



The
Easy Glider
 Kick 'n Gliders Nordic Ski Club

Editor: Peter Oswald (editor@kickngliders.org)

Issue: April 2018

Meetings are held upstairs at Center Street Grille, 4 Center St, Enola PA,
 717-732-6900.

The Center Street Grille is on the east side of Center Street
 just south of Wertzville Rd (PA-944).

Directions to Center Street Grill at end of newsletter.

Events

2019-Trips	2019 Dates Arrive – Depart	Leader
Craftsbury, VT	Dec 28, 2018 – January 1	Dave LeRoy & Nancy Kauhl
Middlebury, VT	January 14 - 18	Dave LeRoy & Nancy Kauhl
Pulaski #1, NY	January 18 - 21	Peg Hampton
Stowe, VT	January 20 - 25	Denny & Pam Dunn
Laurentians, Quebec, CA	January 26 - February 2	Bill & Sandy Stine
North Conway, NH	February 2 - 9	Andrea Hospodar
Bethel, ME	February 10 - 15	Richard Manix
Lake Placid, NY	February 15 - 19	Bill Hoffman
Cazenovia, NY	February 19 - 22	Bill Hoffman
Pulaski #2, NY	February 22 - 25	Peg Hampton
Ottawa, Ontario, CA	February 25 - March 1	TRIP LEADER NEEDED
Inlet, NY	March 1 - 5	Mike & Pam McMullen
Boonville, NY	March 5 - 9	Bill & Sandy Stine

Trip Lottery Rules Updated

The trip lottery rules have been updated in accordance with agreement at the March meeting.

[Trip Lottery Rules Link](#)

Officers for 2018-2019 season

President	Nancy Kauhl
Vice President	Fred Burgess
Treasurer	Dave Leroy
Secretary	Marilyn Grove
Trip Co-coordinators	David Walborn & Nancy Class
Day Trip Co-coordinator	Bill Stine
Program Co-coordinator	Mike McMullen
Membership	Nancy Kauhl
Newsletter Editor	Peter Oswald
Webmaster	Bill Stine

N. CONWAY I, Feb. 9-18, 2018

Andrea Hospodar, trip leader

Always a perennial favorite, this year we would have had to turn away 17 people had it not been for Bill & Sandy Stine stepping up to lead a second and concurrent trip to N. Conway. Fortunately Stonehurst Manor was able to accommodate both groups in their condos. Our group met and kicked off the week with a pizza dinner at another perennial favorite - Flatbread Pizza Co. Once again, all were delighted.

The week before our arrival 22" of snow



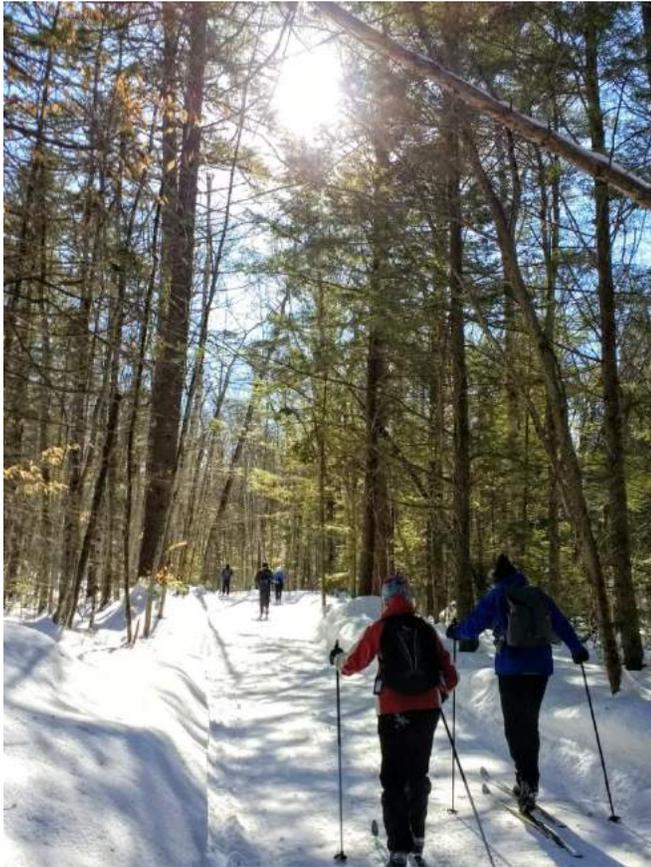
blanketed the area. So we started our week on

