



# The *Easy Glider*

Kick 'n Gliders Nordic Ski Club

Editor: Nancy Kahl ([editor@kickngliders.org](mailto:editor@kickngliders.org))

Issue: February 2023

---

## Up-coming Events

### March 7, 2023 – Meeting at Centre Street Grille

5:00 pm – Meet for dinner prior to the meeting. If interested in dinner, RSVP to Andrea Hospodar at [ahospodar10@comcast.net](mailto:ahospodar10@comcast.net).

7:00 pm – Business Meeting followed by program, "Skiing the Headwall at Tuckerman Ravine N.H.", video then presentation by Cory Schaeffer.

### March 22, 2023 – Social at Feniccis

6:30 pm (unless otherwise noted in email when reservation is made) – Meet at Feniccis, 102 W. Chocolate Ave. in Hershey. RSVP to Andrea Hospodar at [ahospodar10@comcast.net](mailto:ahospodar10@comcast.net).

### April 4, 2023 – Meeting at Centre Street Grille

5:00 pm – Meet for dinner prior to the meeting. If interested in dinner, RSVP to Andrea Hospodar at [ahospodar10@comcast.net](mailto:ahospodar10@comcast.net).

7:00 pm – Last Business Meeting of the season. Election of officers and trip planning. If interested in leading a trip next year, bring your information to present to the club. Information includes dates available, lodging venue(s) and estimated costs.

### April 19, 2023 – Social at Bluebird Inn

6:30 pm (unless otherwise noted in email when reservation is made) – Meet at Bluebird Inn, 2387 Cornwall Rd., Lebanon. RSVP to Andrea Hospodar at [ahospodar10@comcast.net](mailto:ahospodar10@comcast.net).

**Meetings are held upstairs at the Center Street Grille  
4 Center St, Enola, PA  
717-732-6900**

**Directions from PA-283 at Exit to I-283**

1. Follow I-83 S toward Harrisburg
2. Take Exit 42 toward Lemoyne onto Lowther St.
3. Turn right onto S. 3<sup>rd</sup> St.
4. Turn right onto Market St.
5. Take the 1<sup>st</sup> left onto S. Front St. / S. Enola Rd.
6. Turn left onto PA-944 W
7. Turn left onto PA-944 W / Wertzville Rd.
8. Turn left onto Center St.
9. Destination will be on the left.

**Directions from I-81 N at PA-581**

1. Follow I-81 N (1.2 mi)
2. Take Exit 61 for PA-944 / Wertzville Rd. (0.2 mi)
3. Turn right onto PA-944 E /Wertzville Rd (2.1 mi)
4. Turn right onto Center St.
5. Destination will be on the left.

**Directions from I-83 and I-76, PA Turnpike**

1. Follow I-83 N (1.8 mi)
2. Take Exit 41B for Lemoyne (0.5 mi)
3. Turn left onto Lowther St. (0.2 mi)
4. Turn left onto S. 3<sup>rd</sup> St. (0.5 mi)
5. Turn right onto Market St. (0.4 mi)
6. Turn left onto S. Front St. (2.0 mi)
7. Continue onto US-11 N / US-15 / 501 N (1.0 mi)
8. Turn left onto Enola St. (259 ft)
9. Bear left onto South St. (0.1 mi)
10. Turn right onto PA-944 W (0.4 mi)
11. Turn left onto PA-944 W / Wertzville Rd. (0.6 mi)
12. Turn left onto Center St.
13. Destination will be on the left.



## **Co-President's Message**

Well, it was 89 degrees today as we drove across Florida from the Gulf Coast to the Atlantic Coast. We stopped along the way to watch two teens water-ski, bouncing behind a sleek motor boat. The frothy wake kind of looked like snow. It seems like the "snowy" wake was closer to snow than anything that's been happening back in Central Pennsylvania.

