



# The Easy Glider

Kick 'n Gliders Nordic Ski Club

Editor: Peter Oswald (editor@kickngliders.org)

Issue: April 2016

Directions to Center Street Grill at end of newsletter

\*\*\*\*\*

## Note from the president

Well, here we are at the end of another ski season. It has been a mixed bag of skiing opportunities. Some found snow and others didn't. But where there wasn't snow, many members got in their cars and drove to where they could ski. Others just hiked. Was it a successful season? I would say yes. Our members are so compatible and non-complaining, we seem to have a good time no matter what the conditions.

This will be my last message as president. My term ends in April as we elect new officers for the coming year. This brings to an end my third year as president. I served as president during the 2006-7 year and again these past two years. I wish to thank the Executive Committee, Mike McMullen, Marilyn Grove, Dave LeRoy, Ron Henry, Sandy Stine, Nancy Kauh, Pete Oswald, David Walborn & Bill Stine for their fine work and support. Also I want to recognize the trip leaders who organized and delivered the ski trips that are the reason for our being. Trip leaders were: Dave LeRoy, Nancy Kauh, Peg Hampton, Bill Hoffman, Bill Stine, Sandy Stine, Lin Pomeroy, Lisa Baer, Dave Powell, Andrea Hospodar, Ron Henry, David Walborn, Mike McMullen, Pam McMullen.

I'm sure that incoming president Mike McMullen will be the recipient of the same support that I was

fortunate to receive. Let's hope for more nor'easters next winter to bring more snow to the northeast and an active successful ski season.

Dave Powell

\*\*\*\*\*

## Event Calendar

### Election of Officers and Trip Planning Meeting:

When: **Tuesday, April 5, 2016**  
Time: **7:00 pm**  
Location: **Center Street Grille**

This is the last 2016 official meeting of the Kick 'n Gliders Ski Club, but it is the "most important" of the season. Election of our officers will be held, followed by trip planning for the 2016-2017 ski season.

Please plan to participate in this meeting. We are counting on your suggestions and help in putting together another great year of ski trips. See you on the 5th!!

### Dinner Social:

When: **Wednesday, April 20, 2016**  
Time: **7:00 pm**  
Location: **Blue Bird Inn**  
Address: 2387 Cornwall Rd, Lebanon, PA  
Phone: 717-272-3000

**Note: RSVP to Sandy Stine by Mon, April 18, at [sandra.h.stine@gmail.com](mailto:sandra.h.stine@gmail.com) or 717-471-6329**

**Thanks!!**

To all our speakers for taking the time to present wonderful and informative programs during this past year.

\*\*\*\*\*

## **Nominating Committee Compiles Slate of Nominees for the April 5 Election of Officers**

In accordance with the Bylaws (Article V, Section 1) the Nominating Committee consisting of David Walborn, chairperson, Sandy Stine and Dave Leroy will be presenting at the the April 5 meeting the Slate of Nominees for the Election of Officers as it appears below:

**President - Mike McMullen**

**Vice President / President-Elect - Ron Henry**

**Secretary - Marilyn Grove**

**Treasurer - Dave Leroy**

**Trip Coordinator - David Walborn**

**Membership Chairperson - Nancy Kauh**

**Program Coordinator - Nan Reisinger**

**Newsletter Editor - Pete Oswald**

In addition, the following Officers are either inherently or through appointment by the Executive Committee (Article VIII, Section 4) members of the Executive Committee (Article V, Section1):

**Immediate Past President - Dave Powell**

**Web Master - Bill Stine**

Also in accordance with Article V, Section 1, at the April 5 meeting the committee will accept open nominations from the floor prior to the ballot.

The Committee wishes to express its gratitude to the members listed above for their willingness to serve Kick 'n Gliders as Officers throughout the 2016 - 2017 season, and at the same time caution the membership as to the difficult situation faced by the Club in regards to its leadership. As everyone must be aware, it has been well on in the number of years—and in some cases since time immemorial—that a small cadre of volunteers has been fulfilling, both through multiple offices and multiple terms of service, the functions required for the continued operation of the Club. While the invaluable contribution of the Trip Leaders is essential to the delivery of its main product, it is mainly through the ongoing efforts of the dedicated Club Officers that Kick 'n Gliders has been able to consistently provide its members with the high level of service they have come to expect. The time is upon us when candidates to fill these positions are increasingly difficult to find. The Committee would implore all members to consider over the course of the coming season the possibility of assuming a position of leadership in the Club in the very near future. Your contribution is sorely needed

\*\*\*\*\*

## **Laurentians Trip Report**

Bill Stine

The normally delightful Laurentians offered a few unaccustomed challenges this year. For one, the snow was a bit thin and, for another, it was pretty chilly. However, we still managed to find good skiing each day. And, of course, the fellowship was first rate! We filled our usual three chalets at Chalets Chantéclair and took turns preparing and hosting dinners for the group.

