



# The *Easy Glider*

Kick 'n Gliders Nordic Ski Club

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## Last Call for Craftsbury #1

Trip Leader, Nancy Kahl, has more rooms reserved for the first trip of the season than we can fill with those who have signed up presently. If you are thinking about joining us to celebrate New Year's in this special place in Vermont, you have until November 15 to make a deposit before Nancy gives up the extra rooms. Check out the details in the *Season Schedule and Guide* or on the club's website.

## Up-coming Events

### November 1, 2023 – Social at TJ Rockwell's

**6:30 pm** – Our first social of the season is Wednesday. (**NOTE:** This is a change in the usual scheduling of our socials so that we avoid conflicts with Thanksgiving.) We will dine at T. J. Rockwell's (800 Mt. Gretna Road) in Elizabethtown. Ed Cook (tedsdad@aol.com, 717-940-9657) would like you to let him know by October 30 (Monday) if you plan to attend so he can give the restaurant a firm count. Everyone is encouraged to come and reconnect with fellow Kick 'n Gliders over a good meal.

### November 3, 2023 – Memorial Service

**1:30 pm** – Kick 'n Gliders are welcome to attend the memorial service for former treasurer and long-time club member David LeRoy at Silver Spring Presbyterian Church, 444 Silver Spring Road, Mechanicsburg, PA. The service will be followed by light refreshments.

### November 7, 2023 – Business Meeting

**5:30 pm** – Join us at the Englewood in Hershey for dinner before our first business meeting of the season. The Englewood is a new location for us; come and check it out. The Englewood is located at 1219 W. End

Avenue in Hershey. That's a short local street, but the more obvious way to find it is to think of Penn State Hershey Medical Center, because it's across Bullfrog Valley Road from that giant complex. It's on the Hummelstown side of the medical center.



M A N A D A  
C O N S E R V A N C Y

**6:30 pm** - The program will be a presentation by Will Dingman, Executive Director of the Manada Conservancy of Hershey. The group is a conservation group focused on the care of the Swatara watershed.

## December 5, 2023 – Business Meeting



**rails-to-trails**  
conservancy

**5:30 pm** – Join us at the Englewood in Hershey for dinner before the business meeting.

**6:30 pm** - The program will be a presentation by Tom Sexton of the regional office of the Rails to Trails Conservancy.

## December 13, 2023 – Holiday Party at Bill Hoffman's

**7:00 pm** – There are two changes this year in the club's Holiday Party. One is that our usual hosts, Bill and Sandy Stine, are galivanting to who-knows-where (even they don't know!) and don't expect to be home.

Therefore, the party will be at Bill Hoffman's house, 624 Candlewyck Road, Lancaster (Manheim Twp.). Any computer map program will show the location. Basically, it is 1 to 2 miles north of PA 283 or US 30 via Manheim or Fruitville Pike, and about 500 feet north of Delp Road which connects Manheim, Fruitville and Lititz Pikes. There is plenty of street parking, and room for three or four cars at the bottom of the driveway behind the garage. Please do not park on the sloping driveway itself or you will block any cars parked at the bottom.



The other change is the date. Normally the party, like our dinner socials, falls on the second Wednesday after the monthly business meeting. That would be December 20. But the date has been moved one week earlier to December 13. The time has not changed—7:00 PM.

As usual, please bring a food contribution and your beverage of choice.

## New Mailing Address

**Reminder:** We have changed our mailing address as of September 1, 2023, to Kick 'n Gliders, PO Box 8884, Lancaster, PA 17604-8884.

# Openings Remain on Many Trips

Although the early trip registration period filled several trips, openings still remain on a number of wonderful trips planned for the upcoming ski season. With temperatures still feeling a bit like summer, it may be hard to think about skiing, but help our trip leaders with their planning and schedule a ski outing or two with us for the winter ahead.

Trips with openings include: *Craftsbury #1*, *Headwaters*, *Tailwater*, *Cazenovia*, *Susquehannock*, *Stowe*, *Craftsbury #2* and *Ellis Cove*. Italicized trips are not run through the club treasury and require you to make your own reservations. For all other trips, send your deposit to the club at the **new** mailing address.

## Past Event Reports

### Ox Roast - October 7, 2023

Saturday, October 7, dawned early and rainy for our hostess. Thanks to the club members who came a few days early to help with set up, Nancy had a nice tarp over the firepit and a canopy to sit under while the meat started



cooking. It was still a little misty as guests arrived, laden with delicious dishes to share, but within short order, the skies cleared up a bit and the sun even began to shine when it was time to carve the meat and eat the smorgasbord. There were 36

who participated in this kick-off event and a good time was had by all. And, as usual, club members helped with clean-up, which is always appreciated.

Thanks to all who helped and participated.



# News about Trails of Interest

## The Adirondack Rail Trail -

The old New York Central railroad line between Saranac Lake and Lake Placid is in the process of being converted into the Adirondack Rail Trail. The first two phases of construction, on the 34-mile section between Lake Placid and Tupper Lake, are currently closed to public use so that the old railbed can be rebuilt to serve as a multi-use trail under the jurisdiction of the NYSDEC. The 9-mile section between Lake Placid and Saranac Lake is scheduled to be completed this Fall. It is designed to be used for walking, running, cycling, snowmobiling, cross-country skiing and snowshoeing. The NYSDEC is inviting the public to submit ideas for the future use of the Saranac Lake Depot which is located on the rail-trail.



## The Jackrabbit Trail -



The Barkeater Trails Alliance (BETA) has submitted plans to the NYSDEC for a new section of the Jackrabbit Trail in North Elba. This proposed new section of trail is planned through an old growth hardwood forest connecting the Craig Wood Golf Course on the east end of Lake Placid to the intersection of Mountain Lane and Route 73 towards Keene. In addition, the portion of the Jackrabbit Trail that passes across the Craig Wood Golf Course will make use of some of the groomed ski trail established for the Scott's Cobble Community Trails. This portion of the trail leads to the existing route across Route 73 to the Cascade Welcome Center trails.

A developer recently submitted plans for an affordable housing development on the "Pennisula" in Lake Placid. This is the location of the Penninsula Trail system that many of us have skied in the past. If approved, the development will necessitate a rerouting of a portion of the Jackrabbit trail. BETA is

collaborating with the developer to maintain public access across the property. This construction is not expected to commence until 2025.

## The Catamount Trail -

The Catamount Trail Association (CTA) was inducted into the Vermont Ski and Snowboard Hall of Fame in recognition of its community impact. Approximately 4.8 miles of the Catamount Trail were permanently conserved last year, while additional trail projects and reroutes improved the ski experience of over five miles of the Catamount Trail near Readsboro, Middlebury, and Huntington. The CTA released new maps to better support skiers on the trail and released the Vermont Backcountry Ski Handbook, the first guide of its kind for backcountry ski management in the country. This coming winter season, the CTA will be celebrating their 40<sup>th</sup> anniversary.





## **Cross Country Skiing A Sport for All**

Out there on the trails, in the woods, the mountains and at the ski areas there are 85 year-olds and 5 year olds. You'll find the slim and the short, the tall, the wide, and the light as well as the dark. At races across the country there are the very fast and the very slow. Cross-country skiing is for all, and it is for life. It is health and fitness, and at any level it is challenging and fun. We hope to see you out there, and if you see us, please shout out a hearty hello.

*~ Sentiment found in the restroom of The Mountain Man in Old Forge, NY*

**I ♥  
CROSS  
COUNTRY  
SKIING**



KICK 'N GLIDERS  
P.O. Box 8884  
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ADDRESS SERVICE REQUESTED

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