



# The Easy Glider

Kick 'n Gliders Nordic Ski Club

Editor: Peter Oswald (editor@kickngliders.org)

Issue: April, 2015

Meetings are held upstairs at [Center Street Grille](#), 4 Center St, Enola PA, 717-732-6900.

The Center Street Grille is on the east side of Center Street just south of Wertzville Rd (PA-944).

Directions to Center Street Grill at end of newsletter

\*\*\*\*\*

## Event Calendar

**7:00 pm, Tuesday, Apr 7, 2015**

Last general meeting of the year. Election of new officers and trip planning for the 2015-2016 season.

**7:00 pm, Wednesday, April 22, 2015**










Dinner Social **Note, this event REQUIRES an RSVP to the Program Chair.**

Blue Bird Inn  
2387 Cornwall Road  
Cornwall, PA 17042

\*\*\*\*\*

## Note from the president

As I compose this note, we have just returned from Inlet, NY in the Adirondack Mountains, where we had superb skiing conditions on Rocky Mountain snow. The snow was light, fluffy and dry, perfect for X/C skiing. All in all, I think this was representative of most all the trips we ran this year. It was a quite successful ski season. I wish to thank the trip leaders who all did such a great job in planning and organizing the trips, 14 trips in all:

-  Bill & Sandy Stine: Ottawa, Val David, Stowe #1, and Boonville.
-  Bill Hoffman: Cazenovia and Lake Placid.
-  Peggy Hampton: Pulaski #1 & #2
-  Dave LeRoy & Nancy Kauh: Craftsbury
-  Andrea Hospodar: North Conway
-  Ron Henry: Laurel Highlands
-  Jean Geiger: Stowe #2
-  David Walborn: Garnet Hill
-  Bill & Kay Pickering: Inlet

Now we get to start all over again. Plan to attend the trip planning meeting on April 7<sup>th</sup> as we prepare for the 2016 ski season. Come to the meeting with thoughts on a trip you would like to propose, including dates, number of members that can be accommodated, type of lodging, meals, distance from central PA, travel arrangements, etc. Refer to the "Trip Leadership Guide" on our website.

Dave Powell

\*\*\*\*\*

## Slate of candidates for 2015/2016 to be voted on at the April 7 meeting

### ELECTION OF OFFICERS:

President - Dave Powell  
Vice President - Lisa Baer  
Secretary - Marilyn Grove  
Treasurer - Dave Leroy  
Extended Ski Trips - Ron Henry  
Day Ski Trips - Bill Stine  
Membership - Nancy Kauh  
Programs - Sandy Stine / David Walborn  
Newsletter Editor - Pete Oswald  
Past President - David Walborn  
Web Master - Bill Stine

\*\*\*\*\*

## Pulaski 1 Trip Report

January 16-19, 2015

Eight skiers met at the 1880 House for the Friday afternoon ski. We fortified ourselves with the great selection of soups before departing to the Winona Forest Center & Wart Road parking lot. Conditions were excellent – lots of fresh snow and two fresh double tracks on the trails! We skied into the woods using the Bill's Belly trail to Winona Way where we continued on Sally's Ride to Hiscock. There was some discussion about the return route with Walt wanting to ski left on Hiscock down to Wart Road where he would ski on the snowmobile road. Lin opted to join him. The rest of the group decided to backtrack to enjoy the wonderfully



groomed trails. We returned to the 1880 House for another round of soup and hot showers. Friday afternoon skiers: Lin & Walt Pomeroy, Pam & Mike McMullen, Marilyn & Jeff Grove, Nan

Reisinger, & Peg Hampton. The rest of the weekend group joined us at the 1880 House: Lisa Baer, Martha & Jim McGraw, David Walborn, and Tom Hooper. For some reason, my Kahlua mud slide beverage generated a lot of discussion including that the small bottle should be refrigerated after opening, but the bottle was already empty.

Winona Forest had snow shoe races on Saturday; therefore, we went to the Osceola Tug Hill Ski Center. The outside thermometer registered 12 degrees! We skied the north side of the trail system first since there was a morning event on the south side. Climbing the hill help us to get warmed up. We did stop for a few photo ops. The snow conditions were great, but the temps had us heading back to the ski center for an early lunch. In the afternoon, we went out in small groups only to all converge on one spot for a group picture. Nan & Pam purchased new ski boots and Lisa purchased Pam's new (old) boots that weren't working for Pam. We returned to the 1880 House for soup to hold us over until dinner. We did learn that one of the other guests at the B & B mistakenly tried to drive on the snowmobile roads at Winona Forest because that's where her GPS said to drive! The tow truck got stuck trying to pull her vehicle out. She was waiting for one of the groomers to pick her up and to get the car out! (I did share all of my driving directions with her for the future.) The 1880 staff served us a wonderful baked ham dinner with bourbon sauce and no one walked away hungry. We gathered around the gas fireplace to end another wonderful day of ski season.

On Sunday, we skied the 8 mile race loop at Winona Forest. It was tracked and nicely groomed. The temps were around 32 degrees so snow sticking to our skis was a continuous problem. I stopped several times to scrape my skis and apply liquid F4. It was a good day and we burned off a few of the calories that we would consume at the baked lasagna dinner. The sit down dinner at the 1880 House was enjoyed by all and it was agreed that it was nice to not have to go back outside in the cold for dinner.

On Monday morning, Lin, Walt, Lisa and Peg went to Chateaugay State Forest to use our snowshoes. The snow was at least eighteen inches deep in the woods. Breaking trail was a tough go and it didn't

take Peg long to pause to let someone else take the lead. It was amazing how easy the fourth place in line was in comparison to breaking trail. We also compared the “snow rooster tail” from Lisa’s snowshoes in comparison to ours. Lisa’s shoes had some cutaway between the rear frame that permitted snow to collect on the top and then kick up with each step. We picked our route to backtrack on our trail and to find previously broken trail. As tough as the snowshoeing was, things got even tougher when we returned to the parking lot. The lot was not plowed and the snow had compacted which created problems getting Peg’s van out of its parking space. Walt ended up driving while Lin, Lisa and Peg pushed from the front of the van. Once we got it out of the parking space, it wasn’t making any progress to get to the road. So, the ladies went to the back and pushed some more. This time, Walt didn’t stop until the van was sitting on the pavement! I’ve never gotten stuck at Chateaugay before. At any rate, pushing a 4,000 pound van was more exhausting than the snowshoeing! We returned to the 1880 House for more soup. Lisa, Tom & David left for Ottawa. Another great trip to Pulaski ended.

