



The Easy Glider

Kick 'n Gliders Nordic Ski Club

Editor: Nancy Kauh (editor@kicknogliders.org)

Issue: September 2022

Up-coming Events

October 1, 2022 – Ox Roast

Join us at Black Birch Hollow, the Perry County home of Dave LeRoy and Nancy Kauh, for the traditional kick off of the Kick 'n Gliders' ski season. You are welcome to arrive as early as 11:30 am for conversation and snacks; the fire will be burning and the meat will be roasting in anticipation of eating dinner. **NOTE: We are going to try something different this year – we will plan to eat between 2:30 and 3:00.** Should it rain, come anyway! There is plenty of room inside the house for a crowd.

COVID policy: For the comfort of all who attend, please be fully vaccinated against the Covid-19 virus.

What you are expected to bring: Your favorite potluck dish to share (salads, baked beans, veggies or desserts are good choices; chips, nuts or a chunk of cheese are fine if you're kitchen challenged), your beverage of choice, \$5 event fee (to cover the cost of the meat and paper products), lawn chair if the weather is nice and your checkbook if you want to make deposits/payments on any of this season's ski trips.

What will be provided: Meat ("ox" roasted over an open fire and sausages on the grill), ice, paper plates, plastic cups, utensils, napkins, and coffee. Some serving utensils will also be available.

Want to help? Your help keeping the fire going, grilling sausages, welcoming newcomers, or set-up and clean-up will be much appreciated. If you are willing to help with any of these, please offer when you make your reservation so the hosts can plan accordingly.

Reservations: Let Nancy know (717-582-2562 or kauhbbh@pa.net) **by September 29, 2022** if you are coming, who/how many you are making reservations for (so we know how much meat to prepare) and what potluck dish you plan to bring (so we don't have too much duplication). If you need directions to Black Birch Hollow, let Nancy know and she'll email them to you.



November 1, 2022 - Meeting at Centre Street Grille

7:00 pm – Business Meeting – Program “How PT can get you back on the trails quicker” presented by Tyler Savakinas of Drayer Physical Therapy group.

November 16, 2022 - Social at T.J. Rockwell's American Grill & Tavern

7:00 pm – Meet at T. J. Rockwell’s American Grill & Tavern, 800 Mt. Gretna Rd., Elizabethtown, PA 17011



Co-Presidents' Message

The Kick ‘N Gliders, as ski season approaches, optimistically look forward to another cross-country skiing season, though the realities of differing weather patterns will continue to threaten our snow season.

News reports about the impacts of climate change on snow sports is not really news to those of us who cross-country ski. Though the snow hasn't stopped falling, it is certainly not accumulating as much as it used to. The weather becomes the primary challenge of XC ski areas.

Recent machine-made snow technology has become much more efficient, but alpine ski resorts that rely heavily on snowmaking have the benefit of higher altitudes compared to XC ski areas and are usually larger operations and able to afford the cost of snowmaking.

So, each year we wait and watch and hope that the centers we go to have an abundant layer of natural snow. Climate change makes the future of cross country skiing uncertain for all XC skiers from Olympic participants to the Kick ‘N Gliders.

Here’s to hoping the vagaries of Mother Nature present us a snow-filled 2023 Kick ‘N Glider cross-country ski season.

On another note: Travel has been rare in the last few years thanks to COVID. So, it is a joy to know that some of our members took awesome trips this summer. We are aware of some but I’m sure there are many we don’t know about. I’m hoping that we will hear about these adventures at some time throughout the year.

Fred and Tanya Richter
Co-presidents

Time to Renew Your Membership!

The Kick 'n Gliders' new fiscal year has begun! If you haven't renewed your membership since the beginning of May, now is the time to renew your membership. A membership application form is enclosed in this newsletter (or you can fill one out online at the club's website, www.kicknogliders.org). Membership dues are \$20 per individual or \$30 per family. Make checks out to "Kick 'n Gliders" and mail to the club address, PO Box 1353, Mechanicsburg, PA 17055. Or, you can renew your membership at the Ox Roast.



Shall We Get Philanthropic?

As mentioned in the February 2022 *Easy Glider*, Dave LeRoy raised the suggestion of the Club donating to several of our favorite trails, such as Winona Forest (Tourathon Trails in New York), Crystal Lake Ski Center (Hughesville, PA), the Jackrabbit Trail (New York) and Catamount Trail (Vermont), to help those organizations maintain their trails for skiing. Jesse Jepsen mentioned that he'd like to see the club support Winona Forest with a larger donation since many of us have recently skied on the trails there and perhaps smaller donations to the other trails which have seen little use by club members in recent years. Rather than have a lengthy discussion at the April 5th meeting, it was agreed to postpone discussion of such donations until a meeting in the Fall of 2022. For some background on the four trail systems, see the May 2022 *Easy Glider*. If you have questions, thoughts or concerns about donating to these trails, send an email to Dave LeRoy (dhlbbh@pa.net) and Jesse Jepsen (whaler52@hotmail.com).



