



The Easy Glider

Kick 'n Gliders Nordic Ski Club

Editor: Peter Oswald (editor@kicknsliders.org)

Issue: April 2017

Meetings are held upstairs at [Center Street Grille](#), 4 Center St, Enola PA, 717-732-6900.

The Center Street Grille is on the east side of Center Street just south of Wertzville Rd (PA-944).

Directions to Center Street Grill at end of newsletter

Events

7:00 pm Tuesday Apr 4, 2017
Program Meeting
Election of new officers and trip planning for the 2017 season.
Last general meeting of the year.

7:00 pm Wed April 19, 2017
Dinner Social
Blue Bird Inn
2387 Cornwall Rd
Lebanon

Nominating Committee Report

Kick 'n Gliders

The Nominating Committee consisting of David Powell (Chair), Sandy Stine and David Walborn submit the following slate of officers for the K 'n G Executive Committee to be voted on at the April 4, 2017 membership meeting:

- President..... Ron Henry
- Vice President Nancy Kauh
- Secretary Marilyn Grove
- Treasurer Dave LeRoy
- Trip Coordinator David Walborn
- Day Trip Coordinator..... Bill Stine
- Program Coordinator Nan Reisinger
- Membership Chair** Nancy Kauh
- Newsletter Editor Pete Oswald
- Past President..... Mike McMullen
- Webmaster Bill Stine

It should be noted that polls show that Ron Henry appears to have significant approval ratings at this stage of his presidential campaign. Ron's platform includes, in part, his desire to build a wall between X/C ski trails and snowmobile trails. Also, he proposes that snowmobilers will pay for these walls. So there will be no funds expended by X/C skiers

**Nancy Kauh has agreed to continue for another year as Membership Chair as well as serve as Vice President/President Elect, since the VP essentially has no pressing duties. She will relinquish the position of Membership Chair when she ascends to the presidency.

Submitted by Dave Powell

Ski Maintenance, maybe

To help preserve the bases of your skis while in storage during the off season, it is suggested that you coat the bases with glide wax (see the Pulaski 2 trip report for more information on this).

Also, try spaying some WD40 or something similar into the innards of the bindings to prevent corrosion. While we want them to grip our boots, we also want them to release easily when necessary. Picture yourself after a face plant with your skis in deep snow twisted behind you pointing two different directions and you can barely reach the bindings. Not the time to have bindings that are hard to release. Good luck.

Trip Reports

Laurentians Trip

Can you top this!

February 10 - 17, 2017

by Bill Stine

The Laurentians trip proved to be a popular choice for club members, requiring us to rent a fourth unit



from Chalets Chanteclair again this year. Our choice of dates proved to be prescient because skiing conditions were, perhaps, the best we've ever

experienced, not just in the Laurentians, but anywhere! Between two and eight inches of new, dry, fluffy snow fell each day adding a bit of cream on top of the previous day's excellent snow. Even the temperatures cooperated ranging from the mid-teens in the mornings to the mid-twenties in the afternoons.

We started, as usual, with the trails at Parc Dufresne - Chalet Anne-Piché. Most members skied to the Far Hills Chalet for lunch and then returned, usually by another route. Conditions were glorious! On Sunday we headed to nearby Camping Sainte-Agathe-des-Monts for their single track trails around their two secluded lakes.

On Monday we traveled farther afield to Domaine St-Bernard XC in Montremblant. The forty-minute drive rewarded us with fine skiing throughout their extensive, beautifully groomed trail system. A couple of us opted for an ungroomed trail, the A8, in the afternoon. The deep snow made for



challenging going with Fred Burgess commenting that it was "fun" in a masochistic sort of way.

We declared "skier's choice" days on Tuesday and Wednesday with people going wherever they desired. Some skied Camping Sainte-Agathe-des-Monts while others returned to Domaine St-Bernard.

Then, on our final day, many of us explored the “new to us” trails at Morin Heights. What a find! The backbone of this municipal ski trail system is their Corridor Aérobie, a wide groomed trail that runs through the town and surrounding area. A multitude of narrow, groomed trails branch off of the backbone. Most of our folks opted to ski the ten kilometer Triangle Trail and had a ball. The system interconnects with another extensive trail system owned and groomed by the private Viking Ski Club. Day passes are reciprocal. Finally, they have a separate system of ungroomed, back country trails with its own parking area. Extensive snow shoe trails are included in the system. We highly recommend visiting this place in the future.

Meals included a soup & salad first night dinner with homemade cookies for dessert. Other meals included lasagna, hamburger barbeque with calico baked beans and salad, pork & sauerkraut, Mexican baked cod and our usual, excellent, leftovers night. Of course we had one night on the town at the “Baril Roulant” restaurant in Val David. The highlight, however, had to be Maria’s Flan de Queso which we had twice!

So, the Laurentians delivered, again and again, this year and we will be back!

Lake Placid-1 trip

February 17 - 21, 2017

Participants: Dave Leroy, Nancy Kauh, Nan Reisinger, Peter Oswald, Mike and Pam McMullen, Ed Cook, Fred Burgess, and leader Bill Hoffman.

