



# The Easy Glider

Kick 'n Gliders Nordic Ski Club

Editor: Nancy Kahl ([editor@kickngliders.org](mailto:editor@kickngliders.org))

Issue: August 2019

Events

## Up-coming Events

### September 1st - Mt Gretna Trail Ride and Porch Party

8:00 am - We'll gather for breakfast at the Porch and Pantry when they open at 8:00 am. They don't take reservations so it's first come first seated.

9:30 - Ride on the Mt. Gretna Rail Trail - Starts from the central parking lot in Mt. Gretna.

12:00 - We head up to Tom Hooper's for a potluck Lunch. Address is 208 Maple Avenue or 208 Heights Avenue or 208 Maple Heights Ave.

Please RSVP for the porch party so Tom can plan. Let us know what your dish to share will be.

RSVP - [mcmullenm@acm.org](mailto:mcmullenm@acm.org) (preferred) or 717-730-6073

### October 5 - Ox Roast at LeRoy/Kahl's

Join us at Nancy and Dave's home in Perry County for this traditional kick-off event for the ski season. You are welcome to arrive as early as 3:30 pm for conversation and snacks; the fire will be burning and the meat will be roasting in anticipation of eating dinner between 5:30 and 6:00 pm.

**What you are expected to bring:** Your favorite potluck dish to share (salads, baked beans, veggies or desserts), your beverage (alcoholic) of choice, \$5 event fee (to cover the cost of the meat and paper products), lawn chair if the weather is nice, and your checkbook if you want to make deposits/payments on any of this season's ski trips.

**What will be provided:** Meat ("ox" roasted over an open fire and sausages on the grill), soda, ice, paper plates, plastic cups, plastic utensils, napkins, and coffee. Some serving utensils will also be available.

**Want to help?** Your help keeping the fire going, grilling sausages, welcoming newcomers, or set-up and clean-up will be much appreciated. If you are willing to help with any of these, please offer when you make your reservation so the hosts can plan accordingly.

**Reservations are required:** Let Nancy know (717-582-2562 or [kauhlbbh@pa.net](mailto:kauhlbbh@pa.net)) **by October 3, 2019**, if you are coming, who/how many you are making reservations for (so we know how much meat to prepare), and what potluck dish you plan to bring. If you need directions to Black Birch Hollow, let Nancy know and she'll email them to you.



## Dues Are Due!

If you haven't renewed your membership since May (the beginning of the club's fiscal year) you still have time! In fact, we give you a grace period until the beginning of December, but why wait? Do it now, while you're thinking about it, to ensure that you continue to receive newsletters and email notices, and that your contact information is included in the People To Ski With (to be published in mid-December). Membership applications are available in this newsletter or on the club website ([www.kicknsliders.org](http://www.kicknsliders.org)).

# Status of Ski Trip Sign-ups

As of July 25, the early submission date, six trips for the upcoming season were full or over-subscribed, based on the published capacities. Several of our trip leaders were able to make arrangements to accommodate everyone who signed up by that date, so we only required a lottery for the Lake Placid trip and the Laurentians trip.

The lottery was held on August 13. If you signed up for either of those trips, you should have received notice from the trip leader as to your standing on those trips. If you have not, please contact the trip leader.

There are still openings on a number of wonderful trips scheduled for the season ahead. Check out the *Season Schedule and Guide* or the website for details of the following trips and consider joining us! Trips that still have openings are:

Craftsbury #1, VT --- December 28, 2019 to January 1, 2020

Cazenovia, NY --- January 14 – 17, 2020

Pulaski #1, NY --- January 17 – 20, 2020

Stowe, VT --- January 26 – 31, 2020

Bethel, ME --- February 9 – 13, 2020

Pulaski #2, NY --- February 20 – 23, 2020

Rocky Point, Inlet, NY --- February 28 – March 2/3, 2020

Boonville #2, NY --- March 6 – 10, 2020



# Summer Trip Report

## Ricketts Glen Hike

On Wednesday, July 10, four Kick'n Gliders met for an impromptu hike at Ricketts Glen State Park. Participants were: Bill Morrow, Al Moses, Chris Brubaker and Andrea Hospodar. It was a beautiful, sunny day with warm but comfortable temperatures. The heavy rains in spring and early summer provided spectacular volume in the falls and they were quite impressive. We hiked the roughly 5-



mile loop around the top part of the "Y" trail system, taking in almost all of the 22 falls which range in height from 11 to 94 feet.



I was impressed with the improvements in the trail system since I was last there. It was much safer and more hike-able than it used to be. We stopped for a trailside

lunch at "waters meet" where the east and west branches of the Kitchen Creek join and continue on down the glen. Many of the trees in this area are over 300 years old, 4 feet in diameter and



over 100 feet tall! Chris Brubaker opted to make an overnight of it, and camped in the park with plans to kayak on Lake Jean the following day. If you've never been to this park, you really should put it on your bucket list! If you have been there, it is well worth re-visiting every so often!