Saturday at the venue which seems to be the club's preferred spot – Bear Notch in Bartlett, just a short drive north. Both the Stine group and ours convened there and we split into smaller groups, each heading out for the trails and pace that they were comfortable with. Probably due to the heavy new snow after an otherwise lean season, it was the busiest I have ever seen this ski area. Nevertheless, once we got on the trails, we really didn't encounter a great deal of skiers and almost felt like we had it to ourselves! Trails were in great condition and very enjoyable. As usual they offered a variety of hot soups and warm, homemade bread. In spite of the large numbers, even the late lunch crowd had soup and bread to satisfy! It was a great first day of skiing. A delicious dinner was prepared for the group by Nancy Borremans, her Southwest Chicken specialty, with ice cream sundaes provided by Pam & Dennis Dunn.

The forecast for Sunday was dismal, looking like rain all day and above freezing temperatures. So we waited till we got up to make our plans, and found that the rain was likely to hold off till midday. We went different ways: some to the Nanamocomuck back country trails, some again to Bear Notch and others to Whittaker Woods trails in town. All had a good ski with light rain starting

about noon. It was a good afternoon for shopping or watching the Olympics. Tonight's dinner was a delicious pot roast with veggies and salad prepared by Barb Sears and a scrumptious - and I'm sure, low calorie - pumpkin cake dessert by Bonnie Gardner.

Monday is two-for-one day at Great Glen. It had gotten quite cold and was very windy. This resulted in snow that was firm and granular from the rain the day before, but sun was promised to increase as the day progressed. Eight of the group ventured up the auto road in the snow cat to experience Mt. Washington close and personal, also a twofer deal. The rest of us took off for the

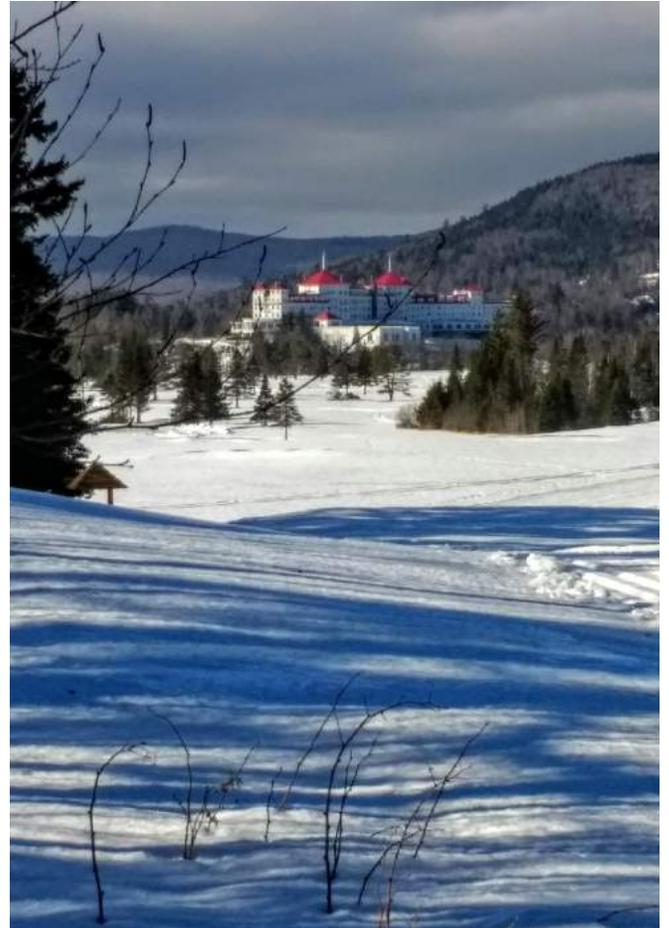


ski trails, making a beeline for the woods and some protection from the wind. The snow did soften a bit as the day wore on and all in all it was a good day. We were well fed at day's end by Nancy Kauhler who prepared macaroni and cheese with corned beef and cabbage salad. Marilyn Grove concocted a yummy apple crisp, assisted by expert apple peeling and slicing by hubby Jeff!