Peg Hampton

\*\*\*\*\*

### Laurentians Shines Through Big Chill

by Bill Stine

This is the winter of the “Big Chill” and the time we spent in the Laurentians was no exception. Following, according to the Canadian weather website, is the scorecard for our week in Val David, Quebec.

DATE	MIN °F	MAX °F
1-Feb	-16	2
2-Feb	-22	7
3-Feb	-30	10
4-Feb	5	22
5-Feb	-24	9
6-Feb	-26	14

Nonetheless, despite a few late starts to let temperatures moderate a bit and some slow snow during the early parts of the days, our overall skiing experience was excellent. And, of course, the company was superb!

Sunday found us at Parc Dufresne, our usual choice for day #1. Beginning at the Chalet Anne Piché in Val-David, we skied as a group, to Chalet Far Hills in the neighboring town of Val-Morin. In the



afternoon we divided according to our preferences and energy levels to choose among several return routes to Chalet Anne Piché. Several of us chose an ungroomed, difficult trail for our return. Hard work, yes, but worth it for the views and for the fun and thrill factors.

They’ve changed the official name of our second



day's skiing choice from Parc des Campeurs to Camping Sainte-Agathe-des-Monts. It's still the same place, though, the quirky trails through the summer campground that lead to the superb, groomed, single-track trails around Lac Grignon, Lac David and the surrounding hillsides. We had a great time playing on both the easier and more challenging trails of this complex.

Even though the morning low was our coldest of the week, Tuesday's forecast was for a warmer afternoon. We took advantage of the bright sun and headed for the wide, groomed trails of Domaine Ste Bernard in Mont-Tremblant. A morning highlight for Tom Hooper was hand-feeding a couple of deer on our way back for lunch. An advantage of this location is the great ski center with its soup and sandwich bar and inviting, warm social area. So, in addition to great skiing, we were able to stop in for a lunchtime warm-up before heading back out in the afternoon. A few of us skied one of the more difficult, ungroomed trails in the afternoon and were rewarded with a few fun, "How do I get past this spot?" situations. Great day!

The La Diable sector of Parc national du Mont-Tremblant is a favorite we were not able to ski during our last couple of visits to the area. On our warmest day, Wednesday, we visited its new Visitor Center and once again enjoyed its trail



system. Some of us opted for the more serene trails nearer the lowlands. Others opted for the Lac-Poisson loop with its beautiful scenery, steep

climbs and its thrilling, mile-long end-of-loop downhill finish. It was good to ski this place, again!

As our visit approached its end and the morning temperatures began to get lower, again, people began to go their separate ways. Some opted for shorter, nearby skiing opportunities with afternoons devoted to shopping and sightseeing. Others took the opportunity to do some more unusual trails. One of the more interesting trails was the ungroomed black perimeter trail just outside the border of Parc Dufresne known as Gillespie. It's a hoot but be prepared for some challenges.

We stayed in our usual three chalets and all gathered in one chalet each evening to share meals we prepared. The meals were excellent! We spent one night eating out at the Microbrasserie Le Baril Roulant in Val-David. We marveled last year at how they managed to turn out such delicious fare from their postage-sized kitchen. This year they proved that last year was not a fluke. Great job! In addition, their microbrews were quite popular, especially #11, flavored with pepper and ginger. Cool Beer!

And, so, the Laurentians continues to shine as one of our very favorite ski destinations.

\*\*\*\*\*

## North Conway, NH Trip Report

Feb. 7 – 14, 2015

by Andrea Hospodar

With all the storms we have had late this season, we were fortunate to have good weather and good driving conditions the Saturday of our arrival. Twenty Kick 'n Gliders arrived from various directions. Due to the popularity of this trip, this year we expanded into four condos at the Stonehurst Manor property. We had our traditional first dinner at the Flatbread Co. and had better than ever service. Those who ordered salads were not even finished when the wood fired pizzas started coming out and soon all were happily munching and sipping beverages.

There was about 2 feet of snow on the ground when we arrived, and we awoke Sunday morning to find

3-4 inches more had fallen overnight. We headed to Bear Notch to find heavenly conditions. We broke into several smaller groups and headed out to enjoy our favorite trails. As usual we were treated to hot soups and fresh baked bread for lunch in the warming hut. Re-energized, we headed out to ski any trails we might have missed. Later, back in the condos we enjoyed a delicious pasta meal prepared by Rick Manix and Leslie Rogers, and Maria Pieretti was gracious enough to send one of her special Flan desserts with David all the way from the Laurentians. Thank you Maria!

Monday most of us went to Great Glen to take advantage of their two-for-one day. It was snowing throughout the day and we got another 3-4" by day's end. So skiing was again excellent! Some of



our more adventurous skiers - Stines, Tim Musser & Fred Burgess - were itching to try some new backcountry terrain, and headed a little further up the road to the Hayes Copp ski trail. This trail is mostly an old lumber road converted to a ski trail. It was reported to be not overly challenging, but



fun. Our evening meal was prepared by Jim & Ginny Magee and consisted of spiral ham, baked potatoes with fixins, mixed veges and homemade pound cake and brownies. Yummy!

Tuesday we went off in various ways. Leroy-Kauhl-Pickering-Burgess & Todaro went to the Nanamocomuck trail to ski a 4-1/2 miles point-to-point route. They found the trail had not been skied and they had to break trail; and what they thought would all be downhill, turned out to be rolling terrain instead. It was much more challenging than expected and this left the group exhausted. Fred headed out to the road to try to hitch a ride to get their car. No ride was in sight, so Fred hoofed it on foot back to get the car and return to pick up the rest of the group. Meanwhile, with all the fresh snow we had, Tim M, Andrea H, Rick M, Leslie R, Tom H, Denny and Pam D, and Bonnie B headed to Attitash and Wildcat for excellent downhill skiing. The rest of the group proceeded to Jackson Ski Touring Center to ski the enjoyable "Wave" trail network. Tonight Barbara Brandt prepared a scrumptious dinner of Mexican Chicken with rice and salad, and for dessert, brownies and ice cream.

