



The Easy Glider

Kick 'n Gliders Nordic Ski Club

Editor: Nancy Kauh (editor@kicknogliders.org)

Issue: April 2022

Up-coming Events

April 20, 2022 – Social at Blue Bird Inn

7:00 pm – Meet at Blue Bird Inn, 2387 Cornwall Rd., Cornwall/Lebanon, PA 17042. If you would like to join us for dinner and socializing, please let Cheryl Capitani know at 401carlotta@gmail.com by Tuesday, April 19.



New Slate of Officers

At the April 5, 2022, Business Meeting, the following slate of officers was unanimously elected to lead the club for the next year.

Presidents	Fred and Tanya Richter
Vice-President/President-elect	Gary Musser
Treasurer	David LeRoy
Secretary	Marilyn Grove
Extended Trips Coordinators	David Walborn, Jamie Hackman
Day Trips Coordinator	Bill Stine
Membership	Nancy Kauh
Programs	Andrea Hospodar
Newsletter Editor	Nancy Kauh
Immediate Past President	Fred Burgess

Proposed Trip Schedule for 2023

April 5, 2022, was our annual Trip Planning meeting. The following tentative schedule was developed at the meeting. Trip leaders will now be busy locking in the schedule and fleshing out the details of the trips. Once all of those details are agreed upon, ***The Season Schedule and Guide*** will be published in mid-June; at that time, our Treasurer will begin accepting deposits.

The proposed schedule is:

Craftsbury #1, Vermont – December 28, 2022 – January 1, 2023
Quebec City, Quebec, Canada – January 1 – 7, 2023
Allegany State Park, Salamanca, New York – January 15 – 19, 2023
Cazenovia, New York – January 19 – 22, 2023
Tug Hill West, Tailwater Inn, Altmar, New York – January 22 – 26, 2023
Tug Hill East, Headwaters, Boonville, New York – January 26 – 30, 2023
Lake Placid, New York – January 30 – February 5, 2023
Susquehannock Lodge, Pennsylvania – February 3 – 5, 2023
North Conway, New Hampshire – February 5 – 12, 2023
Stowe, Vermont *or* Bethel, Maine – February 12 – 17, 2023
Laurentians, Quebec, Canada – February 17 – 24, 2023
Rocky Point, Inlet, New York – February 24 – 28, 2023
Boonville #2, New York – February 28 – March 5, 2023
Craftsbury #2, Vermont – March 5 – 9, 2023



Time to Renew Your Membership!

It's April which means the Kick 'n Gliders' new fiscal year begins next month. Now is a great time to renew your membership. Our treasurer will appreciate receiving your dues money to help keep the club coffers intact when he starts making deposits for the proposed 2023 trips. A membership application form is enclosed in this newsletter (or you can fill one out online at the club's website, www.kicknogliders.org). Membership dues are \$20 per individual or \$30 per family. Make checks out to "Kick 'n Gliders" and mail to the club address, PO Box 1353, Mechanicsburg, PA 17055.



Trip Reports

Adirondack Snow Belt Delights

Rocky Point, Inlet, NY – Feb 25 – Mar 1, 2022

Timing is everything, especially when it comes to snow. We were amazingly lucky this year for our Inlet trip. Essentially clear roads both on the way up and back but fresh snowfall every day while we were up there. We heard that it was mostly all ice shortly before we arrived.

Our traditional first night dinner Friday evening at The Mill worked out well, even though they were especially busy that night.

Saturday was a full day. Several of us skied the completely untracked Inlet Golf Course, while Dave, Cheryl and Kristen went over to Great Camp Sagamore for a special event there. In addition to some skiing the Fern Park trails we finished the day up viewing the always entertaining Cardboard Sled Races at Fern Park.



On Monday four of us went over to ski the Thendara golf course. Our timing was good because, although we thought we were getting a late start, the volunteer groomer was just making his passes around the course and the driver apologized several times as we stepped aside to let him pass. There was still some lake effect snow falling (and radar maps showed it reaching all the

We woke up Sunday morning to 4-5 inches of fresh lake effect snow, which continued off and on all day. Made an interesting trip over to Adirondack Woodcraft Camp where we were entertained by the owner's dog which snatched several articles of clothing, including Kristen's dropped glove and snatched her hat right off her head. While not excessively challenging, the trails in the camp were enjoyable.



way down to the Wilkes Barre vicinity). Some of our more adventuresome skiers made outings to McCauley Mountain and Cascade Lake.



Our group dinners were very enjoyable as always with Kay's appetizers beforehand and afterward Bill Stine entertained the group with his always excellent video productions.

Our luck was still holding on Tuesday morning: the snow had finished and the drive home was clear, barring a few locations where the wind blew the snow across the road.

Our group included Bill & Sandy Stine, Bill & Kay Pickering, Dave Powell, Cheryl Capitani and Cheryl's daughter Kristen Sandusky, Joan Short, Gary Musser, Mark Kern and what I'll call our adjunct member, Caroline Coleman, who got her own accommodations and joined us for some outings. Mike & Pam McMullen hosted the trip.

