



The Easy Glider

Kick 'n Gliders Nordic Ski Club

Editor: Peter Oswald (editor@kicknsliders.org)

Issue: February 2016

Meetings are held upstairs at [Center Street Grille](#), 4 Center St, Enola PA, 717-732-6900.

The Center Street Grille is on the east side of Center Street just south of Wertzville Rd (PA-944).

Directions to Center Street Grill at end of newsletter

Note from the president

So far this winter, reports I hear are that there has been somewhat marginal skiing at many of the venues K 'n G has visited. We seem to make the best of it. This club is made up of a great group of people who roll with the punches and have a good time anyway. As president, I find it quite easy to preside over meetings and events with such a congenial group.

Our Executive Committee is made up of dedicated, conscientious members who keep the club operating without a hitch. Our many trip leaders provide excellent opportunities to ski at many ski venues. So many others provide interesting programs and events. Good examples are Nan Reisinger, who gave an excellent presentation about her thru hike of the Appalachian Trail to the 62 members present at our January meeting. On the Craftsbury trip, Roberta Strickler conducted Yoga sessions to the trip participants and Bill Stine who,

as usual, did a fine job of presenting videos of each day's activities.

On a personal note, I would like to recognize member Ben McDivitt, a physical therapist by trade, who, after learning that I had knee replacement surgery three months ago spent an hour with me in the Craftsbury workout room then out on skis checking me out and giving me confidence to get out and ski again. Ben also led a stretching session for the group. It is members helping members that make this such a great club. It's easy presiding over such a well-oiled machine.

Dave Powell

Event Calendar

Note: NO Ski Club Program Meeting for Tuesday, March 1. The meeting has been changed to March 16. Dinner Social at Thai Palace, originally scheduled for March 16, is canceled.

Special Program Meeting:

Mar 16, 2016 Wednesday 7:00 pm

"Skies Unlimited - Lancaster's Largest Telescopes" by Ed Cook

Note: Special location for this meeting at Joseph R. Grundy Observatory, Clayton St, Lancaster.

Some lucky member of the group, or maybe several, will get the chance to apply the power of a superhero in rolling back the entire roof of the

building the night we meet at the Grundy Observatory in Lancaster to watch the stars and planets.

If skies are clear we'll see the famous Ring Nebula, the amazingly beautiful Orion Nebula, the weather bands of Jupiter, and even the great Galilean Moons! Will you be able to stave off vertigo when you look at the Double Double and realize what wild spinning motion is going on in that crazy group of stars? If skies are clear and we don't see a satellite or two you will get your money back - guaranteed!

Even if the skies are cloudy we will still be able to examine the workings of Franklin and Marshall's two great telescopes, undoubtedly the largest telescopes around. What we'll see is no media show, but, instead, the real thing!

P.S. What money?

Directions to the Observatory:

From the intersection of PA-283 and US-30 near Lancaster
Follow US-30 west
Take the 1st exit, Harrisburg Pike (Park City)
Turn LEFT onto Harrisburg Pike overpass
Turn RIGHT onto President Avenue
Turn RIGHT onto Valley Road (fourth intersection)
Turn RIGHT onto Wilson Dr (third intersection)
Continue to the end of the street where you will come to a chain link fence
Go through the open gate and follow the driveway to the parking area
The unassuming brick observatory is to your left

Apr 5, 2016 Tuesday 7:00 pm

Last general meeting of the year. Election of new officers and trip planning for the 2017 season.

April 20, 2016 Wednesday 7:00 pm

Dinner Social:
Blue Bird Inn
2387 Cornwall Rd
Lebanon, PA 17042
717-273-3000

Snowshoe Thompson - Legendary Backwoods Skier

By David LeRoy

A pacesetter in the field of Cross Country Skiing – both in the construction and in the use of skis to traverse snow-covered terrain - was Snowshoe Thompson. A native of Norway, he constructed the cross country skis that he used to carry the mail 80 miles over the crest of the Sierra Nevada's in the dead of winter. In the 1850's he became famous for making the arduous trip, travelling over and back (160 miles) regardless of conditions, in about 5 or 6 days. A biography written by Frank Tortorich, *John A. "Snowshoe" Thompson – Pioneer Mail Carrier of the Sierras*, was recently released and is the source of the information presented here.