My contingent of the President's weekend Lake Placid trip stayed at a beautiful house just a few doors from the house we had used for the past 4 or 5 years. Dave Leroy insisted that we had used this house on a previous trip, but if so, that would've been before I took over running this trip about 10 years ago. The 5-bedroom house has a very well equipped kitchen and two living rooms.

Unlike last year when we faced two days of -45° wind chills and then a day of rain, we had better, though far from excellent, conditions. About 3” of snow fell the night before we arrived. With

Saturday temperatures reaching well into the 40s with sunshine, we seized the opportunity to ski the Whiteface Mtn. toll road. For several of us, it was two skis in one—our first and our last. To be sure, the views from the trail are magnificent, and there was plenty of cover. But the wind picked up as the day went on, especially near the summit (which is the usual situation). A constant 10% grade for 5.3 miles proved to be more than we cared to do, and the descent was a bit too fast for the more cautious among us. Pam and I went halfway up before turning around. The climb was not arduous, just boring. We climb and descend much steeper grades on other trails without difficulty, but of much shorter distance. Nobody made it all the way to the summit due to fierce winds on the upper sections.

Ed Cook opted to prepare for his upcoming race in March in Switzerland, so he went to Mt. Van Hoevenberg. Fred Burgess joined Bill Stine's group at the VIC.

Sunday found all of us except Fred at the VIC, where we found conditions good but not ideal due to warm temps (mid-40s after an overnight low of only 34). One trail was closed due to ice but that didn't hamper us. Fred joined the other group at Adirondack Loj.

Monday most of us went to Mt. Van Hoevenberg. It was colder today so the trails were very icy, curtailing most people's skiing. Dave and Nancy opted for Connery Pond, but found that the trail has been downgraded to a snowshoe/hiking trail and has been gratuitously relocated up and down a steep hill. Cross this off the list of future ski venues.

Our eating exploits arguably surpassed those on skis. Nan kicked off the weekend with beef stew and pepper cabbage that she brought from home. Ed prepared pulled chicken and pulled pork with mashed potatoes and green beans almandine on Saturday, and Mike and Pam did lasagna with olive bread and roasted Brussels sprouts on Sunday. It was decided that both groups would eat together at “Group 2's” house to finish off the leftovers.

All agreed that the trip was a success despite less than perfect skiing, and found the house very

comfortable and accommodating. However, this house is for sale so we don't know if it'll be available to us next year.

Popular Placid Wins Again

“Alternate” Trip

by Bill Stine

Lake Placid has always been a popular KnG trip, especially as we traditionally run it over President's Day weekend. The loss of the big rental house we used to use reduced the trip's capacity. The number of people left on standby by the lottery convinced me to run a second, “alternate”, trip simultaneously with the originally scheduled trip lead by Bill Hoffman. That meant that, altogether, we had 22 Kick 'n Gliders in Lake Placid this year. Unfortunately, the two rental houses were some distance from each other meaning that we weren't able to socialize well. Skiing was pretty good the first couple of days in spite of unseasonably warm temperatures.

The “alternate” crowd opted to ski at the VIC on Saturday. Conditions were very good with the exception that we went through a sticky period while the fairly fresh snow warmed up. After the warm-up, skiing was again very good. On Sunday half of the “alternate” crowd chose to ski at Mt. Van Hoevenberg while the rest of us went to Adirondack Loj. The Hoevenberg group had very good skiing with warm temperatures making for easy climbing and controllable descents. The Loj



group skied past Marcy Dam to the Avalanche Pass area while Gill, Mary Ann & Brent Linde

continued up to the Avalanche Lake itself. So the first two ski days were quite good.

On Monday the warm snow finally froze overnight making for icy going until mid-day. A number of us went to Van Hoevenberg but conditions were icy and frustrating. But, “Hey!”, we got to ski!

For our final night we combined forces, inviting the other Kick 'n Gliders group to join us at this new house for a covered dish dinner of leftovers. It was a fun and delicious affair!

Lake Placid is a tricky destination. We always seem to find at least some decent skiing but, like this year, it can be a struggle.

Pulaski 2 Trip

February 24 - 27, 2017

Gliders on Trip: David Walborn, Mary Liz Todaro, Dave LeRoy, Nancy Kauh, Marsha Freedman, Richard Johnson, Nancy Borremans, and Peg Hampton (Trip Leader)



A small group consisting of Mary Liz, Marsha, Richard, and Peg arrived at the 1880 House at noon for the traditional soup before the afternoon ski. The temps were in the mid to high 50s with rain most of the week, so....would there be any snow? The early four went to the very muddy Center and Wart Road parking lot at Winona Forest and we could see snow down at the trail head sign in station. We started in on the Bill's Belly Trail and skied it out to Winona Way which was rolled a week or so earlier. The snow was still white but not tracked. It was a challenge to figure out how to dress and I finally shed my lightweight bike jacket for just my Patagonia capilene shirt. There was ground fog coming up out of the snow and at other times sun shining in

on the tree trunks. Skiing along was interesting as we would hit a cold spot and then a warm spot. We took Sally's Ride out to Hawley Road and decided to do an about face and head back to the 1880 House for more soup and crackers, cheese, and wine. I asked Rich and Marsha not to leave the parking lot until I was on a paved road surface in case my van got stuck in the mud. Nancy was there when we returned – she was rewarded with red room 8 all to herself! David, and Nancy and Dave arrived around 7:30. The forecast was iffy for Saturday, but we agreed to discuss what to do over breakfast the next day.