Tuesday - overnight temperatures were in the single digits so many of us felt Bear Notch would be our best bet. And so we found the grooming

there provided a nice, sugary trail surface. Comfortable daytime temps and bluebird skies made for a wonderful day. Another contingent headed to Jackson Ski Touring Center and reported good conditions and enjoyable skiing there as well. For dinner tonight we tried a new-to-us restaurant - Deacon Street. They offered a choice of about 10 entrees at their Tues Two for \$25 special. All seemed very pleased with their meal and we are likely to return there again.

Wednesday was twofer day at Bretton Woods so



both groups headed there to again ski together. It was a very scenic drive up through Crawford Notch with clearing skies and comfortable temperatures. Alas it seemed they had less snow and more rain than our side of the notch which left the trails hard and crusty. We were disappointed to find less than 1/3 of their trails were groomed that day. It seems they were trying to preserve their snow for the upcoming school winter holiday weeks! Nevertheless most seemed to enjoy themselves. I was skate skiing myself, and seemed to find it more challenging than those who were skiing classic. I was glad to hear that the rest

of the group did enjoy it, so much so that several made the 45 minute drive back again on Thursday for more of it, with different trails groomed for that day. After a heavy calorie burning day a very satisfying lasagna dinner was offered by Sue Berg and Mark Kern and was enjoyed by all.

Thursday, as usual, becomes “skier’s choice” day. Small groups of skiers scattered different directions to ski either a venue they had not yet skied, or one they particularly liked and wanted to do again. Four of us even ventured a day of downhill at a lesser known locals favorite – Black Mountain – and don’t think we saw 15 other skiers on the whole mountain all day. Quite the experience! As for dinner, Nancy Kauhler bravely volunteered to host “leftovers night”. We had quite the smorgasbord of what was left from the week’s meals, and did a pretty darn good job of polishing it all off! Funny how that happens with this group! Once cleanup was done, we all finished up our packing to face Friday and the drive either home, or on to the next ski adventure.

Once again N. Conway was a successful and enjoyable trip. And even though “global climate change” seems to be making skiing more and more of a challenge, we were once again blessed to find enjoyable skiing here. Here’s to next year and hopefully the snow gods will be even kinder to us then! Shall we fill 6 condos next year?

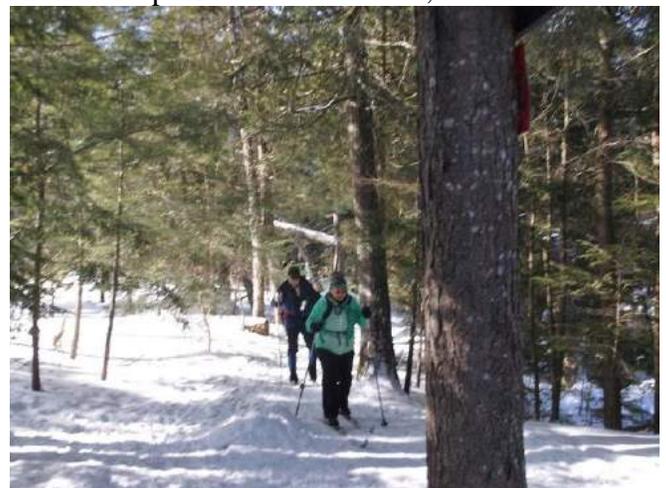
Lake Placid trip report Feb 16-20, 2018

Lake Placid trip participants: Jim and Virginia Magee, Bonnie Telegraphis and Ken Britton, Dave Leroy and Nancy Kauhler, Ron Henry, Nancy Borremans, Ed Cook, and the leader Bill Hoffman. Dennis and Pam Dunn, who missed out on the lottery, joined us for skiing and dinners; they stayed at a hotel in town. Due to Sandy Stine’s unfortunate accident at North Conway, she and Bill dropped out of this trip and their spaces were taken by Dave Leroy and Nancy Kauhler, who were at the top of the wait list.

