



The Easy Glider

Kick 'n Gliders Nordic Ski Club

Editor: Peter Oswald (editor@kicknsliders.org)

Issue: April 2019

Meetings are held upstairs at Center Street Grille, 4 Center St, Enola PA, 717-732-6900.

The Center Street Grille is on the east side of Center Street just south of Wertzville Rd (PA-944).

Directions to Center Street Grill at end of newsletter.

Events

Events

7:00 pm, Tuesday, April 2, 2019, Annual election and trip planning meeting. Last business meeting of the season. Join us for dinner beforehand at 5:30.

7:00 pm, Wednesday, April 17, 2019
Dinner Social at the Blue Bird Inn
Cornwall, PA

6:00 pm, Tuesday, May 7, 2019 HOLD THE DATE! Register by Monday, April 29, 2019

What: End-Of-Season Banquet
When: Tuesday, May 7
Time: 6:00 pm
Where: Leeds Restaurant & Lounge, Harrisburg

Come celebrate the end of a great ski season with your friends. We'll have great food, door prizes, skiing videos and a wrap-up of the 2019 season.

More details below.

List of Officer nominees

2019-2020 season

- ✓ President- Fred Burgess
- ✓ Vice President/President Elect- Andrea Hospodar
- ✓ Secretary- Marilyn Grove
- ✓ Treasurer- Dave LeRoy
- ✓ Membership Chair- Nancy Kauh
- ✓ Trip Co-Coordinator- David Walborn and Nancy Class
- ✓ Day Trip Coordinator- Bill Stine
- ✓ Webmaster- Bill Stine
- ✓ Program Coordinator- Mike McMullen
- ✓ Newsletter Editor/Publisher- Nancy Kauh

Pulaski 2 Trip Report

Feb 22-25, 2019

Gliders on Trip: Marilyn Grove, Jim and Virginia Magee, Barbara Brandt, Bill Pickering, and trip leader, Peg Hampton

Marilyn, Jim, Ginny, and Peg met at the 1880 House early Friday for soup and the afternoon ski. We went to Winona Forest Center & Wart Road parking lot. There were lots of snowmobile trailers in the parking lot. We started in the Bill's Belly trail intending to connect with Winona Way, but it quickly became obvious that the snow conditions were slick and hard. We opted to ski Wart Road which was very pleasant and only a few snowmobiles. For once, the snow mobile trail had the nicest conditions. The highlight of the day was when Bill Pickering arrived and received an upgrade from the room 7 "penalty box" to room 8 with 6 twin beds and a private bathroom!

Went to Osceola Ski Center on Saturday. Conditions were much better than Winona. We



skied the south side first attempting to avoid any hills. After lunch, we skied the north side. We didn't ski every trail. We opted for the safest routes to avoid injury. Dinner Saturday night was baked ham prepared by the 1880 House cooks.

Sunday was a mixed bag day with rain forecast for most of the day. When we awoke, the sun was out



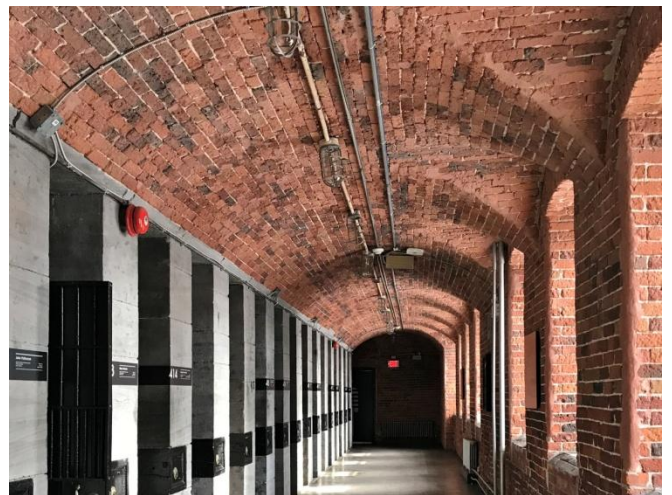
and, after a hearty cooked breakfast, we decided to snowshoe at Chateauguay. We were only out about 20 minutes when there were several rumbles of thunder. As pleasant as the forest was, we decided to return to our vehicles and drive to Salmon River Falls. From there, we drove to Selkirk Shores State Park and again donned our micro spikes as we headed to the cliffs over the shoreline. We had lunch at The Lakeside Restaurant. The food was good and service quick. The management thanked us for coming in! Dinner Sunday night was stuffed Cornish game hens. Even the peas and mashed potatoes were a hit!