The forecast did not improve overnight. The forecast had a chance of showers starting at 10 am with thunderstorms and high winds rolling in at noon. Dave and Nancy decided to try to get a few hours of skiing in before the storms so they drove to the Winona Forest CCC Camp in Mannsville. They skied the trails behind the maintenance buildings – Pussy Cat and Bronze trails. They skied out for about an hour until they felt sprinkles then turned around. They made it back to their SUV before the rain started. The other six decided to go sightseeing. Marsha and Rich got a head start and were just getting ready to depart from the Salmon River Falls when Mary Liz, Nancy, David, and Peg arrived. We took a few pictures, but the water coming over the falls wasn't as fast as we expected. We did observe numerous people wearing shorts and t-shirts as they trudged through the snow. From there, I took my van load to Selkirk Shores State Park. We went out to the beach and pier and then walked up over the hill and back to the cabins. There had been some distant thunder when we exited the van, but then we didn't hear it. During our walk, we observed many recently downed trees and looked at others with holes from wood peckers. Then, the thunder got louder and more frequent, so we picked up the pace to get to safety. The wind really gusted and we still had some ground to cover to get back to the van. We just got in, started the van, temp was 56 and then the down pour started. The sightseeing tour continued to the light house, but I drove around it instead of making everyone get out in the deluge and temps that dropped to 43. It poured all the way back to the 1880 House. Finally, the rain let up a little so we dashed inside for more soup and more wine. We were treated to Caesar salads, baked vegetarian lasagna with

choice of meat sauce or spinach and mushroom sauce, followed by a wonderful sherbet layered dessert. The overnight forecast was for lower temps with possible snowfall.

On Sunday morning, there was just a dusting of new snow. The group decided to go to Osceola Ski Center. The parking lot was snow covered and trails were all groomed that morning. Hugh's groomer "crapped out" at the further most point from the ski center. He had to stop it repetitively to pick up tree limbs off the trails and finally, it just would not restart. So, he had to walk back. All eight of us started out the Melloy Trail and checked the water at the end. Yep, it was still there and running fast. We went back and did the Christmas Tree Trail until we hit some hills, David and Nancy kept going while the rest of us opted for flatter trails. We took a lunch break inside and then went over to the north side of the trails. The trails were groomed, but no tracks set. Both Nancy and I had switched to our back country metal edge skis and were happy with the decision. Hugh says that the snow is always better on the north side and it did look whiter and softer. It was a little tough skiing without set tracks so we ended early. We returned to the 1880 House for showers, soup and wine. Our dinner was baked ham with carrots and escalloped potatoes followed by chocolate cake. We rolled away from the table to enjoy the gas fireplace for a while. Some of the folks watched the Academy Awards, but the Walking Dead is my show so I missed the snafu at the end of the Oscars'. Teeka hopped into bed with Mary Liz at 8 pm and stayed there until 2 am.

On Monday morning, we had our third excellent breakfast. Linda's oven broke over the weekend so she was grilling outside and cooking other items on the stove top and steamer. After a wonderful trip everyone scattered quickly. Marsha and Rich had to drive to Towson, MD to their daughter's family home to pick up their dog before driving to Philadelphia. David was going back to Osceola to try some new boots before leaving on the Garnet Hill trip. Nancy was going to Osceola to ski and then drive to Garnet Hill. Dave and Nancy got away and I lost track of what they did. Mary Liz and I headed back to PA with one planned stop we were especially looking forward to – the BINGHAM'S Restaurant (and pastries) in Lenox, PA. Mary Liz had the

strawberry-rhubarb pie and I had blueberry. (It was definitely the best blueberry pie I ever tasted!)

And, so concludes my ski season. It was a great way to end the season. When I purchased my metal edge back country skies at Osceola in January, Hugh said that the metal edges should be dried after skiing and to put some F4 wax on the metal edges to keep them from rusting. Check! Completed Monday night! He also recommends putting F4 on your skis before putting them away for the season to keep the base from drying out.

Garnet Hill Trip Report

February 27 - March 3, 2017

by David Walborn

For a second year in a row snow conditions at Garnet Hill left much to be desired. Even though this year marked a 33 1/3 improvement (skiing was possible on the first of three full days) skiers' disappointment was a bit more palpable this time around especially among those who had experienced last years' complete shutout.

