



The *Easy Glider*

Kick 'n Gliders Nordic Ski Club

Editor: Nancy Kahl (editor@kickngliders.org)

Issue: February 2022

Up-coming Events

March 1, 2022 - * Meeting Cancelled *****

March 16, 2022 - Social at Marzoni's Brick Oven & Brewing Co.

7:00 pm – Meet at Marzoni's Brick Oven & Brewing Co., 4925 Ritter Rd., Mechanicsburg PA 17055 (717-766-6289).

April 5, 2022 - Meeting at Centre Street Grille

7:00 pm – Business Meeting – This is our annual meeting for Elections, followed by 2023 Trip Planning. Immediate Past President, Andrea Hospodar, presented a proposed slate of officers to be considered for the elections. (See the proposed slate on page 2.) Come with ideas and information for planning next season's ski trips.

April 20, 2022 - Social at Blue Bird Inn

7:00 pm – Meet at Blue Bird Inn, 2387 Cornwall Rd., Cornwall/Lebanon, PA 17042



Program Meetings - Directions

Program Meetings: Program Meetings are typically held at 7:00 pm on the first Tuesday of the month at Center Street Grille at 4 Center St, Enola, PA. Meetings are held upstairs. 717-732-6900.

NOTES:

As of the beginning of September, 2021, the Center Street Grille has no COVID restrictions. We recommend that those attending the meeting follow CDC guidelines, wearing a mask regardless of vaccination status.

Attendees interested in eating at the Grille prior to the meeting should gather at 5:30 for dinner.

Directions from PA-283 at Exit to I-283

1. Follow I-83 S toward Harrisburg
2. Take exit 42 toward Lemoyne onto Lowther St
3. Turn right onto S 3rd St
4. Turn right onto Market St
5. Take the 1st left onto S Front St / S Enola Rd
6. Turn left onto PA-944 W
7. Turn left onto PA-944 W / Wertzville Rd
8. Turn left onto Center St
9. Destination will be on the left

Directions from I-81 N at PA-581

1. Follow I-81 N (1.2 mi)
2. Exit 61 for PA-944 / Wertzville Rd (0.2 mi)
3. R onto PA-944 E / Wertzville Rd (2.1 mi)
4. R onto Center St. Destination on left. (135 ft)

Directions from I-83 and I-76, PA Turnpike

1. Follow I-83 N (1.8 mi)
2. Exit 41B for Lemoyne (0.5 mi)
3. L onto Lowther St (0.2 mi)
4. L onto S 3rd St (0.5 mi)
5. R onto Market St (0.4 mi)
6. L onto S Front St (2.0 mi)
7. Continue onto US-11 N / US-15 / 501 N (1.0 mi)
8. L onto Enola St (259 ft)
9. Slight L onto South St (0.1 mi)
10. R onto PA-944 W (0.4 mi)
11. L onto PA-944 W / Wertzville Rd (0.6 mi)
12. L onto Center St. Destination will be on the left. (135 ft)

Proposed Slate of Officers

At the February 1, 2022, Business Meeting, our immediate past-president, Andrea Hospodar, presented the slate of officers for consideration for voting at the April meeting.

Presidents	Fred and Tanya Richter
Vice-President/President-elect	Gary Musser
Treasurer	David LeRoy
Secretary	Marilyn Grove
Extended Trips Coordinators	David Walborn, Jamie Hackman
Day Trips Coordinator	Bill Stine
Membership	Nancy Kauh
Programs	Andrea Hospodar
Newsletter Editor	Nancy Kauh
Immediate Past President	Fred Burgess

Time to Get Philanthropic

Someone who recently skied at Winona Forest (Tourathon Trails) asked if the Kick 'n Gliders can afford to make a cash contribution to Winona Forest. Your faithful treasurer checked and found that we can safely give them \$500. Further, we can follow our historical practice and also donate \$500 each to the Jackrabbit and Catamount Trails and Crystal Lake Ski Center without endangering our bank balance. Dave LeRoy plans to make a motion to this effect at the April 5, 2022, planning meeting.