Fire Up the Skiers at Craftsbury #2

Craftsbury #2, VT – Mar 1 – 5, 2022



Trip participants included Ed Cook, Glenn Barnes, John & Nancy Class, Jeff & Marilyn Grove, Jim & Martha McGraw

As we drove up the local roads to Craftsbury it began to snow. There was already plenty of old snow but there is nothing like the thrill of being the first out on fresh snow. Almost everyone was at the dining hall for dinner, except for Nancy & John Class who decided to take an off-road detour (i.e., their car slid off of the road). A Craftsbury employee on her way home from work stopped and gave Nancy & John a ride to Craftsbury with their belongings. When they arrived, the staff had a box dinner for them. It was suggested that they call the AAA to tow the car.

However, the closest station was 3 hours away. The following day a Craftsbury staff person came to the rescue towing their car to the Lodge. Fortunately, no one was hurt and their car was not affected by the incident. Our first day of skiing was on 6 inches of beautiful new snow. Some club members skied while others snowshoed.

The trails were all freshly groomed for classic skiing, skate skiing and snowshoeing. There were so few people, we felt like we were the only people in the woods. The trees were beautifully coated with white snow that shined in the morning sun. The following morning, we found an additional 3 inches of new snow.



Wednesday evening, we had a spectacular camp fire outside the Lodge. Glenn Barnes cleared the snow off the fire pit and Ed Cook (a former Boy Scout) built a raging fire. The temperature was 17 degrees. We all enjoyed our beverage of choice while listening to the coyotes' howl. A delightful way to spend a cold clear evening in the country.

Thursday evening after dinner we had a group meeting to discuss the possibility of skiing into Craftsbury Common. We had worked out the logistics of creating our own shuttle, enabling us to ski one way and drive back. Our planning was moving right along. We calculated if we'd leave

around 8:30 AM we would be back in time for lunch. Then Marilyn Grove mentioned that it was to be -4 degrees in the morning. There was a pause in the discussion. Many of us began to reconsider the plan. Friday morning Ed Cook decided to go on his own. For safety reasons, before he left, we used Google Maps' location sharing function. This allowed one of us to track his trip in the event something went wrong. He said the skiing was great and made fantastic time. Of course, he walked into the dining hall just as the rest of us were sitting down to eat lunch. For the week Glenn Barnes logged 31 miles and Ed Cook 35 miles. Everyone enjoyed Craftsbury with its outstanding skiing conditions and are ready to return next year.

By: Martha McGraw



Strong Finish on Tug Hill Plateau

Boonville #2, NY – Mar 1 – 6, 2022

Low temperatures and lots of fresh lake-effect snow preceded our final extended trip this year; just what the doctor ordered! We arrived at North Country Manor Tuesday afternoon with the promise of four full days of excellent skiing. We were not disappointed.



Most days started out with temperatures below or near zero so we took our time heading out to the trails. BREIA's Jackson Hill was the first Wednesday destination for most of us. At least half a foot of new snow had fallen since the trails were last groomed so the going was a bit slow but the skiing was easy. Our group skied the main loop then headed for the Potato Hill Farm & Trails. These are BREIA's newest system of trails. Trails near the parking area mostly follow the edges of fields but the outer trails wander through wooded areas. In the center of the open areas are structures used for activities and where people can sometimes borrow mountain bikes, snowshoes and skis.

Others of our number headed for the ungroomed trails of Carpenter Road. The trails had not been skied since the recent snows, so the going was harder work but delightful nonetheless.

Thursday found us headed for BREIA's Egypt Road trails. These were also not yet groomed but were easy to ski. We skied the loop created by the Rim and Glacier trails, ringing the bell at the top of the big downhill on Glacier. Others chose to ski the trails at Adirondack Woodcraft Camps, a kids' summer camp that, in the winter, offers delightful, narrow groomed trails through gently rolling, wooded terrain.



Osceola Ski & Sport Resort was our Friday destination. This ski center is located across the road and about a mile east of Osceola



Tug Hill XC Ski Center. Owner, Dustin, has a modern ski center, twenty-plus kilometers of trails and even a new biathlon range. Trails near the ski center are ones he laid out and cut. They are combined with some of the trails from the original Osceola Tug Hill XC Ski Center which Dustin has enhanced. During our visit all trails were freshly groomed. The skiing was first class!

Dave LeRoy demonstrating the height of the snow.

Saturday, however, might have been the best conditions of all. We returned to the Jackson Hill trails which had been freshly groomed. There were firm, newly set tracks with a corded skate lane in between. We couldn't have asked for better



conditions as we skied the main loop again. Some of our more ambitious members skied the advanced, ungroomed Telemark and Serpentine loops before descending the steep Hillside Trail to the Canal Trail. They were then picked up to return to their cars at the top of the hill.



You can never be sure what kind of conditions you'll find on any ski trip and the first week of March is a riskier time than most. But the legendary snows of Tug Hill and the people who maintain the area's trails came through once again.



Boonville retains its place in our hearts as a preeminent, end-of-season destination. We'll be back!

