2016 season. If you have a trip you want to have considered for next year come to the meeting with information such as the location, budgeted cost, number of attendees that can be accommodated, meals provided, type of lodging, etc. Please review the information on our website under Trips/Trip Leadership Guide. We will decide at that meeting what our 2016 skiing schedule will be.

In addition to the trip planning there will be an election of officers for the coming year.



Slate of candidates for 2015/2016 to be voted on at the April 7 meeting

ELECTION OF OFFICERS:

- President - Dave Powell
- Vice President - Lisa Baer
- Secretary - Marilyn Grove
- Treasurer - Dave Leroy
- Extended Ski Trips - Ron Henry
- Day Ski Trips - Bill Stine
- Membership - Nancy Kauhl
- Programs - Sandy Stine / David Walborn
- Newsletter Editor - Pete Oswald
- Past President - David Walborn
- Web Master - Bill Stine

Cazenovia trip report

A small but hardy group of KnG'ers attended the Cazenovia trip on Jan. 9-11. The lake effect machine had been hard at work for several days, but with winds from the SW, none of the snow fell in Syracuse or points south and east. Consequently, Highland Forest only had a few inches on the ground. The park's website said, "If you must, bring your rock skis." That told us all we needed to know.

So we made the 50-mile drive to Osceola on Saturday, where conditions were excellent, and the center was not particularly crowded. It was a cold day, with the temperature not reaching 15. Once there, we ended up in three groups. Emory, being much faster than the rest of us, pretty much skied by himself. The Lindes—Gil, Mary Ann, and son Brent—were another group, and Barbara and I were the third group. While there we met Dennis and Pam Dunn and Bonnie Telegraphis, KnG members from State College, who were staying at the 1880 House in Pulaski.

Since my last visit to Osceola a couple years ago, two short new spurs have been added at the far end of the south section.

With local conditions no better on Sunday, we settled for an hour's walk around the beautiful village of Cazenovia before departing. The Lindes, however, then went to Highland and tried sledding, using single-runner sleds that Gil had designed and built.

Participants: Barbara Brandt, Emory Ehrenfeld, Gil, Mary Ann and Brent Linde, and himself, Bill Hoffman, leader. Two other people had signed up—Nan Reisinger and Beth Pyle—but both had to drop out, Nan having caught whatever illness was floating around Craftsbury the weekend before, and Beth because her mother had broken her hip and was hospitalized.

Bill Hoffman

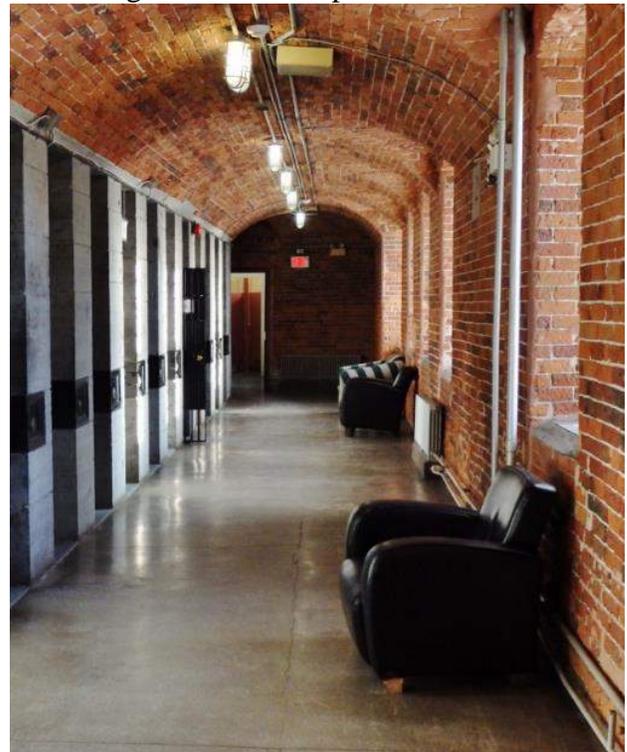
Ottawa Trip Report Jail-Time for Skiers

by Bill Stine

It was high time to revisit Ottawa. There's the huge ski trail network that Gatineau Park becomes over the winter. Then there's Nakkertok Nordic's extensive groomed trail network that welcomes visitors. And, of course, the city, with its beautiful buildings, the unique shopping district that is ByWard Market and the 7.8 km long Rideau Canal Skateway is chock full of attractions.

But there's a problem ... suitable accommodations for our club's members with its family-style gatherings. Large rental properties near the attractions are very hard to find and the suites-hotel we used in the past falls short for communicating and socializing with others in the group.

The answer? Put us in jail! What was originally the Carleton County Gaol was closed in 1972. Hostelling International purchased and converted



the building, but left much of the structure intact, allowing guests to experience spending a night "in jail". Well, we decided tough Kick 'n Gliders could hack five nights in jail. More later.

Getting to the important stuff, the snow cover was light for Ottawa at this time of year. Even so, we had good cover and excellent skiing every day. We

headed to Gatineau's P10 parking area the first day, followed the Parkway trail up the ridge and skied a couple of other loops and smaller trails during the day. While cold, the temp was near 0° F, there was



little wind so we were OK. A warming hut was welcome halfway through the day, though. It was a bit disappointing that the backcountry trails were not open due to lack of snow but we survived. The long, gentle glide back down to the parking lot was our final reward at the end of the day.

Day two, only a couple of degrees warmer than the previous day, found us at Nakkertok South. Skiing conditions were fine and we all skied our fill. On our way in we stopped at the warming hut to start a fire in the stove. After skiing a nice loop, we returned to the now warm hut for lunch. Back at the parking lot all agreed that it was a great place!