John A. Thompson was born in Norway where his Norwegian name was Jon Anon Torteinsson Rue. Children there from a young age wore skis instead of boots when outdoors in winter and were as comfortable using them as when walking in shoes in the summertime. In those days, the term snowshoe, as applied to Thompson, referred to wooden skis. Times were tough in Norway and his family ended up in America and he travelled to California.

There, Thompson was awarded a contract to carry the mail from Placerville, California to Genoa in the Utah Territory (today's Nevada). He was about six feet tall and weighed about 160 pounds and was described as very athletic. The skis he built to make the trip and the several he built subsequently were reportedly between six and twelve feet in length and about 4 inches wide. One set was reported to weigh 25 pounds. A single strap connected each boot to the ski. He carried a single ski pole, normally held horizontally like a tight rope walker, but he leaned it into the snow to steer and brake.

When carrying the mail, Snowshoe travelled light carrying little more than his mail pouch. He gave up carrying a revolver and, except for the time he encountered a pack of wolves, found little need for one. He carried some jerky and biscuits for sustenance. Instead of carrying water, he grabbed a handful of snow which melted in his mouth. It is

likely that he spent most of his waking hours on his skis.

Snowshoe dressed quite light as his body was used to tolerating the cold. As he travelled over the mountains, he was able to stop to rest at abandoned cabins, but sometimes slept under an overhanging rock, one of which is called Cottage Rock. But he also spent some nights outdoors. On those occasions, he looked for a stump or dead tree on which he built a fire. He slept with his feet to the fire. If his fire was on a dead tree, he chose one that had a definite lean, so that if the fire-weakened tree fell over, he knew which way it would go. A fire on a stump or dead tree eliminates the usual problem of fires built on snow, which tend to melt their way down through it. In his case, the snow was often six feet or more in depth. He often travelled at night using the stars for navigation. He claimed to never have been lost.

Like skiers today, Snowshoe sometimes encountered the problem of snow sticking to the bottom of his skis. He was unaware of what was called “dope” which other skiers had discovered, a special concoction that, like today’s glide wax, helped to keep the snow from sticking. His solution was to wait it out, usually waiting till nightfall when the temperature was colder and the snow no longer adhered to his skis. At such times, if he was cold he found a flat rock and danced a Norwegian jig to keep warm.

The occasion which made Thompson famous occurred when he came upon a cabin where a man had been stranded with his legs frozen. Thompson went for help and brought back four helpers who learned to travel on hastily constructed skis. They built a sled and dragged the injured man to safety. Unfortunately, the chloroform which the doctor needed to use for amputations was only available on the other side of the Sierras. Snowshoe travelled over and back to obtain it and arrived in time for the operation to be successfully carried out.

A plaque and statue honoring Snowshoe Thompson is located in Genoa, Nevada and was dedicated in 2001. Snowshoe Thompson is considered a hero, not only in the USA, but even more so back in Norway. He is one of my personal heroes.

Craftsbury Trip Report

This year, our season opener was attended by 40 Kick ‘n Gliders including six who stayed in the cabins down by the lake. We would have had six more, but the rescheduling of Dennis Major’s hernia operation and the death of Tanya Richter’s mother reduced our numbers by six.

The snow was OK, but not sufficient for all of the trails to be open. But the trails over at Highland Lodge, which are now maintained by the folks from Craftsbury Outdoor Center, were available. The trail into Craftsbury Village was closed because of an issue with one of the landowners on the route. Craftsbury has agreements with over 70 landowners in order to provide the trail system at Craftsbury. So it is surprising that more problems have not arisen over the years.

We enjoyed the skiing, of course, and the daily get-together before dinner. The breakfast and lunch meals, by the way, no longer have two seatings but rather a window during which you can arrive at



your convenience. This seemed to work well. There were only three folks present from the South Jersey Club whose trip always overlaps ours. A highlight was Eva Borosky Das, a new member of our group, made a fantastic presentation of her recent hiking trip to Nepal featuring great images. Some of us watched it twice!

Craftsbury is always working to upgrade their facilities. A surprise this year was the appearance

of several cabins being constructed near Cedar Lodge. They will accommodate two or more individuals and be quite comfortable. (The blueprints show insulation 14 inches thick!)