Wednesday we awoke to glorious sunshine, bluebird skies and warmer temperatures. Most of the group headed to Bretton Woods ski center. This also was a two-for-one day. We again broke into smaller groups to do varying distance and pace. Some of the trails were a bit disrupted by lumbering that was taking place in the White Mtn. National Forest through which the trail system runs. But the vast majority of trails were in excellent condition

and all enjoyed a most enjoyable ski. It was a perfect day for picture taking and Mount



Washington and the Observatory were in clear view all day – a rarity for sure! Tom, Rick & Leslie opted to go to the downhill center at Bretton, but Tom & Rick joined us in the afternoon for some XC skiing. For dinner tonight we tried a new-to-us place: the Muddy Moose. Most were pleased with their meal; some less so. Maybe next year we return to our previous haunts.

Thursday was colder and cloudy, but snow was again excellent. Four adventurous souls helped Bill Stine realize his longtime dream: to ski the Wildcat Trail – part of the Jackson trail system – an 8-1/2 mile backcountry descent from the top of 4,062' Wildcat Mtn., accessed via the downhill ski area Quad lift to the top. Conditions were excellent and the four had a challenging but enjoyable ski adventure... and all came home safe and sound! The rest of us did a mixed bag: some returned to Jackson to ski "The Wave" again; some went to Bretton to downhill again; some took a day off to shop.

Friday was a "skiers choice" day. It was sunny, but there was a stiff breeze and temperature was 2 degrees at 8 AM. The Stines, Dave L, Nancy K, Mary Liz and Bill P took advantage of two-for-one Friday to ride the Snow Cat up Mt. Washington in the morning. By the time they got most of the way up they encountered bad weather, took a short look around and had to return. They found out even the cat taking the weather observatory team up to switch shifts could not make it up that day. Such is

the way of Mt. Washington! Fred and Tim did some more backcountry along the Swift River trail. A couple of us skied the Whittaker Woods trail from in town. The rest returned once again for a last ski at Bear Notch.

We completed the week with no significant



injuries, although sadly several members did have to cancel out at the last minute due to medical issues. We hope they can return to join us next year. All in all it was an excellent week, with lots of great, fresh snow, wonderful skiing, delicious meals, good company, and oh yeah, evening video shows of the days skiing courtesy of Bill Stine. We will return next year!

\*\*\*\*\*

## **Some Like It Cold, or the KnG Lake Placid trip**

Bill Hoffman

The twelve Gliders who converged on Lake Placid for Presidents' weekend were treated to excellent snow conditions but very cold temperatures, so much so that it put a crimp in the amount of skiing we could do. I estimate that the temperature was in negative territory for two-thirds of the time we were in Lake Placid. I don't know if that constitutes some

kind of record for the club, but it does for me.

Our first ski day was Sunday, where the high temp was reached at midnight, and it dropped steadily from there, to the low single digits below zero at midday. In addition, it was rather windy, so wind-chills were in the dangerous range. Consequently, we stayed out only about two hours, and went to a local venue that was new to most of us, the



Peninsula trails. These are multi-purpose trails adjacent to Lake Placid (the lake as well as the village). The two inches of fresh cover that had fallen overnight were just the ticket to freshen up the trails. The terrain is quite gentle, so we were not bothered by getting chilled on long downhill runs. This is also a good venue for departure day, if conditions aren't good for the Jack Rabbit trail.

Monday saw us at the VIC (Visitors Interpretive Center) at Paul Smith's. The overnight low of -21 with a lower wind chill caused us to delay our departure until 11AM. We ate lunch indoors at the VIC before venturing out for an uninterrupted afternoon ski. Although the cold made for slow snow, conditions otherwise were superb—plenty of cover, even on the most heavily used trails, and excellent grooming. We skied in several groups based upon pace. The VIC's trail network has been expanded since adjacent Paul Smith's College took over the operation from the ADK Park

Commission, and the newly imposed trail fee has helped fund the improvements. Well worth the modest charge.

On Tuesday, seven of us went to Mt. Van



Hoevenberg, where we skied the Ladies 5K with extension in the morning, then the Three Trails Loop and Brookside trail in the afternoon. Ed Cook spent most of the day on his own with his skate skis. The Stines went to Adirondack Loj and skied up past the former Marcy Dam and on up toward Avalanche Pass, while Dave and Nancy did the Connery Pond trail. This was a day of extreme temperature change, from -30 in the morning to +17 in the afternoon. With calm winds, the morning felt quite comfortable. By the time we hit the trails about 10:30, the temperature had risen to close to zero.

Dinners were prepared by the Pomeroy's (mixed bean soup and baked mac and cheese), Steins (pork and sauerkraut with mashed potatoes, with cooked onions and applesauce on the side), and the Magees (pea soup with all kinds of vegetables). The last night (Tuesday) was leftover night, with two rotisserie chickens from Price Chopper thrown in.

The house we rented for the second straight year, despite a few drawbacks, has proven very satisfactory for our needs. If only it had a more reliable heat system than baseboard electric heaters. I expect we'll return there next year, since I did not

hear any suggestions from the crowd to look for another place. There was talk, however, of making this a 4-day weekend. That will be decided at the trip planning meeting in April.

Participants: Barbara Brandt, Ed Cook, Dave Leroy and Nancy Kauh, Jim and Virginia Magee, Walt and Lin Pomeroy, Bill and Sandy Stine, David Walborn, and Bill Hoffman, leader.

\*\*\*\*\*

## Boonville Trip Report

by Bill Stine

Let me begin by saying that we really should consider making our Boonville trip a four-night event. There simply isn't enough time to visit any of our old favorite trails with a three-night schedule. Trails to choose from include the groomed BREIA trails at Jackson Hill, Egypt Road and Canal, the ungroomed trails of Carpenter Road, the Centennial Trail and Whetstone Gulf. Then there are the partially groomed trails at Barnes Corners, not to mention Confusion Flats and even Osceola XC! We really should take better advantage of these wonderful resources that are a relatively short drive from home!

That said, we had a great time skiing the tried and



true trails at BREIA's Jackson Hill and Egypt Road locations as well as the ungroomed trails of Carpenter Road.

The lower trails of Egypt Road were the choice of early arrivals at North Country Manor while later arrivals chose those at Jackson Hill. There were a few inches of new powder covering the several-day-old groomed surfaces at both locations, making for some excellent skiing.