Monday morn arrived with high winds and no one wanted to be in the woods. Snow was blowing making driving visibility challenging at times. Barbara, Jim, and Ginny packed up for the drive to Ottawa. Bill was waiting for Ed Cook to arrive and drive them to Ottawa. Marilyn and Peg headed for PA. We stayed on Route 11 and jumped on 81 at Syracuse. My last trip of the season is always a little depressing, but then I think of biking in sunshine and the sadness goes away.

Ottawa

Feb 25-Mar 1, 2019

The Ottawa Jail Hostel parking lot immediately let the 20 arriving club members know what was in store for them.



Prepare for an intense stay in Canada's capital city.

The glacier-like parking lot offered testimony to recent freezing rain that not only made unloading luggage treacherous but made the region's skiing trails unusually challenging.

It turned out snow-grooming machines mitigated many of the trail issues as the week wore on, and some group members ended up raving about their skiing experiences. But other trip participants opted to hang out in Ottawa rather than spending much time testing the slick trails outside town.



“The most uniquely interesting part of the trip was our lodging,” club member Mark Kern said. “The jail was most unusual.”

Those who went on the hostel's organized morning tours learned that “hanging out” was appropriate for guests, as the jail had been the site of 3 official hangings of men convicted of murder and probably many “unofficial” hangings arranged by angry prison guards intent on eliminating problem inmates.

Club members who took the tour heard about the inhumane treatment of inmates, dozens of whom died of disease and exposure, and were treated to views of a noose swaying above the trapdoor through which the condemned men would plummet to eternity.

“I'm glad we waited till the end of the trip to take the tour,” Barb Sears said. “I wouldn't have wanted to sleep another night there after learning about all those deaths.”

In addition to listening to neck-stretching tales, club members took advantage of mind-expanding opportunities at attractions such as the National Gallery of Canada, the Canada Museum of Nature, the Canadian War Museum, the Canadian National Museum and the Canadian House of Commons.

Some club members spent hours on foot downtown, taking in the sights. “I really enjoyed all the opportunities that Ottawa offered for cultural events and found the Canadian people to be very welcoming,” Barb said.

“I love, love Ottawa,” Pam Dunn said.

The Royal Canadian Mounted Police Musical Ride Centre was a favorite destination for several club members, including Jim and Ginny Magee and Bill Pickering, who got hours of special attention from accommodating Mounties because so few other members of the public were visiting the horse-training facility that day.

The first day of skiing at Gatineau Park across the Ottawa River in Quebec was disappointing for most of the dozen or so club members who ventured out of town. They had wanted to play it safe but found the route suggested by the visitors' center too bland, as it consisted of miles of climbing a wide road that had been closed to motor traffic.

As Pam summed it up: “Somewhat icy skiing... climb, climb, climb....”

Frigid temperatures and a brutal wind failed to add charm to that Tuesday outing.

At the suggestion of club members seeking better conditions Wednesday, the group bypassed Gatineau Park and drove to Nakkertok Nordic Trails, which belongs to what is billed as eastern Canada's largest cross-country ski club. The group found it was deserted except for the operator of a grooming machine that had just begun working on the trails. No paper maps were available at the visitors' payment box so Kick 'N Gliders who want to ski there in the future are advised to print maps from the Nakkertok website ahead of time.

A few deemed the conditions too icy and departed in short order, but others followed Bernie Labuskes, who had his sights set on a series of trails that involved steep climbs and then blood-pumping descents on the perimeter of the ski network.

