



The *Easy Glider*

Kick 'n Gliders Nordic Ski Club

Editor: Nancy Kahl (editor@kicknsliders.org)

Issue: January 2020

* * *Trip Openings* * *

We have two trips that still have openings and we'd like you to join us!

Laurentians, Quebec, CA – February 13 – 20, 2020. This trip was originally subject to a lottery and we added accommodations. Recently, we have had a couple drop out of the overflow accommodations for this trip, so we have **space for 1-3 people**. If you've been thinking about looking for snow further north, this is your chance! Contact Nancy Kahl at kahlbbh@pa.net.

PLEASE NOTE: A passport is required for travel to and from Canada.

Inlet, NY --- February 28 – March 2, 2020. We've added a third condo and we'd like to fill it! Join us, as we get to ski a wide selection of venues, from the beautiful local golf courses to back country trails. An extra is that this year we get to watch the fun Cardboard Sled races at Fern Park in Inlet. Questions? Want more info? Send an email to mcmullenm@acm.org.

Up-coming Events

January 22 – Social at Herby's El Mexicano

7:00 pm – Meet at Herby's El Mexicano, 720 Main Street, Harrisburg, (717-939-0624) for dinner and socializing. RSVP to mcmullenm@acm.org (preferred) or 717-730-6073.

February 11 – Meeting at Center Street Grille

NOTE: This is the second Tuesday of the month!

5:30 pm – Meet for dinner prior to the meeting. If interested in dinner, RSVP to mcmullenm@acm.org (preferred) or 717-730-6073.

7:00 pm – Business Meeting followed by program.

Winter is a time when some of us head indoors, turn up the heat, and settle down with a good book. Have you ever wondered how our area’s Native Peoples spent their winters? Paul Nevin, Director of the Susquehanna Heritage Center, just south of Wrightsville at Long Level, will offer a glimpse of winter life in the days of longhouses and bearskin blankets, early style toboggans and snowshoes. Learn how the indigenous people of this land survived and celebrated this time of the year.

~Thanks to Roberta Strickler for this recommendation.

February 26 - Social at Fenicci's, Hershey

NOTE: This is fifteen days after our February meeting date!

7:00 pm –The February social will be at our old favorite, Fenicci's in Hershey (102 W. Chocolate Ave., Hershey, 717-533-7159). Our date is the 26th, safely past Valentine’s day so that we will avoid the inevitable crowds on that date. RSVP to mcmullenm@acm.org (preferred) or 717-730-6073.

March 10 - Meeting at Center Street Grille

NOTE: This is the second Tuesday of the month!

5:30 pm – Meet for dinner prior to the meeting. If interested in dinner, RSVP to mcmullenm@acm.org (preferred) or 717-730-6073.

7:00 pm – Business Meeting followed by program “Borders”.

Hear about Fred and Tanya Richter's 2019 travels. As they describe it, "We crossed or nearly crossed several contentious borders: Israel/Jordan and Armenia/Georgia and straddled Lebanon, Syria, Russia and Azerbaijan. It got us thinking about border crossings. We'll share our experiences, including hiking a small portion of the TransCaucasian Trail (TCT), crossing 12 language "borders", with these and other border crossings like US/Mexico and through Europe". With our well-traveled Kick 'n Gliders, hopefully others will also share their border stories.

March 18 - Social at John Wright, Wrightsville

7:00 pm – On March 18th we're going to try something new to us, the John Wright Restaurant (234 N. Front St., Wrightsville, 717-252-0416) in Wrightsville. This is a delightful, river-side restaurant in an historic building. Again, shouldn't be too busy since this is the day after Saint Patrick's Day. RSVP to mcmullenm@acm.org (preferred) or 717-730-6073.

**Meetings are held upstairs at the Center Street Grille
4 Center St, Enola, PA
717-732-6900**

Directions from 581 and Rt 15 interchange

- Go north on Rt 11/15 about 1.7 miles to N. 21st St stop light
- Turn left on N 21st St and go 0.3 miles to Center St stop light
- Turn left on Center St then continue northward (changes to E. Penn Dr) 2.7 miles to Wertzville Rd stop light
- Turn right onto Wertzville Rd, go 0.1 mile to first right
- Turn right on Center St; Center Street Grille is on the left.

Directions from I-81 and Rt 11/15 interchange:

- Go south on Rt 11/15 about 0.5 mile to Valley Rd stop light
- Turn right on Valley Rd and go 1.8 miles to Salt Rd
- Turn left onto Salt Rd and continue southward (changes to E. Penn Dr) 0.9 miles to Wertzville Rd stoplight
- Turn left onto Wertzville Rd, go 0.1 mile to first right
- Turn right on Center St; Center Street Grille is on the left.



Tanya Richter, Nan Reisinger, and Maria Pieretti getting friendly with pine elves at Craftsbury.

Rick Begley at Craftsbury.

