The Easy Glider
Kick 'n Gliders Nordic Ski Club

Editor: Nancy Kauhl (editor@kickngliders.org) Issue: October 2026

Up-coming Events

October 30, 2026 – Middle Creek Hike and Lunch

10:00 am -- Meet Jamie Hackman at the White Oak Picnic Area at Middle Creek for a hike, followed by lunch at a local restaurant, TBD.

The hike will be to a new viewing area and then along the lake and back to the parking lot after which we will cross the road and hike the Millstone Trail. The first part of the hike has little elevation change but does have a lot of tree roots and bridges. (Good to have hiking poles.) The second part is uphill to a ridgeline and then back down again, passing the millstone at the top of the hill. Total mileage is approximately 2.5 miles. There would also be an opportunity to hike to Willow Point, which is a paved trail to the lake.

Please wear your hunter orange as this is state game land and it is now required for everyone to wear it.

For questions or to RSVP, contact Jamie at (717) 471-0969 or xcski1927@gmail.com no later than noontime on October 29.

Rain will cancel.

November 10, 2026 – Social at Marzoni's, Mechanicsburg

11:30 am - Join us at Marzoni's Brick Oven & Brewing Co., 4925 Ritter Rd., Mechanicsburg, PA (717-766 6289) for lunch. RSVP to Nancy Kauhl at kauhlbbh@pa.net by 5:00 pm on November 9.

December 9, 2026 – Holiday Party in Lancaster

5:00 pm – Join your fellow Kick 'n Gliders to celebrate the holidays at Bill Hoffman's house, 624 Candlewyck Road, Lancaster. Please bring a dish to share and BYOB. **IMPORTANT NOTE: DO NOT BLOCK ANY MAILBOXES IF YOU ARRIVE PRIOR TO 5:00 AND DO NOT BLOCK ANY DRIVEWAYS.**

Trip Openings

There is still space on several ski trips. Check your schedule and sign up for any of these trips by sending a deposit to the club treasurer:

Gatineau – This trip is close to Ottawa, Ontario, which has many interesting museums if the skiing conditions are less than ideal.

Lake Placid – This Adirondack town is always a hit with a variety of skiing venues as well as Olympic venues to explore.

Laurentians – This trip, north of Montreal in Quebec, has a lot to offer, with numerous venues that often have good skiing conditions. ***We need to have at least 6 more people sign up for this trip or it may have to be cancelled.***

Craftsbury #2 – Often, this second trip to northern Vermont offers better skiing conditions as the snow has a chance to build up throughout the season.

The **Susquehannock Lodge** and **Boonville** trips are not financed through the club, so check with the trip leaders if interested in those two trips.

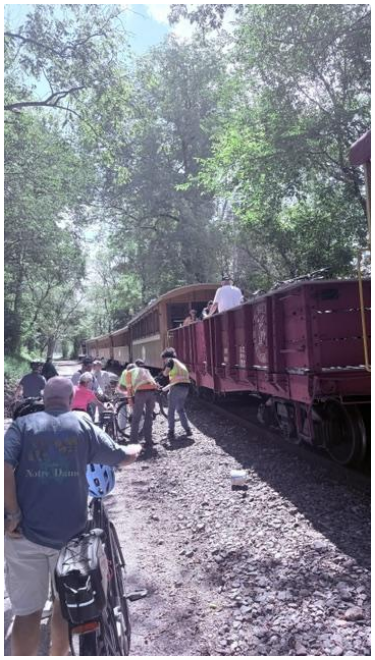




~ found in Dave LeRoy's archives

Summer Event Reports

September 6, 2026 – Trail Ride/Train Ride, York Heritage Trail



Six enthusiastic KnG members participated in the North Central Railway bicycle and train ride on Sunday, September 6. We could not have asked for better weather! After a two-hour train ride to New Freedom, we disembarked and rode our bikes to AleCraft Brewing for lunch and beverages. Following lunch, we rode the additional 14 miles down the bike trail to our cars. Thanks to all for participating. We had a blast! *~ Gary Musserr*









October 3, 2026 – Ox Roast

Once again, the weather gods were shining on us, permitting us to set up tables and chairs outside. The temperatures were comfortable, even though the fire was hot. This year's attendance at this kick-off event was smaller than usual at 25 Kick 'n Gliders, but that didn't diminish the variety of delicious foods that were presented to go along with the roasted beef and grilled chicken sausages. Thanks to everyone who helped with set-up and clean-up, and for all of the good conversations before and after the meal. *~ Nancy Kauhl*







Let's Create Community!

Community is created by getting to know each other, often by sharing conversations over a meal. Help us to spend some time together by stepping up to 'host' a **social**. Typically, we have met for either lunch or dinner at nearby restaurants. Our Events Coordinator, Jamie Hackman, is eager to hear from you if you are willing to choose a favorite restaurant and make reservations for the group. Contact Jamie at xcski1927@gmail.com.

Jamie is looking for hosts for January, February and March. Dates are flexible although we usually meet on a Tuesday or Wednesday. We can meet for lunch or dinner. Our members live in a variety of locations, most in the greater Harrisburg area, so hosting a social near you will help diversify the places we meet.

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Did you know…

…that we often see Olympic athletes training at Craftsbury Outdoor Center in Vermont? One of those athletes we have seen is retired Olympic skier Jessie Diggins (35 years old). Jessie traded in her ski boots for running shoes and raced on a remote trail along the rugged shore of Lake Superior in northern Minnesota. And she won the 100-mile trail race in September 2026!

Jessie won four Olympic medals and four overall World Cup titles over her 15-year pro ski career. Her experience over her career at pushing her body to its limits prepared her for her first 100-miler, which took her 25 hours to run. However, she does not plan to make running her new career; instead, she will be doing public speaking, talking about mental health, grit and teamwork, and pushing through pain to build resilience.

KICK 'N GLIDERS
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ADDRESS SERVICE REQUESTED

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