We again had a new venue this year, Hillcrest Views, at 74 Hillcrest Avenue, just a few doors up

the street from last year’s location. The house was delightful, with 7 bedrooms, a well equipped if slightly small kitchen, usable enclosed porch, and a hot tub on the rear patio. If Bill Stine had not found a larger house that will enable more people to attend this popular trip, potentially eliminating the need for the lottery, I would undoubtedly have sought to return to Hillcrest Views next year. Everyone on the trip liked it.

Ski conditions were not of the best this year. While there was enough snow, rain two days prior to our arrival made for rough, and in places icy, snow. We went to the VIC at Paul Smith’s College on Saturday, the first day, where there was ample depth but only an inch or two of loose snow on top of the old pack. All considered, conditions were



better than they might have been. Most of us skied Loggers Loop in the morning. Then we broke into smaller groups, with some people opting for snowshoeing. Those of us who skied did Heron Marsh.

Sunday found most of us at Mt. Van Hoevenberg.



**Inlet Trip Report
March 2-5/6, 2018**

An overnight snowfall of 1-1/2 inches made all the difference. We had a great day exploring the trails on the west side of the access road—those on the other side of the tunnel, for those of you who know the place. We decided not to tackle the black diamonds on the east side, even with the benefit of new snow. We got our workout and managed the mostly blue-rated trails on the west side. Given 2-1/2 hours in the morning and a little over an hour in the afternoon, I figure we skied about 8 miles. By afternoon much of the new-fallen cover had been skied off, making the trails (and our speed) noticeably faster than in the morning. “We” includes the Magees, the Dunns, Nancy, Ron, and myself, and for most of the time, Ed. Dave and Nancy opted to explore some new areas on their own, and Ken, not feeling well last evening and not much improved in the morning, chose to go home, so he and Bonnie left after breakfast.

Monday brought sunshine and temperatures in the low 40s. Four of us—Ron, Virginia, Jim, and myself—skied several of the Peninsula trails. Other than the area along Lake Placid, which was quite icy, the trails were in good shape despite the lack of loose cover. Ed went back to Van Hoevenberg, and Dave and Nancy explored a favorite part of the Jack Rabbit Trail. Nancy B., having been on several successive trips, took the day off.

That evening, and getaway day brought rain and warm temperatures which in all likelihood ruined the skiing for the foreseeable future. We got out just in time.

The other significant feature of this trip was the number of members in sick bay. It began on Saturday with Ken, who didn't feel well and skipped dinner. Later on Sunday, Virginia, Nancy B., and Ed all felt not up to par. Dave also didn't feel well on Monday afternoon, but did have dinner with us. Dennis was also ailing, although you couldn't tell from his skiing, and he and Pam left for home Monday. As I write this upon arriving home on Tuesday evening, it's too soon to tell if whatever has laid these folks low will visit any of the rest of us.

Bill Hoffman

It's Wednesday, 70 degrees and I am contemplating an upcoming snow less weekend ski trip to Inlet. Yup!! Be careful what you wish for! By Friday, we were driving through blizzard conditions, 3 inches of snow per hour, and 60 mph winds. We had 15 inches of snow by Utica. The story of this trip was just getting there. Bill and Kay Pickering got the prize for a 20-hour drive! We had lots of road warrior stories to exchange. Six of us met at The Steak House and enjoyed a pleasant meal.

What a difference a day makes. We awoke Saturday to bare roads but great skiing. We observed the usual Inlet traditions by skiing at Thendara golf course, McCauley Ski Center, Fern Park, and Limekiln Campground (the home of Nancy's lost ski bindings). We visited the mandatory stuff – Mountain Man (new snowshoes for Kay, whose blew off the car on the drive up) Old Forge Hardware, Red Dog Restaurant (missed ya Fred and Carol). As always, we enjoyed great company and good food prepared by our fellow trip mates (starting with Kay's hor D'oeuvres). New and exciting for this year.....Dave and Nancy met Old Forge resident & Olympic biathlete, Maddie Paneuf at a reception at McCauley Ski Center. We hurried home before another Nor'easter.

Happy Skiers.....Bill and Kay Pickering, Marilyn and Jeff Grove, Dave Leroy and Nancy Kauh, Dennis and Pam Dunn, Sue Wills, Shirley Bayer.

Correction to March newsletter

Pulaski 1 trip participant correction: Martha & Jim McGraw were incorrectly identified as Martha and Jim Ruff therefore their names did not appear on the list of participants. My apologies to them.