Submitted by Andrea Hospodar

# Kick 'n Gliders Nordic Ski Club

www.kicknogliders.org

## 2019-2020 Membership Application & Release

<p><b>Print</b> form &amp; fill in by hand</p> <p><b>Important:</b> Be sure to sign release on second page</p>	<p><b>Dues Year:</b> May 1 to April 30</p> <p><b>Dues:</b>      <b>Individual</b>   <b>Family</b></p> <p><b>New Member</b>....\$5.....\$7.50</p> <p><b>Renewal</b>.....\$20.....\$30</p> <p><b>Make Checks Payable to:</b> KICK 'N GLIDERS</p>	<p><b>Mail Application and check to:</b></p> <p>Kick 'n Gliders P.O. Box 1353 Mechanicsburg, PA 17055</p>
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**Check** the box on the right for any information to **not** be published in the club's roster, *People to Ski With*

Name(s)			
(Other family members)			
Address			
City	State	Zip	
Phone ( )	(primary)		
( )	(cell)		
<p><b>Note:</b> Please indicate your cell phone number because it may be necessary for the trip leader to contact you when you are traveling to/from a Kick 'n Gliders' trip.</p>			
<p><b>E-Mail:</b></p> <p>Please print clearly</p>			

Please print clearly!

Check here  if you are willing to forgo the paper copy and receive the *Easy Glider* electronically.

We **MUST** have a valid email address for you to receive the *Easy Glider* electronically.

**Be sure to sign and date the release on the next page.**

# RELEASE

(Excerpted from the Bylaws of the Kick 'N Gliders Nordic Ski Club)

## **Article XI. General Rules of the Club**

Article XI, Section 1. No member or members of this Club shall obligate or commit the Club to any major endeavor, unusual activity or extraordinary action, unless Executive Committee approval shall have previously been obtained.

Article XI, Section 1A. Every member agrees to abide by the Kick 'N Gliders' Constitution and Bylaws and the Club Rules of Conduct, recognizing the social nature of the group and the authority and discretion granted to the Executive Committee herein.

Article XI, Section 2. Members desire to participate in the various activities of the Club. Each must recognize that all activities are strenuous and involve substantial risks of accident, injury and even death. Such activities, although engaged in as a group, are essentially individual activities/sports for which each individual must be physically and mentally prepared and capable, and in which each individual is essentially responsible for his own safety. The Club is simply an unincorporated association of interested persons which offers a central meeting point for those desiring to engage in the various activities; the Club does not sponsor or operate the activities for its benefit or profit; the leaders, the providers of motor vehicles, and drivers are all volunteers who lead or drive as an accommodation and not for their benefit or profit; the Club, its officers, the trip leaders, the activity leaders, vehicle owners, and vehicle drivers may not have (and in reliance hereon may not purchase) any insurance covering the individual or benefiting him in the event of accident, injury or death. Finally, each individual must recognize that many Club activities are conducted in wilderness or backcountry areas where appropriate medical care may be either totally unavailable, or hours and miles away and therefore inadequate in the event of emergency, but trip leaders and activity participants do not necessarily have any specific rescue, first aid, medical, or leadership skills or training. Each individual must understand that any and all trip leaders, activity leaders, and fellow participants are entitled to, and will rely on, the individual's ability to participate with the others.

I hereby recognize the Kick 'N Gliders as a nonprofit, unincorporated association of persons who have voluntarily organized themselves to participate in and enjoy various activities. I hereby certify that I have read the above section of the Club's Bylaws and understand the responsibilities of being a Club member and release, discharge and waive the Kick 'N Gliders and each and every one of its members from any and all liability for any loss, damage or injury I may suffer or sustain as a result of any of the activities of the Kick 'N Gliders by signing my name below.

I agree to abide by the Kick 'N Gliders Constitution and Bylaws and the Club Rules of Conduct.

I recognize the authority of the Executive Committee to revoke membership for violation of the Kick 'N Gliders' Constitution and Bylaws or the Club Rules of Conduct.

I recognize the authority of each trip leader to determine the composition of the roster for his trip.

**SIGNATURE OF  
MEMBER(S)**

**DATE**

If member(s) are under 18 years of age, a parent or guardian must also sign:

**DATE**

Signature and Relationship

# Update on Osceola Tug Hill Ski Center

The latest news regarding the Osceola Tug Hill Ski Center (OTH) is that one of the gentlemen who was interested in purchasing the OTH has purchased other property in Osceola with the intention of opening his own ski touring center there in time for the upcoming season. It is not immediately clear how this will affect OTH, **which will be open for the upcoming season**. Of course, if both ski centers are open, it will make the area more attractive for skiers like us to travel to the area.

David Hill, who wrote an article about OTH for the *Rome Sentinel* last year, is very interested in running OTH and is trying to figure out a way to purchase it. Jesse Jepsen, David LeRoy and Nancy Kauhl had an interesting conversation with David in June and, according to an email Jesse received from Hugh Quinn, David and his wife had visited OTH in July to see how it looks in the summer. It is still likely that support, in the form of a supplemental organization, will be needed to encourage the future of OTH. We'll keep you informed of future developments.



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## *Did you know...*

Fig, an organization that celebrates independent businesses in the City of Lancaster through a mix of print, digital, and social media, featured one of our own Kick 'n Glider's, Tom Hooper, in their May article about the Lancaster Market. Check it out at <https://figlanaster.com/2019/05/20/the-meeting-place-central-market-cultivating-community/>



KICK 'N GLIDERS  
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ADDRESS SERVICE REQUESTED

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