Caroline Coleman and Mark stuck to the inner loops of the trail system and eventually came across a Nakkertok official who told them someone from the club would have started grooming the trails earlier in the day and would have started a fire in the club center had the Kick ‘N Gliders emailed a notice a few days prior to their visit.

Caroline had mixed feelings about the trail system. “Nakkertok is certainly a worthwhile ski center; a gem to be better enjoyed another time,” she said.

Bill Hoffman liked it well enough to return there Thursday to take advantage of the groomer’s work.

Other Kick ‘N Gliders ventured that day to the far end of Gatineau Park. Temperatures were ideal and the trails there were to everyone’s liking.

About half the group stayed at the far end of the park, but Bernie hatched a more ambitious plan that involved steeper terrain and more miles. He was followed by Denny Dunn, Brent Linde, Gil Linde, MaryAnn Linde and yours truly, who was more than a little nervous. That’s because an oversized sign at the trailhead warned that, despite



its intermediate rating on the official park map, much of the last leg of Bernie’s route boasts black-diamond hills. Previous “issues” there involving overconfident skiers apparently prompted the posting of the warning sign.

As it turned out, that leg of the route offered the most exhilarating descent of the Ottawa trip – and everyone got down that long, steep hill without mishap.

Ellen Hughes, Bonnie Gardner Close, Barb Sears and yours truly, who stayed a couple of extra day, returned Saturday to Nakkertok and found it had been exquisitely groomed. Many teens and younger children impressed the visitors with their skiing prowess and with their polite reaction to finding Americans plodding up the hills.

The four Kick ‘N Gliders stayed in a Gatineau City condominium complex in which the room temperature could be adjusted and where a limited number of vehicles could be parked underground. That complex could play host to a future Kick ‘N Gliders trip to the Ottawa area, depending on whether the trip leader(s) prefers a quiet, out-of-the-way refuge or more rugged, colorful accommodations in the midst of multiple downtown attractions.

This trip report would be remiss without



mentioning Ottawa’s Rideau Canal, which offers what is billed as the world’s largest skating rink and which attracted many Kick ‘N Gliders. Among them was Bonnie Telegraphis, who joked that she, Ken Britton and Barbara Brandt “skied on ice on the trails and skated on ice on the canal.”

“The weather conspired against us,” Ed Cook said in summarizing this year’s trip. “But everyone I spoke with was having a good time, me included.”

Inlet

March 1-5, 2019

Almost the end of our season but there was lots of snow in Inlet. There was good snow cover when we got there and it snowed more every day. Temps in the teens and twenties with about an inch falling most nights.

The ten Kick 'n Gliders on the trip had great conditions. We enjoyed the company of the Stines, Dunns, McMullens and four Pickerings, Bill, Kay, daughter Laura and daughter-in-law, Marcy.

We started off the first day with the traditional



trail around Cascade Lake. Nice to start but after about an hour the sun came out and, surprise, surprise, clumping! Got to take our skis for a walk on the way back and we all definitely slept well that night.

The second day was Fern Park Day. Mike and



Pam took it easy and only did about two miles, the Dunns and Stines covered a good part of the trails

and the "Energizer Bunny", Sandy, went back out on her own later in the day to get even more miles.

Monday was a treat as we went to a new venue that Bill and Sandy had found using a tip from Mountainman. Adirondack Woodcraft Camps is a summer camp that was recently bought by a young couple with three children. They're opening it in the summer as a camp and in the winter as a XC venue. The trails were fairly easy with no serious climbs or downhills. It was just a nice easy couple of hours on the trail. The surprise extra was Luna. She's the owners' border collie mix who absolutely loves the snow. Luna followed us the entire time,



often bounding off the trail and diving into the snow, the deeper the better. Very entertaining.

The Pickerings went a different way and skied the local golf courses. Saturday we were at Thendara with lots of new snow. The trails hadn't been groomed recently, so we had to create our own trail. Sunday we were at Inlet golf course which had been groomed more recently. As it warmed up, we experienced the same clumping the Cascade Lake crew had the day before.