An added feature this year was a demonstration by Brian Gluck on construction of rustic trellis's and arbors using white cedar. This is something he has done for us in previous years and he does a great job.

The traditional New Year's Eve celebration went off without a hitch. The bonfire was arranged by Russ, as usual, and it was good to see him again.

We have already made arrangements for next year's trip, so start planning to be a part of it!

Pulaski 1 Trip Report

Date: January 15-18, 2016

The "Lake Effect Machine" worked once again for our trip and delivered ten inches of new snow the day before our arrival. An energetic group of Gliders arrived at the 1880 House at noon on Friday. The soup pots were hot and the bread was fresh baked making us consider staying in the



dining room instead of going to the ski trail. Eventually, we all got dressed and went to the Winona Forest Center & Wart Road parking lot. The lot was filled with trucks with snow mobile trailers as this was the first significant snow fall of

the season. We squeezed into the last three open parking spaces and headed to the ski trail. There were some places where the groomers packed the snow into wet spots. We ran into Nancy Kodish, one of our members from Schwenksville, PA. We skied through damp spots and around the puddles and then it was time to outrun sunset. We returned to the 1880 House for another round of soup and to await the arrival of the rest of the group.

On Saturday morning, the 1880 House staff served a delicious hot breakfast. We opted to ski at Osceola since it offered the best conditions and some of the Gliders were anxious to purchase new ski equipment. (Both Andrea and Lisa purchased backcountry skis, boots, & poles.) Conditions were very good and the big down hills were manageable. We broke into groups and skied the north side trails first as there was an event being held on the south side during the morning. After a great day of skiing, we returned to the 1880 House for soup to hold us over until the delicious baked ham dinner. Dinner is always lively with the Gliders and the cheer continued over to the post-dinner gathering around the fireplace in the family room. Bill Stine entertained us with a video of the Stine's Alaska trip.

The weather was questionable on Sunday morning. After a hearty breakfast, we went to the CCC Camp



at Winona Forest to ski the tourathon race loop. The snow on the trails had frozen up overnight leaving less than perfect ski conditions. I really gave it my best shot for the first two miles, but just wasn't having a good time. So, David and I decided to abandon the plan and go to Osceola. Dave LeRoy and Nancy opted to join us. Bill Stine took over my leadership role and took the group the rest of the

way. I understand that conditions never really improved, but the group persevered. All returned to the 1880 House for the excellent lasagna dinner. Barb & Ellen even opted for seconds on lasagna instead of dessert!

We had another excellent hot breakfast on Monday morning and then it was time to make some decisions. The forecast was for blizzard like conditions and eight plus inches of snow accumulation for our drive home. We had made arrangements to stay another night at the 1880 House if the weather was too bad. Fred and David were going to Cazenovia as were Dave & Nancy and needed to decide to leave or stay. The Stines were going to Boonville and made arrangements to stay in place for two nights. Lisa went to Chateaugay, but the parking lot was blocked by the windrow of snow from the snow plows. She went to Osceola and discovered that route 81 was a mess with cars everywhere - she returned to the 1880 House for the night. The rest of us made a speedy departure and made it south of Syracuse before conditions got too treacherous.

The Kallet Theater was showing the movie, "The Martian" and some of the group went across the street to see the movie. The theater is just across the street from the 1880 House and an easy walk.

Gliders on trip: Bill & Sandy Stine, Bill & Kay Pickering, David LeRoy & Nancy Kauh, Andrea Hospodar, Mike & Pam McMullen, David Walborn, Fred Burgess, Barb Sears, Ellen Hughes, Bonnie Gardner, Lisa Baer, and trip leader. Peg Hampton

Cazenovia trip report

Bill Hoffman

A record high 14 KnG'ers, including several new members, gathered at the Brae Loch Inn in Cazenovia for this year's Highland Forest trip, the first time it was not held on a weekend (Jan. 19 and 20).