We opted for Carpenter Road on our first full day of our stay and had a great time. Thanks goes to



Emory Ehrenfeld for his trail-breaking efforts. Yeah, a few of us helped out with that duty but Emory was "The Man!" The woods were absolutely beautiful and, though there'd been some wind, there was still lots of snow hanging in the trees. As usual, for this year, it was pretty chilly but not so cold as to temper our enthusiasm.

The freshly groomed upper trails of Egypt Road were where we began on Saturday. We first stopped at the warming hut to start a fire. Then we skied the main loop that included the Rim and Glacier trails. Reloading the warming hut stove, we headed back out to ski some of the smaller loops before returning to the now cozy hut for lunch. By this time it had begun to snow, covering the trails







with another inch or so of fresh powder. Some of us opted to ski down Gully II, Creekside and climb back out Gully IV. For once control was easy on the Gullies and no one fell! Following lunch, people returned to the lower part of Egypt Road where a few folks did a one-way ski to the end of the Great Trail. The ski was especially beautiful because of the five or so inches of freshly falling powder that covered the trails.

We'd had take-out pizza on our first night and dinner out at River Valley Inn the second night. The last night it got cold and windy and we were happy to snuggle up at the North Country Manor to enjoy our dinner of chili and salad.

Departure day meant taking time for short skis at Jackson Hill for some folks and Highland Forest for Sandy and me. I'm sure Jackson Hill conditions were great. As for Highland Forest; best ever!

We've always loved skiing the Boonville area. Let's "Keep On Keepin' On!"

\*\*\*\*\*

## Stowe #2 Trip Ponderances

On Sunday, Feb 22nd, we all arrived in plenty of time to partake in the evening meal and to socialize in the lounge by the roaring fire. Throughout the week, we skied various places. We started out with Stowe, Tues with the temperature in the morning of -26 degrees, we waited until 11:00 to ski the Trapp Family ski course. Wed was varied - two skiers went to Craftsbury and the rest of us skied the

Recreational Trail. Charlie and Wanda took on Stowe Mountain with downhill. Thursday six of us skied Bolton Valley, Peggy and Ben snowshoed, Dennis and Beth went back to Stowe, Bette hiked and Pam spent the day in bed battling a cold.

Here are 🎵 some of our favorite things! 🎵🎸

Charlie Cole - Renewing old acquaintances over meals, happy hour and hot tub. Skiing was great on Monday and Tues at Stowe Center and Trapp Family. Wonderful trip and met some new great people.

Wanda Cole - Although I loved the trails the first two days, Charlie and I wanted to try the Stowe downhill slopes on Wednesday...great snow, no lines or crowds.

Mike McMullen - The hot tub on a sunny day after trekking up to the warming hut at Trapp Family Ski Center.

Pam McMullen - The near perfect conditions at Trapp Family Ski Center and wonderful ski down Chris's Run after our climb up to the cabin. Also, the great group dynamics.

Peggy & Ben May - Very cold, but the skiing warmed us up. Great group of people - lots of fun chatting at breakfast and dinner. Just a beautiful area. Nice accommodations. Food was good but repetitive.

Beth Major - Skiing into town on the Recreation trail followed by lunch at the Green Mountain Inn. The trails at Stowe Mountain. Dutch pancakes at The Gray Fox Inn. Happy hour by the fire at The Commodore.

Dennis Major - The variety of ski venues in the area. A lot of restaurants and stores in town to visit. Great snow!

Bette Phillips-Hershey - The "gurgling" sounds of a river on the lower trails of the Trapp Family Lodge Ski trails. Not crowded. Quiet. Natural.

Kim Lausch - Wonderful snow. Skiing the lower trails of the Trapp Family ski trails.

Ken Britton - Skiing at Craftsbury. Great snow.

Jean Geiger - Wonderful group. Great accommodations. Varied ski trails. Loved Trapp Family ski area. Fun trail on Bolton Valley.

\*\*\*\*\*

## Pulaski 2 Trip Report

February 27 – March 2, 2015

Peg Hampton

Six skiers met at the 1880 House at noon on Friday. We started the weekend with the traditional pre-ski bowls of soup. Then, we headed out to Winona Forest at the Center and Wart Road Parking Lot. The trails were beautifully groomed and double tracked. We ducked into the woods on the tame section of Bill's Belly, and then onto Winona Way, made a left on Sally's Ride to Hiscock, left onto Hiscock for an easy glide down to Wart Road. We loved the fresh tracks on the trail system; therefore, the snowmobile tracks on Wart Road were a huge disappointment. Unfortunately, we didn't have enough daylight to backtrack on the trails. Friday skiers: Marsha Feedman, Richard Johnson, Mary-Liz Todaro, Bernie Webber, Tim Musser & Peg Hampton. We returned to the 1880 House for more soup and to meet the eight women from Cazenovia that were sharing the B & B with us. Dave LeRoy and Nancy Kaulh arrived under the cloak of darkness. I called Dave's cell phone from my third floor room to determine when they might arrive only to learn that Dave was in his room on the second floor. Jeff Fournier arrived last. All of the



introductions were made and everyone was tucked in with visions of excellent ski conditions for Saturday.

The 1880 House staff prepared a tasty cooked breakfast for us on Saturday morning before we headed to the Osceola Tug Hill Cross Country Ski Center. (The ski center was featured in the latest edition of Cross Country Skier magazine.) Hugh Quinn, the center's owner, refers to this winter as the "winter of squeaky snow." The center was hosting a youth festival on the south side of the trail system and very few of the trails were tracked; therefore, we opted to start on the freshly groomed north side. Tim was the first skier after the groomer made the morning run, followed by Bernie, Peg, Mary-Liz, Richard and Marsha. As we started up the hill and paused at a level section, we discussed where to place hand warmers – on the back of the hand. My tip turned out to be very valuable. We skied most of the north side trails when we recognized two skiers coming toward us – Dave & Nancy! Even with the slow, squeaky snow, I opted to lead the group's return to the ski center on the gentler downhill while Tim and Bernie opted for the faster adventure. We had lunch in the ski center and decided to ski the south side during the afternoon. Just prior to heading out, we were told that there were several tables with cookies on the Malloy Trail and were invited to help ourselves. We met Jeff on his return from the creek and he told us that the third table had the best cookies. I believe that Marsha, Mary-Liz and Peg consumed more calories than we burned on that loop! The south side was really over skied with the large number of participants at the festival. It was great to see so many folks out but it really made me appreciate the conditions on the north side. The group opted for an early return to the 1880 House. Jeff stopped in route for a ski along the snow mobile trails and some picture taking. It was nice to get some hot soup and showers. We were served a baked ham dinner with bourbon sauce and pineapple plus carrots and scalloped potatoes. It was real cozy to have dinner without having to go out in the cold. The group retired to the living room with gas fireplace for a relaxing evening.