Day three found us back at Gatineau, starting at the P3 parking lot. The ski started up the Parkway before we headed into the woods and up the hill. On the way out some headed back the parkway and its wide open vistas while others dove back into the wooded trails for a pleasant finish to our skiing day.

On day four we first went to Nakkertok North, which we'd never skied before. Some found the trails a bit more rugged than they bargained for and returned to the South portion of Nakkertok's system. A few of our number "toughed it out" in the North and were rewarded with a challenging but



beautiful ski on ungroomed trails and on other lovely, more gentle groomed trails.

Returning to our self-imposed jail term, the HI Jail Hostel was a hoot! Indeed, the rooms were actually the original cells, bars and all. The rooms were also compact ... make that tiny, especially the one assigned to Nancy Borremans and Lisa Baer. Half the room was filled with the small set of bunk beds while the other housed a chair, a tiny storage cabinet and all the occupants' gear. It was a squeeze for sure!



Typical of a hostel, there was a spacious, shared kitchen with plenty of storage space and the equipment we needed to prepare several tasty

meals. One unplanned adventure occurred when the plastic packaging rim for a pair of disposable roasting pans inadvertently found its way into the oven. The tiny bit of plastic caught fire, creating a huge amount of smoke and raining tiny, greasy, black, sooty flakes on every horizontal surface in the huge kitchen. Not to worry, though. Club



members worked furiously to clean up the mess, formulated a revised menu to replace the spoiled food and dinner was ready only ten minutes late.

So, Ottawa shined for us this time. Next time, we'll be more careful which "cells" we accept now that we are familiar with the layout. But, we'll return, for sure!

Stowe #1 Trip Report by Bill Stine

Stowe's a place we haven't visited for a few years. Accommodations were the issue. Last season Sandy & I did a Stowe trip with the Outdoor Club of South Jersey where they have been staying at the Commodores Inn for many years. Key is that, besides being nice folks, they include a fully-cooked breakfast buffet and offer a full-dinner buffet of which we took advantage. We liked the place a lot and determined that we'd lead a trip there this year. The twenty-three Kick 'n Gliders who attended the trip liked the place, too.



There are many great ski venues in and around Stowe. We started with the trails at Stowe Mountain Resort. Conditions were very good and the group broke into multiple groups, skiing trails that suited their tastes. A few even opted to ride the lift and come down the access road, though it was



cold and the lift ride was a chilling experience. We got a group rate and some folks, who returned to the center several days, were given a reduced rate on subsequent days if they showed a ticket they'd used on an earlier visit.

Bolton is a personal favorite venue of mine and we skied there on our drive from the Ottawa trip as well as one day driving from Stowe. While some of our members took advantage of the groomed trails at the facility, we went for the ungroomed stuff that climbs into the mountain's less used areas. There



we saw many glade skiers on heavy duty backcountry gear taking advantage of the deep powder that was everywhere. Never the less, normal skis work fine if you stick to the skied trails. We had a blast on a couple of the days skiing Birches Loop at the top of the mountain and doing the run down Gardiners Lane to return to the ski center.



Wiessner Woods proved a bit difficult for some of our members. Many of us persevered, enjoying the groomed, free "Complimentary Trails" that adjoin Wiessner. I'll admit, we took a side trail loop back into Wiessner that was pretty technical. We also took the long way back to the parking lot using the same trail we used to enter the system. With a couple of inches of new snow that had fallen during the day, it was a blast!

Craftsbury Outdoor Center is less than an hour's drive from Stowe and a number of our group spent a day on their immaculately groomed trail system. They also enjoyed the excellent, new ski center that is open this season.

You simply can't do a Stowe trip without at least one visit to the iconic Trapp Family trail system. Conditions were great and, as usual, the grooming was excellent. Some of the group took advantage of the lower trail system while others made the climb to the Cabin. The climb to the Cabin might be described as debilitating but the run back down Chris's Run was awesome!

Sterling Forest was a new destination for us. Like



Wiessner Woods, the venue belongs to the Stowe Land Trust. Over the past few years they've put in a lot of work making and installing signage for the trails. Like Wiessner, it's ungroomed but much less visited by dog walkers than Wiessner. We'd been unaware of the place until a local physician told us about it. Wow, was it cool! The four of us who skied it were blessed with several inches of new powder over a couple of feet of older powder in the woods. Although we had to break trail for about half our ski, it was both beautiful and challenging.

So, after several years absence, is Stowe still a good place? You bet! We'll be back.

[Center Street Grille](#) is on the south east corner just south of PA-944/Wertzville Rd.

Directions from 581 and Rt 15 interchange

- Go north on Rt 11/15 about 1.7 miles to N. 21st St stop light
- Turn left on N 21st St and go 0.3 miles to Center St stop light
- Turn left on Center St then continue northward (changes to E. Penn Dr) 2.7 miles to Wertzville Rd stop light
- Turn right onto Wertzville Rd, go 0.1 mile to first right
- Turn right on Center St; Center Street Grille is on the left.

Directions from I-81 and Rt 11/15 interchange:

- Go south on Rt 11/15 about 0.5 mile to Valley Rd stop light
- Turn right on Valley Rd and go 1.8 miles to Salt Rd
- Turn left onto Salt Rd and continue southward (changes to E. Penn Dr) 0.9 miles to Wertzville Rd stoplight
- Turn left onto Wertzville Rd, go 0.1 mile to first right
- Turn right on Center St; Center Street Grille is on the left.





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ADDRESS SERVICE REQUESTED

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