Although about 6 inches of snow fell in Caz on the first night (Monday), Highland Forest, Tuesday's intended destination, did not fare as well, and had

barely any coverage to start with. So instead, we went to Beaver Lake Nature Center near Baldwinsville, about 15 miles NW of Syracuse. It



received considerable lake effect snow over the preceding days and had a good base. While the skiing there is not demanding, there is enough to fill a day (but not more). Several of our group had just come from Pulaski I and didn't feel like driving to Osceola again. Given that it snowed all through the day and some areas were experiencing whiteouts, I, too, was not anxious to negotiate 50 miles of snow-covered and hilly roads each way.

On Wednesday we skied at Green Lakes State Park, which we have visited a few times. There was enough snow there for a good morning of skiing. We skied in different groups on different trails. It's not my favorite venue but on this occasion I found the skiing better than on any previous visit. Perhaps this was because we parked at the park office instead of at the winter parking area by Green Lake, which gave us access to trails I had not skied before.



Participants included Dave Leroy and Nancy Kauh, David Walborn, Fred Burgess, Cheryl

Capitani, Nan Reisinger and Pete Oswald, Kim Lausch, Wayne Kirchgasser, and our new members Bridget Zolman and Jim Carlson, and Tom and Jen Wright, plus the leader—a very congenial group.

Boonville Delivers!

by Bill Stine

Early season snowfall in northeast ski country was paltry and we were trying to keep our expectations low. Well, it might not have been the best year ever but it was pretty darn good!

After our mid-day arrival at the North Country Manor in Boonville on Wednesday, several of us took to the BREIA trails at Jackson Hill. Conditions were pretty good. Trails were groomed and trackset and even though the snow wasn't deep, the skiing was good. Yeah, there was some blow-off in the open areas but in the woods conditions were fine! That evening, after everyone arrived and filled themselves with pizza we made plans to ski the Carpenter Road Trails the following day.

It was a wonderful day at Carpenter Road! There



were a few inches of fresh snow covering week-old tracks on the trails. Snow was hanging on conifers and tree branches and was beautiful. Although we skied in multiple groups, most of us skied nearly all the trails. What a marvelous day on skis in the



woods!

For dinner that evening we went to the Pioneer Café, owned and operated by long-time friend of our club and former owner of Pioneer Lodge, Diane Gaylord. We all reveled in the family-style turkey dinner so reminiscent of the meals Diane served at Pioneer Lodge. We returned to our lodgings fully satisfied and with fond memories.

If it's Friday, it must be time to ski at Barnes Corners. This ungroomed complex of trails, known



as the Rodman-Barnes Corners Trails of the Tug Hill State Forest is a long-time favorite. The best of the trails parallel Inman Gulf (gulf is the Tug Hill term meaning canyon), affording skiers spectacular views across the Gulf and onto the meandering river, below. Conditions were very good and all

who skied there that day had a great time. That evening we repaired to the Boonville Hotel for an enjoyable evening and a competent meal.

We played “skier’s choice” on Saturday. Some chose to ski at the BREIA Egypt Road trails. Although snow coverage was good, the trails were hard frozen and skiing was difficult. Others chose to return to the BREIA Jackson Hill trails where conditions were still pretty good. Some of those folks skied down off the hill and continued to the end of the BREIA Canal Trail and had an excellent time. Our own, homemade chili and tossed salad completed our dinner selections for the trip.

As always, Craig Trainor did a great job hosting our stay and providing a wonderful cooked breakfast each morning. Also, he converted his former gift shop room to a bar and opened it to face the living room, expanding our social space. We’ll be back, for sure, to “Tug Hill East” and the North Country Manor!

Stowe, VT

Lin Pomeroy

The Stowe ski trip started as a record breaking 30 inches of snow fell in central PA. Some of us were



coming from Boonville wondering about our houses back home. Others were delayed a day as they could not get out and onto any roads headed north. Once in Stowe we forgot about all the white

puffy snow back home and instead found conditions there just the opposite of last year. Rather than the dry cold snow we had last year, this year we had temperatures warming each day giving us wet and icier snow, with over half the days topping the freezing mark in the afternoon.

We started out the first day at Stowe Mountain X-C ski center where there are many excellent groomed trails. Each continuing day we gathered to talk about where people wanted to ski. Many went back to the Stowe Mountain Center another day. Others tried their skills on the back country trails of Sterling Woods, which I understand was fantastic and exciting. Through the week people skied at Trapp Family trails and also at Craftsbury. There also were members that skate-skied and those that took advantage of the downhill facilities around the area.