We started out at Parc régional de Val-David-Val-Morin (secteur Dufresne), aka Parc Dufresne, the

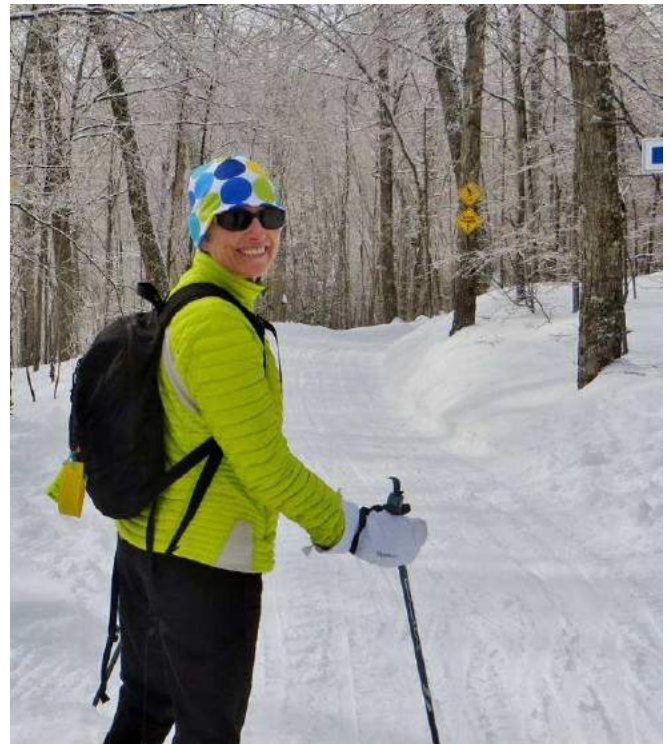


park jointly run by the villages of Val-David and Val-Morin. It was pretty chilly but most of its 39 miles of trails were open. The group skied from Chalet d'accueil Anne Piché to Chalet d'accueil Far Hills. After a relaxing lunch break they split into smaller groups and followed return routes that appealed to their respective senses of adventure.



That evening we enjoyed a meal of chili with rice, tossed salad, and ice-cream prepared by David Walborn (supervision by Maria Pieretti). It was a good day!

Day two found the group negotiating the trails at Camping Sainte-Agathe-des-Monts, previously



known as Parc des Campeurs. The signatures of this ski center are that the access trails run through a summer-time campground and invite the skier into lovely, single-track-set trail network that work their way around two lakes contained within a valley. Given the thin, icy snow and cold conditions, the trails were more challenging than usual but enjoyable nonetheless. We enjoyed Nancy Borreman's signature southwest chicken for dinner that evening.

For our third day people requested the best grooming we could find to reduce the challenges of the icy, frozen conditions we'd negotiated the first couple of days. We checked with Parc national du Mont-Tremblant (Secteur La Diable) but their PistenBully groomer was broken and they were closed for skiing. Ski de Fond Mont-Tremblant in Domaine Saint-Bernard also has excellent grooming and a great trail network so we headed there, instead. They also have shorter ski loops which, given the cold temperatures, gave us an attractive option for a warm lunch stop. It was a great day, the best to date, and everyone had a good time. Back at the chalets we enjoyed a dinner of baked ham, sweet potatoes, coleslaw, and baked beans prepared by Barbara Allis. Excellent!



The previous days skiing was just too good to pass up so skiers returned to Domaine Saint-Bernard the next day as well. Good choice! For a restaurant dinner that evening we visited the new location of the brew pub, Baril Roulant, for food and drink. Good choice last year. Still a great place!