On Sunday morning, we were served another delicious cooked breakfast with the traditional pumpkin pancakes. Then the group headed north on I-81 to the CCC Camp at Mansfield. This was the start point of the Winona tourathon race on Saturday and everything indicated that the trails were groomed and ski conditions excellent. Upon arriving, we saw a group of women and men riding

around the parking lot on “fat” tire bikes. We talked to one woman that allowed us lift her bike to see how heavy it wasn’t. And, she told us that the price of the bikes could be \$1,000 x 2 or x 3 depending on what you want. We did learn that the bikes must be used on packed snow as they don’t perform well in deep powder. As we headed onto the tourathon loop, we did not see any set tracks. I kept hoping that at some point the tracks would appear, but.....After, 7.5 miles and no tracks, I was ready to be done with skiing for the weekend. Some folks liked the packed with no track conditions. Jeff found a dead great horned owl off the side of the trail which he gently turned over so that the rest of us could see it. We did see one sled dog team with fourteen dogs pulling a sled with two passengers and a musher. Upon returning to the CCC Camp, we talked to one of the groomers. He said that the groomer went through after the race to make the trails good for the fat tire bikers who were testing out the trail system in advance of the next weeks fat tire bike race. I did get the name and phone number for the head groomer to call for future conditions. The 1880 House staff served a great lasagna dinner. Some of us retired to the living room while Bernie, Jeff, Mary-Liz and Richard went out to play pool.

On Monday morning, Jeff and Marsha and Rich left early. The rest of us had a cooked breakfast and Linda served made-to-order eggs. Tim took off to meet the Garnet Hill afternoon ski. Dave took his jeep for a new headlamp bulb before he and Nancy left for Garnet Hill. Bernie, Mary-Liz and Peg decided to skip the morning ski. We headed out in heavy snow conditions and stayed on route 11 for about 25 miles before jumping on I-81. The rest of the drive home was uneventful. Everyone on the trip agreed that they liked having the trip that weekend of winter.

\*\*\*\*\*

## Garnet Hill at Big Shanty Trip Report

by David Walborn with Bill Stine

Upon first entering our living quarters—new to the Club this year—trip participants must have shared in the feeling that the trip was already off to a great



start. Welcoming us into Big Shanty, a huge common room redolent of the rustic glory of turn-of-the-century Adirondack Camps portended a delectable indoor experience during our stay at Garnet Hill. Enscorced in a vast expanse of wood including rows of tree-trunk columns and white birch joists overhead, the Brobdingnagian fireplace of garnet-studded stone crowned by a moose head and forming a quadrangle with three over-sized sofas; the expansive oval dining table with sufficient capacity (and fifteen chairs) to seat everyone; and the “activities area” furnished with floor to ceiling bookcases, reading chairs, floor space sufficient for group stretching exercises, and, yes, even a ping pong table in one corner presaged hours of conviviality, nourishment and repose from our outdoor activities.

Accessing the firewood stash in an outdoor shed as directed in a note left by the caretaker, Jeff Grove expertly kept the hearth glowing during our evenings at home, and this fireplace, designed to actually ward off the cold of bitter Adirondack winters, did a much better job of providing warmth than the mostly decorative fireplaces we usually encounter in our travels. The over-sized sofas surrounding the fireplace proved a little too deep for comfort, but piling some of the numerous pillows, especially in the corners, created a comfortable nook for reading (there were actually lamps behind the sofas) or conversing or playing parlor games after dinner.

Three home-cooked dinners were enjoyed by the assemblage: chili, flan and chocolate cake flan prepared in advance by David Walborn and Maria Pieretti accompanied by a salad and cornbread

prepared in situ by Nan Reisinger and Barb Sears among others on the first evening; sweet and sour chicken over rice, a salad and chocolate cake served up by Barb Sears, Ellen Hughes, Bonnie Gardner and Shirley Lentz on the second night; and shepherd's pie, a salad and ice-cream sundaes provided by Bill and Sandy Stine on the fourth and final evening. On the third evening we repaired to the Log Cabin, a short moonlit walk up the hill from Big Shanty where we partook of items as diverse as Beef Wellington Duxelle, Hooper's Mine Roasted Ducking and Woodland Mushroom Capellini midst rustic luxury which mirrored that of our abode. Breakfasts were prepared on a variable schedule in small groups allowing more comfortable access to the kitchen which, although located in a large room, was rather constricted in the preparation area. There was, however, no shortage of cutlery and china even for a group as large as ours.

Throughout our stay the "activities area" was put to good use by Tim Musser who browsed the "period" collection of tomes lining the walls, by Bill Stine who prepared the "Daily Rush" on his laptop (which we all enjoyed on the "big screen" in the Log Cabin family room), and most extensively by the women folk who participated in various stretching and relaxing activities both morning and evening and in spirited games of ping pong.

Ah, yes, and now for the other reason we go on these trips: the skiing.

On arrival day, Monday, March 2, Sandy & Bill Stine and Jeff & Marilyn Grove skied the ungroomed Wilderness Trail and the Overlook Trail as a three-mile, in-and-out ski. The trails had been broken by both snowshoers and skiers and conditions were very good. It was a fast, fun ski. Several later arrivals previewed some of the Garnet Hill trails. Since we were housed right next to the Ski Center, both groups started their skiing at our doorstep.