By: Bill Stine



Time to Get Philanthropic

As mentioned in the February 2022 *Easy Glider*, Dave LeRoy raised the suggestion of the Club donating to several of our favorite trails, such as Winona Forest (Tourathon Trails in New York), Crystal Lake Ski Center (Hughesville, PA), the Jackrabbit Trail (New York) and Catamount Trail (Vermont), to help those organizations maintain their trails for skiing. Jesse Jepsen mentioned that he'd like to see the club support Winona Forest with a larger donation since many of us have recently skied on the trails there and perhaps smaller donations to the other trails which have seen little use by club members in recent years. Rather than have a lengthy discussion at the April 5th meeting, it was agreed to postpone discussion of such donations until a meeting in the Fall of 2022. In the meantime, if you have questions, thoughts or concerns about donating to these trails, send an email to Dave LeRoy (dhlbbh@pa.net) and Jesse Jepsen (whaler52@hotmail.com).

Kick 'n Gliders Nordic Ski Club

www.kicknogliders.org

2022-2023 Membership Application & Release

<p>Print form & fill in by hand</p> <p>Important: Be sure to sign release on second page</p>	<p>Dues Year: May 1 to April 30</p> <p>Dues: Individual Family New Member....\$5.....\$7.50 Renewal.....\$20.....\$30</p> <p>Make Checks Payable to: KICK 'N GLIDERS</p>	<p>Mail Application and check to:</p> <p>Kick 'n Gliders P.O. Box 1353 Mechanicsburg, PA 17055</p>
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Check the box on the right for any information to **not** be published in the club's roster, *People to Ski With*

Name(s)		
(Other family members)		
Address		
City	State	Zip
Phone ()		(primary)
()		(cell)
<p>Note: Please indicate your cell phone number because it may be necessary for the trip leader to contact you when you are traveling to/from a Kick 'n Gliders' trip.</p>		
E-Mail:		
Please print clearly		

Please print clearly!

Check here if you are willing to forgo the paper copy and receive the *Easy Glider* electronically.

We **MUST** have a valid email address for you to receive the *Easy Glider* electronically.

Be sure to sign and date the release on the next page.

RELEASE

(Excerpted from the Bylaws of the Kick 'N Gliders Nordic Ski Club)

Article XI. General Rules of the Club

Article XI, Section 1. No member or members of this Club shall obligate or commit the Club to any major endeavor, unusual activity or extraordinary action, unless Executive Committee approval shall have previously been obtained.

Article XI, Section 1A. Every member agrees to abide by the Kick 'N Gliders' Constitution and Bylaws and the Club Rules of Conduct, recognizing the social nature of the group and the authority and discretion granted to the Executive Committee herein.

Article XI, Section 2. Members desire to participate in the various activities of the Club. Each must recognize that all activities are strenuous and involve substantial risks of accident, injury and even death. Such activities, although engaged in as a group, are essentially individual activities/sports for which each individual must be physically and mentally prepared and capable, and in which each individual is essentially responsible for his own safety. The Club is simply an unincorporated association of interested persons which offers a central meeting point for those desiring to engage in the various activities; the Club does not sponsor or operate the activities for its benefit or profit; the leaders, the providers of motor vehicles, and drivers are all volunteers who lead or drive as an accommodation and not for their benefit or profit; the Club, its officers, the trip leaders, the activity leaders, vehicle owners, and vehicle drivers may not have (and in reliance hereon may not purchase) any insurance covering the individual or benefiting him in the event of accident, injury or death. Finally, each individual must recognize that many Club activities are conducted in wilderness or backcountry areas where appropriate medical care may be either totally unavailable, or hours and miles away and therefore inadequate in the event of emergency, but trip leaders and activity participants do not necessarily have any specific rescue, first aid, medical, or leadership skills or training. Each individual must understand that any and all trip leaders, activity leaders, and fellow participants are entitled to, and will rely on, the individual's ability to participate with the others.

I hereby recognize the Kick 'N Gliders as a nonprofit, unincorporated association of persons who have voluntarily organized themselves to participate in and enjoy various activities. I hereby certify that I have read the above section of the Club's Bylaws and understand the responsibilities of being a Club member and release, discharge and waive the Kick 'N Gliders and each and every one of its members from any and all liability for any loss, damage or injury I may suffer or sustain as a result of any of the activities of the Kick 'N Gliders by signing my name below.

I agree to abide by the Kick 'N Gliders Constitution and Bylaws and the Club Rules of Conduct.

I recognize the authority of the Executive Committee to revoke membership for violation of the Kick 'N Gliders' Constitution and Bylaws or the Club Rules of Conduct.

I recognize the authority of each trip leader to determine the composition of the roster for his trip.

**SIGNATURE OF
MEMBER(S)**

DATE

If member(s) are under 18 years of age, a parent or guardian must also sign:

DATE

Signature and Relationship



KICK 'N GLIDERS
P.O. Box 1353
Mechanicsburg PA 17055

ADDRESS SERVICE REQUESTED

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