Goodness what a mild winter! It hardly paid to drive the 1000 miles to Florida. Though it seemed everything was made right by Fred Burgess' Facebook photos. Yes, snow. It looked like lots of it, too. How wonderful that at least some of the Kick 'N Gliders extended trips were successful, even with 60 degree February days back home.

And, as we prepare to return to Pennsylvania, here's hoping that Fred B's snow photos aren't the last ones Kick 'N Gliders will be taking in 2023.

Fred And Tanya

# Proposed Slate of Officers

Immediate Past President, Fred Burgess and his assistants present the following slate of proposed officers for next year. These candidates, and any others that may be nominated at the March 7 meeting, will be presented for the election of officers at the April 4 meeting.

President:	Gary Musser
Vice president:	Fred Burgess
Secretary:	Marilyn Grove
Treasurer:	Dave LeRoy
Extended ski trips:	David Walborn & Jamie Hackman
Day ski trips:	Bill Stine
Programs:	Ed Cook
Membership:	Nancy Kauh
Newsletter editor/publisher:	Nancy Kauh



## Past Event Reports

### Osceola Comes Through!! - Tailwater Lodge, Altmar, NY

January 22-26, 2023

Twenty-four KnG members took the chance that Osceola would get enough snow to ensure the trails would be covered with that white stuff and offer us some good skiing conditions. Days prior to the trip, forecasts for snow were very “iffy”.

On the day of arrival, we all enjoyed a nice dinner at the hotel restaurant and a fun waitress. The next day, Monday, we skied at Osceola Ski & Sport and.....trail conditions were good with some light snow showers during the day!!

Dinner that night was at the Altmar Hotel down the street from the hotel. Although





the building did not look like much from the outside, the food was good and inexpensive. A glass of wine filled to the brim was only \$5.00 and the meals were so large many had big “to go” boxes.

Since the BREIA trails were not open, we returned to Ski & Sport on Tuesday with even better trail conditions and some fresh snow. Most of us also returned to the Altmar Hotel for dinner to get our cheap drinks and abundance of food.

On Wednesday we skied at our old favorite spot, Osceola Tug Hill Cross Country Ski Center, previously owned by Hugh Quinn.

Conditions were good and it was nice to return to an old familiar center. We gathered for our dinner the last night at the hotel restaurant & recounted how fortunate we were to end up with three good skiing days.

*~by Sandy Stine*

## Tug Hill Week – Part Deux:

January 26-30, 2023

Participants: Brent, Mary Ann & Gil Linde; Lisa Baer & Bart Richwine; Sue Berg & Mark Kern; Karen Northeimer & Jesse Jepsen (L); Larry Wasser, Bill Morrow, Caroline Coleman, Lenni Steinmetz.

It was a snowy but manageable drive from Tailwaters to arrive Thursday for 4 nights at comfy Lodge at Headwaters. Linde’s stopped to ski at Osceola (again) where trails were still good. BREIA’s



trails were NOT yet groomed. Caroline &

Lenni tried Potato Hill but soon bailed due to icy trails. Larry & Bill found marginal conditions at Egypt Road but did ski. For supper, we hit lowbrow favorite, Kratzy’s, where we enjoyed above average pub fare, tasty brews, slow service in a big room to ourselves that was conducive to conversation. Atmosphere is right out of the movie, The Great Outdoors.

On Friday morning we rolled the dice for a ski at Carpenter Road reasoning that it is 12 miles further north with a higher elevation. In our briefing I pointed out that we had “The Human Piston-Bully”

## The Lodge at Headwaters, Boonville



in our midst to break trail for the group. Pretty sure that I noticed four, maybe five guys puff up and stand a little taller with a slight grin, each assuming I was referring to them (cute). Jackpot! Deep snow and pristine trails greeted us. We overcame several obstacles including “navigational retracements”, boot sole separation (forcing a return to cars to swap boots), “a temporarily misplaced” skier, and a “rendezvous with the scouting party.” The group logged an astonishing 10 miles, exceeding the usual paltry ~7 miles (“Y’all rock!” I kept telling them to avoid a total mutiny).