Our lodging at Big Shanty still worked its magic with the huge moose head staring out over the massive garnet-studded fireplace and the deer heads in the corners of the immense common room casting baleful glances at the golden birch columns and joists of what was the early 20th century residence of Frank Hooper, owner of the nearby garnet mine. However, the charm might perhaps have seemed a little less powerful this time around.

Tuesday afforded quite good skiing conditions on the meticulously groomed core trails of the Garnet Hill Ski Center. One group composed of Jeff and Marilyn Grove, Walt and Lin Pomeroy, Jim and Ginny Magee, Nancy Borremans, Barbara Brandt and David Walborn looked to the tried and true familiar names: Old Faithful and 4-H (plus, briefly, Trapper Trail) to provide an extended morning of enjoyable, leisurely, mostly green skiing. Conditions were good enough to induce most of the group to tackle Skullbuster Hill on the way back to the center. (Uphill, that is.) After lunch at the ski center a good portion of the group revisited the same trails as the weather forecast seemed to preclude outdoor activities the

following day. (The area had already suffered a recent heavy rainfall that washed out parts of the lower trail system thus blocking access to the pickup site for the traditional long downhill ski with bus shuttle back up to the center.)

On Tuesday another group consisting of Ron Henry, Tim Musser and Jim Neff (the Originals) embarked on a more challenging route which included Wilderness and Beach Trails down to Thirteenth Lake and back. These three also skied up the backcountry Old Mine Trail to the Hooper Mine above the ski center and the source of the mine tailings one skis by at the center. The trail being more accurately characterized as a foot path, Jim was the only one of the three who completed the ascent on skis. (Nobody attempted to ski back down.) But, since all three had their skis with them, they were able to ski across the level floor of the surface mine to the base of the "high wall," a man-made 300° circular cliff left where the miners had ceased shaving down the mountain top in their search for garnets. This excursion proved to be of great value to the trip as the forecasted rain arrived that evening, falling throughout the night into Wednesday morning to be followed by a hard freeze overnight into Thursday thus shutting down skiing for the remainder of the trip. (Bill and Sandy Stine, forced by illness to arrive Tuesday evening, were excluded from any skiing whatsoever.)

Faced by the Wednesday morning rain some in the group set out for a visit to North Creek including a stop at the Barkeaters Chocolate Factory with its many sampling stations. Others found things to do at Big Shanty, and, with an early afternoon pause in the precipitation, embarked on a visit to the Hooper Mine with the Originals as their guides. This time the ascent was made on foot. Some time was spent at the mine searching for garnets and admiring the view including Thirteenth Lake and, across the valley, a still active garnet mine marked by the silhouette of a crane near the mountain top. Upon their return, with no renewal of the rain, the North Creek crew decided to also check out the mine. Outfitted with micro spikes (the earlier climbers having encountered more ice than slush in spite of all the rain), and equipped with detailed directions from the Originals, this third expedition also succeeded in reaching the mine. and, in

addition to searching for garnets, added a climb up one sloping end to the top of the “high wall.”

Thursday morning a contingent of Kick 'n Gliders strapped on micro spikes for a walk on the frozen



trails of the ski center, this time up Cut Off, by the Lodge and via Hooper Loop to Bobcat Run (both black trails) finally to again join Old Faithful back to the center (which remained closed throughout the day). The scattering of twigs, branches and a large tree lying across one trail spoke of the destructive power of the storm as did several narrow mini crevasses across the width of the trail where runoff from the prolonged rain had



overwhelmed the water control measures along the hillside. In spite of the general icing of the environs, the Originals attempted to turn Thursday into another skiable day by heading out to Botheration Pond. Conditions, however, proved

too intractable and the endeavor had to be abandoned, very little progress having been achieved with the expenditure of considerable time. As if to drive the point home, on the way back, and not far from Big Shanty, a trail mishap resulted in Tim suffering a break in what can only be characterized as the least serious place such a



mishap could occur to a cross-country skier. (See the accompanying photo on the right.)

Evening meals were up to the usual high standards of Kick 'n Gliders cuisine with chili, a salad, garlic bread and flan Monday thanks to the efforts of David, Nancy, Barbara, and María. Tuesday the group enjoyed Ginny's signature spiral ham complemented by roasted potatoes and asparagus with ice cream for dessert. Wednesday the Stines

treated us to pasta, a salad, warm bread and for dessert what has become known as “Sandy’s Stuff”—a very tasty concoction she fashions from sour cream, gelatin and whipped cream. Thursday dinner was at the Log Cabin, the Garnet Hill Lodge restaurant. Another creature comfort everybody always enjoys while at Big Shanty is the fireplace fire expertly managed again by Jeff.

Unfortunately the Garnet Hill trip was already on probation because of the lack of snow last season. With its failure to deliver other than exiguous skiing this year, it appears that the trip will be suspended for the 2018 season. Expect a final decision at the Planning Meeting April 4.

Inlet, NY

March 3 - 6, 2017

By all accounts, the Kick ‘N Gliders’ foray to Inlet, NY, March 3-6 should be dubbed the “Better-Than-Expected Trip.”