For our final day most skiers returned to Camping Sainte-Agathe for a short day of skiing followed by



shopping and packing for our trips home or to the

Pulaski II trip. We had our customary "leftovers dinner" that evening. Lots of choice and lots of laughs. The trip home was uneventful in spite of



light morning snowfall and, farther south, heavy rains that pummeled the east coast that day.

And, so, the Laurentians deliver once again, albeit barely. We'll be back!

\*\*\*\*\*

## Pulaski 2 - Expect the Worst, Hope for the Best

Peg Hampton

Ski conditions were looking very good right up until two weeks prior to our trip. Winona Forest received 2 inches of rain on Feb. 16 and had to cancel the Tourathon XC Ski Race scheduled for the 20th. On Feb. 23, Osceola received an additional two inches of rain and then the temps



plummeted. Peg's car pool with Emory and Bernie discussed taking naps at the 1880 House instead of going out for the Friday afternoon ski. I sent a text message to my Winona Forest contact (Matt, one of the groomers) checking conditions. To my surprise, Winona had received two to three inches of new snow overnight and conditions

looked good. Six Gliders (Rich, Marsha, Emory, Bernie, Tom G. on his "ski shoes" and Peg) headed to the Center & Wart Road parking lot. We started in the Bill's Belly connection to Winona Way with nice ski conditions until we encountered a water crossing -



definitely not skiable. The guys did a bushwhack off the trail and found a crossing; however, Richard, Marsha, & Peg weren't feeling it. We agreed that we would go back to Wart Road and the bushwhackers would continue on and meet us back on the snowmobile road. Once back together, we continued on and turned onto Hawley Road which is also a snowmobile road. We did share the trail with several polite, but stinky snowmobiles. Eventually, we reached the connection with Sally's Ride and had a lovely ski back to Winona Way where we encountered our next small water crossing. Emory, Richard, and Marsha were already waiting on the other side with tips on how they made it across. Emory took my skis and I kept my poles to assist with balance if the ice gave way or if I slipped. Bernie and Tom arrived and made it across without incident. We enjoyed the ski on Winona Way and ended with just a short distance on the snowmobile road. This was the reverse of how we typically ski the Friday afternoon loop and I liked it better. Thanks to Emory for the alternate route. We returned to the 1880 House to find the rest of the group mingling in the dining room and in front of the fireplace. Yes, the traditional soup pots were going and we all enjoyed the evening.

On Saturday morning, we were served a wonderful hot breakfast before going to Osceola XC Ski Center. The owner, Hugh Quinn, acknowledged that conditions weren't the best;

therefore, the senior admission was \$10 and others were \$12. We opted to ski the South side of the trail system because it was groomed and tracked. We skipped a couple of the big climbs like The Wall because it was icy but, all in all, ski conditions were good. In the afternoon, most of the group went over to the North side which Hugh did not groom. Conditions were good with just a few obstacles. We returned to the 1880 House contented with the day of skiing and ready for the lasagna dinner to replace the burned calories. Oh yeah, there was soup ready to hold us over until dinner was ready.

Once again on Sunday morning, the 1880 House staff prepared a great hot breakfast. The forecast for Sunday was for temps up to 50 degrees. It did not refreeze overnight. We drove over to the



Winona Forest CCC Camp at Mannsville expecting that ski conditions might not be the best; however, they were good. The snow was soft (unlike our January trip) and the coverage was good in most places. Four of us skied to the North Church Road intersection and did an about face to shorten the distance. The rest of the group continued on and completed the full eight mile race loop. Everyone agreed that it was a good day. Tom H. missed it all as he left early on Sunday morning to downhill at Greek Peak and then continued back to Pennsylvania. We were served baked ham for the sit down dinner and the food was really good.

The forecast called for rain on Sunday night into Monday morning - and the forecast was correct. All of us opted not to ski on Monday morning. Some folks left early and missed the excellent pumpkin pancakes that were served with our hot breakfast. Nan and Pete were heading to the

Garnet Hill Trip. All of us were on the road by 10 AM.

It was a wonderful trip - great skiing, great food, and great conversation.

The 1880 House family had a great loss just after our January trip. Linda's 22 year old grandson, Joe, passed away from pneumonia on January 27. He went for treatment during our January stay, but was not diagnosed with pneumonia. When he got worse and went for further treatment, he was correctly diagnosed and was placed on life support. Unfortunately, he succumbed to the illness. Linda was feeling tremendous grief. She and the rest of the family really miss Joe. They did a great job of taking care of us.