The last day the majority of the group went to Craftsbury where they were putting snow back on the trails to cover the ice. It was great skiing. Also,



he last day a couple went snowshoeing back to Sterling Woods with great challenges to climb up to the overview of the gorge, however all worth the view!

The Commodores Inn served us well. We ate out at local restaurants for two dinners and everyone enjoyed that change. Our other meals were



provided at the Commodores Inn which also was great food. Bill Stine provided great entertaining picture shows each evening.

A special speaker that Sandy Stine coordinated was Trina Hosmer. What a wonderful inspiration! She is a cross country skier, first in the world in her age group, 70. She has been skiing since the 60's and travels around the world to racing events and



training locations. She was headed to Finland within the week. She indicated how the competition has changed with world relationships and the better communication with Russia. She has a few sponsors, however when skiing Masters there are fewer opportunities for sponsors. She waxes her

own skis from “tip to tail for competitions”. Her comment about our group was “They are just the folks we want involved with skiing, so enthusiastic and dedicated.” Thank you Sandy for the idea and coordinating this wonderful evening.

Between skiing, many of the group visited the Cabot cheese factory, the apple cider mill, the Ski Museum, the ice carvings at Stowe Mountain Resort, the Ben & Jerrys Ice Cream factory and maple syrup venues. There is always so much to do at Stowe -- it is always a great week.

I look forward to next year at Stowe. Hope to see you there!

Bennington trip report

January 31 – February 2, 2016

With the lack of snow and with Prospect Mountain Nordic Ski Center being closed, the trip participants wished to bail out of the trip. Since we were staying in a hotel and had no non-refundable costs, it was easy to cancel.

Cheryl Capitani & Tom Hooper drove to Bennington from Stowe anyway on Friday the 29th. Dave Powell drove up from Pennsylvania and met them there. We discovered a great place for dinner in North Bennington called Kevin's offering delicious food and wonderful atmosphere with attentive, pleasant waitresses. Our dinner was delightful.

On Saturday we scouted out a new place to ski back across the border in New York. The hotel staff recommended we try Pineridge Cross-Country Ski Area. The web site showed them as being open, so we went. Yes, they were open, but the one inch of overnight snow made for very marginal skiing. With good snow this place would be a great place to visit in the future. It is somewhat akin to Crystal Lake with nice trails through the forest. Mostly wooded with some open areas. The trails we were on would be suitable for all levels of skiers. Dave did OK even though he was very careful, being that knee replacement surgery was only 3 ½ months ago.

Later that day after skiing until 2:00 Cheryl & Dave drove over to The Clark Art Institute in Williamstown, Massachusetts. This is a world class art museum featuring paintings and sculptures by Degas, Gauguin, Renoir, Monet, and many others. The museum is situated on 140 acres and offers cross country skiing on their trails, which we did not do.

Maine Huts and Trails Trip

Six hardy Kick 'n Gliders spent three days in the Maine wilderness this year enjoying the Maine Huts and Trails system of huts and trails. Participants were Bonnie Gardner, Shirley Lentz, Barb Sears, Ellen Hughes, Nancy Kauhl and Dave LeRoy. We arrived in Kingfield, Maine from different directions, rendezvousing at the Herbert Grand Hotel. We had dinner across the street at Longfellow's, after which all but Nancy and Dave went for a walk. This sort of set the stage for the trip. Dave and Nancy crashed after each day's trek and the four others ("the girls") went back out to get some more miles.

If you are not familiar with the hut system, we should explain that the huts are really beautiful lodges at which we were served two meals a day with fixings for a third meal (lunch) provided for us. The food was delicious and beer and wine were available. The huts are environmentally friendly which means the bunk rooms are kept at 55-60 degrees and the toilets are of the composting variety. The trails were groomed and our gear was transported by snowmobile.

The girls are an interesting group – different personalities, different sizes, and different hair colors. What they have in common is that they are very compatible, love the outdoors, and are in really great shape. All four are genetically programmed to not whine, so they handle life's adversities very well. And they laugh easily!