The drive to the condos at Rocky Point was casualty-free, the supertime mashed potatoes were magnificent and, best of all, the skiing was superb.

“I was excited about leaving the barren hills of Pennsylvania and seeing lots of snow in New York,” said Sue Stackhouse, who was on her first-ever Kick ‘N Gliders excursion. But when she tried to ski Friday, March 3, in the Inlet area she was sorely disappointed by the spotty -- and icy -- conditions. She concluded she “probably wouldn’t be doing any skiing” the rest of the weekend.

Little did she know that Fred Burgess was reveling in an intense lake-effect snow squall at about the same time in Osceola, N.Y., which had had much better snow cover to begin with. About 2 inches of powder fell in about 45 minutes there, and another inch or two came down in the following hours.

The end result was that many Kick ‘N Gliders made the 90-minute drive to Osceola Cross Country Ski Center the next day and found the groomed trails there “glorious,” as Sue put it. “The snow on the trees was spectacular,” added Barbara Brandt, who was disappointed her camera

fell out of her pocket on the journey to the ski center. “I missed all those beautiful pictures” before finding the camera in the car after skiing

“It was such a contrast to the weather we had at home,” said Pam McMullen, who was trip leader along with husband Mike. “I almost didn’t pack cold-weather gear because I didn’t think it would be cold. I’m glad I threw in some long underwear at the last moment.”

Other club members chose not to make the long trip Saturday to Osceola, opting instead to search for good snow in the Inlet area. “Finding a place to ski was challenging,” Dave LeRoy said. But “we had beautiful sunshine and blue skies and good company,” said his wife, Nancy Kauh. “If the sky got any bluer...” added Joan Short, who, in addition to skiing locally Saturday, had hiked on the Egypt Road trails south of Boonville the previous day with Marilyn Chastek.

Fred chose to explore the Boonville area Saturday, but he drove north of town to the Carpenter Road trail system on Tug Hill in hopes it had been visited by the same lake-effect snow squalls that had blessed Osceola the previous day.

He was not disappointed, as upwards of 4 inches of fresh powder were waiting. And he didn’t have to share it with a soul. Recent flooding there apparently had convinced local skiers to stay away. Even the normally busy snowmobile trails nearby were largely empty.

The ski-trail system offered an even more back-country experience than usual, with some stream crossings posing a challenge. He said that was a small price to pay to experience the magic of powder-draped spruce, pine, cedar, larch and hardwood tracts. Snowshoe hare and deer tracks punctuated the snow-covered forest floor, and Fred even came across fresh braid-like tracks left by a thankfully shy skunk.

The trail network was so enticing that he and 3 others returned there Sunday, and half a dozen Kick ‘N Gliders made a beeline for there Monday.

“It exceeded my expectations,” said Sandy Stine, who skied there two straight days.

“Tug Hill rocks” said her husband, Bill. “It delivers again. There’s hardly any place like Carpenter Road.”

Kick ‘N Gliders who chose not to test their back-country skills Sunday went instead to the Thendara golf course, a supersized riverside expanse with groomed ski trails.

“The golf course was fun,” said David Walborn, who had skied at Osceola Saturday. “This turned out to be better than most of the trips I did this season in terms of days skied.”

Barbara had a similar observation: “This was the coolest out of the six trips I took this season,” she said.

Her weekend included more than skiing. On their way to Inlet, she and David took a side trip to the Hyde Collection in Glens Falls, N.Y., which boasts works of world-famous European and American artists. “It’s in a home that’s like an Italian villa and filled with all kinds of art, furniture and tapestries dating back to the 1500s,” Barbara said.

Culinary artists – aka kitchen magicians – also played a key role for the Kick ‘N Gliders throughout the weekend.

On Friday evening some members of the group went to a new restaurant, Five Corners Café in Old Forge. The visitors gave it rave reviews. “The food was gourmet-quality,” Pam said. “That wasn’t what I was expecting” of a small restaurant in a tiny town.

Meanwhile, back at Rocky Ridge, Kay and Bill Pickering’s hors d’oeuvres were enthusiastically devoured Saturday and Sunday. And two words sum up the splendor of the weekend dinners served at the condos: Mashed potatoes!

A home-cooked meal doesn’t get any better than that.

Pam and Mike offered ham loaf, Brussels sprouts and mashed potatoes at their condo Saturday evening. Bill and Sandy Stine served up shepherd’s pie (which incorporates mashed potatoes) and carrots Sunday evening.

The potatoes were just what the doctor ordered for Fred, who was craving comfort food after being traumatized by his car’s fishtailing escapades Friday evening on Route 28 southwest of Old Forge.

“I learned two things during that drive,” he said. “First, never use cruise control when snow squalls make the roads greasy.” (Fred’s ignorance of that tip shocked Bill Pickering.) “Second, don’t trust car mechanics when they say they have inflated your car’s tires to the proper pressure. Turned out that my right front tire had much more air in it than the other tires.”