Trip Participants: Richard Johnson & Marsha Freedman, Martha & Jim McGraw, Chris Mummert & Robert Durand, Nan Reisinger & Pete Oswald, Emory Ehrenfeld, Tom Hooper, Bernie Webber, Tom Gibson, and Peg Hampton (Trip Leader)

\*\*\*\*\*

## Garnet Hill at Big Shanty Trip Report

by David Walborn

This report will of necessity be brief because this year there was no skiing whatsoever at Garnet Hill where the trails were, at their best, covered by a very compacted base with a dusting of fresh snow on top. Forecasters had promised 4 to 6 inches of snow Tuesday night, but all that the storm brought was a howling wind, freezing rain, and that exiguous dusting overlaid by a plenteous precipitate of tree debris. Most trip participants never even bothered to remove their skis from their vehicles. The only skiing done was by Tim and Andrea—downhill on man-made snow at Gore Mountain.

Never-the-less the 18 residents of the Big Shanty made the most of the circumstances turning a potentially disheartening situation into an agreeable, if rather atypical, K 'n G winter sojourn. This trip leader wants to again thank the participants—Bill Stine, Sandy Stine, Jeff Grove, Marilyn Grove, Dave LeRoy, Nancy Kauh,

Andrea Hospodar, Barbara Brandt, Jim Magee, Ginny Magee, Dave Powell, Cheryl Capitani, Pete Oswald, Nan Reisinger, Mark Kern, Susan Berg, and Tim Musser—for their cheerful adaptation to the dismal snow conditions he provided.

Arriving earliest at Garnet Hill, Nan and Pete stopped by the Garnet Hill Lodge where they learned that, as occupants of Big Shanty, we could avail ourselves of the week's activities planned (in a great part in response to the lack of snow) for their in-house guests. So it was that on Tuesday morning, and every morning thereafter a substantial group of K 'n Gers of both sexes participated in Ivy's Yoga Adapted to Cross Country Skiers class at the Ski Center. Several among our number also took advantage of her excellent Cold Weather Wilderness Survival class. We declined, however, to join in her offering of a paid outdoor Back Country Ski Lesson, estimating that, given the conditions, we would be too preoccupied by being on skis where such gear would be counter-indicated to really profit from the instruction.

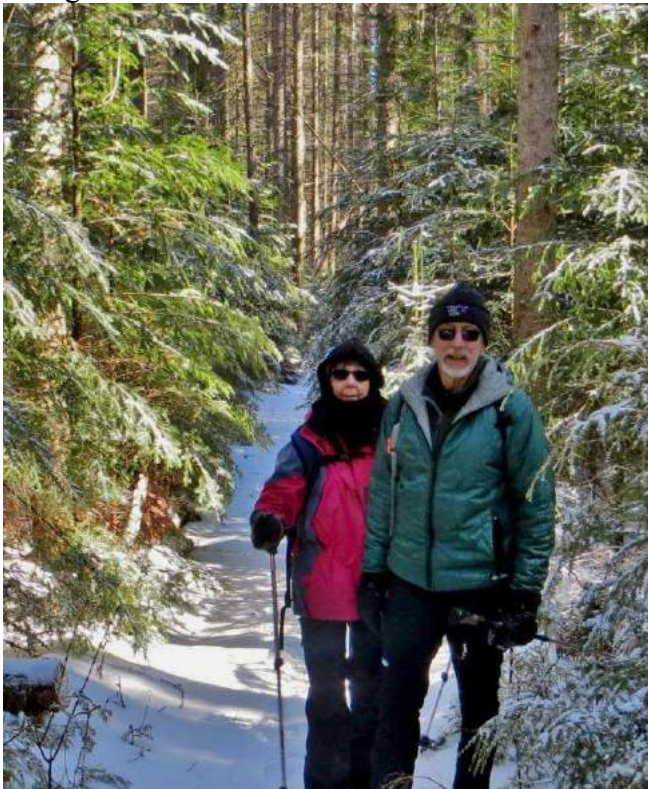
In addition to the activities led by Ivy, late Tuesday morning into the early afternoon, we joined in a free



visit to the North Creek Railway Depot Museum guided by the museum president and that abounded in fascinating displays from walls full of early skis, including a pair fashioned out of barrel staves, to an elaborate multi-season miniature railway completely hand-fashioned to faithfully

reproduce (from photographs of the period) the towns and rail depots along the North Creek Railway. The Women's Waiting Room (no spittoons or coarse language) was dedicated to Teddy Roosevelt memorabilia as it was in that room where he learned, after having been tracked down and brought back from Mount Marcy, that McKinley had died and that he was at that moment already the President of the United States.

