



The Easy Glider

Kick 'n Gliders Nordic Ski Club

Editor: Peter Oswald (editor@kickngliders.org)

Issue: March 2018

**Meetings are held upstairs at Center Street Grille, 4 Center St, Enola PA,
717-732-6900.**

**The Center Street Grille is on the east side of Center Street
just south of Wertzville Rd (PA-944).**

Directions to Center Street Grill at end of newsletter.

Events

Events

7:00 pm, Tuesday, March 6, 2018

Program Meeting: Dave and Nancy's Alaska Trip

Dave LeRoy and Nancy Kauhl have offered to present a short travel log of their 44 day trip to Alaska. They spent their nights in a teardrop trailer called the Little Guy which they towed behind their Jeep. Highlights of the trip include a bus trip to the Arctic Circle, a boat trip to Tracy Arm, and a ride on the Alaska Railroad. The kitchen in the Little Guy provided most of their meals.

7:00 pm, Wednesday, March 21, 2018

Dinner Social at Thai Palace
3608 Market St, Camp Hill, PA

7:00 pm, Tuesday, April 3, 2018

Last general meeting of the year.
Election of new officers and trip planning for the 2018/2019 season.

Last regularly scheduled Kick 'n Glider eating event

7:00 pm, Wednesday, April 18, 2018

Dinner Social at Blue Bird Inn
2387 Cornwall Rd, Cornwall, PA

Pulaski 1 Trip Report

January 12-15, 2018

Three days prior to our arrival, the temps warmed up into the 40 for two days. Then, it rained several inches on Friday. The early birds (Bill Morrow, Andrea Hospodar, Kathy Yinger, and trip leader Peg Hampton) arrived at the 1880 House with the goal of skiing in the afternoon. It was an ugly foggy and rainy drive from PA and unfortunately, the weather didn't change. After several rounds of soup, we did go out for a walk around the village and went into a small dinner to check out their menu. As the afternoon gave way to evening, the remaining Gliders arrived including the following skiers: Ken Britton, Bonnie

Telegraphis, Bill & Kay Pickering, Tim Musser, Ron Henry, Jim & Martha Ruff, and Nancy Kauh & Dave LeRoy. It was nice to consume more soup, socialize, and plan our Saturday ski destination. We option for Osceola. Conditions were pretty good, but skier groomed as owner, Hugh Quinn, had gotten stuck out on the groomer earlier in the morning. We skied both the south and north sides minus the section at the top of hill where water crossed the trail. Actually, a few



people skied through it and paid the price with snow sticking to their skis - the rest of us took the opportunity to experience the trail in reverse direction. We returned to the 1880 House and were treated to an excellent lasagna dinner.

The goal was to ski the race loop on Sunday, but my Winona Forest contact advised us not to start at the CCC Camp in Mansfield as some of that section was flooded. Some of us opted to return to Osceola, some went to Winona Forest and started at the Center & Wert Road parking lot, and others opted to check out the BREIA Trails. Some folks were happier with their choice than others. Everyone was happy with the ham dinner served that night by our hostess, Linda Tarbox.

Monday morning arrived too quickly. Some of the folks headed to Canada for the Laurentians trip. Others opted to head back to PA. Andrea and Kathy skied at Chateaugay and reported delightful conditions.

Peg Hampton

Laurentians Trip Report

January 15-21

by Bill Stine

What makes a great Kick 'n Gliders trip? Start with skiing venues and conditions for sure. Then, of course there's the accommodations and the company. Did I say food? For eleven consecutive prior years the Laurentians trip has come through for us and this year was no exception.

Heavy rains prior to our arrival cast doubt on what we'd find as far as skiing conditions. But the folks at Parc régional Val-David-Val-Morin, our first-day-standard ski venue, told us that conditions



were good with the exception of a few trails that were closed due to flooding. So we drove to val David and ventured out from the ski center. We had a delightful ski to the Far Hills center at the other end of the park, albeit via a climb to circumvent the flooded trail section.

Meanwhile, since other nearby ski centers were still only partially open we spent our second day skiing from the Far Hills end of the same park. That opened a whole other system of trails that

most of us don't get to ski very often. We had a great time!

While on the trail a conversation with a local guy suggested another venue, new to us, that had good conditions. So the next day we ventured to the trails of Gai-Luron XC Ski near Saint-Jérôme, half an hour to our south. It was a cool place with a



something-for-everyone trail system that kept all our skiers happy. It's a place to which we'll return!

By our fourth day the website for nearby Camping Sainte-Agathe-des-Monts declared that their trails were nearly all open. We took them at their word and were rewarded with another delightful day of skiing. And, for our final ski day the trail system of Morin Heights was declared almost fully open and that became the venue of the day.

Of course, there were exceptions to this schedule. Some folks spent time on the P'tit train du Nord linear trail. And Lisa Baer arranged for a dog sledding lesson that she said was a blast!

Some of our accommodations at Chalets Chanteclair received upgrades including new floors, mattresses and living room furniture which were nice. And the mix of people, Kick 'n Gliders, all, was just great.

That leaves just one element of our trip that could possibly fall short and that would be the food. Not to worry! Night one chili & salad and night two Hungarian chicken, green salad & flan disappeared almost without a trace. Night three found us at Le Baril Roulant brew pub in val David. Nights four and five respectively were baked ziti, green bean casserole & tossed salad & cookies and an on-your-own night. Finally, a huge stir-fry became our final dinner.

So, did all the important elements come together? Indeed they did. My thanks to all who contributed to this year's excellent Laurentians trip!