Dave LeRoy also found Friday’s whiteout a white-knuckle experience on Route 28. “If not for the rumble strips on the highway, we never would have made it,” he said.

And that was not the only evening excitement experienced by the Kick ‘N Gliders. Joan and Sandy’s Saturday Scrabble showdown was so hotly contested that neither could sleep afterwards.

Marilyn spent much of her down time fashioning yarn into caps. And while that pursuit may not rate high with adrenaline junkies, Fred was pretty excited when Marilyn presented him with a newly constructed peach-colored knit hat, since the morning temperatures during the weekend were frigid.

Meanwhile, Mike was excited about the prospect of washing his vehicle once the trip was over. “The weather turned my car into a rolling glacier,” he said. “The amount of crud on it is unbelievable.”

(Our thanks to Fred Burgess for this excellent piece of reportage)

Boonville Trip Report

March 10 - 13, 2017

by Bill Stine

Ever skied on icy Styrofoam? That’s what seemed to be our fate when we first arrived in Boonville this year. Conditions seemed even more difficult than they had been in Inlet the previous weekend.

There'd been rain with cold temperatures that froze the plentiful, wet snow to ice-like hardness.

We deferred our decision-making to have dinner at the Pioneer Café in Lyons Falls. Owner and long-time friend to many Kick 'n Gliders, Diane, was on hand as was her son, Dean. Our meals were excellent and filling and it was nice to catch up with Diane and her family. (She's engaged to be married, by the way.)

So, what to do about skiing? Remember Osceola? Fortunately for us, it was only a half hour drive away from our digs at North Country Manor and owner, Hugh, claimed skiable conditions. In fact, a major area biathlon event had been moved to Osceola because Osceola was the only game in town!

And so, on Saturday morning, we went. Because it was pretty cold we delayed our departure until about 10:00 so that by the time we arrived the biathlon competition was over and the temperatures had risen. Trail conditions, though not ideal, were indeed skiable. According to our preferences, some of us first skied the north side of the trail system while others followed some of the easier trails on the south side. After lunch most folks switched sides and overall, it was a satisfying ski day. Oh, did I mention the stiff winds?

Back at the Manor we prepared and consumed an easy dinner of ham, roasted potatoes and brussels sprouts. Over dinner we discussed what to do on Sunday. Most of us settled on a hike on the



somewhat challenging rim trail of Whetstone Gulf. We reserved hiking the more level trails at Carpenter Road as a backup plan.

After Sunday breakfast we gathered our micro spikes or equivalent walking aid gear and headed for Whetstone Gulf State Park. As expected, there was plenty of snow, like a couple of feet, and it was frozen so hard that your feet didn't sink in at all. Our spikes made the walking secure and up we climbed, about 400 feet in the first 0.3 miles. After that the trail became relatively level as it headed for the canyon rim.

Whetstone Gulf makes for a spectacular ski, snowshoe or hike. A three-mile-long gorge cut into the eastern edge of the Tug Hill Plateau, the gorge is one of the most spectacular scenic vistas east of the Rocky Mountains. We hiked the South



Rim trail out and back, turning around where a small bridge crosses the stream just where it begins to form the canyon. It made for a very nice five-plus mile hike.

That evening we retired to the Manor and had plenty of pizza delivered from Capri Pizzeria in town. The evening capped a weekend rescued from possible disappointment by the lake-effect snows of Tug Hill and the flexibility of our participants. We'll be back next year, Boonville, but maybe a bit earlier in the season!

Kick 'n Gliders Nordic Ski Club

www.kickngliders.org

2017-2018 Membership Application & Release

Be sure to sign and date the release on the next page.

<p>Print form & fill in by hand</p> <p>Important: Be sure to sign release on second page</p>	<p>Dues Year: May 1 to April 30</p> <p>Dues: \$20 Individual \$30 Family</p> <p>New member....\$5.00 Family.....\$7.50</p> <p style="text-align: center;">Make Checks Payable to: KICK 'N GLIDERS</p>	<p>Mail Application and check to:</p> <p style="text-align: center;">Kick 'n Gliders P.O. Box 1353 Mechanicsburg, PA 17055</p>
--	--	---

Check the box on the right for any information to **not** be published in the club's roster, *People to Ski With*

Name(s)	
(Other family members)	
Address	
City State ZIP	
Phone (primary) ()	
Phone (cell) ()	
Note: Please indicate your cell phone number because it may be necessary for the trip leader to contact you when you are traveling to/from a Kick 'n Gliders' trip.	
E-Mail:	
Please print clearly	

Please print clearly!

Check here if you are willing to forgo the paper copy and receive the *Easy Glider* electronically.

We **MUST** have a valid email address for you to receive the *Easy Glider* electronically.

RELEASE

(Excerpted from the Bylaws of the Kick 'N Gliders Nordic Ski Club)

Article XI. General Rules of the Club

Article XI, Section 1. No member or members of this Club shall obligate or commit the Club to any major endeavor, unusual activity or extraordinary action, unless Executive Committee approval shall have previously been obtained.