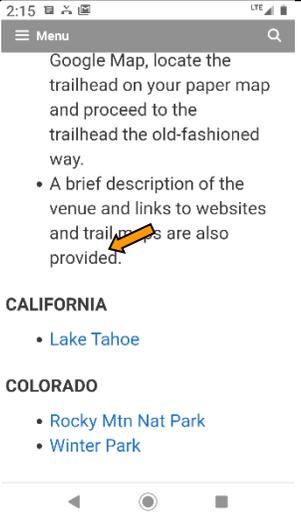


Smartphone Navigation 101

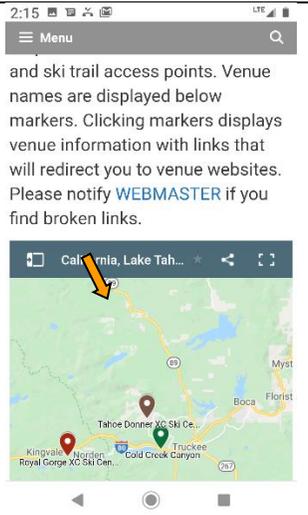
Using a Smartphone to Navigate to Trailheads by Bill Stine

Got a smartphone? Use it in your car to navigate? Well, then, you might like this shortcut to directions to any of more than one hundred skiing trailheads that are documented on our website.

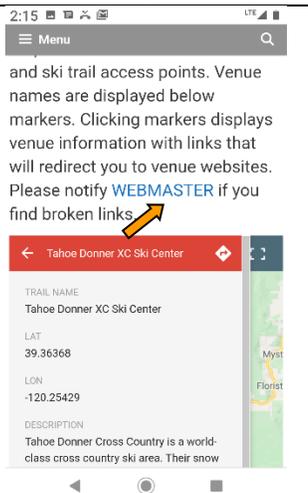
Let's pretend we are in Truckee, CA, and want to go to the Tahoe Donner ski area.

<p>Open our website: kickngliders.org/wp/.</p>	
<p>From the menu, open the “Ski Venues” link. Page down to find the area in which you wish to ski and touch that link, in this case, “Lake Tahoe”.</p>	

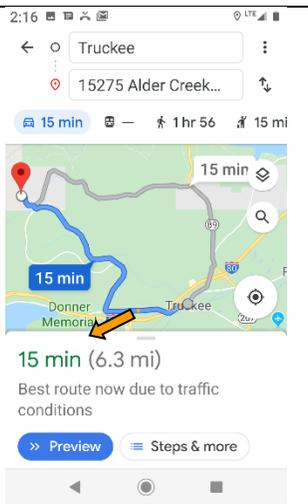
A page comes up that displays a map of the area. Touch the place mark labeled “Tahoe Donner X Ski Center”.



The information for the ski center opens. Touch the “navigate” at the symbol upper right corner of the information page.



A Google Map opens up displaying the suggested route(s) from your current location. Touch the “Start” button lower left and navigation instructions will begin. (This screen’s button is labeled “Preview” because I was sitting in my home when I wrote this.)



Meeting and Social Reports

2019 Holiday Party – December 18, 2019

The weather was chilly for this year's Kick 'n Glider's Holiday Party. And the wind, which whips through the Stine's back yard, made it uncomfortable enough outside to discourage even the heartiest skiers from congregating out on the patio!

On the bright side, this was the first time in recent memory that we actually had a bit of snow on the ground. And, not to be discouraged by a bit of weather, about forty-five skiers showed up for our annual holiday event. As usual, we had tons of food with the usual overabundance of desserts.

This has always been a fun event to host that Sandy and I always enjoy. It was a delightful evening! ~Bill Stine

Program -- January 7, 2020

In spite of the afternoon's snowfall we had a great turnout at the Center Street Grill to hear Joyce Wilder's 'Bee Talk'. We had 20 hearty souls who came for dinner and it turned out we were a majority of the Grille's business that night. The fact that almost no one else was there certainly helped to speed up the service. Joyce's talk was very engaging and I don't think most there realized there was so much to know about bees and bee keeping, even given how much of the presentation was about sex, bee sex that is. ~Mike McMullen



Trip Reports

Craftsbury for New Year's – A Trip of Challenges

Twenty-nine Kick 'n Gliders arrived at Craftsbury Outdoor Center on December 28, 2019, and found that having a great time would involve a few challenges in addition to the anticipated fun!

Challenge #1 – Craftsbury had received a lot of rain the week before which meant that the snow cover wasn't as great as we would have liked when we arrived. What snow was on the ground was hard and icy, except where the groomers had added the snow that they had made. That meant lots of people were skiing on a 5k loop or portions thereof. And lots of those people were young high school ski teams who could be intimidating as they raced by those of us who are more leisurely diagonal-striders!

Challenge #2 – The showers in the dorm sported hour-glass style timers. A sign posted next to the timer challenged all of us to see if we could shorten our time spent, and the water we use, for each shower.





Challenge #3 – The weather reports for Sunday varied from rain to snow and all things in between. We all were hoping that the margin of error would favor snow. Saturday night brought about 2 inches of snow, but Sunday, the precipitation fell as a mix, sometimes heavy rain, often light rain or sleet, occasionally a little bit of snow. Most of us discovered that the skiing was pretty good anyway and the sleet just bounced off of us. And a few more trails were open to explore!