Tuesday, March 3, the whole group again skied out the door on a trail from Big Shanty to the Garnet Hill Ski Center Ski Shop where we availed ourselves of \$15.00 group rate passes saving the adults among us \$7.00 and the seniors \$3.00 each. We enjoyed downhill runs on Bobcat Run (black) or Blue Jay Way (blue) then together again on Solitude and back uphill on Cougar Run and

Trapper Trail to the ski shop. There some of us opted for an extended lunch while others continued skiing as far as Thirteenth Lake and back. As we had reserved the bus for a 2:00 pickup on School House Road, we set out in the afternoon for an almost exclusively downhill run to the furthest reaches of the trail system. A few of us accepted the early challenge of the aptly named Skullbuster Hill while most settled for the less exciting downhill on Trapper Trail continuing again together on Cougar Run, Coyote Pass and eventually Red Fox Run to the pickup site. We had arrived a bit before the appointed time, but had barely removed our skis when the bus showed up, also ahead of schedule. On the ride back several skiers had to stand as the bus which, fit out with a wheel chair lift in the rear, was a little short on seats. Since the vehicle had recently been put into service with the lift serving as a platform from which the driver loaded our skis to a rack he had just finished building the night before, we were met at the ski shop by a videographer to record our arrival and debarkation. The consensus was that the Garnet Hill trails, although for the most part not tracked, yet with a couple of inches of fresh snow over the grooming, provided great skiing conditions—Skullbuster Hill having been judged unworthy of its sobriquet that day.

On Wednesday, March 4, the majority of the group followed Bill Stine in the exploration of several of the back-country side trails that emanate from the



Wilderness Trail including the trail to Elizabeth Point, the first mile or so of the Puffer Pond Trail,

the first mile or so of the Botheration Pond Trail to the bridge across the East Branch Sacandaga River and, finally, the Overlook Trail and back through the Garnet Hill trail system. Bill reported that, “again, the trails had already been fairly well used and the skiing was great. The trail to Elizabeth Point is generally downhill and should be regarded as intermediate in good ski conditions except for the final eighth of a mile down to the lake shore, which is difficult. New to us, the Botheration Trail was easy and very enjoyable. The Puffer Pond Trail is similar to the Elizabeth Pond Trail in difficulty except for a climb at the end of the first mile, which is a bit challenging.”

That same day Jeff and Marilyn Grove in David Walborn’s car took the long-way/wrong-way (an additional 20-some miles) on the circular NY 28 route to Newcomb for the 10 mile round-trip ski to Camp Santanoni. The gently sloping carriage road, actually a “private drive” to a beautifully restored Great Adirondack Camp overlooking Newcomb Lake, provides a unique skiing opportunity which David especially appreciates. The lack of “challenges” along the route permits one to concentrate on skills such as obtaining more glide while skiing uphill and increasing speed downhill by extended double-poling on the long, gentle slopes. Also, the road runs through beautiful woods along its entire length with a spectacular destination at its end. Our small group found the trail untouched after a recent snowfall with a single skier track barely discernible under the new snow. Jeff broke trail following the “ghost track” most of the way in. On our final approach we found ourselves skiing through a series of drifts blown up from the lake, but, as the wind was not a factor and the temperature quite mild, we did not experience the usually “chilly reception” of Santanoni. As a matter of fact, finding the side door unlocked and the front door wide open, we enjoyed our lunch in the main building of the Camp in great comfort. We ate sitting on the wall benches surrounding the lake side of a huge stone double fireplace in the center of the room while admiring the rustic interior of the log structure featuring decorative touches such as white birch bark “wallpaper” and Japanese woven-grass wall coverings. On the way back, as we were no longer stopping for pictures nor scraping snow off the informational signboards along the already-tracked route, we nearly halved our time coming in.

On Thursday, March 5, Tim Musser skied the back-country loop formed by the William Blake Pond Trail, the Botheration Pond Trail and the Wilderness Trail in the clockwise direction. Tim reported that it was a lovely, relatively easy ski that he highly recommends for a group during future trips to Garnet Hill. Others skied the Garnet Hill trails a second time with mixed reviews of the pre-weekend grooming which might have occurred a little too early in the day allowing the wet granular snow turned over by the groomer to refreeze.

Also on Thursday, a group of ten drove again to Newcomb for the ski to Camp Santanoni. Wayne Kirchgasser—holding his speed in check—led most of the way. Dave LeRoy and Nancy Kauh, accompanied by Pete Oswald, completed the ski in, notwithstanding Dave’s prognostication that they would probably ski only partway before turning around. They arrived at the Camp as the rest of the group was departing after a hasty lunch foreshortened by the lower temperatures that day, which rendered even the refuge of the main building uncomfortably cold. As the three “more thorough” skiers arrived back at the trailhead rather late in the afternoon, they encountered a local who was embarking on his routine 45-minute ski in to Santanoni. (Sigh) On the return trip, the women in Ellen Hughes’ car decided to widen their horizons by taking the long arc of the Rt 28 circle from Newcomb back to Garnet Hill, but flew off the circle all the way to Inlet before turning around—yet still making it back to Big Shanty just in time for dinner.

(An orienteering note: There is actually a 28 N and, sometimes, a 28 S—not different directions on the same route, but different sections of the same route. And Rt 28 forms a complete circle in the center of the Adirondack Park with a southwestern extension through Inlet towards Rt 12 and a southeastern extension through North Creek towards US 87. So the route signs on NY28—without a deliberate change in direction—successively read 28N, 28W, 28S and 28E.)

Now that a large group of Kick ’n Gliders are better oriented as to the geographical location of Garnet Hill, now that we have experienced in Big Shanty the charms of a new-favorite ski house and now that we have more extensively explored and approved the network of trails available for skiing at Garnet

Hill, it has been resolved by common accord of the 2015 Garnet Hill participants that the Hill and the Shanty should become a permanent addition to our calendar of trips.

\*\*\*\*\*

## Inlet/Rocky Point, NY

March 5-10, 2015  
Fred Burgess

### Old Man Winter bestowed one last gift to the Kick 'n Gliders

It had been a season to remember, with each trip featuring fine snow and excellent skiing for club members. But now it was March, meaning 18 skiers needed to steel themselves for soggy, spring conditions on the final trip on the 2014-15 calendar.

Instead, the winter weather stuck around in the Inlet, N.Y., area, and club members were greeted by anywhere from 1 to 2 ½ inches of fluffy snow each morning. Temperatures did not rise above freezing till mid-day on the last full day of the trip to the Rocky Point condos on Fourth Lake.

Several skiers arrived early enough to ski Friday, with Sandy Stine and Fred Burgess going to Fern Park and Joan Short and Marilyn Chastek negotiating the Great Trail off Egypt Road. Nan Reisinger and Pete Oswald, who had been on the club's Garnet Hill trip, lingered there for some Friday skiing.

Most of the trip participants converged on the Old Mill restaurant in Old Forge for a Friday evening dinner, where tall tales about past trips were included in the menu. Bill Pickering's account of spotting five full moons along Big Otter Lake Truck Trail was particularly memorable, though the sighting will not be detailed here. See Bill for the down and dirty.