Article XI, Section 1A. Every member agrees to abide by the Kick 'N Gliders' Constitution and Bylaws and the Club Rules of Conduct, recognizing the social nature of the group and the authority and discretion granted to the Executive Committee herein.

Article XI, Section 2. Members desire to participate in the various activities of the Club. Each must recognize that all activities are strenuous and involve substantial risks of accident, injury and even death. Such activities, although engaged in as a group, are essentially individual activities/sports for which each individual must be physically and mentally prepared and capable, and in which each individual is essentially responsible for his own safety. The Club is simply an unincorporated association of interested persons which offers a central meeting point for those desiring to engage in the various activities; the Club does not sponsor or operate the activities for its benefit or profit; the leaders, the providers of motor vehicles, and drivers are all volunteers who lead or drive as an accommodation and not for their benefit or profit; the Club, its officers, the trip leaders, the activity leaders, vehicle owners, and vehicle drivers may not have (and in reliance hereon may not purchase) any insurance covering the individual or benefiting him in the event of accident, injury or death. Finally, each individual must recognize that many Club activities are conducted in wilderness or backcountry areas where appropriate medical care may be either totally unavailable, or hours and miles away and therefore inadequate in the event of emergency, but trip leaders and activity participants do not necessarily have any specific rescue, first aid, medical, or leadership skills or training. Each individual must understand that any and all trip leaders, activity leaders, and fellow participants are entitled to, and will rely on, the individual's ability to participate with the others.

I hereby recognize the Kick 'N Gliders as a nonprofit, unincorporated association of persons who have voluntarily organized themselves to participate in and enjoy various activities. I hereby certify that I have read the above section of the Club's Bylaws and understand the responsibilities of being a Club member and release, discharge and waive the Kick 'N Gliders and each and every one of its members from any and all liability for any loss, damage or injury I may suffer or sustain as a result of any of the activities of the Kick 'N Gliders by signing my name below.

I agree to abide by the Kick 'N Gliders Constitution and Bylaws and the Club Rules of Conduct.

I recognize the authority of the Executive Committee to revoke membership for violation of the Kick 'N Gliders' Constitution and Bylaws or the Club Rules of Conduct.

I recognize the authority of each trip leader to determine the composition of the roster for his trip.

SIGNATURE(S) OF
MEMBER(S) _____

DATE _____

If member(s) are under 18 years of age, a parent or guardian must also sign:

DATE _____

Signature and Relationship

From *Adirondack Architectural Heritage* (AARCH), an organization that sponsors tours of historical places in the Adirondacks. [Mr. Nuzum was the person to whom the Big Shanty rental checks were sent.](#)

IN REMEMBRANCE

ADVENTURE

Summer Tour Schedule

Mary is hot on the trail of several new and exciting outings for the 2017 summer tour season, including two overnight trips. One explores women's history in Seneca Falls and the other explores the architecture and charms of several bucolic communities in rural Quebec. We will also highlight the work of several prolific and talented local architects in the region. As always, your perennial favorites will be back, too. The tour schedule will be mailed in mid-April.

PRESERVE

Poke-O-Moonshine Centennial

2017 marks the centennial (1917-2017) of the Poke-O-Moonshine fire tower and the 20th Anniversary (1997-2017) of *The Friends of Poke-O-Moonshine*, which has worked to restore the fire tower and trails on the mountain, and to educate the hiking public about the human and natural history of the mountain and the Adirondack region. Celebrations and a juried art show are planned for the weekend of July 28-30. Visit our website for a schedule of events and details on how you can help and participate.

LEARN

Lectures & Workshops

Have you always wanted to know the style of the bank down the road? Have you wanted to learn more about the history Adirondack Great Camps? Or, perhaps engineering marvels like the Ausable River bridges are more your thing. We've got you covered! Join AARCH staff at locations across the park for our popular lecture series. The next event will be on March 22 at the Lake Placid-North Elba Historical Society in Lake Placid where Steven will present: "Camp Santanoni: Past, Present, and Future." Free and open to the public, 7pm. Visit aarch.org/adventure/lectures for our growing list of presentations and for information on how you can schedule one for your library, club, or civic organization.

John Nuzum, Jr. (1940-2016)

We are sad to report the death of John Nuzum on June 21, 2016. John was an active and engaged AARCH board member for several years and a generous and involved AARCH member since 1994. He had a great love for the Adirondacks and its people and communities and loved exploring the region from his camp "Big Shanty" in North River. Whether it was an outing or a board meeting, John always brought his quiet intelligence, deep curiosity, and playful sense of humor with him.

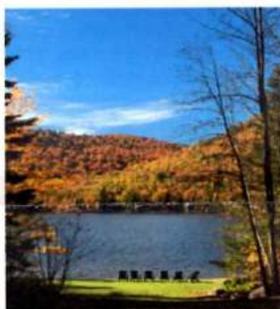


Photo courtesy Chase Alumni Association

We appreciate that John's family designated AARCH as a charity for memorial gifts in his name and we are thankful for the dozens of people from all parts of his life who gave to AARCH in his memory. He will be dearly missed.