Challenge #4 – Craftsbury sources a lot of their food from Vermont farms and every meal had at least a few ingredients that were unfamiliar to many of us. While most of us enjoyed experimenting with new tastes, a few of us are “culinary traditionalists” and Meatless Monday really challenged our taste buds. Who wants ice cream? How about pizza? We had those and a traditional turkey dinner, too.



Fred Richter running off with the ice cream carton...



...and Ed Cook wondering where it went!

Challenge #5 – Some of the high school kids from Concord, NH, were in the common room of Cedar Lodge one evening. They were on their phones, giggling and carrying on, but also bored. Jen Marheva challenged them to spend 15 minutes, in silence, reading a book from the nearby bookcase. When they had finished the 15 minutes, she asked each of them to give a brief oral synopsis of what they had read. It was interesting to hear the variety of books that they had chosen. Jen was surprised that they had actually accepted the challenge and shared what they had read!

Challenge #6 – The TV room in the basement of Cedar Lodge has been decreased in size in order to add a guest laundry. Bill Stine accepted the challenge of crowding as many loose chairs as he could find into the room in order to show “Inca Heartland – Highlands of Bolivia & Peru” travelogue video on Monday evening.

Challenge #7 -- More snow fell Monday night. Though it looked fluffy, some of us found it sticky. It’s always a challenge to ski with clumps of snow on the bottom of each ski!



Night skiing on New Year’s Eve ala Tim Musser.



Challenge #8 – New Year’s Eve and time to party, Craftsbury style! The challenge this evening was passing up the delicious snacks like local cheeses, smoked salmon, pomegranates and blood oranges, and fudge. We didn’t need any more food (after all, none of us left dinner hungry), but we needed something to soak up the champagne, didn’t we? And we needed strength to uncork the champagne bottles and throw some Christmas trees on the bonfire!

Challenge #9 – Tuesday night was a short night for those of us who had to travel home on Wednesday. There was some light snow in the air and hopefully the slick roads on our travel day didn’t cause problems for anyone.

Challenge #10 – Having fun! This “challenge” was a cinch! We always enjoy spending time with our Kick ‘n Gliders “family”, getting back on the skis for another season, and welcoming the new year in Vermont. It’s a great way to start the season. ~ Nancy Kauh



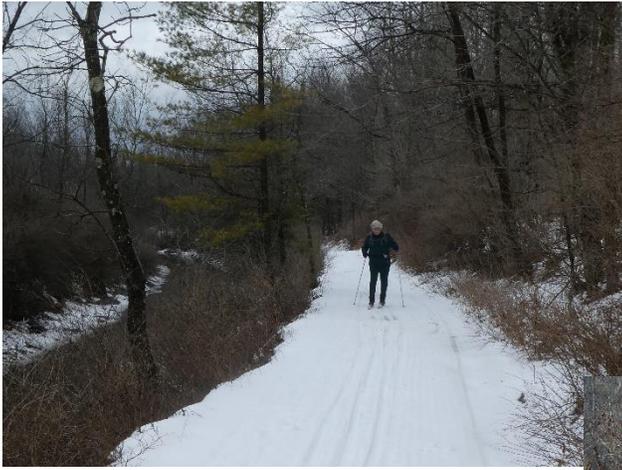
Boonville #1

We had 15 fun attendees on our Boonville #1 trip. We had a new member, Maryann Smith, who brought a lot of life to the group, and Geri Stahr who returned after about 9 years.

As we drove into town, we noticed something very different. A whole city block had burned just days before, including many businesses and apartments located above. Little did we know this would affect us directly as our favorite pizza shop was one of the businesses destroyed by the fire.

We had little expectations about the condition of the snow based on the recent snow reports and our own personal observation. Fred Burgess had arrived in Boonville early on Friday, before anyone else, and reported that the snow at Carpenter Road was very good. I went with a





group to the Seymore trailhead and we found about 15 inches of fresh snow with no tracks. Saturday, most participants went back to Carpenter Road, at the Douglas Creek trailhead and spent a fine day skiing even though there were high winds and the threat of rain. We had an excellent ski and ended it when the rain arrived, but by that time we were tired any way. Dave and Nancy were off on their own adventure that day skiing along the Black River Canal.

The following day some brave souls went back to Carpenter Road, while others decided to explore the area. I went with a



group to Utica



to visit the Munson William Proctor Art Institute. Nancy and Dave went to explore 35 acres (100 acres when complete) of new green houses in Oneida. The greenhouses are presently growing strawberries and will switch over to cucumbers in May. But before they could arrive at their destination, they had to help clear a tree that had been knocked down by the wind and had completely blocked the road.

No trip could be complete to the area that did not include a trip to Old Forge, the hardware store and the cinema where we saw "Little Women". The trip back to the North Country Manor B&B was white knuckle with dense fog. Craig was a perfect host as usual. Sunday night the women of the group got all wound up and had a dance party. It was a blast! ~ Barb Sears

Did you know...

...there is a mummy in Cazenovia, NY? The Public Library has an Egyptian exhibit and one of the artifacts is a mummy.



KICK 'N GLIDERS
P.O. Box 1353
Mechanicsburg PA 17055

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