Stowe Trip Report

Jan 21-26

Fourteen kick 'n gliders arrived at The Commodores Inn in Stowe on a cold Sunday afternoon. Dinner was served at 6:30 and to our surprise, we ordered off the menu. There was no buffet this year for dinner.

On Monday, we originally split into two groups. As the weather forecast for Tuesday was not favorable for skiing, a small group decided to try Bolton back country before the predicted Tuesday rain. Much to their dismay, conditions were not favorable for skiing the back country trails, so they decided to join the rest of the group at Mansfield. The weather pattern in Vermont was similar to the rest of the east coast, so conditions



were fast due to warm melt then cold temperatures. One group went down Toll Road to the ski slope at Stowe in the afternoon. High temps were in the 20's. Monday evening's meal

took place at the Von Trapp Bierhaus Restaurant. Wonderful meals were enjoyed by all. This is a great place to eat. Some even took home a small stash of beer.

Tuesday brought an all day soaking rain and temps in the 40's, so the troops decided to go to the movies along with a contingency from the New Jersey ski club. All enjoyed seeing "The Post" in Williston. Of course, while in that direction, one cannot pass up the shopping opportunities in Burlington that included The Sierra Trading Post, The Ski Rack, and The Outdoor Gear Exchange. One of the highlights of the shopping trip was Ed Cook's purchase of skin-skis. Harrison's in downtown Stowe was our evening meal stop and, again, another delicious meal was had by all.

Wednesday was free skiing at Von Trapp in celebration of the XC Ski Center's 50th Anniversary. There was some initial concern about skiing after a hard rain and temperatures that



dropped below freezing; however, the trails were surprisingly in pretty good shape for the weather conditions. Some even made it to the cabin at the top. One group also decided to come down on the Stowe side and found those conditions very favorable. This group also found themselves without a car to get back and so had to resort to the shuttle. Others stayed low on the green trails to avoid a potential slippery climb. Another group decided to go to Craftsbury and was also pleasantly surprised by the good conditions. Ed



Cook tried out his skin-skis and loves them! Thursday brought the coldest temps of the week, low of 6 and high of 10. Half the group went to Stowe for their last hurrah and the other half to Craftsbury. Both found improved conditions.

All-in-all it was a surprisingly good week of skiing despite the fickle weather!

Denny and Pam Dunn

Susquehannock Lodge Trip

Jan 26-28

This was my first trip to the Susquehannock Lodge and the first time that I had been in the area



in the winter with no snow. We all went for a hike

around Lyman Run Reservoir. The trail was a bit icy but micro spikes weren't needed. The Pennsylvania Lumber Museum had been recently refurbished and is now open year-round. Well worth visiting, in my opinion.

The lodge is a nice place to visit, the food was good, and the ambience was nice, especially when Tom showed up with a bottle of Bartender's Hot Sex creme liqueur.

Attendees were Gil (trip leader), Mary Ann, and Brent Linde, Tom Gibson, Nan Reisinger, and Peter Oswald.

pco

Bethel Ski Trip Summary

Feb 4-9

Sixteen people signed up for the Bethel ski trip. Unfortunately, at the last minute David Walborn had to return to Lancaster due to family health issues. He has our sympathies. The remaining participants were Bonnie Telegraphis, Ken Britton, Ed Cook, Tom Hooper, Lin Pomeroy, Mary Ann Linde, Gil Linde, Brent Linde, Tim Musser, Wayne Kirchgasser, Nan Reisinger, Peter Oswald, Nancy Borremans, Leslie Manix, and Rick Manix

After a rousing time Sunday evening watching the Eagles win the Super Bowl, we awoke to 4 inches



of new snow on Monday morning. We left for nearby Bethel Inn where we arrived before the staff. Never the less, we broke our own trails on a morning of skiing where we were truly kicking and gliding.

Over the next four days we skied Carter's, Gould Academy, Great Glen, and the John Roderick Trail System in Rumford. Mother Nature helped



us mid-week by delivering a foot of new snow. The skiing was good.

The Chapman was again comfortable and the improved breakfasts were appreciated by all. In the evenings we had presentations of adventures by the various participants. The only bad part of the trip was that Leslie Manix broke her leg downhill skiing. She is recovering comfortably in Lancaster.

Rick Manix

Trip Leader needed

Looking for someone to organize a cross country ski trip to Tonga.



The cross-country skier Pita Taufatofua of Tonga marching shirtless into Pyeongchang Olympic Stadium.
Doug Mills/The New York Times

You can take skis if you want!

**Meetings are held upstairs at the Center Street Grille, 4 Center St, Enola
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Directions from 581 and Rt 15 interchange

- Go north on Rt 11/15 about 1.7 miles to N. 21st St stop light
- Turn left on N 21st St and go 0.3 miles to Center St stop light
- Turn left on Center St then continue northward (changes to E. Penn Dr) 2.7 miles to Wertzville Rd stop light
- Turn right onto Wertzville Rd, go 0.1 mile to first right
- Turn right on Center St; Center Street Grille is on the left.

Directions from I-81 and Rt 11/15 interchange:

- Go south on Rt 11/15 about 0.5 mile to Valley Rd stop light
- Turn right on Valley Rd and go 1.8 miles to Salt Rd
- Turn left onto Salt Rd and continue southward (changes to E. Penn Dr) 0.9 miles to Wertzville Rd stoplight
- Turn left onto Wertzville Rd, go 0.1 mile to first right
- Turn right on Center St; Center Street Grille is on the left.





Mt. Washington on the left, Mt. Jefferson in the background, Mt. Adams on the right.
Great Glen Ski Center.



Bear Notch Ski Touring Center trail 32



KICK 'N GLIDERS
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ADDRESS SERVICE REQUESTED

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Trip Leader needed

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