Trip Planning

Our April Business Meeting is traditionally our planning meeting for the following ski season. Do you have a place to ski that you'd like to share with the Club? This is the time for you to present your idea for a new venue or a return to an old favorite that we haven't skied for a while. Find a place to stay, determine some available time periods and approximate costs, and show up with the information to share with the group. Make your pitch to the group and enjoy the process as we shuffle the schedule around on April 5!



Trip Reports

Gliders dig new digs near Pulaski

Tailwater Lodge, Altmar, NY – January 17 – 20, 2022

Trip Participants: Pam & Mike McMullen; Gil, Marianne & Brent Linde; Caroline Coleman; Peggy Hampton; Mark Riordan; Loretta Brady & Chris Viani; Christine Brubaker; Lin Pomeroy; Lisa Baer & Bart Richwine; Karen Northeimer & Jesse Jepsen (Fill-in Trip Leader for Sandy Stine, a scratch due to COVID the prior week)

It was great to return to ski the familiar Tug Hill WEST side and stay at a comfortable and spacious resort-style lodge that is new to most Gliders. A snow dump predicted for 1/17 caused everyone to travel and arrive a day early on Sunday 1/16. On Monday we had 5" of snow by breakfast and it continued most of the day. A few went to Osceola and the rest



went to nearby Chateaugay State Forest, many for the first time. With heavy snow, Brent Linde broke trail much of the way to help make it a delightful ½ day sort of ski. Note: the trails are well-maintained by DEC and the parking lot on Rt. 2 was accessible (for a change).

New to KNG trips were Mark Riordan, Loretta Brady & Chris Viani. Each accounted for themselves well and skied enthusiastically.

COVID Omicron was on everyone's mind. In response, some sequestered in their rooms avoiding others indoors to the extent possible. Others opted for a return to quasi-normalcy with varying degrees of masking and social distancing. Using the spacious gathering room on 2nd floor, Pam led 2 après ski yoga sessions, and there was a social hour late each afternoon. We had a staggered departure to supper at the on-premise restaurant at spread out smaller tables. The food and beverages were very good with

entree servings large enough to split. It was nice to not have to drive somewhere else. A few ventured into the outdoor hot tub and many ordered a take-out breakfast from the restaurant each morning. The hotel's hostess and wait staff were very accommodating.

On Tuesday we braved treacherous road conditions arriving at Winona Forest CCC Camp trail head. We were treated to deep fluffy snow on top of the previously groomed trails but an unplowed parking lot. It was near-perfect XC conditions with 15 degrees temps and with calm winds. We intended to ski the 12.5km race loop but about a third of way around, the guide (me, doh!) made a wrong turn at the intersection of Winona Way. The guide's lame excuse: In order to view the posted map, you stand facing south, however that map is oriented to the North. With an overcast sky and no reference to the sun, the distorted orientation persisted. Also, it didn't help that the posted map's "You are Here" had no corresponding red arrow or dot. Fortunately, the scenic trails were new to most and conditions were so nice that no one complained that we had an out and back ski of nearly 12km.



On Wednesday, a few went to Osceola but most returned to Winona CCC camp to conquer the race loop in its entirety. It had been groomed and tracked overnight, then dusted with fresh snow and temps hovering round freezing. It was fast conditions, especially with skin skis. We managed 13km with correct turns this time (GPS helped make sure). Feeling a sense of accomplishment, it was a great orientation to Winona for many. Peggy went on a solo 3-hour snow shoe jaunt from the Winona's Wart Road lot along Bill's Belly and connecting trails reporting similar lovely conditions. I would like to remind everyone who enjoys Winona to take out a membership at www.winonaforest.org as the money goes directly back to maintaining and improving the trails. Think of the trail fees that you didn't have to pay!