It was also the snowmobiler’s Winter Fest weekend in Boonville. We shamelessly stormed their Friday evening all-you-can-eat supper buffet (only \$9.95!) at Amazing Country Deli. The KNG Carnivores got their money’s worth; KNG Vegetarians: not so much. Later that evening they set off a fireworks display nearby. Woo-hoo!

Afterwards a scouting mission revealed via headlights that Egypt Road had just been groomed. So on Saturday morning, we were first tracks on the Rim and Glacier Trails. Most braved the Gully chute #1 steep descent to enjoy the idyllic Creek Trail, then climbed out via even steeper Gully chute #IV. Congratulations to the several KNG first-timers who survived to tell about it. Many of us then skied Potato Hill in the



afternoon where they had groomed that morning. For Saturday supper we tried The Junction (previously Michael’s) down by Alder Creek. We reserved an almost private room and the food was delicious, especially the haddock and the salmon special. Alas, the vegetarian lasagna had run out; sorry, Mark.

Rain was forecast for Sunday early afternoon so we got after it early, hit BRIEA Jackson Hill where conditions were fairly good, while Larry & Bill hit Osceola. We skied the big loop in a clockwise direction over the varied terrain and occasional icy stretches which kept things interesting. After doing most of the trails (~5

miles), we then enjoyed a relaxing lunch in front of the woodstove inside the warming hut near the parking lot. It had started to snow and several who wanted more miles went back out but were pelted with wind driven wet snow in the open field. We scooted across to the In-the-Woods trail where wind was less and white snow coated tree branches. As we drove back down to Boonville the elevation dropped 500 feet and the snow turned to rain. There was just enough time to clean up before the NFC Playoff game started. What a banner day we had capped off with a lobby party watching them Eagles trounce those whiner 49’ers...E-A-G-L-E-S!!!

*~by Jesse Jepsen*

## Lake Placid at Miracle Hill

January 30 – February 4, 2023

Participants: Dave LeRoy, Nancy Kauhl, Bill & Sandy Stine, Jesse Jepsen & Karen Northeimer, Dennis & Pam Dunn, David Walborn, Gary Musser. Lin Pomeroy & Nancy Borremans, who lost out on the lottery, stayed at a motel and joined us for skiing and dinners.

*Monday:* We arrived as snow was falling, accumulating about 2" overnight. Dinner was prepared by Himself of roast pork loins, red potatoes, salad, zucchini and pumpkin custard pie. Not at all immodestly, it was highly praised by all.

*Tuesday:* We skied at



the VIC, which received more snow than Lake Placid, and had excellent conditions. Temperature ranged from 8-15° with a light wind. Most did Loggers Loop in the morning, a shorter 2-mile afternoon ski for those who went out. Dinner was prepared by Jesse & Karen and consisted of baked cod, kale salad, sweet

potatoes and ice cream.

*Wednesday:* A temp of -19° delayed our start at Cascade to 11AM. This facility was recently taken over by the Adirondack Mountain Club. We skied about 2 hours in good conditions. A light snow fell much of the time that helped freshen up the trails and add a little cover for snowplowing. High temp for the day was 18°. Dinner was prepared by Nancy Kauhl of pepper steak, rice and a root slaw. Maria Pieretti provided, via David Walborn, flan for dessert—always a favorite.



*Thursday:* About half the group went to Dewey Mountain, a new (to us) venue just west of Saranac Lake. The rest went back to the VIC. Dewey is owned by Harrietstown Town. The easy and intermediate trails are groomed, the expert trails are not. The former are at the base of the mountain, the latter near the top. I found the grooming good but I noticed a cross-slope at several points on the easy trails, which made it hard (for me) to make turns. There was a complete base but icy under the thin cover of fresh snow. Even after I switched to metal-edged skis I had trouble plowing. Consequently, I only skied, at most, 2 miles



before I'd had enough. Others stayed out longer and pronounced the conditions good. The trail fee here is only \$5. At various times local school groups come here for practice or training; we saw about a dozen third-graders from Bloomingdale during our stay.