Big Shanty Memories

Stefanie Noble



Stunning view of Thirteenth Lake from Big Shanty

I visited **Big Shanty** for the first time thanks to John Nuzum's generosity in hosting AARCH for one of our quarterly board meetings. I had arrived a bit early and John graciously gave me a tour and explained the history of the camp, as the home of Frank Hooper, a leader in the garnet mining industry of the area. As is common around the region, the stonework around the fireplace was studded with garnet, tying the camp inextricably to its surroundings and history.

We were able to conduct our meeting in the warmth and coziness of Big Shanty (with a lovely lunch at the Garnet Hill Lodge) and I left thinking what a nice place it would be to escape to for a vacation. Little did I know that a year later, I'd be able to do just that, after my mother won a stay at Big Shanty as

part of AARCH's annual raffle! My mom, myself, my daughter, my sister and a number of aunts and uncles spent a fantastic weekend at the camp in October of this past year.

The weather warmed up enough that weekend for us to enjoy fires outside, walks through the autumn leaves and kayaking down at the lake, while retaining enough chill at night to properly appreciate the massive, crackling fireplace indoors. The Nuzum family, as well as the other owners, have maintained the property in a way that allows the history to shine through while also making the space feel as though you're returning to your own home: familiar and comfortable.



We are so thankful for this home away from home experience. I know my family will keep that weekend as a treasured memory.

The love for Big Shanty as expressed on a fungus medium

This is a reminder that dues are due!!!!!!!!!!!!!!

Please fill out the preceding application and sign the release and submit them with your dues.

The treasurer and the staff at the Easy Glider Publishing House thank you as do the other officers who also need to send in their dues!

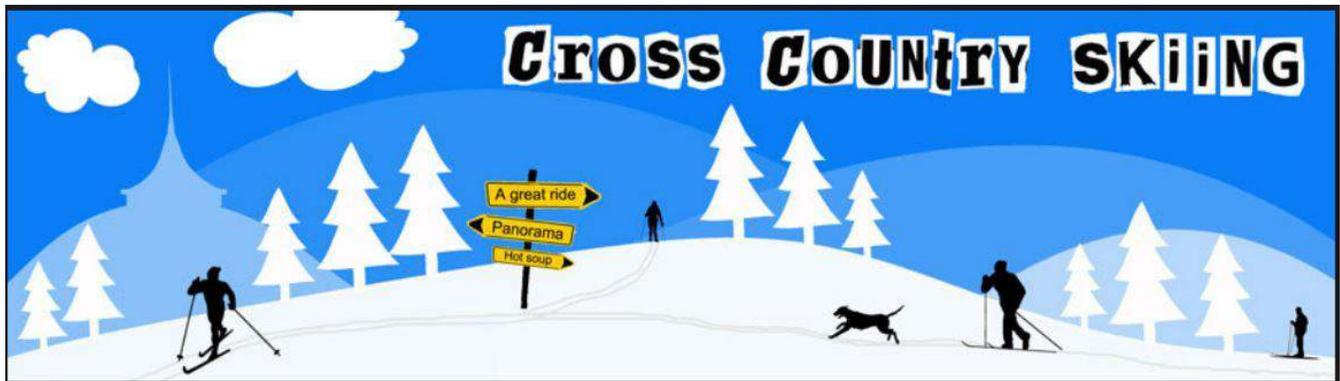
**Meetings are held upstairs at the Center Street Grille, 4 Center St, Enola PA,
717-732-6900.**

Directions from 581 and Rt 15 interchange

- Go north on Rt 11/15 about 1.7 miles to N. 21st St stop light
- Turn left on N 21st St and go 0.3 miles to Center St stop light
- Turn left on Center St then continue northward (changes to E. Penn Dr) 2.7 miles to Wertzville Rd stop light
- Turn right onto Wertzville Rd, go 0.1 mile to first right
- Turn right on Center St; Center Street Grille is on the left.

Directions from I-81 and Rt 11/15 interchange:

- Go south on Rt 11/15 about 0.5 mile to Valley Rd stop light
- Turn right on Valley Rd and go 1.8 miles to Salt Rd
- Turn left onto Salt Rd and continue southward (changes to E. Penn Dr) 0.9 miles to Wertzville Rd stoplight
- Turn left onto Wertzville Rd, go 0.1 mile to first right
- Turn right on Center St; Center Street Grille is on the left.





KICK 'N GLIDERS
P.O. Box 1353
Mechanicsburg PA 17055

ADDRESS SERVICE REQUESTED

In this Issue of Easy Glider:

Uh oh, dues are definitely due!!!!

Events

7:00 pm Tuesday Apr 4, 2017 Program Meeting

7:00 pm Wed April 19, 2017 Dinner Social

Nominating Committee Report

Ski Maintenance, maybe

Trip Reports

2017-2018 Membership Application & Release

Article from *Adirondack Architectural Heritage* about Big Shanty at Garnet Hill

Center Street Grille, directions to