On Thursday morning, we had a brief departure and wrap-up meeting and were rattled to learn that one of our trip members had come down with suspected Covid symptoms so needed to be tested. Minor chaos ensued throughout the day as the plot thickened. About half of the attendees headed home and the other half headed on towards



Boonville for the Headwaters trip with a stop to ski at [new] Osceola Ski and Sport Resort. After arriving midday to dry cold temps and sunshine, I found our afflicted member had tested positive but felt frisky enough to continue skiing. With help from several, we worked through what should be done about hotel stays at Boonville and then answered many individual text messages of concern throughout the day and evening. Oh yeah, I actually took a ski at Osceola. Better late than never, on Friday I setup a text message group to all attendees of Tailwaters and Headwaters to communicate any Covid



developments. Five days later the coast was clear although several members self-quarantined at home to avoid infecting family members, and many took self-tests, all negative.

Overall, it was a mostly excellent trip highlighted by many new finds, and a return to quasi-normalcy that we missed so much last year. Several of us feel that the “Tug Hill Week” should be considered for an annual slot on our calendar at this time of the season with 3-4 nights at Tailwaters in Altmar followed by the 3-4 nights at Headwaters in Boonville. We appreciated the flexibility of booking and making last minute changes that both places extended to us while we cope with challenges of COVID this year.

By: Jesse Jepsen



Tug Hill Week Continues at Boonville

The Lodge at Headwaters, Boonville, NY – January 20 – 23, 2022

Trip Participants: Pam & Mike McMullen, Loretta Brady & Chris Viani, Lisa Baer & Bart Richwine, Bill & Sandy Stine, Karen Northeimer & Jesse Jepsen (Trip Leader)

It was great to return to ski the familiar Tug Hill EAST side and stay at a comfortable and cozy motel that is new to most Gliders. After departing Tailwaters on Thursday morning, we skied at [new] Osceola Ski and Sport on our way to Boonville. Note that Dustin offered us a \$2 discount as KNG members. Also, they are serving soups and several brews on-tap. Also note that [old] Osceola Tug Hill XC is closed on Tuesdays and Thursdays. We arrived at The Lodge at Headwaters in Boonville late afternoon and found plenty of snow on the ground. Pam, Mike, Karen and Jesse went to Kratzy’s in Alder Creek for pub food & brews at this “lively” snowmobiler favorite.



On Friday we awoke to a delicious breakfast and -10 temps so we waited until noon for positive digits and skied 6km at BREIA’s newest venue, Potato Hill Farm. Only a couple people had skied it since it was groomed on Tuesday and we had fresh 2” powder served up on top just for us. The trails were more extensive than we imagined from the map with delightful rolling and scenic views through the woods, shrubbery patches, and open pastures. We nosed around “The Barn” and viewed racks of free loaner skis inside as well as sheds and outbuildings housing restored antique sleighs, carriages and dozens of mountain bikes. It’s all part of BREIA’s outdoor education program provided for free to the area’s youth.

Around 2pm we moved on to BREIA Egypt Road to meet Bill & Sandy who drove up that morning from Lancaster. We did another 5km on top hitting the Rim Trail and adjacent return trails. That was enough for one day in such cold temps. The trails had been heavily skied which traced to the shelter where they provide school kids with skis, snowshoes and instruction for the day. The parking lot was also packed down and must have had many cars over the previous several days as Egypt Road is BREIA's area closest to Rome, Utica, and points south. We saved the Glacier Trail, Gullies, and eastern half of the Great Trail for another day. The Stines, McMullens, Karen, and Jesse ventured out to Garramone's in Forestport. Their large dining room was nearly full but we got a



quieter side room and enjoyed very good Italian, seafood, and grilled cuisine with large portions.

It was below zero again on Saturday morning so we delayed until 11am before heading to back country favorite Carpenter Road where there was about 18" on the ground and picturesque snow tunnels through blanketed evergreen stands. We split into 2 groups and some of us did about 10km in 3 hours. It took each of us rotating lead to break trail through the deep stuff. Again, the trails were well-maintained by DEC and upper parking lot was plowed open. Afterwards 3 couples headed to world famous Steak and Brew for the usual while 2 couples dined in on chili and provisions.

Some of us gathered for a social hour late afternoons before departing to supper off premise. The motel staff was extremely friendly and very accommodating. Their included breakfast was a highlight plus they had coffee on tap throughout the day and unexpectedly put out a crock pot of chili each afternoon for the returning skiers and snowmobilers to enjoy.