Peg Hampton

RELEASE

(Excerpted from the Bylaws of the Kick 'N Gliders Nordic Ski Club)

Article XI. General Rules of the Club

Article XI, Section 1. No member or members of this Club shall obligate or commit the Club to any major endeavor, unusual activity or extraordinary action, unless Executive Committee approval shall have previously been obtained.

Article XI, Section 1A. Every member agrees to abide by the Kick 'N Gliders' Constitution and Bylaws and the Club Rules of Conduct, recognizing the social nature of the group and the authority and discretion granted to the Executive Committee herein.

Article XI, Section 2. Members desire to participate in the various activities of the Club. Each must recognize that all activities are strenuous and involve substantial risks of accident, injury and even death. Such activities, although engaged in as a group, are essentially individual activities/sports for which each individual must be physically and mentally prepared and capable, and in which each individual is essentially responsible for his own safety. The Club is simply an unincorporated association of interested persons which offers a central meeting point for those desiring to engage in the various activities; the Club does not sponsor or operate the activities for its benefit or profit; the leaders, the providers of motor vehicles, and drivers are all volunteers who lead or drive as an accommodation and not for their benefit or profit; the Club, its officers, the trip leaders, the activity leaders, vehicle owners, and vehicle drivers may not have (and in reliance hereon may not purchase) any insurance covering the individual or benefiting him in the event of accident, injury or death. Finally, each individual must recognize that many Club activities are conducted in wilderness or backcountry areas where appropriate medical care may be either totally unavailable, or hours and miles away and therefore inadequate in the event of emergency, but trip leaders and activity participants do not necessarily have any specific rescue, first aid, medical, or leadership skills or training. Each individual must understand that any and all trip leaders, activity leaders, and fellow participants are entitled to, and will rely on, the individual's ability to participate with the others.

I hereby recognize the Kick 'N Gliders as a nonprofit, unincorporated association of persons who have voluntarily organized themselves to participate in and enjoy various activities. I hereby certify that I have read the above section of the Club's Bylaws and understand the responsibilities of being a Club member and release, discharge and waive the Kick 'N Gliders and each and every one of its members from any and all liability for any loss, damage or injury I may suffer or sustain as a result of any of the activities of the Kick 'N Gliders by signing my name below.

I agree to abide by the Kick 'N Gliders Constitution and Bylaws and the Club Rules of Conduct.

I recognize the authority of the Executive Committee to revoke membership for violation of the Kick 'N Gliders' Constitution and Bylaws or the Club Rules of Conduct.

I recognize the authority of each trip leader to determine the composition of the roster for his trip.

**SIGNATURE(S) OF
MEMBER(S)** _____

DATE _____

If member(s) are under 18 years of age, a parent or guardian must also sign:

DATE

Signature and Relationship

**Meetings are held upstairs at the Center Street Grille, 4 Center St, Enola PA,
717-732-6900.**

Directions from 581 and Rt 15 interchange

- Go north on Rt 11/15 about 1.7 miles to N. 21st St stop light
- Turn left on N 21st St and go 0.3 miles to Center St stop light
- Turn left on Center St then continue northward (changes to E. Penn Dr) 2.7 miles to Wertzville Rd stop light
- Turn right onto Wertzville Rd, go 0.1 mile to first right
- Turn right on Center St; Center Street Grille is on the left.

Directions from I-81 and Rt 11/15 interchange:

- Go south on Rt 11/15 about 0.5 mile to Valley Rd stop light
- Turn right on Valley Rd and go 1.8 miles to Salt Rd
- Turn left onto Salt Rd and continue southward (changes to E. Penn Dr) 0.9 miles to Wertzville Rd stoplight
- Turn left onto Wertzville Rd, go 0.1 mile to first right
- Turn right on Center St; Center Street Grille is on the left.



KICK 'N GLIDERS
P.O. Box 1353
Mechanicsburg PA 17055

ADDRESS SERVICE REQUESTED

In this Issue of Easy Glider:

Officers for 2018-2019 season

Trip reports

Oh, Oh! Dues are due again!

In case you are interested: Pennsylvania Atlas

2018-2019 Membership Applicatio

Center Street Grille, directions to