By the way, a number of us rode the Garnet Hill "Ski Lift Bus" to the museum and subsequently to the Barkeaters Chocolate Factory for generous sampling and purchase of its namesake products. The bus dropped us off at Big Shanty early enough



to allow for an outing (on foot), some of us following the Siamese Pond Wilderness ski trail and turning around when a final fallen tree presented too much of a challenge, and others following the Balm of Gilead ski trail to the William Blake Pond footpath to said pond and back.

A word on winter weather hiking gear. Some of us had already purchased Microspikes® by Kahtoola® in anticipation of poor snow conditions at North Conway, and our resounding endorsement of the product after outings on the icy trail to the base of Tuckerman Ravine led our

Garnet Hill group to exhaust the stock of Microspikes® at the Ski Shop. The twelve hardened steel  $\frac{3}{8}$  inch spikes on each harness really bite into the ice affording stability that feels equal or superior to that provided by a naked boot on a dirt trail. While the Microspikes® are not intended to replace crampons for mountaineering, they seemed to provide far better traction for icy trekking than the "springy" Yaktrax® style traction devices, an observation that side-by-side field-testing would soon bear out. And one final observation, the small, very packable (in their own draw-cord bag) size of the Microspikes® seemed to make them far more likely to be included midst the gear on a cross-country ski trip than the much bulkier "should-I-leave-them-or-bring-them-along" snowshoes which further would probably only prove truly useful in snow conditions that would also support skiing.

For Wednesday and Thursday we pretty much settled into the routine of Yoga and reading in the morning, lunch at Big Shanty—often of reheated dinner leftovers—and an afternoon hike. At the behest of the Ski Shop we proceeded to master even the most difficult black diamond trails of the Garnet Hill Ski Center duly outfitted with our Microspikes® and Yaktrax®. Walking the ski trails gave a very different perspective of the terrain and woods we had so often traversed at a much greater speed and primarily focused on meeting the skiing challenges ahead. It was on Skull Buster Hill



that the relative reliability of the different traction devices was put to the test. Fortunately, it fell on Sandy to demonstrate the limited grip of one

design, for when she suddenly started sliding down the hill on her “springy” devices, and was then launched into a downhill run in an effort to regain her footing, her sense of balance kept her upright and her presence of mind led her to the less-compacted shoulder at a point where it sloped less steeply than the trail itself, allowing her to regain control and come to a stop. Meanwhile those of us relying on spikes to control our descent had no difficulty mastering the slope, although most of us were left wondering what snow conditions would embolden us to ski down Skull Buster Hill with its increasingly eroded gully trail right.

Not everybody took to the ski center trails those two afternoons as back-country trails such as the Botheration Pond Loop and the Puffer Pond trail, both of which a few of us had skied the previous year, beckoned some to a more adventurous outing. Dave and Nancy also took an afternoon to, among other things take in a matinée of Race, the Jesse Owens story, which they highly recommended.

Little remains to be recorded but the all-important ambience afforded by and conviviality promoted by Big Shanty. I have previously sung the praises of the historic (1903) Adirondack Great Camp with its Gold Birch columns and joists (when harvested at the appropriate time, the bark does not peel off).



Jeff Grove again kept the Brobdingnagian fireplace built of garnet-studded stone glowing during our evenings together warming the

quadrangle completed by three over-sized sofas. The Moose head above the fireplace and the deer heads mounted in the corners either added rustic charm or elicited murmurs of disapproval in accordance with the viewpoint of the beholder. Due to the increased number of participants, the expansive oval dining table this time had to be supplemented by a circular private dining table seating a rotating foursome.