On Sunday, we all blasted off either to head home or else to the next leg of a ski trip. Overall, it was a short but pleasant trip. We could have stayed another day or two to hit BREIA's Canal and Jackson Hill trails. Again, combining this with the preceding Tailwaters stay should make "Tug Hill Week" an annual slot on our calendar at this time of the season with 4 nights at each.

By: Jesse Jepsen



Sweet Time in the "Sugar Bush" - Stowe, Vermont

Stowe, VT – January 23 – 28, 2022

Fifteen Kick 'n Gliders arrived at different times on Sunday, January 23rd for our annual five-night stay at the Commodores Inn in Stowe, Vermont. Things were a little different this year. Some reasons were due to our "friend" Covid, others for the new dining experience at the Commodores Inn.

Before we talk about the ski week, let's take a look at what was different this year. First, all meals were on your own. The Inn no longer serves breakfast so most people brought their own as we had refrigerators in our rooms for milk, yogurt, etc. A few went out for breakfast. We are all used to eating lunch on the trails so that wasn't different except... will explain later. Dinner was unique. Some of us ordered takeout, some ordered delivery, some went out, and some microwaved "Lean Cuisine" meals in the lobby microwaves. One evening a group went to Taco Tuesday at "The Big Fish" which is/was the new restaurant at the Inn. Unfortunately, the restaurant closed indefinitely the next day. There was no housekeeping service, so we had to put our trash and dirty towels in the hallway for morning pickup. For any other needs, we had to go to the front desk to get them. The Inn required masks, so our evening planning meetings were masked ones in the lobby instead of the conference room, as a commercial group selling snowmobile equipment was set up in there for the week.



Changes on the ski front weren't -- main difference was that Stowe and Trapp did not sell food. Some people ate lunch on the trail, some in their cars, and some in the yurts. One had to buy his/her ticket outside at Stowe and change in the car, inside okay at Trapp if you wore a mask.

Now for the week's activities...we had a great skiing week and that is what it is all about. Monday, we went to Stowe. Most of us started around noon as it was freezing cold in the morning. The trails were groomed and

tracked and in very good condition. Tuesday brought warmer temperatures, so we met at Trapp around ten. The conditions there were perfect. Temps were in the mid-20's and the snow on the trails ideal. Wednesday brought frigid temps so everyone went their separate ways. A small group went to Williston to see "West Side Store", some shopped, and some stayed put in the Inn. On Thursday most people opted for Trapp because of its inside facilities. We met again around noon as the morning was chilly. Conditions were good although a bit slippery. Thursday evening Bill once again shared our pictures for the week as well as some videos he had made in the past.



Despite some of the changes, we all had a great week and managed to stay healthy! Till next year.....

By: Pam Dunn

Home-State Gliding, Sliding and Shoeing

Susquehannock Lodge, PA - Feb 3 – 6, 2022

The Susquehannock Lodge trip in Potter County, PA, had 3 great days with a good foot of snow. Most trails were groomed and some fresh snow sugared the surface for a smooth slide. Our usual 6-mile ski from the top of the ridge down to the lodge was the beginning for 3 different locations all within 5 minutes of the lodge. Of the 10 people, several were snowshoeing and some enjoyed the Tracker Ski Shoes. The sledding hill was in fantastic condition for both the single runner sleds and the sophisticated 2-ski steered version.



The food and lodging were excellent. The evenings by the fireplace teased our brains with intense chess games and deep discussions.

We have the same weekend scheduled for next year. They do have openings yet for this Feb 18th and 25th weekends. The weather there is suitable to keep the snow during this month. *By: Gil Linde*



Did you know...

...Crystal Lake Ski and Outdoor Center, on top of the mountain in Hughesville, PA, raised over \$10,000 to purchase a new piece of equipment this year. The new snowmobile is an excellent vehicle for grooming ski trails and will also serve as an emergency vehicle should there ever be a need. It has already been put to good use this season helping Crystal Lake to groom outstanding trails for skiers. Several of us can attest to that, enjoying outings in late January – early February when Crystal Lake had some excellent conditions.





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