Although the weather man was the prophet of doom for all three days, the skiing conditions were great. We skied the three miles from the trailhead to Poplar Hut, the seven miles over to Stratton Brook Hut and the five miles back to the trailhead on great

snow; of course, the four girls travelled many more miles each day and really got their money's worth. It snowed most of the day we skied into Poplar Hut, and much of it was little pellets. Late in the day it turned to rain and we feared the worst, but the next morning the trail to Stratton Brook was great, especially coming down the hill from Poplar Hut. The conditions at the top of the mountain near Stratton Brook didn't fare quite as well since they had gotten more rain than snow during the storm (a rare phenomenon of warm air over cool air permitting more snow at lower elevations than at higher elevations), but the skiing was still good. The Stratton Brook Hut is especially beautiful and the view from it is spectacular.

The six of us were the only guests present at each of the huts, leading us to believe that the Maine Huts and Trails is the best kept secret in the Northeast. We hope our good experience will help increase awareness and encourage others to make the trip to Maine next year.

Hanna's Hats & Bear Notch Believers! North Conway 2016

By Andrea Hospodar, trip leader

Participants: Pam & Dennis Dunn, Bonnie Telegraphis, Jim & Ginny Magee, Bill & Sandy Stine, Bill Pickering, Tom Hooper, Barbara Brandt, Richard Manix & Leslie, David Walborn, Joe & Barb Allis, Nancy Borremans, Ed Cook, Dave LeRoy & Nancy, Ron Henry, Tim Musser

Fri. 2/5 With an El Nino winter and little snow in N. Conway, this trip leader was a bit worried about what she was going to do with 22 people for a whole week. To make matters worse, an unexpected winter storm coming up the coast delayed travelers and made for nerve wracking driving. But all made it safely and by 7:00 for our traditional evening meal at Flatbread Pizza Co. The food and beverages were excellent and service was friendly and good as usual! We then settled into our four condos at Stonehurst Manor.

Sat 2/6 The winter storm only deposited 1" in N. Conway, on top of a meager 2-4" base which was hard and crusty due to warm temps and rain earlier in the week. We opted for our day one favorite –

Bear Notch. Thanks to the grooming efforts of brothers John, Doug, and Clifton, we found some



pretty decent skiing, although a bit limited in trails. We found a hard pack base with a nice loose, granular “sugary” surface. After a nice ski day Ginny Magee recharged us with a meal of baked ham, potatoes & veges, and her specialty pound cake and brownies. Bill Stine entertained us with the ski pictures of the day. Whew, day one was a success!

Sun 2/7 With no new snow, skiing was again limited. About a dozen of us headed into N. Conway to ski Whittaker Woods. We found some trails had decent coverage, while others were a bit icy. We managed to keep entertained for the AM, then broke for lunch at Horsefeathers, a favorite spot. Some of us called it quits after lunch and skied



back to the condos. Others went out for a few more loops. Another contingent of 6 went to Jackson and skied the scenic Ellis River trail and Boggy Brook trail which had been groomed that day, and reported pretty good skiing there. Dinner was a

Super Bowl themed meal by Pam Dunn: Sloppy Joes, pasta salad, baked beans with brownies & ice cream for desert. Then we enjoyed Super Bowl viewing and camaraderie.

Mon 2/8 Tiring of the limited trails and marginal snow conditions, a group of four headed to Pinkham Notch to try out their new “micro spikes” hiking the trails there. A missed turn put them on the trail to Tuckerman Ravine, which ended up being a challenging but enjoyable hike, so much so that they plan to do it again tomorrow taking others with them. Four others headed for some backcountry to try Dolly Copp trail, but found the trail unskiable and ended up heading back for miscellaneous activities. Eight of us went to Jackson and tried several trails there. We found some good skiing, but were disappointed at their lack of grooming. Trails that were not groomed since yesterday were quite unpleasant. Some of us drove up in the afternoon to the upper trailhead of Hall Trail and found it to be the best ski of the day. Snow started around 5:00 – we were hoping for the 3-6” forecast!