And the evening meals were again one of the high points of the day. On Monday Nan treated us to a baked chicken taco dish with an avocado salad prepared by Cheryl and a flan dessert sent along by María Pieretti. Tuesday evening saw us dining on Nancy’s slow-cooked beef brisket accompanied by lime cilantro rice and pepper corn; dessert was a second flan. Wednesday we feasted on Ginny’s signature spiral ham, baked small redskin potatoes, carrots with broccoli and crusty bread while dessert was a chocolate chocolate chip coffee and cream liqueur cake fashioned by Barb.

All in all it was a very enjoyable trip, which each of us wouldn’t mind repeating, **but next time with snow of the skiable variety.**

\*\*\*\*\*

## Inlet Trip Report

Ah, the peace and quiet of Inlet with no snowmobiles buzzing around. Actually it felt oddly empty having Rocky Point all to ourselves. It was nice not to be kept awake at night by any revving engines. The trip began Friday night with dinner at Frankies of Italy.

This year our trip was comprised of 20 intrepid skiers: Lin and Walt Pomeroy, Dave LeRoy & Nancy Kauh, Bill & Kay Pickering, Pam & Denny





Dunn, Marilyn & Jeff Grove, Fred Burgess, Ken Britton, Nan Reisinger & Peter Oswald, Pam & Mike McMullen, Dave Powell & Cheryl Capitani, Bonnie Telegraphis and Barbara Brandt.

On Saturday half our group headed out in search of snow while eight opted to don their Yaktrax and newly purchased MICROspikes--purchased out of necessity at Garnet Hill and Mountain Man Outdoors in Old Forge--to set off on a six-mile plus hike around Cascade Lake one of our cross country



ski venues. The falls were a nice “Kodak moment” being completely iced and beautiful as usual.

Lin and Walt headed over to Osceola to ski. Others continued on to Carpenter Road where six Kick ‘n Gliders found decent snow. Nothing like a climb up to a plateau to finally find snow. We did a loop of about six miles encountering several other walkers and skiers, as well as five snowmobilers with the lame excuse of having missed the signs excluding motorized vehicles and that they were just following the tracks put down by other snowmobilers.

From Carpenter Road we headed over to the Pioneer Café for great sandwiches and a visit with Diane and her son, known to many from the days the club stayed in Turin. Afterward, most of us headed back to Inlet but Eveready Fred headed back for another loop at Carpenter Road.

Sunday was memorable. Fred headed back to Carpenter Road with others to do several more loops while 13 hikers, who would have preferred to be skiing, climbed and slid a 7-mile hike in the Pigeon Lake Wilderness area, which is north of

the Cascade Lake trail following the blue blazed trail past Windfall Pond, Chain Ponds, and Queer Lake and back to Windfall Pond then returning to the trail head. There was 1000 feet of climbing along with the attendant descents. Everyone was well equipped with appropriate footgear to avoid slips and falls, with limited success. The hike crossed four foot bridges across a beautiful, ice-covered mountain stream. The untracked snow cover on several miles of the trail showed we were the first to use the trail in quite a while. Given the steep nature of the trail we avoided encountering any snowmobilers.

Bill and Kay reported doing an enjoyable hike of their own in Fern Park with the highlight being their sighting a wolf crossing the trail a short distance from them.

When we got up on Monday morning what did we see but snow coming down! For assorted reasons six of us had to head home that morning and others were going to head over to Fern Park to get some skiing in since Bill and Kay reported it as ski-able after their hike there.

Each evening we enjoyed Bill and Kay's hospitality as they served a wide selection of hors d'oeuvres and then repaired to hosting condos for great meals with the inevitable generous leftovers.

\*\*\*\*\*

### Skis For FREE!!!

FREE Peltonen Stratos skis  
72" long, sidecut 53-48-51  
NNN bindings

Contact Dave Powell: <mailto:xrsyz39@gmail.com>

\*\*\*\*\*

Before you put your skis away for the season, don't forget to apply some wax to the bases to protect them. Also clean the grit out of the bindings as best as you can then lubricate them so they will work properly next winter. That is, of

course, unless you want to buy new ones for next season!!

\*\*\*\*\*

The following is an email Dave Leroy received from Tom Szwedko, an early Kick 'n Gliders member who left for Colorado one year when PA didn't get enough snow for his taste. Not many of us remember when Tom lived here but a few of us might remember skiing with him when the club had a trip to Colorado.