This was the warmest day of the week, topping out at about 26° after a low of only 18°. The wind was fairly strong, however, a portent of the low temps and wind chill warning for Friday and early Saturday, when the temp would be in negative territory the entire time.

Dinner of baked ziti, salad, bread and (Mrs. Smith's) apple and cherry pies was prepared by Pam and Dennis.

*Friday:* A frigid day in which nobody skied, but several people ventured out to shop or do other things in town. The temperature began at -15° and slowly dropped all day with a stiff wind, producing wind chills of -40° or lower. It didn't feel much warmer in the house, with its electric baseboard heat. Dave and Nancy, who departed Friday morning to check on their own house, having forgotten to set the freeze monitor before they left, said that it was 54° in their room when they awoke. My room, which adjoined theirs and was served by the same thermostat, had been about 80° all week.



The living room had a fireplace insert heater that we could not get to work. Bill and Gary took it apart but were unable to fix it. Only a large crowd exhaling would be able to make that room comfortable. By



late afternoon, several people had resorted to turning on the oven to heat the kitchen so they could sit there to read. Granted, this weather was extreme, but it does occasionally occur in Placid, and hoteliers need to be prepared for it. I think it safe to say we will not be returning to this house.

The Stines-prepared dinner was southwestern chicken, mashed potatoes, green beans and strawberry custard.

*Saturday:* The second day of "too cold to ski" conditions: -31°/-47° wind chill at 9AM, warming up to +4°/-11 W/C by 3PM. Jesse and Karen opted to leave a day early to stay with his sister in Franconia, NH and ski there on Sunday prior to the North Conway trip



that they were joining. Of those remaining, about half went into town and the other half stayed put. In the evening, by which time the temp was barely in positive territory, the Stines, Gary, Nancy Borremans and Lin Pomeroy drove over to Saranac Lake to see the fireworks at the ice palace, where the annual winter carnival had begun the day before. Again, the rest of us stayed home. Dinner for all consisted of leftovers.

This was the first Lake Placid trip in my memory when we did not ski at Mt. Van Hoevenberg. The entry fee has gotten into the stratosphere with no apparent improvement to the trail network. Otherwise, it was a good trip despite the extreme cold. But on Sunday, the day we left, the mercury rose to 37°, a rise of 70° from Saturday's low in about 30 hours.

*~by Bill Hoffman*

## Susquehannock Lodge, Ulysses, PA

February 2 or 3 – 5, 2023

The six hardy skiers at Susquehannock Lodge enjoyed good snow for all three days. A good variety from very cold windy conditions to the final half day of comfortable warm soft snow. Some of the trails had the right mix for some skate skiing. This also made for fantastic sledding on single or 2 runner sleds. The milder yoga stretched any tight spots. Our appetites then enjoyed the usual excellent meals along with company from past years when we also met with the club from Buffalo.

*~by Gil Linde*



## Stowe, VT – Commodores Inn

February 12 – 17, 2023

How should I characterize our Stowe trip this year? The skiing was pretty good much of the time. And the Commodores Inn met the standard we've come to expect in recent years. But, sadly, the trip was plagued by instances of COVID that carried over from the North Conway trip. In fact, several people dropped out, either on their way to Stowe, after only one night or on the next-to-last day of the trip. All of those people developed symptoms and eventually tested positive for COVID.

But I digress from my ski reporting mission. On the first morning many of us headed for Stowe Mountain Resort XC only to find that the trails were icy after a warm afternoon the day before. So most of us immediately headed to Trapp Family Lodge instead. Trapp has more capable grooming equipment and skiing conditions there were very good.