Tues 2/9 Well, we barely got an inch of snow overnight and once again we split up into various directions. Four hearty souls left early to do an even longer hike into the base of Tuckerman Ravine: Tim M., Ron H., Bonnie T. and Nancy B. Most made it all the way to the base of the ravine and got some spectacular photos. Bear Notch got 2-3” of snow so about a dozen of us returned there for the best ski of the week. What a difference 2-3” and some good grooming make! Several others went to Jackson and reported good skiing there. Dinner was hosted by Nancy Borremans and housemates and consisted of Southwestern Chicken with rice, salad, and pineapple gooey cake. Yummy!

Wed 2/10 The ladies of our group had an early AM (7:30) shopping frenzy at Lucy Hardware. I had arranged for Hanna, granddaughter of the owner and creator of “Hanna’s Hats” – hand crafted, fleece lined ski caps made of exquisitely colorful fabrics, sparkling with “bling” – to make a special stocking delivery of hats and headbands for our group. Sandy Stine had purchased one a couple years ago and everyone loved it. I think we cleaned out everything she had in the store! A little later most of the group returned to Bear Notch since they have the best conditions in the area. All had another

good ski day. Three of us headed to Bretton for a nice day of downhill. And a few returned to Whittaker Woods trails and enjoyed their day there.



No cooking responsibilities today, as we dined at Wildcat Tavern in Jackson, partaking of their Two for \$26.95 Wed. special. Food was very good and conversation was lively. A few of us stayed for a drink at the bar and to enjoy the live Celtic trio that was performing there.

Thurs 2/11 Our last day and folks are winding down! Bonnie and Pam went across the street for a yoga class and then mellowed out the rest of the day. Ron and Tim explored the Intervale trails north to Ragged Mtn. and beyond. Denny got in one last day of downhill at Cranmore. Most of us returned one last time – that makes four for some – to Bear Notch. These guys really saved the week for us. With the best snow and grooming the area had to offer, it seemed to get better as the week progressed. We really are “Bear Notch Believers”! Our farewell meal was our traditional potpourri of leftovers, supplemented by a delicious pot of chili prepared by Rick Manix. Sadly Rick and Leslie had to leave us early morning to take care of some personal business. But Bill P. deftly coordinated dinner efforts in their absence. Then we wrapped up the week with more of Bill Stine’s videos.

So, although the trip leader suffered a bit of pre-trip angst worrying what to do with 22 people for a week of maybe no snow, we all left feeling satisfied by an enjoyable week of good skiing and other outdoor activities, with all our ladies looking very stylish in their new “Hanna’s Hats! And we had 22 newly converted “Bear Notch Believers”!

Lake Placid trip

Fifteen KnG’ers converged on the Brooks Sunshine Cottage on President’s weekend for our annual Lake Placid trip. This year for the first time the trip was extended to five nights.

The weather was most uncooperative on this trip. On the first two days it was dangerously cold and windy, such that on Saturday, only Bill Stine and Denny Dunn skied, and for less than 2 miles at the Peninsula trails in town. On Sunday, only Ed Cook (who was wait-listed and so stayed elsewhere in town) skied, for a short time at the Olympic ski jump.

Monday was a good skiing day before it rained (yes, rained! after two days of sub-zero temps and wind chills) on Tuesday. On Monday, half the group went to the VIC and the others made a 65-mile drive to Santanoni, which is only open a few weekends during the winter. There is a 9-mile in-and-out ski there. Those who went pronounced it very enjoyable, while conditions at the VIC, while not ideal, were surprisingly good. No bare spots and only one icy patch. The absence of wind made the skiing very comfortable, even if on the cold side. End of skiing report.

To add insult to injury, the snow cover was abnormally thin for this time of year. At Mt. Van Hoevenberg only a few trails were open, so nobody skied there, as they did not reduce their already high fee. I believe Cascade was in a similar situation. The VIC again proved its mettle by having adequate coverage, though not enough to set track. The trails were groomed, and groomed well, however.

Non-ski activities were the order of the day during the trip. A number of people went to the Wild Center in Tupper Lake, a few others went to the Adirondack Museum, 60 miles away in Blue Mtn. Lake, several went ice skating indoors at the Olympic Arena, and a lot of reading and Scrabble playing were done.

Even if we couldn’t ski much, we did eat well. Dinners included tomato basil salmon by the trip leader, shake and bake chicken by Virginia Magee, a wildly popular Mexican cod by the Stines, and

chicken penne parmesan by Barbara Brandt. The last dinner was leftovers engineered by Pam and Dennis Dunn. On two mornings, Tom Hooper made pancakes.