All in all, a really good trip and the good news for the Boonville trip that followed was that there was even more lake effect coming down.

Mike McMullen

Boonville, NY

March 6-9, 2019

by Bill Stine

Amazing!

Words to adequately describe the string of superlative skiing days in Boonville this year are hard to come by. They were better than any four consecutive ski days in memory. Temperatures hovered in the teens to low twenties with an inch or two of fresh snow each evening, just enough to freshen up the trails. True, we had some windy days but the wooded venues mostly shielded us.

Tuesday, arrival day, found several participants at North Country Manor early in the afternoon and we opted for a short ski on BREIA's Jackson Hill trails. Conditions were perfect and we skied the four mile "Hillside / Adirondack Field / Into the Woods" loop. We were elated!

Wednesday dawned pretty cold and windy so we opted to wait until 10:00 to venture out. We had our sights set on our long-time favorite,



ungroomed trails of Carpenter Road. We were not disappointed! It had been a few days since the trails had been skied so there was some modest trail breaking to be done. But we were rewarded with beautiful snow conditions and scenery that included lots of snow-draped conifers. Most of us skied the main trails in the system. Others chose a shorter series of those trails and opted for an afternoon ski at our newly rediscovered trails at Adirondack Woodcraft Camps. These mostly single-track, easy, groomed trails wind nearly five miles through the scenic woods on the property of a children's summer camp.

On Thursday, most of us decided to ski the upper trails in BREIA's Egypt Road system. Again, a couple of inches of fresh fluffy snow blanketed the recently groomed trails and the skiing was a delight. We even managed to ski down the Gully IV trail with no mishaps so we could enjoy the Creek View Trail. Finally, many in the group skied one-way down the Link Trail to the lower parking area. And, to remain in the one-way theme, a few members skied down the Hillside Trail to the Canal Trail. Others in the group opted to ski a section of the groomed Steam Mill Road Trail near Brantingham Lake.

On our final full day in the area we again split into two groups. One returned to the Jackson Hill Trails where we added the Barkeater Loop, the Telemark Trail and the Serpentine Loop, finishing with a repeat down the Hillside Trail. The other



group first skied a portion of the BREIA Canal Trail and finished with the main loop at Jackson Hill. All had a fabulous day!

I would be remiss to neglect our meals. Each morning began, of course, with one of host Craig's patented breakfasts. Our first evening meal consisted of leftovers from the Inlet Trip. We patronized the Steak & Brew Restaurant the following evening where a few of us couldn't resist the tableside preparations of Caesar Salad and Bananas Foster. We served up Bill's "Meals from Cans Autumn Chili" the next night and, finally, finished off with a pizza and leftovers

night. All the meals were supplemented with a salad and Jesse and Karen's homemade apple pie and applesauce. Thanks, too, to members who donated appetizers, especially the copious quantities of steamed shrimp from Karen & Jesse!

A few of us finished the trip off with a ski around the Westwind Loop at Highland Forest where conditions, while not quite up to Boonville standards, were very good, indeed.

The 2019 Boonville Trip is now a treasured memory; a perfect end to an excellent Kick 'n Gliders ski season!

A Trip to Maine Huts and Trails

Dave LeRoy and Nancy Kauhler decided to spend two days at Flagstaff Hut, one of four huts in the Maine Huts and Trails (MHT) system, in mid-February. After eating lunch in Kingfield, ME, we drove 22 miles down Long Falls Dam Road, marveling at the height of the snow piled along the side of the road. We arrived at the trailhead



parking in mid-afternoon, loaded our gear (sleeping bags and a change of clothes) onto our backs, and skied onto the trail. We skied nearly two miles into Flagstaff Hut.

The Hut crew, consisting of Olivia, Pearl and Morgan, and Olivia's friend, Emily, were busy in the kitchen preparing dinner for 17 guests. Besides us, guests included Olivia's mother and Emily's mother, two families and several couples. The crew seemed to be enjoying the tasks at hand

and kept us entertained at the same time, as they were singing along to ABBA. "Mamma Mia!" indeed.