Hi Dave,  
Visited relatives in Pittsburgh dec 24 to tomorrow morning jan 05 when I fly back to Denver. Where did the Kick N'Gliders put the snow this year??? I had to resort to lift riding on manmade which I did twice at Hidden valey and once at Seven Springs and once at Blue Knob even though very limited terrain was open compared even to last year. After ridding the lifts at Blue knob on saturday I did a short tour on golf course on minimal snow to check it out. It is 1.13 miles from ski area which you drive to top of mountain. They had ski trails signs on gulf course with no walking signs. Yesterday had first real PA XC ski going from Wilderness lodge in PA about 3.5 miles? to top of Peak N' peak ski area in NY and then back to do a few more loops. They only had maybe 3-6 in snow but most trails are pretty smooth. Pittsburgh had snow last night enough to grass ski at two parks.

In Colorado we have so far had a fairly good winter with good amount of snow but no record and have had fairly cool temp to keep most snow soft. I live most of the time at my house in Leadville at 10300ft so can ski right from or near house. County grooms mineral belt bike trail that does a 13 mile circle around city and also grooms alot of old mine roads on east side town maybe 30+ miles groomed there but no tracks put in and snowmobiles can use them. I still do alot backcountry skiing on old roads/trails and peaks etc. In April I went to Iceland to XC ski tour including 6days at remote hut in park area Langamaunga? which had lots volcanic stuff deep snow and hot springs river 200yds from lodge( at lodge dorm pad sleep accomadation like alpine

huts) to soak in after ski! Did some visit to thermal areas and glacier hiking on day trips. Maybe now that I am leaving you will now get the snow in PA. You get on any more ski-tour trip outside NE? If you get to the rockies contact me. Have fun if snow shows!! WE Ain't so young anymore BUT still moving!!!?

Tom Szwedko Leadville, CO

\*\*\*\*\*



Why is Dave smiling? Well, count 'em!!

\*\*\*\*\*

Five beauties ALL TO HIMSELF on the Maine Hut to Hut trip. Now aren't you sorry that you didn't go this year?

\*\*\*\*\*

## Membership Renewal Time

Okay, it's dat time again. Da dues are due so dig deep. There are several ways that we have of separating you from your money. You can use this included form or go to [www.kickngliders.org](http://www.kickngliders.org) and follow the instructions at the lower right of the home page.

Don't forget to send a check to the treasurer also. After all, that's what this is all about.

Thank you.

# Kick 'n Gliders Nordic Ski Club

www.kickngliders.org

## 2016-2017 Membership Application & Release

<p><b>Print form &amp; fill in by hand</b></p> <p><b>Important:</b> Be sure to sign release on second page</p>	<p><b>Dues Year:</b> May 1 to April 30</p> <p><b>Dues:</b> \$20 Individual \$30 Family</p> <p>New member.....\$5.00 Family.....\$7.50</p> <p><b>Make Checks Payable to:</b> KICK 'N GLIDERS</p>	<p><b>Mail Application and check to:</b></p> <p>Kick 'n Gliders P.O. Box 1353 Mechanicsburg, PA 17055</p>
--	---	---

Check the box on the right for any information to **not** be published in the club's roster, *People to Ski With*

Name(s)	<input type="checkbox"/>
(Other family members)	<input type="checkbox"/>
Address	<input type="checkbox"/>
City	<input type="checkbox"/>
State	<input type="checkbox"/>
ZIP	<input type="checkbox"/>
Phone (primary) ( )	<input type="checkbox"/>
Phone (cell) ( )	<input type="checkbox"/>
<p><b>Note: Please indicate your cell phone number because it may be necessary for the trip leader to contact you when you are traveling to/from a Kick 'n Gliders' trip.</b></p>	
E-Mail:	<input type="checkbox"/>
Please print clearly	

Please print clearly!

Check here if you are willing to forgo the paper copy and receive the *Easy Glider* electronically.

We MUST have a valid email address for you to receive the *Easy Glider* electronically.

**Be sure to sign and date the release on the next page.**

# RELEASE

(Excerpted from the Bylaws of the Kick 'N Gliders Nordic Ski Club)

## Article XI.

### General Rules of the Club

Article XI, Section 1. No member or members of this Club shall obligate or commit the Club to any major endeavor, unusual activity or extraordinary action, unless Executive Committee approval shall have previously been obtained.