I hope the weather this year was an aberration and will not affect your plans to attend next year. Reminder: this trip ALWAYS fills up fast, so early registration is strongly encouraged once the schedule has been officially released.

Participants: Barbara Brandt, Nancy Borremans, Ed Cook, Dennis and Pam Dunn, Tom Hooper, Nancy Kauh, Dave Leroy, Jim and Virginia Magee, Bill and Sandy Stine, Bonnie Telegraphis, David Walborn, and....

Bill Hoffman, leader

Laurel Highlands Feb 13-15, 2016

It was a winter wonderland when Pete and I arrived in Kooser State Park at 12:30 Sat afternoon with temperatures hovering around 6° - 7° and windy. We found our rustic cabin pretty warm with hot coals still in the fireplace, so getting a roaring fire started was easy. After eating some lunch and throwing a few more logs on the fire, we went out for a ski around the park. All the trails were in good condition and tracked. The rest of the group arrived later in the afternoon in groups having skied at various locations. Lisa, Kathy, Kat and Bill, at Laurel Ridge X-country touring center, Emory, Chris, and Ron after skiing in the North Woods, and last to arrive was Joanne, who had gotten lost on her way out. She did arrive early enough to get in a nice ski on the trails in Kooser SP though. We then enjoyed a nice dinner of hot soup, provided by Chris and chili provided by Kat along with garlic bread and a cake that Emory's wife had baked. Yum! Yum!

Sunday morning started with a breakfast egg bake made by Lisa that really hit the spot. We all went to Laurel Ridge X-country area and found the

conditions excellent. It was not as cold at Saturday, it got up to about 15 degrees with no wind. It was beautiful with the sun shining through the trees, which were covered with hoar frost. Bill, Kat, and Emory left for home after their ski and the rest of us returned to the cabins, and got the fires going again before we enjoyed lasagna and salad brought by me and a chocolate chip cake baked by Kathy.

Monday we packed up and cleaned the cabins before taking another ski around the park. After which I went down to Roaring Run Natural Area to check the trails there and found deep powder and tracked trails. Wish I would have had more time to explore the area but with the freezing rain in the forecast Pete and I thought it wise to head home.



It was a great trip and we had four new members to our club along: Kathy Yinger, Joanne Martin, and Bill and Kat Alden. Hope to see a lot more of them. Thanks Ron for making the arrangements and serving as trip leader.

FREE - Pair of women's size 38 boots, NNN bindings.

Contact Sandy Stine: sandra.h.stine@gmail.com

Meetings are held upstairs at the Center Street Grille, 4 Center St, Enola PA, 717-732-6900.

Directions from 581 and Rt 15 interchange

- Go north on Rt 11/15 about 1.7 miles to N. 21st St stop light
- Turn left on N 21st St and go 0.3 miles to Center St stop light
- Turn left on Center St then continue northward (changes to E. Penn Dr) 2.7 miles to Wertzville Rd stop light
- Turn right onto Wertzville Rd, go 0.1 mile to first right
- Turn right on Center St; Center Street Grille is on the left.

Directions from I-81 and Rt 11/15 interchange:

- Go south on Rt 11/15 about 0.5 mile to Valley Rd stop light
- Turn right on Valley Rd and go 1.8 miles to Salt Rd
- Turn left onto Salt Rd and continue southward (changes to E. Penn Dr) 0.9 miles to Wertzville Rd stoplight
- Turn left onto Wertzville Rd, go 0.1 mile to first right
- Turn right on Center St; Center Street Grille is on the left.





KICK 'N GLIDERS
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In this Issue of Easy Glider:

Note: NO Ski Club Program Meeting for Tuesday, March 1.

Mar 16, 2016 Wed "Skies Unlimited - Lancaster's Largest Telescopes" by Ed Cook

Snowshoe Thompson - Legendary Backwoods Skier

Craftsbury Trip Report

Pulaski 1 Trip Report

Cazenovia trip report

Boonville Delivers!

Stowe, VT

Bennington trip report

Maine Huts and Trails Trip

North Conway 2016

Lake Placid trip

Laurel Highlands

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