



# The *Easy Glider*

Kick 'n Gliders Nordic Ski Club

Editor: Nancy Kauh (editor@kickngliders.org)

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## Up-coming Events

### September 20, 2024 - Breakfast, Bike Ride and Lunch in Mt. Gretna

**8:00 am** – Meet at the Porch & Pantry in Mt Gretna for breakfast, followed by a bike ride at 10:00 on the Conewago Trail. Join Tom Hooper on his porch at 208 Heights Ave. at approximately 1:00, following the bike ride. Tom will provide pulled pork, plates, utensils and napkins. Please bring a dish to share and BYOB. RSVP to Tom at 717-413-9115 or trhooper1@gmail.com.

### October 8, 9, or 10, 2024 - Prep for Ox Roast

If you are willing to help with set-up during the week before the Ox Roast, Nancy will be very appreciative. Hosting up to 50 people does require some preparation, like setting up tables and chairs, and pulling plates, utensils, and cups from storage. If you are willing to lend a hand, call Nancy at 717-418-9659.

### October 12, 2024 - Ox Roast in Perry County

**11:30 am, plan to eat between 2:30 and 3:00 pm** – When there is a nip in the air and hints of color in the leaves on the trees, it is soon time for the Ox Roast! This kick-off event of the Kick 'n Gliders' ski season will be held at Black Birch Hollow, Nancy Kauh's home in Perry County, on October 12, 2024. You are welcome to arrive as early as 11:30 am for conversation and snacks; the fire will be burning and the meat will be roasting in anticipation of eating dinner. We will plan to eat between 2:30 and 3:00. Should it rain, come anyway! There is plenty of room inside the house for a crowd.

**What you are expected to bring:** Your favorite potluck dish to share (salads, baked beans, veggies or desserts are good choices; chips, nuts or a chunk of cheese are fine if you're kitchen challenged), your beverage of choice, **\$10** event fee (to cover the cost of the meat and paper products), lawn chair if the weather is nice and your checkbook if you want to make deposits/payments on any of this season's ski trips.

**What will be provided:** Meat ("ox" roasted over an open fire and sausages on the grill), ice, paper plates, plastic cups,



utensils, napkins, and coffee. Some serving utensils will also be available.

**Want to help?** On the day of the Ox Roast, your help keeping the fire going, grilling sausages, or set-up

and clean-up will be welcome. If you are willing to help with any of these, please offer when you make your reservation so the host can plan accordingly.



**Reservations:** Let Nancy know (717-582-2562 or [kauhlbbh@pa.net](mailto:kauhlbbh@pa.net)) **by October 10, 2024**, if you are coming, who/how many you are making reservations for and what potluck dish you plan to bring. If you need directions to Black Birch Hollow, let Nancy know and she'll email them to you.



## Time to Renew Your Membership!

The Kick 'n Gliders' new fiscal year has begun! If you haven't renewed your membership over the summer, now is a great time to renew your membership. Our treasurer will appreciate receiving your dues money to help keep the club coffers intact when he starts making deposits for the proposed 2025 trips. A membership application form is enclosed in this newsletter (or you can fill one out online at the club's website, [www.kickngliders.org](http://www.kickngliders.org)). Membership dues are \$20 per individual or \$30 per family. Make checks payable to "Kick 'n Gliders" and mail to the club address, PO Box 8884, Lancaster, PA 17604-8884.

# Trip Openings

We still have numerous openings on several trips, if you are still considering joining us to ski this winter. Trips with openings include: Craftsbury #1, Inlet, Lake Placid, Sylvan Beach, and Craftsbury #2. Send deposits for any of these trips to the club address.

Two 2025 ski trips were oversubscribed at the end of the early registration period. A lottery for the Laurentians and Gatineau trips was held on August 25. As a result of the lottery, the Laurentians trip still has a waitlist of 4 people and the Gatineau trip has a waitlist of nine people.

Three trips are not being financed through the club. If you are interested in the Methow Valley (WA), Boonville – Headwaters, or Susquehannock Lodge trips, contact the respective trip leader.



## “Snowflake Bentley” Exhibit

Old Red Mill, Jericho, VT

*by Bill & Sandy Stine*

While on our summer wanderings, we visited an exhibit about snowflakes, an interest our Kick ‘n Glider friends share. Following is what we learned.

As a child, Wilson Bentley was fascinated by snowflakes. He followed that fascination throughout his life. He badgered his parents to buy him a microscope so he could study them. He then proceeded to pioneer the technique of photomicrography. He experimented in an unheated shed during the winter with his microscope adapted to a large, dry-plate bellows camera. Then, in the year 1885 at the age of 19, he perfected a method to isolate a single flake on a glass plate and photograph it. He went on to photograph more than 5,000 of them.