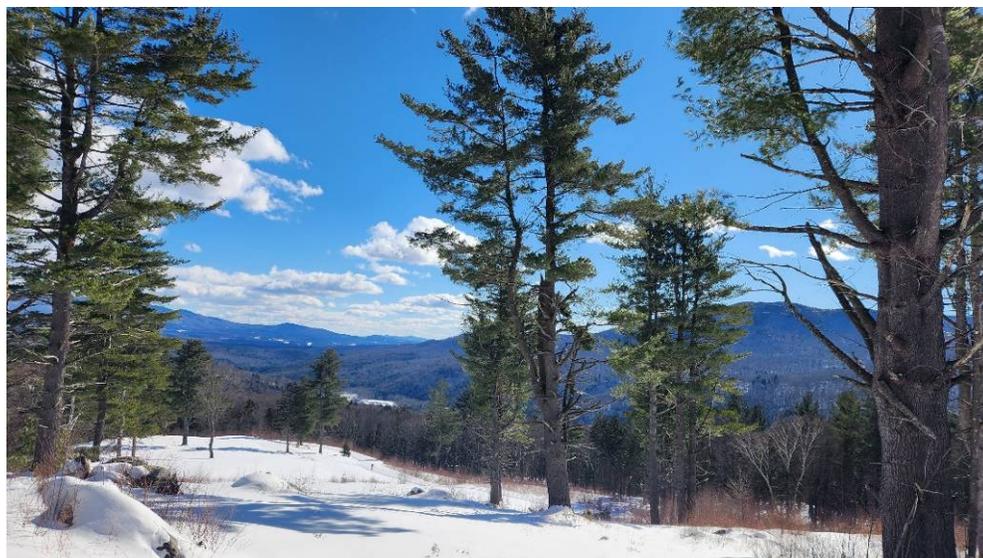
While most of us kept to Stowe and Trapp the following couple of days, a few of us ventured to Bolton Valley's ungroomed, back country trails. The 1,100-foot climb up Bryant Trail plumb tuckered a couple of us, while others had the energy to circle the beautiful Birch Loop at the top. While heading down Gardiners Lane was supposed to be a highlight of the ski, the deep, heavy snow made downhill control difficult and we were all pretty tired by the time we returned to the bottom.

After the first three days the weather turned warm, as in up to 50°F, and the skiing was hard and icy in the morning transitioning to soft and mushy each afternoon. While many of us persevered with our skiing, others opted to shop for gear in Burlington instead.



Meals were something of a challenge as they have been since COVID. Because Commodores Inn no longer has an in-house restaurant operation, guests are left to fend for themselves. Stowe has plenty of restaurants but those restaurants are in high demand. Instead, most of us purchased cold breakfast foods, took advantage of the lobby coffee pot, and ate breakfast in our rooms. For dinners we mostly purchased heat-and-eat foods at local grocery stores and made use of the lobby microwaves. One night we went early, as a group, to The Bench, which does not take reservations. It was a good choice,

both for the excellent food and service and for our arrival timing, since we were seated immediately and just before the crowd arrived.



Stowe is a first-class winter sports destination. They had plenty of snow on the ground and the ski venues are great. The spring skiing conditions were a bit disappointing this year but that was an aberration. We'll be back to ski Stowe again next year!

*~by Bill Stine*



## ***Did you know...***

...that Saranac Lake has been building an ice palace for their Winter Festival since 1897? The ice structure is built with volunteer labor, from cutting the ice blocks out of the lake, moving them onto shore, placing them and “mortaring” them (with slush), and carving all of the details.







KICK 'N GLIDERS  
P.O. Box 1353  
Mechanicsburg PA 17055

ADDRESS SERVICE REQUESTED

## In this Issue of Easy Glider:

### Up-coming Events

March 7, 2023 – Program Meeting  
March 22, 2023 – Social in Hershey  
April 4, 2023 – Elections & Trip Planning  
April 19, 2023 – Social in Cornwall

### President's Message

### Proposed Slate of Officers

### Past Trip Reports

Tailwater Lodge  
Boonville #1  
Lake Placid  
Susquehannock Lodge  
Stowe