Article XI, Section 1A. Every member agrees to abide by the Kick 'N Gliders' Constitution and Bylaws and the Club Rules of Conduct, recognizing the social nature of the group and the authority and discretion granted to the Executive Committee herein.

Article XI, Section 2. Members desire to participate in the various activities of the Club. Each must recognize that all activities are strenuous and involve substantial risks of accident, injury and even death. Such activities, although engaged in as a group, are essentially individual activities/sports for which each individual must be physically and mentally prepared and capable, and in which each individual is essentially responsible for his own safety. The Club is simply an unincorporated association of interested persons which offers a central meeting point for those desiring to engage in the various activities; the Club does not sponsor or operate the activities for its benefit or profit; the leaders, the providers of motor vehicles, and drivers are all volunteers who lead or drive as an accommodation and not for their benefit or profit; the Club, its officers, the trip leaders, the activity leaders, vehicle owners, and vehicle drivers may not have (and in reliance hereon may not purchase) any insurance covering the individual or benefiting him in the event of accident, injury or death. Finally, each individual must recognize that many Club activities are conducted in wilderness or backcountry areas where appropriate medical care may be either totally unavailable, or hours and miles away and therefore inadequate in the event of emergency, but trip leaders and activity participants do not necessarily have any specific rescue, first aid, medical, or leadership skills or training. Each individual must understand that any and all trip leaders, activity leaders, and fellow participants are entitled to, and will rely on, the individual's ability to participate with the others.

I hereby recognize the Kick 'N Gliders as a nonprofit, unincorporated association of persons who have voluntarily organized themselves to participate in and enjoy various activities. I hereby certify that I have read the above section of the Club's Bylaws and understand the responsibilities of being a Club member and release, discharge and waive the Kick 'N Gliders and each and every one of its members from any and all liability for any loss, damage or injury I may suffer or sustain as a result of any of the activities of the Kick 'N Gliders by signing my name below.

I agree to abide by the Kick 'N Gliders Constitution and Bylaws and the Club Rules of Conduct.

I recognize the authority of the Executive Committee to revoke membership for violation of the Kick 'N Gliders' Constitution and Bylaws or the Club Rules of Conduct.

I recognize the authority of each trip leader to determine the composition of the roster for his trip.

**SIGNATURE(S) OF  
MEMBER(S)** \_\_\_\_\_

**DATE** \_\_\_\_\_

If member(s) are under 18 years of age, a parent or guardian must also sign:

**DATE** \_\_\_\_\_

\_\_\_\_\_  
Signature and Relationship

\*\*\*\*\*

**Meetings are held upstairs at the Center Street Grille, 4 Center St, Enola PA, 717-732-6900.**

**Directions from 581 and Rt 15 interchange**

- Go north on Rt 11/15 about 1.7 miles to N. 21<sup>st</sup> St stop light
- Turn left on N 21<sup>st</sup> St and go 0.3 miles to Center St stop light
- Turn left on Center St then continue northward (changes to E. Penn Dr) 2.7 miles to Wertzville Rd stop light
- Turn right onto Wertzville Rd, go 0.1 mile to first right
- Turn right on Center St; Center Street Grille is on the left.

**Directions from I-81 and Rt 11/15 interchange:**

- Go south on Rt 11/15 about 0.5 mile to Valley Rd stop light
- Turn right on Valley Rd and go 1.8 miles to Salt Rd
- Turn left onto Salt Rd and continue southward (changes to E. Penn Dr) 0.9 miles to Wertzville Rd stoplight
- Turn left onto Wertzville Rd, go 0.1 mile to first right
- Turn right on Center St; Center Street Grille is on the left.

\*\*\*\*\*



\*\*\*\*\*



KICK 'N GLIDERS  
P.O. Box 1353  
Mechanicsburg PA 17055

ADDRESS SERVICE REQUESTED

## In this Issue of Easy Glider:

Note from the president

**Slate of Nominees for the April 5 Election of Officers**

Trip Reports:

- Laurentians
- Pulaski 2 - Expect the Worst, Hope for the Best
- Garnet Hill at Big Shanty Trip Report
- Inlet Trip Report

FREE Peltonen Stratos skis

Letter to Dave Leroy from a former member

**Those dues are due again....**

**2016-2017 Membership Application & Release**

Center Street Grille, directions to

**Late arrivals: Pictures from Lake Placid trip**