The photographs he made are beautiful and he used them to make gifts for people. Keeping careful records of weather conditions when the flakes fell, he also formulated theories about how they form. In addition, he studied the formation of rain, dew and frost. Bentley was widely published and his theories have stood the test of time. Quite a legacy for a rural farm boy!



The exhibit was what drew us to the Old Red Mill but the mill, itself, is historic. Besides the exhibit, there is a lovely gift shop featuring Bentley's photographs and Vermont artist's crafts. Most fascinating, though, is that the roller mill and packaging machinery that replaced the original millstone setup is still installed in what is now the gift shop! Better yet, the engaging and knowledgeable woman who runs the place is a descendant of Bentley!

## Event Reports

### May 30, 2024 – Bike Ride on Northwest Lancaster Trail

We kicked off our summer schedule of activities on May 30 with a Northwest Lancaster River Trail ride. We had a modest group of 6 joining trip leader Andrea: Ron Henry, Nancy Borremans, Chris Brubaker, Ed Cook, Karen Northeimer and Jesse Jepsen. It was a beautiful sunny spring day with comfortable temperatures in the 70's as we met in Bainbridge and rode about 20 miles, riding down almost to Colombia, then turning back and stopping in Marietta for a lunch at Shanks Tavern. Good food and beverages were enjoyed by all on the back patio. Then we finished our journey back to Bainbridge. It was a wonderful way to start the summer season!

### June 13, 2024 – Walk Masonic Village, Elizabethtown

Eight Kick 'n Gliders walked the 5+ hilly miles around Masonic Village as part of a KnG Summer Activity. We even endured some heat to make it a bit more challenging. After walking the back 40, we stopped at the market, sampled a variety of apples, then headed down hill to the Franklin Press via the tunnel for liquid refreshments. We stopped at the George Washington statue in the Freemason Cultural Center. George Washington was a Mason, as were 14 other U.S. Presidents, plus Ronald Reagan who was an honorary Mason. James Buchanan, Pennsylvania's only president, was a Mason as well.

## August 18, 2024 – Springettsbury Township Sounds of Summer Concert Series

The scheduled program this evening was **The Mahoney Brothers**, the world's longest-running Beatles tribute show, at the Springettsbury Amphitheater in York. The weather was threatening rain so the show was moved to a nearby middle school. Four Kick 'n Gliders chose to attend the very entertaining show which included music of Neil Diamond, Billy Joel, Buddy Holly, Jerry Lee Lewis, John Lennon, the Beatles, Paul McCartney, and the Beach Boys. The members of the band impersonated the featured musicians with costume changes throughout the 1 ½ hour show.

## August 24, 2024 – BBQ, Kayaking/Tubing in Millersville

Jack and Chris Brubaker were happy to invite their K&G membership friends to their house on August 24th for a semi celebration of their 50th wedding anniversary and a shared picnic on their deck. For entertainment and thanks to their grandchildren and daughter, they were able to show everyone two pictorial review posters of their younger lives when Jack had curly hair and Chris could wear a bikini swim suit. HA!

The socializing on the deck was almost too inviting to leave; but just before dinner time, the K&G gang opted for a walk along the Little Conestoga Creek trail on the flood plain which is behind the Brubakers' house. The trail is in a Manor Township Natural Area that all can use. It is a real go-to for seeing wild life and for quiet R&R in all seasons. Chris helps maintain the trail due to over growth of burn hazel, poison ivy and receding flood waters trash.

Party goers were: Gil and Maryanne Linde, Diane Falkowski and Gary Musser, Bob and Joan Johnston, Tammy and Del Schumacher, Ron Henry, Jean Geiger, Nancy Borremans and Jamie Hackman.

Thanks to all who came to enjoy K&G social chatter!  
Chris and Jack



## Did you know...

Nan Reisinger has been hiking the Appalachian Trail (AT) – again! In early July, she was hiking the section of the AT in Vermont that is shared by the AT, the Vermont Long Trail and the Catamount Trail. She reported that hiking that section gave her new respect for what an outstanding athlete Bernie Webber was. For those who don't remember, Bernie was a member of the KNGs for many years. He skied the entire Catamount Trail a few years after it was established and he found it to be a real challenge in many ways. Even so, he went back to ski portions of it again!



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ADDRESS SERVICE REQUESTED

## In this Issue of Easy Glider:

### Up-coming Events

September 20, 2024 - Breakfast, Bike and Lunch in Mt. Gretna  
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October 12, 2024 - Ox Roast in Perry County

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### Trip Openings

### "Snowflake Bentley" Exhibit

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