Saturday's ski was on that very trail, an in-and-out excursion that afforded members the chance to go as far as they wished. Overnight snow showers



added about an inch of powder to the 18-plus inches already on the ground.

Thanks to a missing sign, Nan, Sandy and Fred, who were in the lead, skied past the pre-set rendezvous point. Once they realized that, they agreed to ski till noon in hopes of actually reaching Big Otter Lake but ended up turning around a little more than a mile short of the goal after hitting the 12 o'clock deadline.

Meanwhile, Bill and Kay Pickering along with Joan and Marilyn stuck with the periphery of the Inlet Golf Club's course and declared that the skiing was delightful.

As they would every evening, the Pickerings provided hors d'oeuvres and hospitality in their condo.

Bill Stine and self-styled sous chef Sandy Stine prepared Saturday's dinner of Mediterranean-style cod, mint-and bacon-infused peas and mashed sweet potatoes. Dave and Cheryl Powell provided the dessert of shortcake and strawberries.

After adjusting to the launch of daylight saving Sunday, the crew ascended to the Sagamore Great Camp about a dozen miles northeast of Inlet. Snow



flurries intensified into a mini blizzard that lent an enchanted air to the journey, especially when the trail took the skiers through the evergreens.

Brandt Groh was the hit of the day on the trail with his rendition of "The Happy Wanderer" ("Der fröhliche Wanderer" or "Mein Vater war ein Wandersmann") in German.

The group then split for lunch, with some repairing to the Red Dog tavern and others going to the tour



boat, the W.W. Durant, situated in a patch of open water along the shore of Raquette Lake. It was the first year the group knew of the tour-boat option. Snowmobile races were under way on the lake and

plenty of snowmobilers were using the Durant for a food-and-drink break.

Brandt and Julie Groh, the Stines and Fred tested the new snow at Fern Park after lunch. Wayne Kirchgasser, who had been delayed by a funeral, arrived in time for Saturday's dinner after having skied a few hours at Egypt Road.

That evening's fare included chili with chicken and sausage prepared by Julie, along with her corn bread and Nan's salad. Pam McMullen offered dessert consisting of peanut butter-iced brownies



and vanilla ice cream drizzled with dark chocolate balsamic vinegar and blood orange-infused olive oil. During the meal 2 deer ambled by the condo, looking in expectantly. The skiers resisted the temptation of inviting them in to share supper, though it appeared the whitetails would have obliged. Dinner was followed by Bill Stine's video of skiing antics and then Nan's slide show of her Appalachian Trail through-hike.

Bill Pickering announced that Mike and Pam McMullen had agreed to take over the leadership role for next year's Rocky Point trip.

Twelve skiers remained Monday for another day of skiing – or, in the case of the Pickerings, snowshoeing at Windfall north of Inlet followed by skiing at Fern Park. Big flakes of snow helped get the crew in the proper mood first thing in the morning. Moss Lake and Bub Lake were the destination for the Powells, Nancy Kauh, Dave

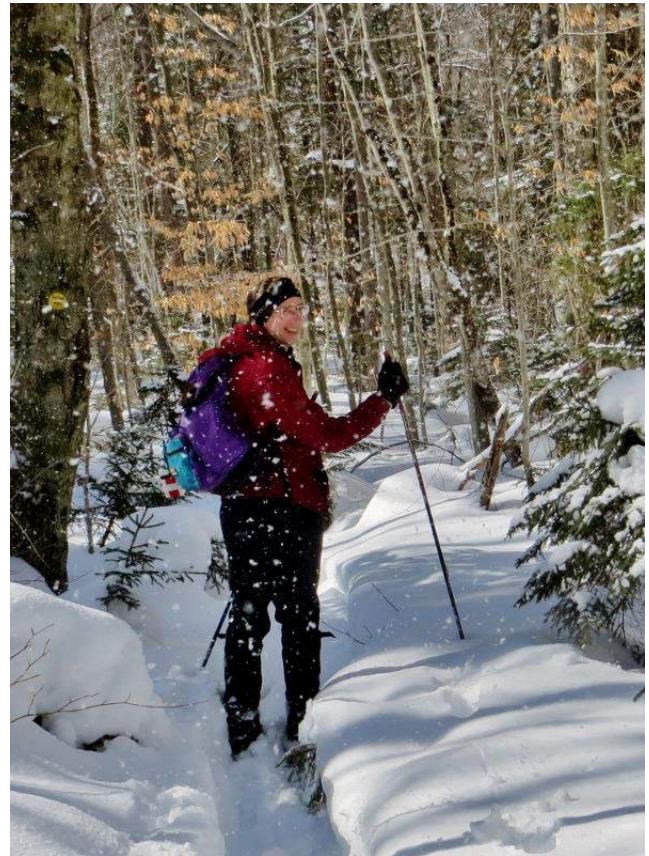
LeRoy, Joan and Marilyn. Marilyn, Nancy and Dave LeRoy skied at the Inlet Golf Course that afternoon while the Powells skied a portion of Black Bear Trail near the condos. The Stines, Wayne and Fred tackled the Uncas Road and Black



Bear Trail after a false start behind Seventh Lake, where the snow was nearly knee deep and the trail was unbroken. To top it off, the owner of a home near what the skiers thought was the trailhead came outside to announce that the parked car was on private property – owned by him. The foursome then relocated to a campground farther east and used a dual-use ski/snowmobile trail to access Bug Lake and other attractions. A short stretch of the Black Bear Trail nearly convinced them to turn back, as it was characterized by deep snow, fallen trees and a particularly steep ascent, but the skiers persevered. They were rewarded by spectacularly sunny skies beyond the evergreens.

Dinner that evening consisted of honey lime-marinated chicken, winter vegetables with mustard sauce and fruit salad, courtesy of Nancy. Dessert included two kinds of ice cream with chocolate sauce and peanuts, along with chocolate-covered cranberries and chocolate mints.

Marilyn got a roaring blaze going in the fireplace – a success said to be rare on Rocky Point trips. It turns out she learned how to perform such magic in a college-level course decades ago. After Bill



Stine’s “daily rush” slide show, Dave LeRoy led a discussion of Adirondack history interesting enough to keep Joan up past 9 p.m. Meanwhile, Sandy, Cheryl and Dave Powell locked horns over a Scrabble board, with Dave emerging as the winner.