Fresh snow fell overnight and we awoke to about four inches of fresh powder on top of the already good snow conditions. After a delicious breakfast (with fresh cinnamon rolls made by Emily), we prepared a bag lunch and encouraged our fellow guests as they headed out to ski back to the trailhead or on to Grand Falls Hut eleven miles away. We headed out onto the freshly groomed



trail towards Grand Falls Hut. The woods were beautiful and the skiing conditions were the best we remember ever experiencing at MHT. We met a group of skiers on an AMC trip, including a gentleman from Philadelphia. After meeting Olivia's mother on the trail and chatting with her for a while (about favorite ski venues like Craftsbury), we returned to Flagstaff Hut and ate our bag lunches. Later in the afternoon we borrowed snowshoes from the hut, intending to walk out to a point to view Flagstaff Lake, but we soon found ourselves out of our element; where the trail was not well packed, we sunk in up to our knees even with snowshoes!

The second evening we shared the hut with five other guests. One of the guests had graduated from Penn State but now lives in Maine. He and his two daughters try to get to State College for a football game each year (though the daughters didn't appear to be as excited about that as their father). Another guest had grown up in Philadelphia but currently lives in Boston. As we have experienced in the past, most of the guests to MHT come from New England.

The next morning, after another delicious breakfast and packing our own bag lunch, we loaded up our gear and headed back to the trailhead. It was a gorgeous, sunny day with a temperature in the high-teens, perfect for skiing. We were sorry to say good-bye to such wonderful snow but left with good memories to last until our next visit to MHT.

Nancy Kauh





Celebrate the 2019 Ski Season! End-of-Season Banquet

When: Tuesday, May 7 Schedule: 6:00 p.m. Appetizers/Cash Bar 6:45 p.m. Dinner 8:00 p.m. Program	Restaurant: Leeds Restaurant & Lounge 750 Eisenhower Blvd. Harrisburg, PA 717-564-4654
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- **Cost: \$35 per person**
Includes appetizers, salad, dinner, dessert and coffee, tea, soda or iced tea
- **Cash Bar**
- **Dinner Choices:** *(Your selection will be made that evening.)*

Lump Crab Cake(single)
Broiled Fresh Jumbo Lump Crab Meat
Baby Back Ribs
Tender baby back ribs char-grilled with barbeque sauce
Chicken Marsala
Tender chicken breast sauteed in a marsala wine sauce with mushrooms
Salmon Gorgonzola
Fresh salmon grilled with gorgonzola sauce and steamed spinach

- **Reservation Deadline: Monday, April 29**



Reservation Form for Kick 'n Gliders 2019 End-of-Season Banquet

Mail this portion (along with your check) to:

Sandy Stine
 1501 Bloomfield Way
 Landisville PA 17538

_____ # of people @ \$35 = \$_____ Check made out to "Kick 'n Gliders"

Names(s) of attendees:

(Please note any dietary restrictions.)

Intentionally left blank

**Meetings are held upstairs at the Center Street Grille
4 Center St, Enola PA,
717-732-6900.**

Directions from 581 and Rt 15 interchange

- Go north on Rt 11/15 about 1.7 miles to N. 21st St stop light
- Turn left on N 21st St and go 0.3 miles to Center St stop light
- Turn left on Center St then continue northward (changes to E. Penn Dr) 2.7 miles to Wertzville Rd stop light
- Turn right onto Wertzville Rd, go 0.1 mile to first right
- Turn right on Center St; Center Street Grille is on the left.

Directions from I-81 and Rt 11/15 interchange:

- Go south on Rt 11/15 about 0.5 mile to Valley Rd stop light
- Turn right on Valley Rd and go 1.8 miles to Salt Rd
- Turn left onto Salt Rd and continue southward (changes to E. Penn Dr) 0.9 miles to Wertzville Rd stoplight
- Turn left onto Wertzville Rd, go 0.1 mile to first right
- Turn right on Center St; Center Street Grille is on the left.



KICK 'N GLIDERS
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Mechanicsburg PA 17055

ADDRESS SERVICE REQUESTED

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