Remembrance

We offer our condolences to member Lin Pomeroy on the death of her husband, Walt, in May. Walt had an uncanny ability to remember details of the myriad things he was interested in, such as family, history, photography, nature and environment. One of the ski trips on which Walt and Lin first joined the Kick 'n Gliders was a Maine Huts and Trails trip. Dave LeRoy, finding out that Walt was interested in Ernest Shackleton and his ill-fated trip to Antarctica in the early 1900s, asked if Walt could share a little bit about the trip with the group after dinner one evening. Walt proceeded to keep us spell-bound for half-an-hour relating the story. When he was finished, Dave complimented him by telling him that if he ever had to do another presentation on Shackleton, Walt need not change a thing about the presentation he had just given. Well, sometime later, Walt was asked to do the program for the whole club at a regular meeting, and he did improve it - by including visuals, like maps! We will miss Walt.

Summer Event Reports

Bike Ride on WERT

On May 17, ten Kick 'n Gliders met for a trail ride on the Warwick Ephrata Rail Trail (WERT) led by Andrea Hospodar. It was a beautiful spring day with sunny bluebird skies and comfortable temperatures in the low 70's. We met at the Warwick township parking lot and headed into Ephrata first. It was a casual pace with a few stops to take in the



sights. Our turn around point was the Dick Winters Memorial (Band of Brothers). We then rode to the other end at Lititz and took the spur trail to Zig's Bakery and café for a nice patio lunch together. After lunch we returned to the township lot to our cars. Total

distance was just over 14 miles which was just fine as it was the first ride of the season for many. Participants were: Jamie Hackman, Martha and Jim McGraw, Chris Brubaker, Dave Powell & Cheryl Capitani, Tom Hooper, Gary Musser, Robert Durand and yours truly.

~by Andrea Hospodar



Bike Ride on River Trail

On June 21st, eleven riders assembled at the Falmouth Boat Launch on Collin's Road just off Rt. 441 to ride the Northwest River Trail - all 28 miles round trip. Led by Fred and Tanya, the group kept a leisurely pace, eventually picking up more riders until the group swelled to 16. There was lots of conversation, the sharing of information about the trail itself and sights along the way. Soon into the ride we passed the Cable House, privately owned and being restored, then the Falmouth River Garden where crop-producing native perennials like pawpaws, nut, cherry and elderberry are planted.

The day began under overcast skies keeping down the temperature - perfect for biking - and eventually the sun appeared. At the half-way point in Columbia, most stopped at the Columbia Crossing River Trail Center for a break. A few stopped just before at the handy and yummy Coffee and Cream Cafe and Coffee Shop.

On the return ride, Diane rescued a very large box turtle (some of us at first thought it was a snapper) by picking it up and depositing it in the grass along the



trail. About this point a few peeled off to visit a bar and grill conveniently located just off the trail. At the end, some conversations continued.

It's a great trail for summer, shaded a good part of the day with easy access at multiple points along the ride. And, if you want to spend time here, there are a number of restaurants, cafes, coffee shops and other distractions.

~ by Tanya Richter

Evening at Nissley Vineyard

Ten Kick 'n Gliders had a most enjoyable evening at Nissley Vineyard. The Central City Orchestra was great as was the food and drinks.

~ by Kay Pickering

Lottery for Overbooked Trips

On August 1, 2022, the last day of the early registration period, there were two trips that were overbooked and subject to a lottery. The lottery was held on August 29 for the Lake Placid trip and the North Conway trip. Two people were placed on the waitlist for Lake Placid and 16 people are on the waitlist for North Conway, always a favorite destination of club members. ***Please note, there are still lots of spaces available on other trips scheduled by the club for the upcoming ski season. Don't wait too long to sign up to join us on the trails this winter!***



Do You Know...

according to the Farmers' Almanac, a colder-than-usual winter is expected for the United States, with quite a few winter weather disturbances and a snow-heavy winter across the nation. The eastern two-thirds of the country should expect weather punctuated by both heavy rain and snow, followed by a cold outbreak of arctic air, according to the Almanac. Perhaps we will have plenty of the white stuff to play in this winter!





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In this Issue of Easy Glider:

Up-coming Events

October 1, 2022 – Ox Roast
November 1, 2022 – Program Meeting
November 16, 2022 - Social

Co-Presidents' Message

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Remembrance

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Bike Ride on WERT
Bike Ride on River Trail
Evening at Nissley Vineyard
Lottery for Overbooked Trips