No one but Fred wanted to stop on the way home to ski Tuesday morning, so it was up to him to visit BREIA’s Egypt Road trail system. There he made his way to the bell hill so he could ring out the Kick ‘n Gliders’ glorious 2015 season.

\*\*\*\*\*



\*\*\*\*\*



# Kick 'n Gliders Nordic Ski Club

www.kickngliders.org

## 2015-2016 Membership Application & Release

<p><b>Print</b> form &amp; fill in by hand</p> <p><b>Important:</b> Be sure to sign release on second page</p>	<p><b>Dues Year:</b> May 1 to April 30  <b>Dues:</b> \$20 Individual          \$30 Family</p> <p><b>Make Checks Payable to:</b>          KICK 'N GLIDERS</p>	<p><b>Mail Application and check to:</b></p> <p>Kick 'n Gliders          P.O. Box 1353          Mechanicsburg, PA 17055</p>
--	--	---

Check the box on the right for any information to **not** be published in the club's roster, *People to Ski With*

Name(s)	
(Other family members)	
Address	
City	
State	
ZIP	
Phone (primary) ( )	
Phone (cell) ( )	
<p><b>Note:</b> Please indicate your cell phone number because it may be necessary for the trip leader to contact you when you are traveling to/from a Kick 'n Gliders' trip.</p>	
E-Mail:	
Please print clearly	

**Please print clearly!**

Check here  if you are willing to forgo the paper copy and receive the *Easy Glider* electronically.

We MUST have a valid email address for you to receive the *Easy Glider* electronically.

**Be sure to sign and date the release on the next page.**

# RELEASE

(Excerpted from the Bylaws of the Kick 'N Gliders Nordic Ski Club)

## Article XI. General Rules of the Club

Article XI, Section 1. No member or members of this Club shall obligate or commit the Club to any major endeavor, unusual activity or extraordinary action, unless Executive Committee approval shall have previously been obtained.

Article XI, Section 1A. Every member agrees to abide by the Kick 'N Gliders' Constitution and Bylaws and the Club Rules of Conduct, recognizing the social nature of the group and the authority and discretion granted to the Executive Committee herein.

Article XI, Section 2. Members desire to participate in the various activities of the Club. Each must recognize that all activities are strenuous and involve substantial risks of accident, injury and even death. Such activities, although engaged in as a group, are essentially individual activities/sports for which each individual must be physically and mentally prepared and capable, and in which each individual is essentially responsible for his own safety. The Club is simply an unincorporated association of interested persons which offers a central meeting point for those desiring to engage in the various activities; the Club does not sponsor or operate the activities for its benefit or profit; the leaders, the providers of motor vehicles, and drivers are all volunteers who lead or drive as an accommodation and not for their benefit or profit; the Club, its officers, the trip leaders, the activity leaders, vehicle owners, and vehicle drivers may not have (and in reliance hereon may not purchase) any insurance covering the individual or benefiting him in the event of accident, injury or death. Finally, each individual must recognize that many Club activities are conducted in wilderness or backcountry areas where appropriate medical care may be either totally unavailable, or hours and miles away and therefore inadequate in the event of emergency, but trip leaders and activity participants do not necessarily have any specific rescue, first aid, medical, or leadership skills or training. Each individual must understand that any and all trip leaders, activity leaders, and fellow participants are entitled to, and will rely on, the individual's ability to participate with the others.

I hereby recognize the Kick 'N Gliders as a nonprofit, unincorporated association of persons who have voluntarily organized themselves to participate in and enjoy various activities. I hereby certify that I have read the above section of the Club's Bylaws and understand the responsibilities of being a Club member and release, discharge and waive the Kick 'N Gliders and each and every one of its members from any and all liability for any loss, damage or injury I may suffer or sustain as a result of any of the activities of the Kick 'N Gliders by signing my name below.

I agree to abide by the Kick 'N Gliders Constitution and Bylaws and the Club Rules of Conduct.

I recognize the authority of the Executive Committee to revoke membership for violation of the Kick 'N Gliders' Constitution and Bylaws or the Club Rules of Conduct.

I recognize the authority of each trip leader to determine the composition of the roster for his trip.

SIGNATURE(S) OF MEMBER(S)

DATE \_\_\_\_\_

DATE \_\_\_\_\_

If member(s) are under 18 years of age, a parent or guardian must also sign:

DATE \_\_\_\_\_

Signature and Relationship

# Chili recipe from Inlet trip

Submitted by Julie Groh

¼ C chili powder  
4 tsp cumin  
1 ½ tsp salt  
¼ C oil  
1 lb spicy sausage  
4 chicken breasts  
2 large white onions, chopped  
3 cloves garlic, minced  
6 large tomatillos (green tomatoes)  
2 green peppers, diced  
2 small red peppers, diced  
4 cans (16 oz ) diced tomatoes- different flavors  
1 C chicken broth  
1 C beef broth  
Small can tomato paste  
1 can pinto beans  
2 cans Goya black beans  
1 can navy beans

Mix chili powder, cumin and salt. Set aside. Cook chicken and sausage. Heat oil. Add onion and garlic in oil. Add ½ seasoning to mixture. Cook on medium heat until onion is soft (about 5 minutes). Skin tomatillos and add. Add peppers, tomatoes (and liquid), tomato paste and heat to boil. Reduce heat. Add chicken, sausage and beans. Add rest of spice. Add dash of red wine. Cook for a couple of hours.

\*\*\*\*\*





KICK 'N GLIDERS  
P.O. Box 1353  
Mechanicsburg PA 17055

ADDRESS SERVICE REQUESTED

## In this Issue of Easy Glider:

**Event Calendar**-7:00 pm, Tuesday, Apr 7, 2015 Elections and Trip planning

**Note from the president**

**Slate of candidates for 2015/2016 Pulaski 1 Trip Report**

**Laurentians Shines Through Big Chill**

**North Conway, NH Trip Report**

**Some Like It Cold, or the KnG Lake Placid trip**

**Boonville Trip Report**

**Stowe #2 Trip Ponderances**

**Pulaski 2 Trip Report**

**Garnet Hill at Big Shanty Trip Report**

**Inlet/Rocky Point, NY**

**2015-2016 Membership Application & Release**

**Chili recipe from Inlet trip**